

July
2019



Step 7: "Humbly asked Him to remove our shortcomings."

Tradition 7 (short form): "Every A.A. group ought to be fully self-supporting, declining outside contributions."

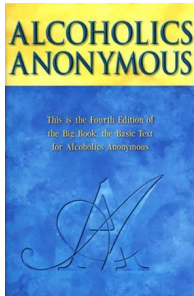
Concept 7 (short form): "The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness."

Download the *Viewpoint* at NCsandiegoAA.org

VIEWPOINT

40th Anniversary	1
Labor Day Picnic	1
Women Sponsoring Women Workshop	1
VP in your email?	1
Intergroup Meeting	2
Group Contributions	3
NCIAA Profit & Loss	3
Acceptance	3
ANCIENT WISDOM	3
Heard in a Meeting	3
BBQ & Workshop	3
12-Step Help!!!	3
Antelope Valley Roundup	3
Meetings that Need Your Support	4
Grapevine Corner	4
Multigenerational Cycle of Alcoholism	4
NSDY PAA	4
H&I News	5
Forgiving Others	5
Quantity or Quality	5
A.A. Word Search	5
Anger is Pointless	5
a daily reprieve	5
Service Calendar	6
Meeting Guide app	6
Central Office Info	6
Submit Something to the Viewpoint	6
Events Calendar	6
A.A. Meetings on Camp Pendleton	6
A.A. Web Links	6

Celebrate the 40th Anniversary of North County Intergroup

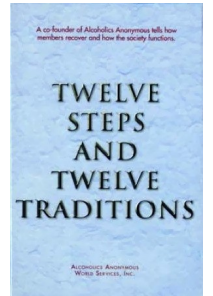


Speaker Meeting: Joan B. from Oceanside
Tuesday, August 27, 2019, 7:30-8:30 PM

Harding Community Center

[3096 Harding St, Carlsbad, CA 92008](http://3096HardingSt,Carlsbad,CA92008)

Recovery, Fellowship, Raffle, Cake



An Invitation to Attend one of No. County's Best Celebrations of the Year!!

Labor Day Picnic

Monday, Sept. 2, 2019, 10 a.m. to 3 p.m.

[Calavera Hills Community Park, 2997 Glasgow Drive, Carlsbad, CA 92010](http://CalaveraHillsCommunityPark,2997GlasgowDrive,Carlsbad,CA92010)

Live Music (sax, guitar), Volleyball, Jungle Play, Slides & Games for Kids.

Speaker Meeting @ 1:00, Roxane R, Area 8 Delegate. ~ Sobriety Countdown!

Bring blankets, lawn chairs, sunscreen, water. **And bring a newcomer!**

Complimentary BBQ will be provided. Please bring a dish or dessert to share.

Learn about A.A. Service Committees, Activities & Service Opportunities.

Discover the Spiritual Rewards of Service. Sponsored by Districts 2 & 23.

The latest A.A. books, pamphlets, and some specialty items will be available to purchase.

For more info: Bill 858-231-2405 (ok to text) or email area8dcm2@gmail.com

20th Annual Women Sponsoring Women Workshop

This day is dedicated to the elder stateswomen and newcomers in sobriety.

We come together sharing our experience, strength and hope with each other that we may solve our common problem and recover from alcoholism.

Saturday August 17, 2019, 10:00 am - 1:00 pm. Registration begins at 9:00 am

Please join us! You may find a sponsor, become a sponsor, gain knowledge as a sponsor, or simply make some new sober friends.

Attendance is free of charge. There will be a Pot Luck Luncheon.

[Encinitas Community and Senior Center, 1140 Oakcrest Park Dr, Encinitas, CA 92024.](http://EncinitasCommunityandSeniorCenter,1140OakcrestParkDr,Encinitas,CA92024)

There will be an ASL interpreter present as well as an English-to-Spanish interpreter during the workshop.

For questions or information contact Francine M. (310) 779-8282 or Jan M. (858) 525-3952

Reuniones Español
Oficina Norte County
830 E. Vista Way, Suite
116, Vista, CA 92084
(760) 758-6905
[Info en Español](#)

Young People
click [here](#) and [here!](#)

Would you like the *Viewpoint* delivered to your email each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor viewpoint@NCsandiegoAA.org

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

North County Intergroup Meeting Minutes

Date: 7/10/2019

Called to Order:

The Meeting was called to order at 7:00 P.M. There were **42 Reps** present, with **10 new reps**.

Traditions were read by Kate. A motion was made and seconded to accept the minutes as read. **All in Favor.**

Financial Report: Tim M. (760) 802-7121 (Email: TimM@ncsandiegoaa.org)

Tim gave the financial report for both the month of June and the financial data for Year To Date.

Profit & Loss – Schedule C, June Net sales \$2,700; **YTD \$67, 717**. Total Cost of Goods Sold in June \$2,790; **Total cost of Goods sold YTD \$54,441**. Gross Loss on Sales in June of (\$90); **Gross Profit YTD \$13,276**; Group Contributions in June \$9,816; **Group Contribution YTD were \$111,539**; Miscellaneous Income in June \$237; **Miscellaneous Income YTD was \$4,364**. Total Income for the month of June \$9,963; **Total Income YTD was \$129,179**. Total Expenses in June (\$9,713); **Total Expense YTD (\$116,540)**. Net gain for the month of June \$250. **Net Gain YTD \$12,639**. It was moved and seconded to approve the report. **All in Favor.**

Central Office Report: Ken G. (760) 758-2514 (Email: Manager@ncsandiegoaa.org)

Ken commented that June was a good month. He has submitted the yearly budget to the Business Committee and expects 2020 to be the same. Central Office seems to be keeping up with meeting changes. Liz thanks the volunteers for the good work they do at the office. If anyone is interested in volunteering or in being on the 12 Step call list, contact Central Office at (760)758-2514.

STANDING COMMITTEES

Public Information Committee: Renee H. (760) 525-5753 (Email: ReneeH@ncsandiegoaa.org): No report.

Telephone Committee: Jim R. (619) 890-2299 (Email: JimR@ncsandiegoaa.org)

Jim announced there are 3 openings on the Telephone Committee, with Orientation this Saturday July 14 at 9:30 at Central Office. Jim urges reps to call Central Office if your home group meeting will have a schedule change, a cancellation, or a special event. This information, if provided to Central Office and the telephone committee, can be shared with those calling for information.

Archives Committee: Danny O. (619) 884-7272 (E-Mail: archives@ncsandiegoaa.org)

Danny reviewed the location of the Group History on the ncsandiegoaa.org website. Under the tab "Information for Groups," there is the Group History Form. This can be printed, completed and sent to Central Office. If there is an old-timer in your group who would like to memorialize his/her story, call Danny for the in-person interview.

Outreach Committee: Caroline H. (404) 435-0900 (Email: CarolineH@ncsandiegoaa.org): No report.

H&I COMMITTEE: Michael H. (610)481-1714 (E-Mail: H&Ichair@ncsandiegoaa.org) (H&I Website: www.nchandi.org)

Michael reported that currently H and I takes 131 panels to 22 facilities, and 10 panels to 2 correctional facilities. There are currently 21 openings for panel members. Orientation is the 3rd Saturday of the month at 9:00AM at the Alano Club. Please consider this service opportunity. Come to the Orientation to meet the panel leaders and learn about the facilities. Currently, HandI receives monies both from Green Can Collection and Pie Chart distribution. Groups can pass the Green Can for monies that are directly and solely spent on literature. Pie Chart monies are spent on literature, as well as rent and administrative costs. Each group can decide how it wants to contribute to HandI. The current amount in budget is \$4,581.

AREA ASSEMBLY: Linda R. (760) 815-0207 (Email: lindaR@nosdco-aa.org) (Website: <http://www.area8aa.org/>)

Vickie gave the report for Linda and encouraged all reps to refer to the Area 8 website for the 30+ events listed there. Among them are the Anniversary Meeting on August 27 at Harding Street; Women Sponsoring Women Workshop in Encinitas on August 17 and Recovery, Unity, Service Workshop and BBQ at Heritage Hall on August 3. All details are on the website www.area8aa.org.

BUSINESS COMMITTEE REPORT: Chairperson: Greg B. (760) 421-6967 (Email: GregB@ncsandiegoaa.org)

OLD BUSINESS:

Lease: Greg reported that Ken will be the contact person for lease negotiations with the current property manager. Additionally, the Business Committee has formed an adhoc committee to investigate other commercial properties in the area.

Service Pamphlet: The Service Pamphlet will be ready for distribution to reps at the August meeting. These can be taken to their meetings for distribution there, free of charge. Also, a copy of the pamphlet will be posted on the website.

Anniversary Meeting: The 40th Anniversary meeting will be held this year on August 27 at the Harding Street Center in Carlsbad. Speaker is Joan B. A host group for the event has been secured. Start time is 7:30pm.

Business Committee officers: It was moved, seconded and approved that Janine will be the Co-Chair of the Business Committee and Vickie will remain as secretary for the following year.

Traditions Breakfast: The Traditions Breakfast will be held March 20, 2020 at the California Center for the Arts in Escondido. Last year we sold out at 500 and the Business Committee is looking at ways to allow for more attendees in 2020.

ANNOUNCEMENTS:

Comedy Night hosted by the Escondido Alano Club is July 27 at the Women's Club in Escondido. Ticket are \$35 at the door.

Adjournment: 7:40pm.

Next Intergroup Meeting Date: August 14, 2019

RESPECTFULLY SUBMITTED: Vickie A – RECORDING SECRETARY

The monthly financial report includes group contributions for last month and a Year-to-Date (YTD) Profit & Loss Summary. YTD group contributions are available at the monthly Intergroup Meeting where your meeting's Intergroup Rep can pick them up, or you may request YTD contributions from our Central Office email office@NCsandiegoAA.org

Group City & Name	JUN
Carlsbad Sobriety Rocks Speakers	\$450
Carlsbad WED Bullpen Men's	\$155
Carlsbad Women Living in the Solution	\$280
Carmel Mountain MON Women's Roving Step Study	\$89
Del Mar Men's God or Vodka	\$1,085
Del Mar THU Women's BB Study & Meditation	\$666
Encinitas Olivenhain Women's Group	\$320
Escondido MON Noon Lunch Bunch	\$250
Escondido SUN 730PM Best Show for a Buck	\$60
Escondido SUN Morning Paper	\$26
Escondido THU Night Women's 12x12	\$325
Escondido TUE 6PM Women As Bill Sees it	\$360
Escondido WED 12:00 PM As Bill Sees It at Alano Club	\$540
Escondido WED 7:00 PM Men Misfits at First Congregational Church	\$123
Fallbrook FRI 12:00 PM Happy Hour at Community Baptist	\$60
Fallbrook M-F 7AM Discussion Hilltop	\$25
Fallbrook MON Noon at Baptist Church	\$40
Fallbrook SUN Steps 1-2-3 FPU	\$120
Fallbrook WED Mens We R Not Saints Hilltop	\$60
Oceanside FRI Noon Brown Baggers (NCFC)	\$95
Oceanside SAT 10AM Women's Big Book Study	\$149
Oceanside SUN 9AM Book Study (NCAC)	\$40
Oceanside THU 5PM Discussion (NCAC)	\$75
Oceanside TUE 7PM Chip in Group	\$290
Oceanside TUE 8PM (NCAC)	\$80
Poway Beginners St. Barts Episcopal	\$160
Poway Womens Winner Winner Chicken Dinner	\$75
Rancho Bernardo T.G.I.F.	\$319
Rancho Bernardo THU 7PM As Bill Sees It	\$210
Rancho Santa Fe Just the Black Print (713516)	\$392
San Marcos FRI 745PM Speaker/Participation at Panorama Center	\$260
San Marcos TUE 9PM Young and Restless	\$31
San Marcos WED Men's Blind Leading The Blind ~ Step Study	\$55
San Marcos WED Noon Promise Of A New Day	\$145
Solana Beach Belly Up Traditions	\$1,750
Vista DAILY Came to Believe	\$386
Vista Monthly Intergroup Meeting	\$67
Vista SUN 10AM Gas & Steam Engine Museum	\$120
Vista THU Free Thinking Women	\$32
Vista TUE Old School Book Study	\$50
Total	\$9,816

PROFIT & LOSS STATEMENT		
	JUN 2019	FISCAL YTD
Total Sales	2,700	67,717
Total Cost of Goods Sold	(2,790)	(54,441)
Gross Profit for Sales	(90)	13,276
Group Contributions	9,816	111,539
Misc Revenue	237	4,364
Total Revenue	9,963	129,179
Total Expense	(9,713)	(116,540)
Net Profit or (Loss)	250	12,639

God can only do for me what He can do through me.
~Daily Reflections, July 9

Acceptance is the Answer

And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation—some fact of my life—unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

~Big Book page 417

ANCIENT WISDOM

It is spiritual poverty, not material lack, that lies at the core of all human suffering.

~Paramahansa Yogananda

Heard in a Meeting

To the newcomer we say: "We've got good news and bad news. Then good news is that it works.

The bad news is that we're your new friends."

"If you tell the truth, you don't need a good memory."

"Every day I wake up with untreated alcoholism.

It's going to get treated one way or another."

NEEDING HELP!

This is a great 12-Step Service opportunity!

Central Office operates a 24/7 Hotline for Alcoholics in need. The After-Hour Phone Committee needs volunteers to answer phones while the office is closed. We also need **12-Step Call List Volunteers.** Most phone volunteers only have one shift per month ranging from 3-4 hours. 12-Step Call Volunteers could be called upon to assist the phone volunteers with caller needs. This is a great way to be of service. If you're interested please contact the Central Office at (760) 758-2514. Thank you.



BBQ, Workshop & Fun!

Sponsored by the Groups of District 1, 2, 3 & NSDYPAA
Recovery, Unity & Service... Am I doing all 3?

Speaker Presentations & Discussions,
Unity Family Feud Game

Saturday - August 3, 2019

Workshop 11:00 - 1:00 BBQ 1:00 - 3:00

Surprise Young Peoples "Unity Event" after BBQ

Magee Park / Heritage Hall (Carlsbad Village)

258 Beech Ave, Carlsbad, CA 92008

Bring a chair, blanket, sunscreen and a newcomer.

Contact Email: DCM_02@Area8AA.org



The 46th Annual Antelope Valley Roundup

Sobriety is not a Destination, It's a Journey...

August 16-18, 2019 @ the University of Antelope Valley

44055 Sierra Hwy, Lancaster, CA 93534

Web <https://avroundup.com/>

Email avroundup@yahoo.com or Call Jeff (661) 945-5757

Marathon Meetings, Speakers & Workshops,
Food & Entertainment, AI-Anon Participation

Meetings that Need Your Support

NEW MEETING: "Without Defense Big Book Workshop", Wednesdays 6:30-8:00 PM, East Valley Community Center (in the Grove Room), 2245 E. Valley Pkwy, Escondido, CA 92027

Sunday 7:00 PM "Acceptance & Recovery" at 1st Congregational Church, 1800 N Broadway, Escondido, CA 92026

Thursday 7:00 PM "Primary Purpose Group" at Immanuel Lutheran Church, 1900 S Nevada St, Oceanside, CA 92054

Friday 8:00 PM "Candlelight Meeting" at Alano Club of Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027

If you would like your meeting to be added to this list, please email viewpoint@NCsandiegoAA.org.

Grapevine Carry the Message Project

The Carry The Message Project focuses on getting **Grapevine & La Viña** subscriptions to alcoholics in need. It's not necessary to know the recipient. Sponsor a subscription for someone behind bars, in a treatment facility, nursing home, or that is homebound. Go to this link for more information: <http://www.aagrapevine.org/carry-the-message>

Flash Mob Fun!

The Area 8 Grapevine Committee invites you to participate in an entertaining and fun "flash mob" production!

We need volunteers to participate in a choreographed "dance" at an upcoming A.A. event.

This is a simple, fun, and easy way to be of service and carry the message!

Where and When? Somewhere in Area 8 and Sometime in 2019! Only the volunteers will know for sure!

Contact: Joel M. – Grapevine Committee Chair, Email: grapevine-lavina@area8aa.org, Cell: (480) 579-6789

The Grapevine is seeking your story for upcoming issues!

- We're always looking for stories of experience on each **Step and Tradition!** Please share your sober stories!

Go to this link <http://www.aagrapevine.org/> and see the section: **Share Your Experience, Strength, and Hope.**

Grapevine Corner

Breaking the Multigenerational Cycle of Alcoholism

Our Children need a Safe Environment

By Rick R.

Early in my first marriage I could easily rationalize all of my alcoholic behaviors. These things meant nothing to me, at the time, but *that all changed the day that I became a father*. It didn't change my behavior but it *did affect my conscience*. From that day forward I felt guilty about my inability to be a good father and as the result, my only son developed problems as bad as, or worse than mine. My wife and I separated and were divorced within two years of his birth and I got sober one year after that and have been sober ever since. My current wife of forty eight years and I have done everything we could to be *supportive of my first wife* and my son from a distance and as he turned ten years old, she asked us if we would take custody of him, since she was still having difficulties of her own and we understood and gladly accepted her offer. This was the right thing to do but it didn't solve my son's problem. *He was damaged and the die was cast*. He struggled with drugs and alcohol problems into his late forties and is now in the program, *sober for seven years and doing well*. From this experience and from the observation of the newer members that come to us in the midst of a divorce or a marriage *influenced by alcohol or drugs*, the children are often emotionally damaged and have *very little chance of evolving into healthy adults*. Some of the symptoms I've read about are as follows: Children of alcoholics **endure chronic and extreme levels of tension and stress**. At times, children of alcoholics **may begin to feel as though they are responsible for the problems and are likely to developing problems with drugs and alcohol themselves**. These are just a few of the things that I and my family have experienced firsthand and it was not a pretty sight. There were many sleepless nights in sobriety wondering where my son was and fearing the worst. It took many years of anguish before he finally surrendered and we finally had some peace of mind. My experience concerning this situation is to give some perspective on this matter in order to minimize the emotional damage to the children when the parents either divorce or reconcile their marriage. Divorces are messy with the pain and disappointment of a failed relationship and my divorce was no different. Fortunately for us, I realized that *my child would be witness to how I treated his mom* and from that day foreword I have not been critical about her in or out of his presence. I only talk understanding and compassion and I taught him that same principle, and in time, she came around to the same way of thinking, and we all moved on with grace. When my grandson was born, the same thing happened when his mom and dad separated and my wife and I had a the chance to provide virtually all of his daycare, and we had the opportunity to shield him from most of the trauma by providing him with a safe environment, with love and comfort, explaining to him that they were good people but they have problems and we cannot judge them but we can help them when they are ready. The most vital part was the *safe environment*. We had the opportunity to walk him through these things with compassion and understanding. I am happy to say that he just completed his first year of college at the age nineteen with virtually no signs of emotional damage, no drugs or alcohol, no smoking of any kind and very mature. He talks to us freely about any and all subjects. We can break the cycle but we must get our priorities straight as soon as possible, consider the damage to our children, put the past behind us and we must be strong enough to forgive. Every minute counts if we want to break the cycle.



North San Diego Young People in AA

North San Diego Young People in A.A. (NSDYPAA)

NSDYPAA business committee meetings are on 1st and 3rd Sunday, 5:00 PM, 560 Greenbrier Dr, Oceanside, CA 92054. All are welcome to attend.

Local Young People Meetings: <https://www.nsdypaa.org/local-aa.html>

Contact us: (760) 542-8268 NSDYPAA@gmail.com <http://www.nsdypaa.org>

NORTH COUNTY H & I NEWS

Did you know H&I commitments are only one hour a month? That's right, this essential commitment to yourself and to those who cannot get to a meeting is truly once a month for just an hour! But don't let that limit your involvement! You can participate on more than one panel and more than one facility. It's up to you! And, the process to get involved is easy. Simply attend the monthly orientation every 3rd Saturday at the North County Alano Club in Oceanside at 9AM. There, you will learn answers to common questions like what to bring, what to say and the do's and don'ts of visiting a facility. You will likely also meet Panel Coordinators who can place you on a panel right then and there. As AA-ers, our primary function is to carry the message of experience, strength and hope to those who still suffer from our disease. What are you waiting for, come join us today! Learn more at our website nchandi.org.

WHERE YOUR 7th TRADITION MONEY GOES: Each North County AA Group can get involved with NC H&I by contributing a portion of their 7th Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

JUNE 2019 FINANCIAL SUMMARY

Beginning Balance: \$3,417.24 Income: \$2,811.76

Expenses: \$1,647.07 Ending Balance: \$4,581.93

GROUP AND GREEN CAN CONTRIBUTIONS JUNE 2019

Group Name	Green Can	Group
430 Sunday Casa Palmira		55.00
As Bill Sees It Escondido Group # 691189		45.00
Belly Up Third Tradition Group # 162613		350.00
Fallbrook We Are Not Saints Group # 133736	29.40	
Came to Believe Group # 642583		32.19
Escondido Women's Step Study Group # 145426		40.00
Free Thinking Women Group # 714985		32.00
Friday Noon NCAC		20.00
God or Vodka Group # 691188		301.00
Individual Contribution		25.00
Just the Black Print Group # 713516		147.05
Ki's Weekender		245.00
Misfits Men's Group # 672294		81.89
Monday Lunch Brunch Group # 708817		25.00
NCAC Big Book Study		24.00
New Beginning Group # 162446		66.81
North County Friendship Center		50.00
Robbers Roost		100.00
Sobriety Rocks Saturday Night Group # 712725		150.00
Sunday Morning 1-2-3 Fallbrook Group # 168661	70.00	
Sunday Morning Men's Group # 145339	500.00	
TGIF Group # 136313	200.00	
The Blind Leading the Blind Group # 652308		12.00
There is a Solution Group # 143980		70.00
Vista Upper Room	53.00	
Women Living in the Solution Group # 144963		56.02
Young and Restless Group # 719610		31.40
Totals:	\$952.40	\$1,859.36

Complete financial reports can be found on our website. *

THANK YOU FOR YOUR CONTRIBUTIONS!

GETTING INVOLVED: Each 3rd Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

* **ADDITIONAL INFORMATION:** You can visit our NC H&I website at nchandi.org to view Policy & Guidelines, Financial Reports & more.

Forgiving Others

I must forgive injuries, not just in words, or as a matter of form, but in my heart. I do this not for the other persons' sake, but for my own sake. Resentment, anger, or a desire to see someone punished, are things that rot my soul. Such things fasten my troubles to me with chains. They tie me to other problems that have nothing to do with my original problem.

~ Daily Reflections, March 20th ~

Quantity or Quality (As Bill Sees It, pg 11)

"About this slip business -- I would not be too discouraged. I think you are suffering a great deal from a needless guilt. For some reason or other, the Lord has laid out tougher paths for some of us, and I guess you are treading one of them. God is not asking us to be successful. He is only asking us to try to be. That, you surely are doing, and have been doing. So I would not stay away from A.A. through any feeling of discouragement or shame. It's just the place you should be. Why don't you try just as a member? You don't have to carry the whole A.A. on your back, you know!

"It is not always the quantity of good things that you do, it is also the quality that counts.

"Above all, take it one day at a time."

A.A. WORD SEARCH

F J H W Y V Y B H E F O S R L
R I N D I S P E N S A B L E A
E E G T K L L R P Y I Z X S U
E S M U P P L E P H T C M E T
D E G S F N A I A X H R C N I
O W V U O R L P N E T N E T R
M I L I H C P P S G A X M M I
Y F T E T Y O V E R N N A E P
C C A L A I T N E S S E M N S
A D D R P Q S L T P O S S T I
S R Q M P R O N M R N P H S D
R E W O P T A F E O O R R T L
H U M I L I T Y W S X L W U A
T N C C P Y T S E N O H D E P
J O Y O U S L U C R E E Y Z R

ACTION	CONTROL
ESSENTIAL	FAITH
FREEDOM	HAPPY
HELPFUL	HONESTY
HUMILITY	INDISPENSABLE
JOYOUS	POWER
PRAYER	PURPOSE
RESENTMENT	SENSITIVE
SPEARHEADS	SPIRITUAL
TOLERANCE	WILLINGNESS

"...it is pointless to become
angry..." 12&12 pg 92

**What we really have is a daily reprieve
contingent on the maintenance of our
spiritual condition. ~Big Book page 85**



Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514.



SERVICE CALENDAR

Business Committee: Tue prior to 2nd Wed 6:30 PM, A.A. Central Office, [604 E. Vista Way, Vista CA 92084](http://604.E.Vista.Way.Vista.CA.92084)
Intergroup Meeting: 2nd Wed of month 7:00 PM, Masonic Temple, [761 Eucalyptus, Vista CA 92084](http://761.Eucalyptus.Vista.CA.92084)



MEETING GUIDE

North County A.A. Meetings are listed in the Meeting Guide app.

Office Address, Hours & Contact

North County Central Office

[604 E. Vista Way, Vista CA 92084](http://604.E.Vista.Way.Vista.CA.92084)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: office@NCSandiegoAA.org

Web: NCSandiegoAA.org

Office Closed: New Year's Day, Memorial Day, Independence Day, Labor Day, Veteran's Day, Thanksgiving Day, Christmas Day

The **Viewpoint** is a publication of the North San Diego County Intergroup of A.A. (NCIAA) and is distributed by the North County Central Office.

It is published after the 3rd Wed of each month.

Submit Something to the Viewpoint

Click this link for more information:

<https://ncsandiegoaa.org/viewpoint/viewpoint-info>

Deadline is the 2nd Wednesday of the month.

Submissions may be edited for space/content.

Questions? Email viewpoint@ncsandiegoaa.org

Quotes from A.A. literature are reprinted with the permission of A.A. World Services, Inc.

Alcoholics Anonymous and **A.A.** are registered trademarks of A.A. World Services, Inc.

Opinions expressed within are of contributing writers or the editor and not necessarily those of A.A. or the North San Diego County Intergroup of A.A.

References to outside entities do not imply affiliation.

Help support Marine Corps Base Camp Pendleton A.A. meetings:

Monday: Building 210568—PFC Kraus

Training Facility at 3rd AA BN School on Camp

Del Mar (by the boat basin) 6:30 to 7:30 PM

(1830 to 1930)

Wednesday: Building 1339—Bowling Alley

(enter Vandegrift Road, end of building,

follow signs) 6:30 to 8:00 PM (1830 to 2000)

Friday: Building H200T—S.A.R.P. (Substance

Abuse Rehabilitation Program) behind The

Thrift Shop, next to Wounded Warrior, by

Lake O'Neil, on the old Hospital grounds

4:00 to 5:00 PM (1600 to 1700)

2019 EVENTS CALENDAR

- @ **Third Weekenders Camping**, July 19-21, 2019, Lake Morena County Park, [2550 Lake Morena Dr, Campo 91906](http://2550.Lake.Morena.Dr.Campo.91906).
- @ **North County Hospitals and Institutions Committee -- Orientation and Business Meeting**, July 20th, 2019, (3rd Saturday of the month) 9:00 a.m. - 9:45 a.m. Orientation; 9:45 a.m. - 11:00 a.m. Business Meeting, North County Alano Club, 4198 Mission Avenue, Oceanside, CA 92057, Contact: Michael H. 619-481-1714, northcountyhandi@gmail.com, www.nchandi.org.
- @ **North San Diego Young People in AA – 13th Annual Dodgeball Tournament**, July 20th 10:AM AA Meeting, 11:AM Registration, 12:PM Tournament, Capistrano Park, 770 Capistrano Drive, Oceanside.
- @ **San Diego Hospital & Institutions Committee -- Policy Council and Orientation**, July 21, 2019 -- 11:30 a.m. Policy Council; 12:00 p.m. Orientation, Machinist's Hall, 5150 Kearney Mesa Road, San Diego, CA 92111, Contact: Blaine H. 858-587-6622, handi@area8aa.org, www.sdhandi.org.
- @ **La Vina 23rd Anniversary**, Hosted by District 15 of the San Diego-Imperial Area Assembly, July 21, 2019 -- 8:00 a.m. - 1:00 p.m., Oficina Central Hispana, 3628 University Avenue, San Diego, CA 921, ASL and English translation upon request with advance notice, please., Contact: Victor C. 619-471-7822 or dcm_15@area8aa.org.
- @ **18th Annual Tehachapi Mountain Roundup**, July 19-21, 2019, Weekend of Camping and Fellowship in Recovery, Indian Hill Ranch, 18061 Arosa Road, Tehachapi, CA 9356.
- @ **4th Annual Unity and Service Conference of AA**, July 19-21, 2019, Hilton Concord, 1970 Diamond Blvd, Concord, California 94520-5718.
- @ **Emotional Sobriety Workshop**, Hosted by District 8 of the San Diego-Imperial Area Assembly, July 27, 2019, 8:00 a.m. - 11:00 a.m., South Bay Pioneers, 270 C Street, Chula Vista, CA 91910, Contact: Brenda AD 619-917-8688 or Steve S. 619-757-6388.
- @ **Recovery, Unity and Service; are you doing all three? BBQ & Workshop**, August 3, 2019 at 11:00 am – 3:00 pm, Heritage Hall/Magee Park, 258 Beech Ave, Carlsbad 92008.
- @ **30th Annual Salt River Intergroup Summer Roundup**, August 9-11, 2019, Double Tree Resort by Hilton Paradise Valley – Scottsdale, 5401 N. Scottsdale Rd., Scottsdale, Arizona, 85250.
- @ **Sponsorship Workshop**, August 10, 2019, 9:00 a.m. - 1:00 p.m., St. David's Episcopal Church (Main Hall), 5050 Milton Street, San Diego, CA 92110, ASL & Spanish Translation provided. Contact: Karl R. 858-880-8089 or dcm_05@area8aa.org.
- @ **EURYPAA 2019**, 10th Annual European Convention of Young People in AA, August 9,10 and 11, 2019, Barcelona, Spain.
- @ **46th Annual Antelope Valley Roundup**, August 16-18, 2019, All Day, University of Antelope Valley, 44055 Sierra Hwy, Lancaster, CA 93534.
- @ **SWACYPA VI (Southwest Convention of Young People in AA)**, August 15-18, 2019, 8 AM – 5 PM, Plaza Hotel & Casino, 1 Main St., Las Vegas NV 89101.
- @ **Mountain AA Conference**, August 16-18, 2019, Big Bear Performing Arts Center, 39707 Big Bear Blvd., Big Bear Lake, CA 92315.
- @ **20th Annual Women Sponsoring Women Workshop**, August 17, 10:00 AM – 1:00 PM, Registration begins at 9:00 AM, Encinitas Community and Senior Center,, 1140 Oakcrest Park Drive Encinitas, CA 92024, Questions? Francine M. 310-779-8282 or Jan M. 858-525-3952.
- @ **Mental Health Issues in A.A.**, August 17, 9:00 am - 1:00 pm, Alliant International University, 9783 Avenue of Nations, San Diego, CA 92131, Questions? Sandy A. at dcm14.area8aa@gmail.com.
- @ **Group & District Treasurers' Workshop**, August 24, 1:00 pm - 4:00 pm, Lakeside Hotel, 9940 River St., Lakeside 92040, Questions? Cheryl 619-244-3650 or Joshua 858-212-9121, Includes speakers, AAWS material, roundtables, lunch, ASL or Spanish translation upon request.
- @ **61st International Conference of Young People in Alcoholics Anonymous (ICYPAA)**, August 22-25, 2019, Hotel: Boston Marriott Copley Place, 110 Huntington Ave, Boston, MA 02116.
- @ **28th National/International Native American Indian AA Convention**, August 22-25, 2019, We-ko-pa Resort and Casino, 10438 N Fort McDowell Road, Fountain Hills, Arizona 85264, Yavapai Nation.
- @ **North County Intergroup Anniversary Meeting**, August 27, 2019 at 7:30 pm – 8:30 pm, Harding Community Center, 3096 Harding St, Carlsbad, CA 92008.
- @ **44th Western Roundup Living Sober Conference**, August 30, 2019 to September 1st 2019, Holiday Inn San Francisco-Golden Gateway, 1500 Van Ness Avenue, San Francisco, California 94109.
- @ **Carlsbad Annual Labor Day Picnic**, September 2, 2019, 10:00 am – 3:00 pm, Calavera Hills Community Park, 2997 Glasgow Drive, Carlsbad, CA 92010, Questions or to volunteer: Darryl H. dcm_23@area8aa.org.
- @ **Encinitas Annual Labor Day Picnic**, September 2, 2019, 10:00 am – 3:00 pm, Oakcrest Park, 1219 Encinitas Blvd., Encinitas 92024, Questions or to volunteer: Dave D. dcm_16@area8aa.org.
- @ **23rd National AA Archives Workshop**, September 5-8, 2019, Hotel St. Regis, 3071 W. Grand Boulevard, Detroit, MI.
- @ **29th Annual AA Bridging the Gap Workshop Weekend**, September 6-8, 2019, Request a Temporary Contact, Sacramento Hilton Arden West, 220 Harvard St., Sacramento, CA 95815.
- @ **Arizona Area 03 State Convention**, September 13-15, 2019, Riverside Resort and Hotel Casino, 1650 S. Casino Dr. Laughlin, NV 89029.
- @ **National A.A. Technology Workshop**, September 20-22, 2019, Holiday Inn University Plaza, 1021 Wilkinson Trace, Bowling Green Kentucky 42103.
- @ **Election Assembly**, September 28, 2019, 9:00 a.m. - 4:00 p.m., General Service Representative orientation 8:00 a.m., Location TBD - Hold the date!
- @ **45th Woman To Woman San Diego Conference**, September 27-29, 2019, The Dana on Mission Bay, 1710 W Mission Bay Drive, San Diego, California 92109.
- @ **68th Southern California AA Convention**, September 27-29, 2019, Westin Mission Hills Resort & Spa, 71333 Dinah Shore Dr., Rancho Mirage, CA.
- @ **Emotional Sobriety Workshop**, October 12, 1:00 pm - 4:00 pm, St. Dunstan's Episcopal Church, 6556 Park Ridge Blvd, San Diego 92120.

A.A. Websites: North County Central Office NCSandiegoAA.org, Area 8 area8aa.org, Young People NSDYPAA, H&I nchandi.org, A.A. aa.org, Grapevine aagrapevine.org, Daily Reflection aa.org/pages/en_US/daily-reflection.
Subscribe to the GSO newsletter to be sent to your email, click link: http://www.aa.org/pages/en_US/gso-newsletters.

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.