

Sept
2018



Step 9: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

Tradition 9 (short form): "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

Concept 9 (short form): "Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees."

Download the *Viewpoint* NCsandiegoAA.org

<p>We have a new Website! NCsandiegoAA.org</p>	VIEWPOINT
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We have a new Website!	↑
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NSDYPA – What's that!?

The **North San Diego Young People in Alcoholics Anonymous** (NSDYPA) is a service committee designed to provide a home for the next generation of alcoholics, providing a refuge from the suffering of alcoholism. We seek to do so in accordance with the eleventh tradition, by attracting young people to Alcoholics Anonymous through events and workshops in solidarity with other YPAA groups and with AA as a whole. Our purpose is the same as the rest of our fellowship – to stay sober and help other alcoholics to achieve sobriety.

Our Mission Statement:

“North San Diego Young People in Alcoholics Anonymous (NSDYPA) has but one primary purpose – to carry its message to the alcoholic who still suffers. Being cognizant that not all young people (or young at heart) may find our meetings (business/spiritual) and events necessary, we do not propose to be the only answer or governing body of young people in the North San Diego County area. When anyone, anywhere, reaches out for help, we want the hand of Alcoholics Anonymous (AA) always to be there. And for that: we are responsible. We ensure this by unifying young people in the North San Diego County area and by practicing the principles of AA through meetings, events, and outreach.”

While Bill and Bob both started drinking well after their adolescent years, it is apparent to us that generally, this is not the case today. In our experience, alcoholism can manifest well before the legal drinking age, and those of us unfortunate enough to be in such circumstances often do not find recovery before needlessly suffering years of alcoholic insanity.

As a young people’s committee, our main purpose is to host events and show young alcoholics they can still have fun while being sober. Many young people believe their social lives are over once they put down the bottle. We’re here to show them that this is definitely not the case. One of our most popular events during the year is our annual dodge ball tournament in which we host a meeting, provide food, drinks, and have six hours of non-stop dodge ball. Other examples of the events we host include dances, laser tag, unity events, and more. We are continuously coming up with new and exciting event ideas. Although it is important to host fun and attractive events, we also emphasize the importance of providing our attendees with the AA message by hosting a meeting at every event. Our relationships with neighboring YPAA committees help us to better coordinate these events and more effectively fulfill our primary purpose. The donations we bring in from the events help us to cover expenses, continue to host them in the future, and contribute to our local district and intergroup offices. The money we make at our events is exclusively used for AA purposes. Furthermore, no one is ever turned away for lack of funds.

Outreach is an essential component of our committee. We carefully design our outreach to meet the needs of the most underserved communities in our area. For example, we are working with our area’s CPC (Cooperation with the Professional Community) committee to reach out to military chaplains. Chaplains are attached to each unit in the military, are trusted, and – if provided with accurate information about current YPAA meetings and events – can provide a vital service to reaching active duty alcoholics before they end up in a disciplinary treatment program. We also have been working with the planning committee for the local forum to more effectively reach Native American alcoholics.

Building relationships with other YPAA committees including GSDYPA (Greater San Diego Young Peoples in Alcoholics Anonymous), SACYPAA (Sacramento Young People in Alcoholics *(continued on page 3)*

“Principles are not flexible. They are the solid bedrock that my credibility and integrity rest upon.”
(see pg 5)

<p>Reuniones Español Oficina Norte County 830 E. Vista Way, Suite 116, Vista, CA 92084 (760) 758-6905 Info en Español</p>
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[Young People click here!](#)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

North County Intergroup Meeting Minutes

Date: 9/12/2018

Called to Order:

The Meeting was called to order at 7:00 P.M. There were **48 Reps** present, with **2 New Reps**.

Traditions were read by Robin. A motion was made and seconded to accept the minutes AS CORRECTED. **All in Favor.**

Financial Report: Greg B. (760) 421-6967 (Email: GregB@ncsandiegoaa.org)

Net sales: \$8,000.08. Total Cost of goods sold: \$6,428.10 with a gross profit of \$1,572.70. Group contributions \$9179.79; Miscellaneous \$273.95; total Income for the month of August \$11,026.44. Total Expenses \$10,463.58 leaving a Net Income for August of \$562.86. YTD \$3,418.97. A motion was made to accept financial report, seconded **All in Favor.**

Central Office Report: Ken G (760) 758-2514 (Email: Manager@ncsandiegoaa.org)

Ken reported that the new website is live (ncsandiegoaa.org), the forwarding from the old website is not working but hopes to have it working in the next few days, if you have a problem contact Central Office. Central Office had a table at the Labor Day Picnic the district held,

STANDING COMMITTEES

Program Committee: Lee Ann J. (760) 580-6143 (Email: LeeAnnJ@ncsandiegoaa.org)

Lee Ann reviewed the functions of the Program Committee. She requested Host Groups for the month of October:

Date:	Speaker:	From:	Host Group:
Oct. 3	Justin L	San Marcos	Trudgers Saturday Night Escondido
Oct. 9	Carole K	Escondido	Misfits Men's Wednesday Night Escondido
Oct. 16	Carri B	Oceanside	KFC Carlsbad
Oct. 23	Liam	Vista	Fri Nite Beginners, Steps Vista
Oct. 30	Jimmy S	Oceanside	Men's Filling Station, Vista

Public Information Committee: Renee H. (760) 525-5753 (Email: ReneeH@ncsandiegoaa.org)

They had a public information table at the women sponsoring women workshop.

Telephone Committee: Jim R. (619) 890-2299 (Email: JimR@ncsandiegoaa.org)

Two open shifts: 2nd Tuesday of the month 10pm-9am, Thursday 2nd Shift.

Archives Committee: Wayne S. (760) 978-1459 (Email: WayneS@ncsandiegoaa.org): No Report

Outreach Committee: Caroline H. (404) 435-0900 (Email: CarolineH@ncsandiegoaa.org): No Report

H&I COMMITTEE: Chris S. (858) 442-1834, Email: ChrisS@ncsandiegoaa.org (H&I Web Page: www.nchandl.org)

Chris reported that they will be meeting on the 3rd Saturday (9/15) at the Alano Club. Orientation is at 9 am, business meeting will follow. She thanked everyone for their input and ideas on the new proposed Financial Guidelines. They are complete and will be included and, in the Policy, and Guidelines for North County H and I. Since the beginning of the year they have been on a campaign to contact every facility they serve and assess their literature needs. Everyone has now been contacted, their supplies are loaded and the NCAIC treasury is looking much more reasonable. There will be a special event on 10/6 from 1-3 at the Alano Club... Step It Up. They will be sharing the various meeting formats available to use and introducing new technologies they are implementing. All are welcome.

AREA ASSEMBLY: Linda R. (760) 815-0207, Email: lindaR@ChrisS@ncsandiegoaa.org (http://www.area8aa.org)

The Remote Communities Local Forum Aug 24-26, went well, great planning, meetings and the camping was fun, this is what I heard I didn't attend. I did attend District 16 Labor Day picnic, it was well attended, good Bar B Q and the mtg after was excellent. This Sat Sept 15 is the Big Day Assembly, at the Methodist Church, Linder Hall in Mission Valley. The W2W 44th Conference at the Dana in Mission Bay is coming up Sept. 28-30, this is a wonderful event, I have found a very Spiritual, Conference. There are delicious catered meals, the mtgs are informative about life and sobriety. And we have FUN!!!!!!

info online womentowomensandiego@gmail.com. You can still register at the event. More about Unity Day Oct 20 and ROOTS Nov 24 next month. You can find all this and much more on our Area webpage [Area8aa.org](http://www.area8aa.org)

BUSINESS COMMITTEE REPORT: CHAIRMAN Mike L. (760) 525-2355 (Email: Mikel@ncsandiegoaa.org)

OLD BUSINESS:

Traditions Breakfast: Because of new polices the price to host the event at Camp Pendleton has went up to \$22,000, which would increase tickets to around \$48 which is not an option, the Business Committee is in the process of researching new facilities, also due to health issues the main speaker had to step down.

End of the Year Audit: Ken has received the audit back from the CPA, which will be sent to IRS.

NEW BUSINESS:

The Business Committee made a recommendation to end the public information meeting, contributing factors are the meeting is losing money yearly, lack of attendance and hard to fill commitments. Please go back to your meetings and mention the recommendation, we will like to get feedback from the group, will be announcing it for two more meetings with possibly ending by the end of year. Any suggestion please bring to the next intergroup meeting or you can call Central Office. FYI- If we do discontinue that meeting, we will still have the Anniversary Meeting every year.

ELECTIONS: One new members-at-large was elected to the Business Committee: two people were nominated and Maria M. was elected.

ANNOUNCEMENTS: None

Adjournment: 8 pm **Next Intergroup Meeting Date:** Oct. 10th

RESPECTFULLY SUBMITTED: Vickie A – RECORDING SECRETARY

Monthly Group Contributions - Group Name	AUG 2018
BUT Group	\$2,353.00
Camp Pendleton - Dry Dock (SARP)	\$15.00
Camp Pendleton - Tag Team (Bowling Alley)	\$15.00
Cardiff - Friday Happy Hour	\$100.00
Carlsbad - "Sobriety Rocks" Speakers	\$440.00
Carlsbad - "Water Works"	\$40.00
Carlsbad - North Coastal Men's	\$86.07
Carlsbad Women's Living in the Solution	\$265.10
Encinitas - Balour Groups	\$1,276.60
Encinitas Surf Dogs	\$867.00
Escondido - Lounge Lizard's (Smokeless)	\$246.00
Escondido - Trudgers (Child Care)	\$137.00
Escondido WED Beginners at ACE	\$106.63
Fallbrook - 7AM M-F Discussion	\$50.00
Fallbrook - Men's We R Not Saints Htop	\$60.00
Fallbrook - Men's Step Study - Hilltop	\$84.00
Fallbrook MON Noon at Hilltop	\$25.00
Group #651125	\$200.00
Oceanside - Brown Baggers	\$51.50
Oceanside - South Oceanside Men's	\$363.60
Oceanside - WED Noon Women's Handbag Mtg	\$240.00
Poway - Disc. - Poway Unconditional	\$180.00
Ramona B Y O Book	\$30.00
Rancho Bernardo - Disc. Early Birds	\$600.00
Rincon Res - Men's Step Study Fire Stn	\$100.00
San Marcos - Discovery Group	\$70.00
San Marcos SUN Big Book Thumpers	\$120.00
San Marcos SUN Women's Misfits	\$100.00
San Marcos Wed Nite ASBI	\$164.00
Shelter Valley MON 11AM Keep It Simple	\$25.00
Solana Beach Mothers in Sobriety	\$130.24
Valley Center - Welcome Home	\$100.00
Vista - Disc. Gas & Steam Engine Museum	\$90.00
Vista - Monthly Intergroup Meeting	\$71.00
Vista - SAT Nite Speaker	\$48.00
Vista - SUN 930AM Early Birds	\$50.00
Vista Public Info "Central" Meeting	\$141.92
Vista Public Info Anniversary Meeting	\$138.13
Total:	\$9,179.79

Concise Profit & Loss 2018-08		
	AUG	YTD
Sales	\$8,000.80	\$15,262.45
Cost of Goods Sold	\$6,428.10	\$12,226.66
Gross Profit	\$1,572.70	\$3,035.79
Other Income		
Group Contributions	\$9,179.79	\$19,714.17
Misc Income	\$273.95	\$404.03
Total Other Income	\$11,026.44	\$23,153.99
Total Income	\$10,463.58	\$19,735.02
Net Income or (Loss)	\$562.86	\$3,418.97

MEETING GUIDE APP

North County A.A. Meetings are now listed in the **Meeting Guide App**.
Download this app and you will have all nearby meetings at your fingertips.



“This app is a very cool thing!”
~ Anonymous

We have a new website!

NCsandiegoAA.org

Please announce this at your meetings.

(continued from page 1)

Anonymous), and the two YPAA committees in Orange County (OCYPAA and AOCYPAA) has allowed us to outreach throughout California. We strengthen these relationships by suiting up and showing up. We do our best to live by the motto from our bid shirts from 2016: “Shut up and get in the car”.

In addition to YPAA service committees in many areas of California (presently 15 in Southern California), there are also YPAA conferences and roundups that serve to bring young and young at heart alcoholics from even larger regions together. These conferences each serve a different region though there is some overlap. When most people in AA think of YPAA, this is the common image they have. In San Diego there are five conferences or roundups that have us within their region. ACYPAA (All California YPAA Roundup), ICYPAA (International Conference of YPAA), SOCALYPAA (Southern California YPAA Roundup), WACYPA (Western Area Conference of YPAA), and SWACYPA (South Western Area Conference of YPAA). These conferences are hosted annually, and different cities and committees bid to host them.

This brings up another function of NSDYPAA, to bid for these YPAA conferences. Of all of these conferences, we are currently focusing on ACYPAA. ACYPAA is consistently the largest YPAA conference in North American AA other than ICYPAA (International Conference of Young People in Alcoholics Anonymous), and we are attempting to bring that conference to the San Diego area. Providing our area with a conference of this magnitude will help us reach numerous alcoholics in our area and provide an attractive environment for them to get sober. Some of us have experienced this firsthand, at ACYPAA San Diego in 2010, and SOCALYPAA IX in San Diego in 2017. The experience of unity, recovery, and service while attending, bidding, and in some cases hosting these conferences, has given us a desire to give the same experience to the uncounted young (or young at heart) alcoholics not yet reached.

Bill W. himself wrote to the 12th International Conference of Young People in 1969, “...I have found no greater inspiration than the knowledge that AA of tomorrow will be safe, and certainly magnificent, in the keeping of you who are the younger generation of AA today.” **We are those young people** entrusted with the future of AA, and strive to meet this responsibility through our work together as a committee.

Please contact us: (760) 542-8268, Email: nsdypaa@gmail.com, Website: nsdypaa.org

Story Solicitation for a new A.A. Pamphlet:

Spanish-speaking Women in A.A.

In response to the **2018 General Service Conference Advisory Action** requesting the development of a pamphlet for Spanish-speaking women in A.A., the trustees' literature committee is seeking a wide range of A.A. recovery experience from Spanish-speaking women in A.A.

Please encourage Spanish-speaking women members in your area to write their personal stories for possible inclusion in this new pamphlet.

Manuscripts should be 500-800 words, double spaced, in 12-point font. The author's complete name, address and email/phone information should be included with the submission.

Submissions can be emailed to Literature@aa.org with "**Spanish-speaking women in A.A.**" in the subject line of the message. Alternatively, submissions can be mailed to: Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is 11/19/2018.

The anonymity of all authors will be observed, whether or not their story is selected for publication.

Thank you for your participation in this process.

Not a Walk in the Park

by Jason H. 8/28/18

Lighten the burden, lighten the heart

Impossible to finish, if you don't start

No one is different, we're all a part

Look for similarities, if you're smart

They say life is sweet, but we notice when tart

The cat may meow, while the dog does bark

And the raging fire starts with a spark.

The road hard and weary, not a walk in the park

Realize there is light, after our time in the dark

We find our way and we leave our mark.

Just do what you can, if you don't understand

Look up from your bottom, we offer our hand.

4th Step Workshop

Saturday, November 10, 1:30 - 4:30pm

at the Escondido Alano Club

1690 East Valley Parkway, Escondido, CA 92027

Co-Hosted by Districts 3 & 20

Presentation by Todd J

Pizza and soft drinks will be provided.

Contact our DCM, Steve P. for more info:

619-770-9379 or 2010.steve.p@gmail.com

ANCIENT WISDOM

To accomplish much, be much.

In all cases the *doing*,

to be well-doing,

must be the mere unconscious

expression of the *being*.

**If Nothing Changes,
Nothing Changes**

NORTH COUNTY H & I NEWS

What's it like? Before I was on a panel, I wondered what it would be like. So I thought I'd give it a try. Now... I had to decide where to go. Based on my work schedule and openings on panels at the time, Las Colinas was the best match. This is a women's prison in Santee. I talked to the Facility Coordinator for Las Colinas after orientation. I had never been in prison. What could I say? She explained that it would be okay. That our sharing was not about the details... the kind a booze you drank or how many black-outs you had. Our sharing was about the pitiful and incomprehensible demoralization that we felt. And the solution that we have found by working the twelve steps, having a sponsor, going to meetings and all the other tools we gain through the Fellowship of AA. It is a wonderful feeling to be a part of this and to see a little ray of hope in someone else's eye. A new beginning.

WHERE YOUR 7th TRADITION MONEY GOES: Each North County AA Group can get involved with NC H&I by contributing a portion of their 7th Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.). **All Green Can** contributions go solely for the purchase of literature.

GROUP AND GREEN CAN CONTRIBUTIONS AUGUST 2018

Group Name	Green Can	Group
BYOB Group # 702824		\$30.00
Debbie B.		\$722.73
Debra L.		\$101.05
Friday Mothers in Sobriety		\$20.00
Group # 172510		\$10.00
Men's Stag Step Study Rincon Group # 723004		\$20.00
Mothers in Sobriety Group # 179054		\$45.12
No More Hangovers		\$10.00
North Coastal Calle Barcelona Group # 686387		\$8.61
Oceanside Women Big Book Group # 93174		\$7.50
Surf Dogs		\$175.00
Welcome Home Group of Valley Center		\$20.00
Women's Free Thinking		\$7.50

Totals: \$1,177.5

Complete financial reports can be found on our website. *

THANK YOU FOR YOUR CONTRIBUTIONS!

GETTING INVOLVED: Each 3rd Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

* **ADDITIONAL INFORMATION:** You can visit our NC H&I website at NCHandI.org to view Policy & Guidelines, Financial Reports, and more.

***My Amends began at Ground Zero
Family Negligence Headed the List***

by Rick R.

I was serving in the navy, living like a fleet sailor, in a rocky marriage, with one child, in and out of port, drinking and quarreling a lot with my wife, and circling the drain. One day my ship pulled into port and tied up to the pier. I grabbed my essentials and went to my home in the navy housing facility to find the place empty and deserted. Gone was my wife, my son, my furniture, my car, my marriage and my pride. I returned to my ship, shamed and humiliated and absolutely crushed. I spent the next two years crying in my beer and looking for sympathy. I stared across the bar at myself in the mirror wondering if everyone in the bar knew how much pain I was in. I began to have problems getting back to my ship on time in the morning, and after the third such episode, when I woke up at 9 am, I was already two hours late for muster, I called the local A.A. fellowship and found my way there. That was on Oct. 15, 1969, and I have been sober ever since. A little over a year after I got sober, I was remarried to my current wife of 47 years. About a year into that marriage I remember waking up in the middle of the night, sitting up in bed and my wife asked me, "what's wrong". I replied "I can't do this anymore". She asked me what I was talking about and I replied, "I have to stop bad mouthing my first wife". From that day until now, my wife and I have been treating her with kindness, respect, empathy, understanding and love. That is where I started getting into making amends and family negligence headed the list. There are many areas in our lives where we need to repair damaged relations, but there's no more important place to start than at ground zero. Our families have been on the receiving end of our errant behavior for years, and it will take time to regain their trust. They were not the problem, we were, and they don't owe us anything. Until we gain some credibility, we can't make any demands. Credibility is doing what you say you're going to do, and not making any promises we can't keep. A whole bunch of credibility leads to the beginning of integrity. We can repair other relations as we spiral outward from our families to our close friends then to our work mates and our fishing buddies and so on. Being a good husband/wife, a good father/mother or, a good sister/brother, I think, should hold a top priority, as our families need us. About twelve years ago, after living in the same community for 24 years, at the time, and attending meetings daily I made a statement at a meeting that I would give anyone \$100.00 if they had ever heard me say one negative thing about my first wife, and nobody could collect on it, including my wife, and that son I thought I had lost. As I think back on that incident, I realize that it was the seed that fashioned my whole attitude about how I practice my principles. Now tell me, if I say that I never say anything bad about my first wife, but I am still gossiping and being critical about other people, am I not a hypocrite? I cannot be selective about who I apply these principles to. **Principles are not flexible. They are the solid bedrock that my credibility and integrity rest upon.** Learning how to treat my family makes it much easier to repair the damage to those outside the family circle and my family will be witness to my credibility and my integrity.

Freedom

this was freedom! Freedom from anger and fear, freedom to know happiness, and freedom to know love. ~BB pg 206
I have known a great deal of joy and a peace that is the handmaiden of an inner freedom... ~ Big Book pg 276
And I finally have the freedom of believing that it is all right not to know... ~ Big Book pg 521
The only real freedom a human being can ever know is doing what you ought to do because you want to do it. ~ BB 552
to gain a vision of humility as the avenue to true freedom of the human spirit... ~ 12&12 pg 73

Stop Fighting

And we have ceased fighting anything or anyone—even alcohol. ~ Big Book pg 84
We are not fighting it, neither are we avoiding temptation. ~ Big Book pg 85
we have stopped fighting anybody or anything. We have to! ~ Big Book pg 103
an alcoholic cannot fight alcohol. ~ Big Book pg 298
I had only to stop fighting and practice the rest of A.A.'s program as enthusiastically as I could. ~ 12&12 pg 27

Meetings that Need Your Support

- Sunday 7:00 PM **"Acceptance & Recovery"** at 1st Congregational Church, [1800 N Broadway, Escondido, CA 92026](#)
- Sunday 11:00 AM **"Sunday Steps Brunch Bunch"** at STEPS in Vista, [1745 E Vista Way, Vista, CA 92084](#)
- Monday 6:45 AM, **"Start Your Day Right"**, Meadowlark Community Church, [1918 Redwing St, San Marcos](#), back bldg.
- Monday 8:00 PM **"Beginner's Book Study"** at the **Escondido Alano Club**, [1690 East Valley Parkway, Escondido, CA](#)
- Tuesday 6:00 PM **Women's "Step by Step"** 12&12 Study at STEPS in Vista, [1745 E Vista Way, Vista, CA 92084](#)
- Wednesday 8:00 PM **"Beginners"** at the **Escondido Alano Club**, [1690 East Valley Parkway, Escondido, CA 92027](#)
- Thursday 11:30 AM **Women's Step Study** at Church of the Resurrection, [1445 Conway Dr, Escondido, CA 92027](#)
- Friday 7:30 PM **"Just Stay" Young People** at **Poway Alano Club**, [13939 Poway Road, Poway CA, 92064](#) (upstairs)
- Saturday 8:00 PM **"Saturday Night Speaker"** at the new **Poway Alano Club**, [13939 Poway Road, Poway, CA 92064](#)
- Saturday 8:00 PM **"Living Sober"** at the **Escondido Alano Club**, [1690 East Valley Parkway, Escondido, CA 92027](#)
- **North San Diego Young People in Alcoholics Anonymous (NSDYPAA)** meetings are on the 1st and 3rd Sundays, 5:00 PM, [560 Greenbrier Dr, Oceanside, CA 92054](#). Contact us: (760) 542-8268, [www.nsdypaa.org](#), **also see page 6.**

If you would like to add to this list, please email viewpoint@ncsandiegoaa.org.



Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514.



PUBLIC INFORMATION MEETING

Central Office's Open 2-Speaker Meeting
Tuesday Nights at 8:00 PM, STEPS in Vista
1745 E. Vista Way, Vista, CA 92084

SERVICE CALENDAR

Program Committee: 1st Tuesday of month
7:00 PM, STEPS in Vista,
[1745 E. Vista Way, Vista, CA 92084](#)
Business Committee: Tue prior to 2nd Wed
6:30 PM, A.A. Central Office,
[604 E. Vista Way, Vista CA 92084](#)
Intergroup Meeting: 2nd Wed of month
7:00 PM, Masonic Temple,
[761 Eucalyptus, Vista CA 92084](#)

Office Address, Hours & Contact

North County Central Office

[604 E. Vista Way, Vista CA 92084](#)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: office@ncsandiegoaa.org

Web: ncsandiegoaa.org

The **Viewpoint** is a publication of the
North San Diego County Intergroup of A.A.
and is distributed by the
North County Central Office.

It is published after the 3rd Wed of each month.

Submit Something to the Viewpoint

We encourage our readers to send us:

- ◆ Jokes or Poems about recovery in A.A.
- ◆ Your experience, strength & hope
- ◆ Announcements, Events, Fun Stuff, etc.

Email to viewpoint@ncsandiegoaa.org.

Deadline is the 1st Wednesday of the month.

Submissions may be edited for space/content.

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Opinions expressed within are of contributing writers or the editor and not necessarily those of A.A. or the North San Diego County Intergroup of A.A.

References to outside entities do not imply affiliation.

EVENTS CALENDAR

@ 67th Southern California A.A. Convention with Al-Anon Participation "Courage to Change", Friday, September 21 - Sunday, September 23, 2018, The Westin Mission Hills Resort & Spa, [71333 Dinah Shore Dr, Rancho Mirage, CA 92270](#), [Web Page Info](#).

@ Over the Bridge Group Steps and Traditions Workshop, 8:30 a.m. - 11:00 a.m. Saturday, September 22, 2018, St. Andrew's Church, [8350 Lake Murray Blvd., San Diego, CA 92119](#), [Link to Flyer](#).

@ [H&I Chili Cook-Off 2018](#), September 22, 2018 9:00 am - 4:00 pm, El Dorado Park [2400 North Studebaker Road, Long Beach, CA 90815](#)

@ 34th Annual Laguna Mountain Harvest Moon Kickback, September 28, 29, 30 2018, Lake Henshaw [26439 Highway 76, Santa Ysabel, CA](#), [Link to Flyer in calendar of events](#).

@ 44th Annual San Diego Woman to Woman Conference, 2018 Conference for Women, Friday September 28 to Sunday September 30, 2018, The Dana on Mission Bay, San Diego, CA, [Web Page Info](#).

@ The Inland Empire 22nd Annual Women's A.A. Banquet - "Amazing Grace", Saturday, September 29, 2018. Doors open for check-in 5:00 p.m. Dinner Served/Fellowship 6:00 p.m. Welcome/Guest Speaker 7:00 p.m., Renaissance Room, National Orange Show, San Bernardino., [Link to Amazing Grace Flyer](#),
@ [LAYPAA Presents YPAA Day 2.0: It's Still Wet](#), September 30, 2018

[26101 Magic Mountain Pkwy, Valencia, CA 91355](#), Park opens at 10:30 AM, Meeting: 3:30 pm - 4:30 pm Hurricane Harbor picnic area.

@ 21st Annual Men's Fall Retreat 2018, October 5, 6 & 7 2018, Camp Stevens, [1108 Banner Road, Julian, CA 92036](#), Daily Meditation, Topic speaker meetings followed by small discussion groups, Hiking, Archery, rock climbing wall, Mystery Speaker followed by pie, Contact: Marco L. (760) 583-2515.

@ Easy Does It Weekend at Camp Seely, 39th Year of Magic in the Mountains, October 5, 6 & 7 2018, [Web page info](#).

@ Service Summer Camp, Oct 5 - 7, 2018 | Check-in begins Friday at 3:00pm, Idyllwild Pines Camp & Conference Center, [26375 CA-243, Idyllwild-Pine Cove, CA 92549](#), Join us for a weekend of discovery - deepening our understanding of who we are in service through exploration, sharing & play!, [web page](#).

@ Back to Basics Central Coast Roundup, Oct 5 - 7, 2018, [Veteran's Memorial Building 313 W. Tunnell St., Santa Maria, California](#), [Web page info](#).

@ NCCAA - Northern California Council of Alcoholics Anonymous - 71st Fall Conference, October 5, 6 & 7 2018, Doubletree Hotel [2233 Ventura Street, Fresno, CA 93721](#), Al-Anon and Spanish Participation & Speakers, Fellowship - Panels - Speakers - Marathon Meetings, [Web page info](#).

@ Area 08 Unity Day Celebration and Workshop, Saturday October 20th 10 AM to 2 PM, Doors open at 9:30 AM - Come for Continental and Breakfast and Coffee, All Souls Episcopal Church 1475 Catalina Blvd, San Diego, CA 92107, Come join your local Area 08 service members and committees for an afternoon of fun, spirited sharing and discussion! Come and participate in the conversation in how we can better extend the hand of AA to those here at home within our communities. Contact: ALTDELEGATE.AREA8AA@GMAIL.COM

@ The 57th Annual Hawaii Convention, November 1 - 4, 2018, Hilton Hawaiian Village in Honolulu, HI, The Family Afterward... The theme of the 57th Annual Hawaii Convention has rung true for me, since the beginning of my journey in recovery, [Web page Info](#).

@ 31st Annual Miracle on the River, November 2nd - 4th, 2018, London Bridge Resort, [1477 Queens Bay, Lake Havasu City, AZ 86403](#), Theme: Dedication to Service (with Al-Anon participation), Speakers/AA and Al-Anon Meetings/Ice Cream Social and more, [Web page Info](#).

@ 31st Annual Inland Empire Convention, November 9, 10, 11, 2018, Double Tree by Hilton, San Bernardino, [Web page info](#).

@ 78th Anniversary Breakfast of AA in San Diego, Saturday November 17, 2018, 9 AM to 1PM, First United Methodist Church, [2111 Camino Del Rio South, San Diego, CA 92108](#), [Flyer](#).

@ [18th Annual Thanksgiving Alkathon](#), Thursday, Nov 22, 10 am - 9 pm
Meetings: 11am, 1pm & 3pm, Potluck Dinner: 5:30pm, Speaker: 7 pm, Church - Linder Hall, [8086 Broadway, Lemon Grove 91945](#)

@ Let Go at the Las Vegas Roundup, Thanksgiving Weekend November 22 - 25, 2018, Westgate Las Vegas Resort and Casino, [3000 Paradise Road Las Vegas, NV 89109](#), The Las Vegas Roundup is a celebration fused with education, growth and kinship., [Web Page info](#).

North San Diego Young People in AA

North San Diego Young People in A.A. (NSDYPA)

NSDYPA Meetings are on 1st and 3rd Sunday, @5:00 PM, 560 Greenbrier Dr, Oceanside, CA 92054. Contact us: (760) 542-8268, <http://www.nsdypaa.org>

Local Young People Meetings:

Tue: Young people's meditation 9:00 pm 131 Richmar Ave San Marcos, CA 92069

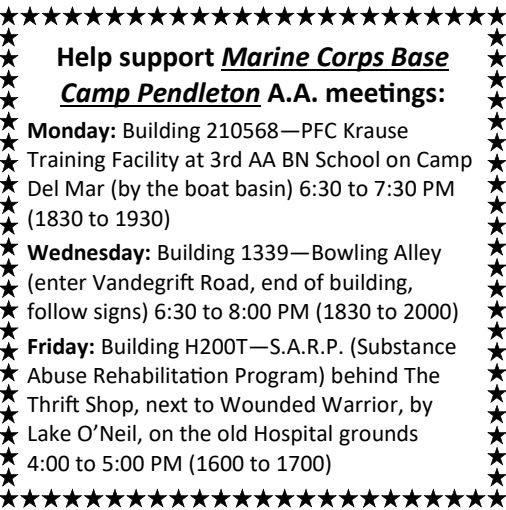
Wed: Young and Restless 9:00 pm 131 Richmar Ave San Marcos, CA 92069

Thur: Young men's 12x12 9:00 pm 131 Richmar Ave San Marcos, CA 92069

Fri: Sixth Step House 7:30 pm 1430 N Coast Hwy 101, Encinitas, CA 92024

Sat: Tri-City Medical Center Basement, 7:30 pm, 4002 Vista Way, Oceanside, CA 92056

Sun: Willing to Grow 9:00 pm 1900-D Oceanside Blvd



Help support Marine Corps Base

Camp Pendleton A.A. meetings:

Monday: Building 210568—PFC Krause Training Facility at 3rd AA BN School on Camp Del Mar (by the boat basin) 6:30 to 7:30 PM (1830 to 1930)

Wednesday: Building 1339—Bowling Alley (enter Vandegrift Road, end of building, follow signs) 6:30 to 8:00 PM (1830 to 2000)

Friday: Building H200T—S.A.R.P. (Substance Abuse Rehabilitation Program) behind The Thrift Shop, next to Wounded Warrior, by Lake O'Neil, on the old Hospital grounds 4:00 to 5:00 PM (1600 to 1700)

Other Websites: A.A. aa.org, Grapevine aagrapevine.org, H&I nchandi.org, Area 8 area8aa.org, Young NSDYPA, Subscribe to the GSO newsletter to be sent to your email, click link: http://www.aa.org/pages/en_US/gso-newsletters.

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.