

Oct  
2018



Download the *Viewpoint* [NCsandiegoAA.org](http://NCsandiegoAA.org)

**Step 10:** "Continued to take personal inventory and when we were wrong promptly admitted it."

**Tradition 10** (short form): "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

**Concept 10** (short form): "Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined."

We have a  
new Website!  
[NCsandiegoAA.org](http://NCsandiegoAA.org)

# VIEWPOINT

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**The Traditions Breakfast is moving... see page 2**

**The Tenth Step Acid Test**  
Principles to Live By  
By Rick R.

Each of our steps takes a certain amount of thoroughness but for most of the steps, it seems we will be working on them for the rest of our lives as they involve practicing principles that we have incorporated into our day-to-day living experiences, and after the ninth step has been given due diligence, we can go on to the tenth step. This is not the time to rest on our laurels. Having put a little time between us and our last drink required a lot of effort and it would be a shame to lose interest in the growing process at this time. My ego is always ready to move right into those empty spaces when I vacate my growing efforts. My approach to step ten was confusing at first, as I thought I was going to be running around with a clipboard for the rest of my life, and I didn't like the idea of credit and debit lists and penciling out things, but I tried it for awhile, and I still didn't like it. I couldn't see monitoring myself on every face to face verbal transaction and running around apologizing to everyone that I may have made a mistake with. That was my first impression of step ten. What I discovered was that the tenth step is a framework for the upkeep and maintenance of all of the previous nine steps, and as I incorporated those principles into my value system it made me aware of my mistakes and it became easier and easier for me simply because the more I live by unselfish, proven principles, the less mistakes I make, and the easier it became to right those mistakes on the spot. When I first heard the term "cash register honesty," it meant more to me than just being honest with a cashier. It meant that I had to stop taking advantage of everyone. That is a principle to live by. Since I started on this journey I have wanted to be free of all of the sick feelings I had about myself and, at first, I couldn't find anything in the Big Book or the 12X12 that I could sink my teeth into. The one thing that came close was the term: *sins of omission*, but that was too direct. I was looking for a broader term that would have covered the things that I was unaware of. All of my life, under a mountain of misdeeds and inappropriate behavior was the word **NEGLECT**. I then Googled it and found it twice in the Big Book (pgs. 97 and 129) and twice in the 12X12 (pgs. 81 and 151) but I don't think I ever saw it addressed as seriously as all of the other major defects are, but it was *major for me*. I discovered it in the process of doing the tenth step. In order to set the tone for my day-to-day activities I start by making my bed when I get up in the morning. By doing this I am making a statement that, I won't be neglectful, irresponsible, lazy, etc. If I am at the market, I'll find a stray cart and return it to the rack, just to make up for all the times I pushed a cart into the flower bed and fled. The acid test is how diligent I am at continuing these exercises in selflessness until they become second nature. You may have your own way of giving back to make it right and these things cost us nothing, but if I'm willing to do them, it's a cinch I won't be ripping anyone off today. It helps to have a clear conscience and it may be what a good role model should be doing. I want to be quick to address my mistakes, for we know that nobody's perfect, and I don't want to miss the spiritual boat. Now it all comes down to, *going through each day without doing anything I regret*, and I hope I pass the acid test.

**Reuniones Español**  
Oficina Norte County  
830 E. Vista Way, Suite  
116, Vista, CA 92084  
(760) 758-6905  
[Info en Español](#)

**Alcoholism is a 3-fold disease: Thanksgiving, Christmas & New Years!**  
**The Alcathons are coming!** Please email your Alcathon info (place, date, time) to [Viewpoint@NCsandiegoAA.org](mailto:Viewpoint@NCsandiegoAA.org) so it may be added to the **Events Calendar** on page 6.

**Young People**  
[click here!](#)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

## North County Intergroup Meeting Minutes

**Date:** 10/10/2018

### **Called to Order:**

The Meeting was called to order at 7:00 P.M. There were **44 Reps** present, with **2 New Reps**.

Traditions were read by LeeAnn. A motion was made and seconded to accept the minutes AS CORRECTED. **All in Favor.**

### **Financial Report: Greg B. (760) 421-6967 (Email: [GregB@NCsandiegoAA.org](mailto:GregB@NCsandiegoAA.org))**

Net sales: \$6,922.60. Total Cost of goods sold: \$5,582.76 with a gross profit of \$1,339.72. Group contributions \$9,345.64; Miscellaneous \$438.36; total Income for the month of September \$11,123.74. Total Expenses \$10,430.29 leaving a Net Profit for September of \$693.45. YTD \$4,112.42. A motion was made to accept financial report, seconded **All in Favor.**

### **Central Office Report: Ken G. (760) 758-2514 (Email: [Manager@ncsandeigoaa.org](mailto:Manager@ncsandeigoaa.org))**

Ken thanked reps for contributions and encouraged members to sign up for emails by providing email addresses at the new website. There are openings for volunteer help at Central Office on Saturday (9-1) and Tuesday afternoons. Ken reported that, at the conference he attended in Montreal, it was suggested that social media could be used as a vehicle for reaching a younger population with information about AA. Ken also informed the reps that the Media Guide App has been licensed by AA, so it now becomes part of "AA approved" tools.

### **STANDING COMMITTEES**

#### **Program Committee: Lee Ann J. (760) 580-6143 (Email: [LeeAnnJ@nosdco-aa.org](mailto:LeeAnnJ@nosdco-aa.org))**

Lee Ann reviewed the functions of the Program Committee. She requested Host Groups for the month of July:

<b>Date:</b>	<b>Speaker:</b>	<b>From:</b>	<b>Host Group:</b>
Nov 06	Cameron	Oceanside	1,2,3 Step Study, Fallbrook
Nov 13	TBA	Oceanside	Carlsbad Workshop
Nov 20	Doug	San Marcos	Wms 11 <sup>th</sup> Step, Encinitas
Nov 27	Brynn	Oceanside	Friday Night Beginners, Steps

#### **Public Information Committee: Renee H. (760) 525-5753 (Email: [ReneeH@NCsandiegoAA.org](mailto:ReneeH@NCsandiegoAA.org))**

No report

#### **Telephone Committee: Jim R. (619) 890-2299 (Email: [JimR@NCsandiegoAA.org](mailto:JimR@NCsandiegoAA.org))**

Jim reported a good month for the telephone committee. He is attempting to stabilize the commitments and fill volunteer gaps. Jim distributed a flyer for reps to take back to their home groups with timeslots of phone commitments and invited all to attend an informational meeting to be held at Central Office on the second Saturday of each month from 10-11AM, beginning Saturday October 13.

#### **Archives Committee: Wayne S. (760) 978-1459 (Email: [WayneS@NCsandiegoAA.org](mailto:WayneS@NCsandiegoAA.org))**

No report

#### **Outreach Committee: Caroline H. (404) 435-0900 (Email: [CarolineH@NCsandiegoAA.org](mailto:CarolineH@NCsandiegoAA.org))**

No report.

#### **H&I COMMITTEE: Chris S. (858) 442-1834 (Email: [ChrisS@NCsandiegoAA.org](mailto:ChrisS@NCsandiegoAA.org)) (H&I Website: [www.nchandi.org](http://www.nchandi.org))**

Chris thanked members for their contributions of both time and money. Volunteers are still needed to fill slots and interested persons can attend the monthly informational meeting held at the Alano Club, next meeting being Saturday October 20, at 9:00AM. Please check out the website ([www.nchandi.org](http://www.nchandi.org)) for more information.

#### **AREA ASSEMBLY: Linda R. (760) 815-0207 (Email: [lindaR@nosdco-aa.org](mailto:lindaR@nosdco-aa.org)) (Website: <http://www.area8aa.org/>)**

Linda reported that all important information regarding the Area can be found on the Area website (<http://www.area8aa.org/>) Details about Unity Day (October 20) and Roots (Nov. 24) can be found on the website.

#### **BUSINESS COMMITTEE REPORT: Chairperson: Mike L. (760) 525-2355 (Email: [Mikel@nosdco-aa.org](mailto:Mikel@nosdco-aa.org))**

##### **OLD BUSINESS:**

The link to the H and I website is established on Central Office website.

The new Central Office website is a 'work in progress' and tabs there are being fine-tuned to make the information more specific to North County. Suggestions welcomed.

**The Traditions Breakfast will be held this year at the Escondido Center for the Performing Arts. Tickets will become available on December 1, with the ticket price remaining the same as last year, \$30 per ticket. Tables of 10 will be available for purchase. Date of the breakfast is March 17, 2019. With a new venue and a new menu, we are anticipating an event with maximum attendance. 500 seats will be available. Paul C. will be the Traditions Breakfast speaker.**

As reported in the September meeting, the board is recommending that the Public Information meeting be discontinued, due to lack of attendance and completion of purpose. This announcement will be made again at the November meeting, with a final vote of the membership to accept the board's recommendation at the December meeting. Reps are encouraged to get a group conscience of their members and report back via email to Central Office or bring comments to the November meeting.

##### **NEW BUSINESS:**

An H and I request for cabinet space and literature assistance was declined by the Board.

##### **ELECTIONS: none**

##### **ANNOUNCEMENTS:**

Denise announced a Halloween event on Saturday, October 27, 5pm – 9pm.

A 40-year AA birthday for Jeannie H. will be held on Sunday, November 3, at Steps.

**Adjournment:** 7:50pm.

**Next Intergroup Meeting Date:** November 14, 2018

**RESPECTFULLY SUBMITTED: Vickie A – RECORDING SECRETARY**

Group Name	SEP 2018
Area 8 District 16 Treasurer	\$1,000.00
Borrego Springs TUE Nite Men's	\$250.00
Carlsbad - Step A Month Study MON Nite	\$232.00
Carlsbad Women in Recovery	\$300.00
Contributions - Anonymous Groups	\$35.00
Encinitas - Women's 11TH Step	\$180.00
Encinitas MON Nite Big Book Study	\$59.00
Encinitas TUE North Coastal Men's	\$16.05
Escondido - Disc. – N.I.A.O.B.	\$252.14
Escondido - Men's Misfits Book Study	\$200.40
Escondido - MON Lunch Bunch	\$250.00
Escondido - TUE 6PM Women As Bill Sees it	\$330.00
Escondido SAT 7AM Big Book Study (J&C)	\$77.00
Escondido SUN Morning	\$300.00
Fallbrook - Big Book Study – Hilltop	\$50.00
Fallbrook - Men's Step Study - Hilltop	\$84.00
Fallbrook - Speaker – Senior Center	\$40.00
Fallbrook - Steps 1-2-3 – FPUD	\$100.00
Fallbrook TUE Nite Open Group	\$50.00
Fallbrook TUE Women's Turn It Over	\$53.00
Leucadia SUN Morning Keep It Simple	\$300.00
Oceanside - Briar Patch (was Moose)	\$1,500.00
Oceanside - Brown Baggers	\$60.00
Oceanside - Chip-in Group	\$225.00
Oceanside - North Co. Alano Club	\$70.00
Oceanside - S.O.S – Big Book Study	\$66.75
Oceanside - Tri Sunday	\$150.00
Oceanside FRI 7AM at NCAC	\$60.00
Oceanside FRI Noon at NC Alano Club	\$90.00
Poway - Beginners St. Bart's Episcopal	\$218.50
Poway - Freedom of Choice	\$150.00
Poway - Fresh Start at St. Bart's	\$100.00
Poway - Hope & Gratitude Poway Women's	\$105.00
Poway MON Nite Women Hear And Now	\$326.15
Ramona - Disc. – Kickstart Your Heart	\$65.00
Ramona FRI Sobriety Party	\$25.00
Rancho Bernardo - San Rafael Disc.	\$106.34
Rancho Bernardo - T.G.I.F.	\$241.20
Rancho SF - Monday Disc Group #133908	\$236.62
San Marcos - Blind Leading ~ Step Study	\$55.35
San Marcos - Speaker/Participation	\$250.78
Santa Ysabel Back Country Book Study	\$30.00
Vista - Monthly Intergroup Meeting	\$56.00
Vista - Robber's Roost THU Night	\$660.00
Vista Noon Solutions at Steps	\$100.00
Vista Public Info "Central" Meeting	\$159.36
Vista THU Women Living in the Solution	\$80.00

\$9,345.64

	SEP	YTD
Sales	6,922.50	22,184.95
Cost of Goods Sold	5,582.76	17,809.42
Gross Profit	1,339.74	4,375.53
Other Income		
Group Contributions	9,345.64	29,059.81
Misc. Income	438.36	842.39
Total Other Income	11,123.74	34,277.73
Total Expense	10,430.29	30,165.31
Net Income or (Loss)	693.45	4,112.42

**MEETING GUIDE APP**

North County A.A. Meetings are now listed in the **Meeting Guide App**. Download this app and you will have all nearby meetings at your fingertips.



**“This app is a very cool thing!”**  
~ Anonymous


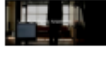


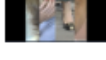
***The willingness to grow is the essence of all spiritual development.***  
As Bill Sees It, p. 171

**Videos for Young People**

Go to this link: <https://www.aa.org/#video-player>

In the **Videos and Audios** window, scroll down to **Videos for Young People**. Double-click on a video. Share with peers.

**Videos for Young People**

-  25 and Under
-  Alcoholics Anonymous
-  Young People's Animation Video
-  On the Beach
-  A Group of People Just Like Me

**This is a great 12-Step Service opportunity!**

Our A.A. Central Office operates a 24/7 “After Hours” Phone Service Hotline for Alcoholics in need. The *Telephone Committee* needs volunteers to answer phones for this invaluable service. Most volunteers only have one shift per month ranging from 3 to 4 hours. This is a great way to be of service. If you’re interested please contact the Central Office at (760) 758-2514.





**Story Solicitation for a new A.A. Pamphlet:**

**Spanish-speaking Women in A.A.**

In response to the **2018 General Service Conference Advisory Action** requesting the development of a pamphlet for Spanish-speaking women in A.A., the trustees' literature committee is seeking a wide range of A.A. recovery experience from Spanish-speaking women in A.A.

Please encourage Spanish-speaking women members in your area to write their personal stories for possible inclusion in this new pamphlet.

Manuscripts should be 500-800 words, double spaced, in 12-point font. The author's complete name, address and email/phone information should be included with the submission.

Submissions can be emailed to [Literature@aa.org](mailto:Literature@aa.org) with "Spanish-speaking women in A.A." in the subject line of the message. Alternatively, submissions can be mailed to: Literature Coordinator, General Service Office, Box 459, Grand Central Station, New York, NY 10163. The deadline for submissions is 11/19/2018.

The anonymity of all authors will be observed, whether or not their story is selected for publication.

Thank you for your participation in this process.

**Resentments**

The moment you begin resenting a person, you become his slave. He controls your dreams, absorbs your digestion, robs you of your peace of mind and good will, and takes away the pleasure of your work. He ruins your religion and nullifies your prayers. You cannot take a vacation without his going along. He destroys your freedom of mind and hounds you wherever you go.

There is no way to escape the person you resent. He is with you when you are awake; he invades your privacy when you sleep. He is close beside you when you eat, when you drive your car, and when you are on the job.

You can never have efficiency nor happiness. He influences even the tone of your voice. He requires you to take medicine for indigestion, headaches, and loss of energy. He even steals your last moment of consciousness before you go to sleep.

So, if you want to be a slave, harbor your resentment.

**4th Step Workshop**

Saturday, November 10, 1:30 - 4:30pm  
at the Escondido Alano Club

[1690 East Valley Parkway, Escondido, CA 92027](http://1690EastValleyParkway.com)

Co-Hosted by Districts 3 & 20

Presentation by Todd J

Pizza and soft drinks will be provided.

Contact our DCM, Steve P. for more info:

619-770-9379 or [2010.steve.p@gmail.com](mailto:2010.steve.p@gmail.com)

**We have a new website!**

[NCsandiegoAA.org](http://NCsandiegoAA.org)

**Please announce this at your meetings.**

**When I focus on what's good today, I have a good day,  
and when I focus on what's bad, I have a bad day.**

**If I focus on a problem, the problem increases;  
if I focus on the answer, the answer increases.**

~Big Book pg 419

**NORTH COUNTY H & I NEWS**

**HOW DOES IT WORK?** Every year, North County H and I takes 1,488 panels into facilities we serve. How does THAT work? Who communicates with the facilities about rule changes or meeting time changes? Who picks up the mail and deposits contributions and creates monthly reports? Who knows who goes to what facility on what night with whom? Who orders and arranges for literature to make it to each of these facilities as the need arises? Who maintains our website and updates it monthly? Volunteers do that. Volunteers just like you! And volunteers are needed for the many administrative/organizational tasks that are needed to keep the wheels on the bus. Please contact us for more information about opening or better yet, come to a Business Committee meeting and see where you might be of service.

**WHERE YOUR 7<sup>th</sup> TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7<sup>th</sup> Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.). **All Green Can** contributions go solely for the purchase of literature.

**GROUP AND GREEN CAN CONTRIBUTIONS SEPTEMBER 2018**

Group Name	Green Can	Group
Big Book Study Monday Night Group # 172755		40.00
Freedom of Choice Big Book Mtg. Group # 157949		30.00
Here and Now Group # 124993		29.65
Keep it Simple 7:30pm		60.00
NCAC		10.00
North Coastal Calle Barcelona Group # 686387		1.61
Rancho Bernardo Appreciation Group		150.00
Rancho Santa Fe Discussion Group # 133908		47.33
Sunday Morning Taxi Cab Meeting		117.45
The Blind Leading the Blind Group # 652308		12.30

**Totals: \$498.3**

Complete financial reports can be found on our website. \*

**THANK YOU FOR YOUR CONTRIBUTIONS!**

**GETTING INVOLVED:** Each 3<sup>rd</sup> Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

\* **ADDITIONAL INFORMATION:** You can visit our NC H&I website at [NCHandI.org](http://NCHandI.org) to view Policy & Guidelines, Financial Reports, and more.

Can you pass  
the Acid Test?  
(see pg 1)

"Principles are not flexible.  
They are the solid bedrock that my  
credibility and integrity rest upon."

~Rick R.

**Ancient Wisdom**

In daily life we must see that  
it is not happiness that makes us grateful,  
but gratitude that makes us happy.

### **Dry Drunk?**

Ever Wonder How A Dry Drunk Starts? Bill W's Psychiatrist, Harry M. Tiebout, MD, Offers His Opinion: The capacity of the ego to bypass experience is astounding and would be humorous were it not so tragic in its consequences. Cutting the individual down to size and making the results last is a task never completely accomplished. The possibility of a return of his infantile Ego must be faced by every alcoholic. If it does not return, he may refrain from drinking but he will surely go on a "dry drunk," with all the old feelings and attitudes once more asserting themselves and making sobriety a shambles of discontent and restlessness. Not until the ego is decisively retired can peace and quiet prevail. As one sees this struggle in process, the need for the helping hand of a Deity becomes clearer. Mere man alone all too often seems powerless to stay the force of his Ego. He needs outside assistance and needs it urgently.

### **As You Understand God**

**Step 3:** Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

**Step 11:** Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*...

**Bill's Story:** "Why don't you choose your own conception of God?"

**We Agnostics:** ...we discovered we did not need to consider another's conception of God. Our own conception, however inadequate, was sufficient...

**We Agnostics:** When, therefore, we speak to you of God, we mean your own conception of God.

**Working with Others:** ...*he does not have to agree with your conception of God*. He can choose any conception...

**A Vision for You:** Abandon yourself to God as you understand God.

**Story on BB pg 229:** ...the word *God* should be qualified with the phrase "as we understand Him"—for that was the only way I could accept spirituality.

**Spiritual Experience** (BB Appendix II): With few exceptions our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves.

**Step 2 in 12x12:** You can, if you wish, make A.A., itself your 'higher power.'

**Step 12 in 12x12:** For the time being, we who were atheist or agnostic discovered that our own group, or A.A. as a whole, would suffice as a higher power.

### **I'd Like to Buy You a Drink**

A few short months out of treatment, I was a novice in sobriety and moving back to the community where I'd reached the culmination of my thirty-year drinking career. Fear was my constant companion. I was afraid to walk past the dives that at one time had been my asylums of escape from the world of reality. I also had the constant fear of being alone, because in the past I'd chosen not to associate with anyone who wasn't also getting drunk, and therefore, I knew no one else in my own hometown. My greatest fear, however, was of running into someone I did know, not knowing if I'd have the strength to say no when they invited me for a drink for the sake of old times.

My best day sober was the day my greatest fear was realized. After three weeks of living an agoraphobic lifestyle, I was forced, out of necessity, to go to town to do some shopping. I rushed to find the items on my list and was finally finished with the most terrifying shopping excursion of my life and was headed for the checkout stand when I froze in fear. Standing in front of the only exit in the store stood "Good Ol' John," the best drinking buddy I'd ever had, and the one person I knew I couldn't say no to if he offered me a drink.

I stood frozen as I prayed to my Higher Power: "Please give me the gift of invisibility." As I stood waiting for the Big Eraser from the sky to obliterate me from that spot, John started toward me. Every hope I had of staying sober shattered. The taste of fear was strong in my mouth.

Then John was right in front of me, flashing that old familiar smile. As my life passed before my eyes, the words "Easy Does It" jumped out at me from the front of his cap, and I heard him say, "I have something I need to talk to you about." As he continued talking, I heard him say, "I belong to a Fellowship that I really think you need to know about." My knees started to turn to rubber as he continued: "I'm a member of a group called Alcoholics Anonymous, and I'd like to buy you a drink--a good strong cup of black coffee--and tell you about it." With great effort I was able to get out the words: "I'm also a member of AA!"

Both of us started laughing as we headed out the door, arm in arm, as in the good old days--only this time we were headed for the nearest coffee shop, not the nearest bar. (I'd forgotten all about the things I was going to buy and left my shopping cart in the aisle!) After five hours of drinking coffee and talking about AA, I headed home on a higher high than I've ever experienced.

That was the day one of my dragons of fear was slain. I never again needed to live in the fear of walking past one of my old hangouts or meeting an old drinking friend. I could walk down the street knowing my Higher Power walked with me.

John became my sponsor as well as my lifelong friend. Many years have passed since that day; John and I have often been separated by many miles, but we've continued to walk side by side in the spirit of AA.

Stella B., East Helena, Montana, Copyright © The AA Grapevine, Inc. (April 1998), Reprinted with permission.

### **Meetings that Need Your Support**

- Sunday 7:00 PM "Acceptance & Recovery" at 1st Congregational Church, [1800 N Broadway, Escondido, CA 92026](#)
- Sunday 11:00 AM "Sunday Steps Brunch Bunch" at STEPS in Vista, [1745 E Vista Way, Vista, CA 92084](#)
- Monday 6:45 AM, "Start Your Day Right", Meadowlark Community Church, [1918 Redwing St, San Marcos](#), back bldg.
- Monday 8:00 PM "Beginner's Book Study" at the Escondido Alano Club, [1690 East Valley Parkway, Escondido, CA](#)
- Tuesday 6:00 PM Women's "Step by Step" 12&12 Study at STEPS in Vista, [1745 E Vista Way, Vista, CA 92084](#)
- Wednesday 8:00 PM "Beginners" at the Escondido Alano Club, [1690 East Valley Parkway, Escondido, CA 92027](#)
- Thursday 11:30 AM Women's Step Study at Church of the Resurrection, [1445 Conway Dr, Escondido, CA 92027](#)
- Friday 7:30 PM "Just Stay" Young People at Poway Alano Club, [13939 Poway Road, Poway CA, 92064](#) (upstairs)
- Saturday 8:00 PM "Saturday Night Speaker" at the new Poway Alano Club, [13939 Poway Road, Poway, CA 92064](#)
- Saturday 8:00 PM "Living Sober" at the Escondido Alano Club, [1690 East Valley Parkway, Escondido, CA 92027](#)
- North San Diego Young People in Alcoholics Anonymous (NSDYPAA) meetings are on the 1st and 3rd Sundays, 5:00 PM, [560 Greenbrier Dr, Oceanside, CA 92054](#). Contact us: (760) 542-8268, [www.nsdypaa.org](#), also see page 6.

If you would like to add to this list, please email [viewpoint@NCsandiegoAA.org](mailto:viewpoint@NCsandiegoAA.org).



## Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514.



### PUBLIC INFORMATION MEETING

Central Office's Open 2-Speaker Meeting  
Tuesday Nights at 8:00 PM, STEPS in Vista  
1745 E. Vista Way, Vista, CA 92084

### SERVICE CALENDAR

**Program Committee:** 1st Tuesday of month  
7:00 PM, STEPS in Vista,  
[1745 E. Vista Way, Vista, CA 92084](#)  
**Business Committee:** Tue prior to 2nd Wed  
6:30 PM, A.A. Central Office,  
[604 E. Vista Way, Vista CA 92084](#)  
**Intergroup Meeting:** 2nd Wed of month  
7:00 PM, Masonic Temple,  
[761 Eucalyptus, Vista CA 92084](#)

### Office Address, Hours & Contact

#### North County Central Office

[604 E. Vista Way, Vista CA 92084](#)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: [office@NCsandiegoAA.org](mailto:office@NCsandiegoAA.org)

Web: [NCsandiegoAA.org](http://NCsandiegoAA.org)

The **Viewpoint** is a publication of the  
**North San Diego County Intergroup of A.A.**  
and is distributed by the  
**North County Central Office.**

It is published after the 3rd Wed of each month.

### Submit Something to the Viewpoint

We encourage our readers to send us:

- ◆ Jokes or Poems about recovery in A.A.
- ◆ Your experience, strength & hope
- ◆ Announcements, Events, Fun Stuff, etc.

Email to [viewpoint@NCsandiegoAA.org](mailto:viewpoint@NCsandiegoAA.org).

Deadline is the 1st Wednesday of the month.

Submissions may be edited for space/content.

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**Opinions** expressed within are of contributing writers or the editor and not necessarily those of A.A. or the North San Diego County Intergroup of A.A.

**References** to outside entities do not imply affiliation.

### EVENTS CALENDAR

- @ [Third Weekenders Camping Group](#), October 19th-21st, Pinezanita Campgrounds & RV Park [446 California 79 Julian 92036](#)
- @ [Area 08 Unity Day Celebration and Workshop](#), Saturday October 20th 10 AM to 2 PM, All Souls Episcopal Church 1475 Catalina Blvd, San Diego, CA 92107
- @ [Unity Club Halloween Costume Contest](#), Saturday October 26th, 7:30 PM to Midnight, 1307 Brookside Avenue, Redlands, CA
- @ [Halloween Pancake Breakfast](#), October 27, 8:00 am - 11:00 am, The Turning Point Home - 1315 25th Street, San Diego, CA 92102
- @ [American Sober Story III: Freak Show presented by AOCYPAA](#), October 27 Meeting 8PM, Dance 10PM-1AM, Christopher Club of Buena Park 8410 Kass Dr., Buena Park, CA 90621
- @ [Budget Assembly - Area 8](#), Nov 3, 2018, Lions Memorial Center 225 A Street Brawley, CA 92227
- @ [The 57th Annual Hawaii Convention](#), November 1 - 4, 2018, Hilton Hawaiian Village in Honolulu, HI, The Family Afterward...The theme of the 57th Annual Hawaii Convention has rung true for me, since the beginning of my journey in recover
- @ [31st Annual Miracle on the River](#), November 2 - 4, 2018, London Bridge Resort, 1477 Queens Bay, Lake Havasu City, AZ 86403, Theme: Dedication to Service (with Al-Anon participation), Speakers/AA and Al-Anon Meetings/Ice Cream Social and more
- @ [31st Annual Inland Empire Convention](#), Nov 9,10,11, 2018, Double Tree by Hilton, San Bernardino
- @ [Southern California Young People in AA Conference](#), Friday November 16 - Sunday, November 18, 2018, Hilton Costa Mesa: 3050 Bristol Street, Costa Mesa, CA 92626
- @ [78th Anniversary Breakfast of AA in San Diego](#) Saturday November 17, 2018, Fellowship begins at 9 AM, First United Methodist Church, [2111 Camino Del Rio South, San Diego, CA 92108](#)
- @ [The Paramount Group AA 12 Step Workshop](#) Saturday November 17, 2018, 10 AM to 4PM, With Bill C. from Torrance, Steve L. from Redondo Beach, and Josh S. from Lawndale, Imperial Alano Club, 8021 Rosecrans Ave, Paramount, CA
- @ [Traditions Banquet](#) Saturday November 17, 2018, 6 PM to 9PM, Long Beach Scottish Rite Event Center 855 Elm Street, Long Beach CA 90813
- @ [18th Annual Thanksgiving Alkathon](#), Thursday, Nov 22, 10 am - 9 pm Meetings:11am, 1pm & 3pm Potluck Dinner: 5:30pm, Speaker: 7 pm, Church - Linder Hall, 8086 Broadway, Lemon Grove 91945
- @ [Let Go at the Las Vegas Roundup](#), Thanksgiving Weekend November 22 - 25, 2018, Westgate Las Vegas Resort and Casino, 3000 Paradise Road Las Vegas, NV 89109, The Las Vegas Roundup is a celebration fused with education, growth and kinship.
- @ [33rd ANNUAL ROOTS EVENT - Remember Our Old Timers Stories](#), November 24, 2018, 1 PM to 3 PM, St. Paul's Cathedral 2728 6th Ave, San Diego 92103, All speakers will have 40 or more years sober.
- @ [3rd CA Statewide Workshop of Hispanic Women](#), Saturday December 1, 2018, 9 AM to 4 PM, Union Hall 4 Berry Street, San Francisco, CA 94107 (Next to AT&T Park), "Different languages, one heart", Live stream via Skype on event day
- @ 2018 South Bay Men's Retreat, December 14-16, 3401 Serra Road, Malibu, CA 90265, Contact: Sam K. 310-800-0004
- @ North County Alano Club's, 2nd Annual Christmas Alkathon, Dec 24th 9pm - Dec 25th 9pm, Round the clock meetings starting on the hour every hour! Please visit [www.oceansidealano.com](http://www.oceansidealano.com) or call 760-500-5455 for more information.
- @ Intergroup is having its annual Christmas & New Year's Alkathons at the North County Friendship Center, 1906-D Oceanside, Blvd., Oceanside, CA 92054. Questions? Please call the North County Central Office 760-758-2514.
- @ North County Alano Club's, New Year's Alkathon, Dec 31st 9pm - Jan 1st 9pm, Round the clock meetings starting on the hour every hour! Please visit [www.oceansidealano.com](http://www.oceansidealano.com) or call 760-500-5455 for more information.
- @ [WACYCAA XXII "Burn the Idea into the Consciousness"](#), Jan 3-6, 2019, Boise, Idaho, WACYCAA is the Western Area Conference of Young People in AA. The purpose of WACYCAA is to build and strengthen unity in Young People Groups of AA. We welcome Alcoholics of all ages from any region.
- @ [29th Annual River Roundup](#), January 10-13, 2019, Don Laughlin's Riverside Resort Hotel and Casino, Speaker meetings, Hospitality Social, Golf Tournament
- @ [Symposium on AA History - The Broad Highway](#), February 1-3, 2019, 300 Manresa Way, Los Altos, CA, A weekend gathering that brings together lovers of A.A. and researchers
- @ [55th International Women's Conference](#), February 7th- 10th, 2019, Millennium Biltmore Hotel Los Angeles, 506 South Grand Ave Los Angeles, CA 90071, [Flyer](#)

## North San Diego Young People in AA

### North San Diego Young People in A.A. (NSDYCAA)

NSDYCAA Meetings are on 1st and 3rd Sunday, @5:00 PM, 560 Greenbrier Dr, Oceanside, CA 92054. Contact us: (760) 542-8268, <http://www.nsdypaa.org>

#### Local Young People Meetings:

- Tue:** Young people's meditation 9:00 pm 131 Richmar Ave San Marcos, CA 92069
- Wed:** Young and Restless 9:00 pm 131 Richmar Ave San Marcos, CA 92069
- Thur:** Young men's 12x12 9:00 pm 131 Richmar Ave San Marcos, CA 92069
- Fri:** Sixth Step House 7:30 pm 1430 N Coast Hwy 101, Encinitas, CA 92024
- Sat:** Tri-City Medical Center Basement, 7:30 pm, 4002 Vista Way, Oceanside, CA 92056
- Sun:** Willing to Grow 9:00 pm 1900-D Oceanside Blvd

**Other Websites:** A.A. [aa.org](http://aa.org), Grapevine [aagrapevine.org](http://aagrapevine.org), H&I [nchandi.org](http://nchandi.org), Area 8 [area8aa.org](http://area8aa.org), Young [NSDYCAA](http://NSDYCAA), Subscribe to the GSO newsletter to be sent to your email, click link: [http://www.aa.org/pages/en\\_US/gso-newsletters](http://www.aa.org/pages/en_US/gso-newsletters).

*I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.*