

August 2018



Step 8: "Made a list of all persons we had harmed, and became willing to make amends to them all."
Tradition 8 (short form): "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."
Concept 8 (short form): "The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities."

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VIEWPOINT

North County Central Office will be closed Labor Day Sept. 3rd

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39th Anniversary meeting for North County A.A.
 ~~~ August 28, 8:00 PM ~~~  
[Brengele Terrace, 1400 Vale Terrace Drive, Vista, CA, 92084](#)

**19<sup>th</sup> Annual Women Sponsoring Women Workshop**  
 This day is dedicated to the elder stateswomen and newcomers in sobriety.  
*We come together sharing our experience, strength and hope with each other that we may solve our common problem and recover from alcoholism.*  
 Saturday August 25, 2018, 10:00 am - 1:00 pm. Registration begins at 9:00 am  
*Please join us! You may find a sponsor, become a sponsor, gain knowledge as a sponsor, or simply make some new sober friends.*  
 Attendance is free of charge. There will be a Pot Luck Luncheon.  
[Encinitas Community and Senior Center, 1140 Oakcrest Park Dr, Encinitas, CA 92024.](#)  
 There will be an ASL interpreter present as well as an English-to-Spanish interpreter during the workshop.

An Invitation to Attend one of No. County's Best Celebrations of the Year!!  
**Labor Day Picnic**  
 Monday, Sept. 3, 2018, 10 a.m. to 3 p.m.  
[Calavera Hills Community Park, 2997 Glasgow Drive, Carlsbad, CA 92010](#)  
**Live Music (sax, guitar), Volleyball, Jungle Play, Slides & Games for Kids.**  
 Speaker Meeting @ 1:00, Roxane R, Area 8 Delegate. ~ Sobriety Countdown!  
 Bring blankets, lawn chairs, sunscreen, water. **And bring a newcomer!**  
 Complimentary BBQ will be provided. Please bring a dish or dessert to share.  
**Learn about A.A. Service Committees, Activities & Service Opportunities.**  
**Discover the Spiritual Rewards of Service.** Sponsored by Districts 2 & 23.  
 The latest A.A. books, pamphlets, and some specialty items will be available to purchase.  
 For more info: Bill 858-231-2405 (ok to text) or email [area8dcm2@gmail.com](mailto:area8dcm2@gmail.com)

**Reuniones Español**  
 Oficina Norte County  
 830 E. Vista Way, Suite  
 116, Vista, CA 92084  
 (760) 758-6905  
<http://www.nosdco-aa.org/meetings/espanol.html>

**As a matter of fact, A.A. does have some rules...**  
 The **rule** is we must be hard on ourself, but always considerate of others. ~BB pg 74  
 Don't take yourself too damn seriously. (Rule #62) ~12&12 pg 149  
 Live and let live is the **rule**. ~BB pg 118

Would you like the *Viewpoint* delivered to your email each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor [editor@nosdco-aa.org](mailto:editor@nosdco-aa.org)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

**Young People**  
[click here!](#)

## North County Intergroup Meeting Minutes

**Date:** 8/8/2018

### **Called to Order:**

The Meeting was called to order at 7:00 P.M. There were **58 Reprs** present, with **9 New Reprs**.

Traditions were read by Tom. A motion was made and seconded to accept the minutes AS CORRECTED. **All in Favor.**

### **Financial Report: Greg B: [gbeau49@icloud.com](mailto:gbeau49@icloud.com)**

Net sales: \$7,262. Total Cost of goods sold: \$6,005 with a gross profit of \$1,257. Group contributions \$10,534; Miscellaneous \$128; total Income for the month of May \$11,919. Total Expenses \$9,320 leaving a Net gain for July of \$2,600. YTD \$2,600. A motion was made to accept financial report, seconded **All in Favor.**

### **Central Office Report: Ken G (760) 758-2514, Email: [manager@nosdco-aa.org](mailto:manager@nosdco-aa.org)**

Ken reported Archives has a new chairperson, Wayne. The telephone committee also has a new chair, Jim R. Thanks to Janice for her leadership on the Telephone Committee. Ken announced an opening at San Diego Central Office for an Administrative Assistant. Interested persons can contact Ken for more information. The North County AA Central Office website upgrade is nearing completion with the addition of the iPhone app titled "The Meeting Guide." Website will be completed and fully functional by the end of August. Ken announced that he'll be attending the International Conference for AA Central Office managers in Montreal. Members can contact Ken with specific areas of interest/concern to be addressed at the Montreal conference. Ken thanked all the volunteers who are assisting both Liz and Valerie in Central Office management.

### **STANDING COMMITTEES**

#### **Program Committee: Lee Ann J. (760) 580-6143 ([LeeAnnJ@nosdco-aa.org](mailto:LeeAnnJ@nosdco-aa.org))**

Lee Ann reviewed the functions of the Program Committee. She requested Host Groups for the month of September:

| <b>Date:</b> | <b>Speaker:</b> | <b>From:</b>  | <b>Host Group:</b>          |
|--------------|-----------------|---------------|-----------------------------|
| Sept. 4      | Eric R          | Valley Center | Sunday 1,2,3 Step Study     |
| Sept. 11     | Mike R.         | Escondido     | Wed. Night Wm's Fallbrook   |
| Sept. 18     | Dennis P.       | Oceanside     | Steam Engine Museum meeting |
| Sept. 25     | Jon C.          | Vista         | 7AM Brier Patch             |

#### **Public Information Committee: RENEE H. (760) 525-5753 (E-Mail: [ReneeH@nosdco-aa.org](mailto:ReneeH@nosdco-aa.org))**

Renee announced that the Public Information Committee will be providing literature and staff for the 19<sup>th</sup> Women Sponsoring Women workshop in Encinitas on August 25.

#### **Telephone Committee: JIM R. (619) 890-2299 (E-Mail: [JimR@nosdco-aa.org](mailto:JimR@nosdco-aa.org))**

Janice thanked all the members for their commitment to the after-hours telephone committee. New chair Jim R. announced one opening for after-hours hotline: 2<sup>nd</sup> Sunday of the month, 9pm-9am.

#### **Archives Committee: WAYNE S. (760) 978-1459 (E-Mail: [WayneS@nosdco-aa.org](mailto:WayneS@nosdco-aa.org))**

Ken announced that Wayne has accepted this position. His report will be presented next month.

#### **Outreach Committee: Caroline H. (404) 435-0900, Email: [carolineH@nosdco-aa.org](mailto:carolineH@nosdco-aa.org)**

Caroline requested than anyone who has not signed the clipboard with their meeting information at either of the last two months, please contact her this evening. To get an accurate account of which meetings are being represented, this information is necessary.

#### **H&I Committee: Chris S. (858) 442-1834, Email: [ChrisS@nosdco-aa.org](mailto:ChrisS@nosdco-aa.org) (H&I Web Page: [www.nchandl.org](http://www.nchandl.org))**

Jack reported that the H&I committee is fully funded for this year, but made a plea for persons to get involved. The monthly information meeting is held at the Alano Club on the 3<sup>rd</sup> Saturday of the month at 9AM. Jack announced that all facilities that permit a delivery of Big Books were supplied with literature this week.

#### **AREA ASSEMBLY: Linda R. (760) 815-0207, Email: [lindaR@nosdco-aa.org](mailto:lindaR@nosdco-aa.org) (<http://www.area8aa.org/>)**

Linda reported that all important information regarding the Area can be found on the Area website (<http://www.area8aa.org/>) Linda announced Sept. 28-30 at Mission Bay is the 44<sup>th</sup> Annual Woman to Woman conference; District 16 is hosting a Labor Day picnic at Oakcrest Park on Labor Day.

#### **BUSINESS COMMITTEE REPORT: Chairperson: Mike L. (760) 525-2355 (email: [MikeL@nosdco-aa.org](mailto:MikeL@nosdco-aa.org))**

##### **OLD BUSINESS:**

The 39<sup>th</sup> Anniversary Meeting of NC Intergroup is Tuesday, August 28, at Brengle Terrace in Vista. Please announce to all members.

Traditions Breakfast will be held March 17, 2019. Larry F. will be chair of the Breakfast committee. Von I. from Tustin will be the speaker. Business Committee voted to secure the site at this time.

Necessary documents were compiled and sent to the CPA for review and then submission to the IRS, well ahead of the October 15 deadline.

A new safe was purchased to replace the broken on in the Central Office.

The Business Committee approved a letter of support requested by the committee which is preparing the bid to bring the International Women's Conference to San Diego.

##### **NEW BUSINESS:** none

**ELECTIONS:** Mike L. announced that a service opportunity is open on the Business Committee for a member-at-large. There being no volunteers or nominations, members are encouraged to consider the position and the benefits of service when we conduct the election during the September meeting.

##### **ANNOUNCEMENTS:**

39<sup>th</sup> Anniversary meeting for North County AA. August 28, Brengle Terrace, 1400 Vale Terrace Drive, Vista, CA, 92084; 8:00pm.

District 2 Picnic, Saturday August 11, at Adams Community Park in Valley Center. 11 – 4:00pm.

Women Sponsoring Women workshop, Encinitas Senior Center, Saturday August 25, 10-1pm.

Labor Day Picnic, Calavera Hills, September 3, 10am – 3pm.

Planning meeting for the Women's International Convention on Wednesday, Aug 22 at Mira Mesa Alano Club.

Sobriety Rocks Barbecue, Sunday, August 26. (No meeting August 25)

**Adjournment:** 7:40pm.

**Next Intergroup Meeting Date:** September 12, 2018

**RESPECTFULLY SUBMITTED: Vickie A – RECORDING SECRETARY**

| City               | Day       | Time    | Contributing Groups                                                      | JULY 2018  |
|--------------------|-----------|---------|--------------------------------------------------------------------------|------------|
| Encinitas          | TUE       | 7:00pm  | "North Coastal Men's"                                                    | \$138.38   |
| Carlsbad           | THU       | 7:30pm  | "A.A. Workshop" – Speaker with ASL                                       | \$684.00   |
| Del Mar            | SUN       |         | "Serenity on Sunday" – Casa Palmera                                      | \$422.40   |
| Del Mar            | SUN       | 8:00pm  | "Discussion" – St. Peters Episcopal Church                               | \$380.00   |
| Del Mar            |           | ?       | Men's God or Vodka                                                       | \$896.50   |
| Encinitas          | MON       | ?       | North Coastal Women's                                                    | \$199.00   |
| Encinitas          | TUE       | 6:30pm  | "Women's Roving Step Study"                                              | \$111.90   |
| Encinitas          | TUE       |         | 12 x 12 Step Study                                                       | \$117.91   |
| Encinitas          | TUE       | 6:30pm  | "Women's Roving Meeting                                                  | \$250.89   |
| Encinitas          | SAT       | 8:00am  | "Women Over 40" – Olivenhain Meeting Hall                                | \$394.37   |
| Escondido          | MON       | Noon    | "MON Lunch Bunch" – Mike's BBQ (in the "Owner's Box)                     | \$250.00   |
| Escondido          | WED       |         | Women's Morning Hope & Gratitude                                         | \$245.00   |
| Escondido          | WED       | Noon    | "Grass Roots A.A." – Joslyn Senior Center (Room 5)                       | \$150.00   |
| Escondido          | SAT       | 11:00am | "Women Over 50" – New Vintage Church                                     | \$58.00    |
| Escondido          | SAT       | 7:30pm  | "We Not Me" Group                                                        | \$186.00   |
| Escondido          | SAT       |         | Living Sober                                                             | \$53.00    |
| Escondido          | SAT       |         | New Beginning                                                            | \$125.00   |
| Escondido          | SUN       | 9:30am  | "Discussion" – Taxicab                                                   | \$110.75   |
| Oceanside          | ?         | ?       | "No More Hangovers" - Alano Club                                         | \$120.00   |
| Oceanside          | MON - FRI | Noon    | "Brown Baggers" – Alano Club                                             | \$60.00    |
| Oceanside          | TUE       | 8:00pm  | "Beginners" – Immanuel Lutheran Church (Fellowship Hall)                 | \$157.00   |
| Oceanside          | TUE       | 8:00pm  | TUE Nite Irregulars                                                      | \$225.00   |
| Oceanside          | TUE       | 8:00pm  | "Discussion" – Alano Club                                                | \$57.90    |
| Oceanside          | WED       | 5:00pm  | "S.O.S". Group" – Big Book Study                                         | \$60.55    |
| Oceanside          | WED       | 7:00pm  | "Singleness of Purpose" – First Presbyterian Church                      | \$215.01   |
| Oceanside          | SAT       | 10:00am | "Women's Big Book" – First Presbyterian Church                           | \$265.20   |
| Oceanside          | SAT       | 11:00am | "Discussion" – Alano Club                                                | \$60.00    |
| Oceanside          | SUN       |         | Surf and Sun                                                             | \$342.64   |
| Oceanside          | SUN       | 6:00pm  | "Serenity Step Study" – UM Church                                        | \$112.46   |
| Oceanside          | ?         | ?       | Friendship Center                                                        | \$300.00   |
| Poway              | TUE       | Noon    | "Keeping it Simple" – St. Bartholomew's Episcopal Church                 | \$224.50   |
| Poway              | SAT       |         | Women's "Winner Winner Chicken Dinner"                                   | \$125.00   |
| Ramona             | ?         | ?       | Men's "New Vision" Group                                                 | \$50.00    |
| Rancho Bernardo    | MON       | Noon    | "Men's H.A.L.T." – San Rafael Church                                     | \$100.00   |
| Rancho Bernardo    | MON       | 7:30pm  | "Women's Big Book" – Carmel Mountain – Lifebridge Church                 | \$230.80   |
| Rancho Bernardo    | TUE       | 7:00pm  | "As Bill Sees it" – San Rafael Catholic Church                           | \$168.00   |
| Rancho Bernardo    | WED       | Noon    | "Discussion"                                                             | \$90.00    |
| Rancho Bernardo    | THU       | Noon    | Beginners at St Bart                                                     | \$70.00    |
| Rancho Bernardo    | FRI       | 7:00am  | "San Rafael Discussion" – San Rafael Catholic Church                     | \$93.00    |
| Rancho Bernardo    | FRI       | 8:00pm  | "T.G.I.F." – Hope Methodist Church                                       | \$246.00   |
| Rancho Peñasquitos | THU       | 6:30pm  | "Big Book Study" – Peñasquitos Lutheran Church                           | \$104.00   |
| San Marcos         | TUE       | 8:00pm  | Grace Church Rose Ranch Men's                                            | \$73.00    |
| San Marcos         | WED       | Noon    | "Discussion" Noon                                                        | \$148.50   |
| San Marcos         | WED       | 6:30pm  | "The Blind Leading the Blind" Step Study - 7 <sup>TH</sup> Day Adventist | \$40.00    |
| San Marcos         | FRI       | 6:30pm  | "No. County Problems and Solutions" – Meadowlark Community               | \$45.00    |
| Vista              | MON - FRI | Noon    | "Noon Solutions" - Steps                                                 | \$125.00   |
| Vista              | MON       | 7:30pm  | "Filling Station" -Steps                                                 | \$207.07   |
| Vista              | ?         | ?       | Free Thinking Women's Group                                              | \$90.00    |
|                    |           | ?       | Anonymous Groups Plus Intergroup Meetings                                | \$1,555.65 |

**Total \$10,534.38**

### ***Are you in control?***

We are certain that our intelligence, backed by willpower, can rightly control our inner lives and guarantee us success. ~12&12 pg 37  
 Is he not a victim of the delusion that he can wrest satisfaction and happiness out of this world if he only manages well? ~BB pg 61  
 ...if I could just control the external environment, the internal environment would then become comfortable. ~BB pg 413

**Dear VP Reader,** Below is a new feature that I'll simply call "**the 3 boxes.**" Will you please take a moment to help us carry the message by letting me know your favorite paragraph from A.A. literature? I'll publish it in a future Viewpoint. Thank you. [editor@nosdco-aa.org](mailto:editor@nosdco-aa.org)  
**Thank you Dave R, Paul C, and Jim G for your submissions this month. I greatly appreciate your participation. ~ VP Editor**

#### **Quantity or Quality (As Bill Sees It, pg 11)**

"About this slip business -- I would not be too discouraged. I think you are suffering a great deal from a needless guilt. For some reason or other, the Lord has laid out tougher paths for some of us, and I guess you are treading one of them. God is not asking us to be successful. He is only asking us to try to be. That, you surely are doing, and have been doing. So I would not stay away from A.A. through any feeling of discouragement or shame. It's just the place you should be. Why don't you try just as a member? You don't have to carry the whole A.A. on your back, you know!  
 "It is not always the quantity of good things that you do, it is also the quality that counts.  
 "Above all, take it one day at a time."

#### **A.A. Tradition—How It Developed (A.A. Pamphlet)**

##### **"Who Is A Member of Alcoholics Anonymous?" by Bill W.**

Every older A.A. shudders when he remembers the names of persons he once condemned; people he confidently predicted would never sober up; persons he was sure ought to be thrown out of A.A. for the good of the movement. Now that some of these very persons have been sober for years, and may be numbered among his best friends, the old-timer thinks to himself, "What if everybody had judged these people as I once did? What if A.A. had slammed its door in their faces? Where would they be now?"  
 That is why we all judge the newcomer less and less. If alcohol is an uncontrollable problem to him and he wishes to do something about it, that is enough for us. We care not whether his case is severe or light, whether his morals are good or bad, whether he has other complications or not. Our A.A. door stands wide open, and if he passes through it and commences to do anything at all about his problem, he is considered a member of A.A.

#### **"something happens"**

We know that while the alcoholic keeps away from drink, as he may do for months or years, he reacts much like other men. We are equally positive that once he takes any alcohol whatever into his system, something happens, both in the bodily and mental sense, which makes it virtually impossible for him to stop. The experience of any alcoholic will abundantly confirm this.

(Big Book pg 22)

**Story Solicitation for a new A.A. Pamphlet:**

**Spanish-speaking Women in A.A.**

In response to the **2018 General Service Conference Advisory Action** requesting the development of a pamphlet for Spanish-speaking women in A.A., the trustees' literature committee is seeking a wide range of A.A. recovery experience from Spanish-speaking women in A.A.

Please encourage Spanish-speaking women members in your area to write their personal stories for possible inclusion in this new pamphlet.

Manuscripts should be 500-800 words, double spaced, in 12-point font. The author's complete name, address and email/phone information should be included with the submission.

Submissions can be emailed to [Literature@aa.org](mailto:Literature@aa.org) with "**Spanish-speaking women in A.A.**" in the subject line of the message. Alternatively, submissions can be mailed to: Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is 11/19/2018.

The anonymity of all authors will be observed, whether or not their story is selected for publication.

Thank you for your participation in this process.

**Haiku by Paul C.**

Bloom where you're planted.  
Tendrils of sobriety  
Grow stronger at home.

She told me sweetly,  
"You're very light on my feet."  
My first sober dance.

The spirit of love,  
Improving relationships,  
Calling Dad each week.

A firm and loving  
Suggestion from my sponsor:  
"Get in the car now!"

Welcomed with a smile,  
Trembling hands and tearful eyes,  
"I'll sign your court slip."

Reading the Big Book,  
Identifying closely --  
Yellow highlights all.

Late night rain and cold,  
Desperate voice on the phone --  
Coffee rendezvous.

Didn't call on me,  
So Denny's will hear it all  
Amped up on coffee.

Arms are firmly crossed,  
Slouched in the back of the room --  
Inventory row.

Young people's meetings:  
Recovery knows no age --  
Neither does despair.

Tattoos and nose rings  
Eager for sobriety.  
Who cares how they look?

Proud executives  
Learn the A.A. way of life  
From blue collar guys.

**NORTH COUNTY H & I NEWS**

**TRADITION NINE** – A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve. This month I've been thinking of 'but'. A teacher once told me that when a person uses the word but, it negates everything that went before. For example: If A.A. was not organized, how would I find a meeting? We wouldn't have a phone number to find a meeting. Or a meeting schedule. We have service entities that are directly responsible to the fellowship they serve. This means that we operate as YOU want us to operate. So come 'be a part of'.

**WHERE YOUR 7<sup>th</sup> TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7<sup>th</sup> Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.). **All Green Can** contributions are used for purchasing literature.

| Group Name                             | Green         | Group           |
|----------------------------------------|---------------|-----------------|
| Acceptance Group # 137816              |               | 53.52           |
| As Bill Sees It Escondido              |               | 15.00           |
| Belly Up Third Tradition 162613        |               | 734.01          |
| Brown Baggers                          |               | 10.00           |
| Carlsbad AA Workshop                   |               | 57.00           |
| Encinitas Tues Night Men's             |               | 100.00          |
| Friday Mothers in Sobriety             |               | 40.00           |
| Friday Night Sisters # 614334          |               | 67.50           |
| Friday Noon Acceptance Poway           |               | 215.23          |
| Group # 689359                         |               | 30.10           |
| Group # 713516                         |               | 126.30          |
| Group # 724548-08-21                   |               | 43.00           |
| Keeping It Simple #126426              |               | 41.50           |
| KI's Group # 614661                    |               | 520.00          |
| Misfits Men's Group # 672294           | 123.00        |                 |
| No Ifs Ands Or Butts                   |               | 26.00           |
| N.C. Calle Barcelona #686387           |               | 16.50           |
| Pauma Valley Red Trail Mtg.            |               | 16.56           |
| Promise of A New Day 664247            | 55.56         |                 |
| Promises Meeting # 165787              |               | 20.00           |
| Rancho Santa Fe Friday Night Be-       |               | 146.50          |
| Robbers Roost                          |               | 150.00          |
| San Marcos Sunday Big Book             |               | 52.75           |
| Sunday Morning 1 2 3 Fallbrook         | 105.00        |                 |
| Sunday Morning Early Birds             |               | 20.00           |
| Surf & Sun AA Group # 141142           | 94.93         |                 |
| Sweet Surrender Speakers               |               | 60.00           |
| Vista Steps Noon Solutions             |               | 20.00           |
| Women's 11 <sup>th</sup> Step # 688187 | 84.80         | 27.00           |
| Women Living in the Solution           |               | 17.00           |
| <b>Totals:</b>                         | <b>463.29</b> | <b>2,675.47</b> |

**GROUP AND GREEN CAN CONTRIBUTIONS JULY 2018**

Complete financial reports can be found on our website.\*

**THANK YOU FOR YOUR CONTRIBUTIONS!**

**GETTING INVOLVED:** Each 3<sup>rd</sup> Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

**\*ADDITIONAL INFORMATION:** You can visit our NC H&I website at [NCHandi.org](http://NCHandi.org) to view Policy & Guidelines, Financial Reports, and more.



**Cleaning House, ~by Paul G**

When you've got nothing left to prove  
 And you finally hit that groove  
 Let go of empty aspiration  
 Reject futile temptation  
 You're well on your way to becoming whole

When skin is singed from the flesh  
 And you've narrowly escaped your death  
 Don't let the world convince you you're any less bright  
 Than a perfectly imperfect creature of light  
 With a human shell housing a shimmering soul

As the best and the brightest drop out all around you  
 You can conquer those things which used to confound you  
 You discover this truth in the most unexpected place  
 Hubris will bite your ass and lay you to waste  
 Humility ensures that your life remains whole

**AA Local Forum San Diego  
 Imperial Area 08**

**A Special Invitation to our  
 Tribal Nations, Native American  
 Brothers, Sisters & Young People**

August 24, 25 & August 26, 2018  
 Lake Henshaw Resort  
[26439 Highway 76](#)  
 for overnight campout and meetings.

Warner Springs School [30951 CA-79](#)  
 for main agenda August 25.

Come for the campout, for the day,  
 or simply to attend a meeting.

[Link to program details](#)

| <b>The Essentials of Recovery</b> (essential: absolutely necessary; extremely important)                              | BB pg |
|-----------------------------------------------------------------------------------------------------------------------|-------|
| One feels that something more than human power is needed to produce the <b>essential</b> psychic change.              | xxix  |
| Belief in the power of God, plus enough willingness, honesty and humility ... were the <b>essential</b> requirements. | 13    |
| Willingness, honesty and open mindedness are the <b>essentials</b> of recovery.                                       | 568   |

**Meetings that Need Your Support**

- Sunday 7:00 PM **"Acceptance & Recovery"** at 1st Congregational Church, 1800 N Broadway, **Escondido**, CA 92026
- Monday 8:00 PM **"Beginner's Book Study"** at the **Escondido Alano Club**, 1690 East Valley Parkway, **Escondido**, CA
- Tuesday 6:00 PM **Women's "Step by Step"** 12&12 Study at **STEPS in Vista**, 1745 E Vista Way, **Vista**, CA 92084
- Wednesday 8:00 PM **"Beginners"** at the **Escondido Alano Club**, 1690 East Valley Parkway, **Escondido**, CA 92027
- Thursday 11:30 AM **Women's Step Study** at Church of the Resurrection, 1445 Conway Dr, **Escondido**, CA 92027
- Friday 7:30 PM **"Just Stay" Young People** at **Poway Alano Club**, 13939 Poway Road (upstairs), **Poway**, CA, 92064
- Saturday 8:00 PM **"Saturday Night Speaker"** at the new **Poway Alano Club**, 13939 Poway Road, **Poway**, CA 92064
- Saturday 8:00 PM **"Living Sober"** at the **Escondido Alano Club**, 1690 East Valley Parkway, **Escondido**, CA 92027
- **North San Diego Young People in Alcoholics Anonymous (NSDYPAA)** meetings are on the 1st and 3rd Sundays, 5:00 PM, 560 Greenbrier Dr, **Oceanside**, CA 92054. Contact us: (760) 542-8268, [www.nsdypaa.org](http://www.nsdypaa.org), also see page 6.

*If you would like to add to this list, please email [editor@nosdco-aa.org](mailto:editor@nosdco-aa.org).*

We need your help in making our printed

**Meeting Directory**

and [website](#) as accurate as possible.

**Please review the meetings you attend and answer:**

1. Do any meetings need to be **revised**?
2. Do any meetings need to be **removed**?
3. Are there any new meetings that need to be **added**?
4. **Please Verify:** (M) Men only; (W) Women only; (C) Closed - alcoholics only; (LGBTQ) Lesbian, Gay, Bisexual, Transgender, Queer or Questioning; (ADA) Americans with Disabilities Act accessible accommodations; (ASL) American Sign Language interpretation.

Please address the 4 questions above and include: City, Day, Time, Address, Meeting Name, Meeting Location (i.e. name of club, church, etc.), Type/Format of Meeting, notes, etc.

**Please email information to [gbeau49@icloud.com](mailto:gbeau49@icloud.com).**

**Thank you for your support!**

# WANTED

**Intergroup Representatives  
 from YOUR meeting!**

Can you **represent** your group?  
 Do you need a **commitment**?

It's just once a month!  
 Less than 15% of groups are  
 represented at Intergroup.

**For information please email the  
 Outreach Committee Chair at**  
[CarolineH@nosdco-aa.org](mailto:CarolineH@nosdco-aa.org).

**ANCIENT WISDOM**

More is lost by **indecision** than wrong decision.  
 Indecision is the thief of opportunity.  
 It will steal you blind. ~Marcus Tullius Cicero



### Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call 760.758.2514.



#### **PUBLIC INFORMATION MEETING**

Central Office's Open 2-Speaker Meeting  
Tuesday Nights at 8:00 PM, STEPS in Vista  
1745 E. Vista Way, Vista, CA 92084

#### **SERVICE CALENDAR**

**Program Committee:** 1st Tuesday of month  
7:00 PM, **STEPS** in Vista,  
[1745 E. Vista Way, Vista, CA 92084](#)  
**Business Committee:** Tue prior to 2nd Wed  
6:30 PM, A.A. **Central Office**,  
[604 E. Vista Way, Vista CA 92084](#)  
**Intergroup Meeting:** 2nd Wed of month  
7:00 PM, **Masonic Temple**,  
[761 Eucalyptus, Vista CA 92084](#)

#### **Office Address, Hours & Contact**

##### **North County Central Office**

[604 E. Vista Way, Vista CA 92084](#)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: [office@nosdco-aa.org](mailto:office@nosdco-aa.org)

Web: [nosdco-aa.org](http://nosdco-aa.org)

The **Viewpoint** is a publication of the  
**North San Diego County Intergroup of A.A.**  
and is distributed by the  
**North County Central Office.**

It is published after the 3rd Wed of each month.

#### **Submit Something to the Viewpoint**

We encourage our readers to send us:

- ◆ Jokes or Poems about recovery in A.A.
- ◆ Your experience, strength & hope
- ◆ Announcements, Events, Fun Stuff, etc.

Email submissions to [editor@nosdco-aa.org](mailto:editor@nosdco-aa.org).  
Deadline is the 1st Wednesday of the month.  
Submissions may be edited for space/content.

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**Opinions** expressed within are of contributing writers or the editor and not necessarily those of A.A. or the North San Diego County Intergroup of A.A.

**References** to outside entities do not imply affiliation.

#### ~~~~ EVENTS CALENDAR ~~~~ EVENTS CALENDAR ~~~~

@ 15th Annual Mountain A.A. Conference with Al-Anon Participation "A Search for Serenity", Friday, August 17, 7:00 p.m. - 9:00 p.m.; Saturday, August 18, 7:00 a.m. - 10:00 p.m.; Sunday, August 19, 2019 7:00 a.m. - 12:00 noon, Big Bear Performance Arts Center, [39707 Big Bear Blvd., Big Bear Lake, CA 92315, Program, Flyer](#)

@ District 8 Picnic, hosted by District 8 of the San Diego-Imperial Area Assembly, 10:00 a.m. - 4:00 p.m. Saturday, August 18, 2018, Rohr Park, Gazebo R-3 [Sweetwater Road, Chula Vista](#)

@ AA Local Forum San Diego – Imperial Area 08, A Special Invitation to our Tribal Nations, Native American Brothers and Sisters & Young People, August 24, 25 & August 26, 2018, Come for the Camp-out, for the day or simply a meeting, Food during main events will be provided including a Barbecue competition, Speakers, Panel Discussions, Roundtable Topic Discussions, Marathon/Early Riser Meetings and Hospitality Room, Lake Henshaw Resort [26439 Highway 76](#) for overnight stay and meetings, Warner Springs School [30951 CA-79](#) for main agenda August 25, Please RSVP for cabin reservations and more info at [area08contact@gmail.com](mailto:area08contact@gmail.com) or [altdelegate.area8aa@gmail.com](mailto:altdelegate.area8aa@gmail.com)

@ The Third International Conference of Secular Alcoholics Anonymous, Friday, August 24 - Sunday, August, 26, 2018, Toronto Marriott Downtown Eaton Centre Hotel, [525 Bay Street, Toronto, Ontario, M5G 2L2, Canada](#)

@ 19th Annual Women Sponsoring Women Workshop - August 25 - see ad on page 1.

@ 39th Anniversary meeting for North County AA. August 28, 8:00pm.

[Brenge Terrace, 1400 Vale Terrace Drive, Vista, CA, 92084.](#)

@ 34TH Annual South Bay Family Roundup, August 31st to September 3rd, Torrance Marriot [3635 Fashion Way Torrance, CA 90503, 34th Annual South Bay Family Roundup web page](#)

@ Labor Day Picnic - September 3 - see ad on page 1.

@ Pacific Regional Forum, September 7th-9th, 2018, Doubletree by Hilton [2050 Gateway Place San Jose, CA 95110, Pacific Regional Forum web page, Pacific Regional Forum Flyer](#)

@ Over the Bridge Group Steps and Traditions Workshop, 8:30 a.m. - 11:00 a.m. Saturday, September 22, 2018, St. Andrew's Church, [8350 Lake Murray Blvd., San Diego, CA 92119](#)

@ 67th Southern California A.A. Convention with Al-Anon Participation "Courage to Change", Friday, September 21 - Sunday, September 23, 2018, The Westin Mission Hills Resort & Spa, [71333 Dinah Shore Dr, Rancho Mirage, CA 92270, Web Page Info](#)

@ The Inland Empire 22nd Annual Women's A.A. Banquet -- "Amazing Grace", Saturday, September 29, 2018. Doors open for check-in 5:00 p.m. Dinner Served/Fellowship 6:00 p.m. Welcome/Guest Speaker 7:00 p.m., Renaissance Room, National Orange Show, San Bernardino., \$40.00 includes tip and tax. Scholarships available -- contact registration for information. No tickets sold at the door., Registration deadline: September 21, 2018. Raffle prizes, 50/50 drawing, and sobriety countdown., Shannon M., Chair 909-233-6731; Coley B., Co-Chair 951-581-2979; Elizabeth M. Registration 951-347-9876, [Link to Amazing Grace Flyer](#)

**55th International Women's Conference, Feb 7-10, 2019 in Los Angeles.**  
[www.internationalwomensconference.org](http://www.internationalwomensconference.org)

~~~~ More is happening @ [www.area8aa.org](http://www.area8aa.org) ~~~~

God's Will for me:
Be good. Do good. Love all. Serve all.

North San Diego Young People in AA

North San Diego Young People in A.A. (NSDYPA)

NSDYPA Meetings are on 1st and 3rd Sunday, @5:00 PM, 560 Greenbrier Dr, Oceanside, CA 92054. Contact us: (760) 542-8268, <http://www.nsdypaa.org>

Local Young People Meetings:

Tue: Young people's meditation 9:00 pm 131 Richmar Ave San Marcos, CA 92069

Wed: Young and Restless 9:00 pm 131 Richmar Ave San Marcos, CA 92069

Thur: Young men's 12x12 9:00 pm 131 Richmar Ave San Marcos, CA 92069

Fri: Sixth Step House 7:30 pm 1430 N Coast Hwy 101, Encinitas, CA 92024

Sat: Tri-City Medical Center Basement, 7:30 pm, 4002 Vista Way, Oceanside, CA 92056

Sun: Willing to Grow 9:00 pm 1900-D Oceanside Blvd

★ **Help support Marine Corps Base**

★ **Camp Pendleton A.A. meetings:**

★ **Monday:** Building 210568—PFC Krause

★ Training Facility at 3rd AA BN School on Camp

★ Del Mar (by the boat basin) 6:30 to 7:30 PM

★ (1830 to 1930)

★ **Wednesday:** Building 1339—Bowling Alley

★ (enter Vandegrift Road, end of building,

★ follow signs) 6:30 to 8:00 PM (1830 to 2000)

★ **Friday:** Building H200T—S.A.R.P. (Substance

★ Abuse Rehabilitation Program) behind The

★ Thrift Shop, next to Wounded Warrior, by

★ Lake O'Neil, on the old Hospital grounds

★ 4:00 to 5:00 PM (1600 to 1700)

Other Websites: A.A. aa.org, Grapevine aagrapevine.org, H&I nchandi.org, Area 8 area8aa.org, Young NSDYPA,
Subscribe to the GSO newsletter to be sent to your email, click link: http://www.aa.org/pages/en_US/gso-newsletters.

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.