

Volunteer Opportunities

Part of North County Intergroup of Alcoholics Anonymous (NCIAA)

- **Public Information Committee**
Provides information to the public about the nature, purpose and availability of A.A.
- **ViewPoint Newsletter**
Help prepare or submit articles about recovery.
- **Intergroup Representatives (IGR)**
Represent your home group and exchange information with other North County A.A. groups.
- **Outreach Volunteers**
Intergroup's liaison with groups and meetings.
- **Central Office**
Volunteers assist staff members by greeting visitors, answering phones and organizing literature, etc., during regular business hours (Monday - Friday) 9 AM - 5 PM & Saturdays 9 AM - 1 PM.
- **Archives Committee**
Help put together your home groups history for inclusion in the NCIAA permanent archive.



Groups that provide updates to NCIAA

- **North County Hospitals & Institutions (NCH & I)**
Carry the message to those confined to correctional and treatment facilities. Learn more at www.nchandi.org
- **San Diego – Imperial County Area 08 Accessibilities (Meetings to go!)**
Bring meetings to those who are unable to attend meetings due to illness or disability. Learn more at <http://www.area8aa.org> (Committee / Accessibility Committee)
- **North San Diego Young People in AA (NSDYPA.org) & Greater San Diego Young People in Alcoholics Anonymous (GSDYPA.org)**
Help plan and participate in meetings and events geared to younger AAs.

A.A. Public Service Announcements

A.A.'s public service announcements (PSA's) help communicate our message of hope and life-changing possibilities to the millions who may benefit. They inform the public and professionals about A.A. Many PSA's are designed specifically for young people, and for professionals working with alcoholics.

PSA's may be found on:

[A.A.'s YouTube Channel & www.aa.org](#)

Proud to offer you the Meeting Guide App.



A free mobile app for iOS and Android. Designed to be simple and fast, and to help you find A.A. meetings.
www.ncsandiegoaa.org

North San Diego County Central Office
604 E. Vista Way, Vista, CA 92084
760-758-2514

Open Monday - Friday 9:00 AM - 5:00 PM
Saturday 9:00 AM - 1:00 PM
Closed on Sundays

North San Diego County Alcoholic Anonymous

12-Step Work How We Carry The Message



Members Helping Alcoholics Who Want to Stop Drinking

Telephone Volunteers

A.A. members who wish to be of service volunteer to answer the Central Office telephones after normal business hours by remote call forwarding. Calls are transferred to a volunteer's cell phone or landline (anonymity protected.)



Volunteers rotate throughout the month by accepting a commitment to cover one shift one day each month. Typical weekday shifts are 5 PM - 9 PM & 9 PM - 9 AM, weekends and holidays 9 AM - 1 PM, 1 PM - 5 PM, 5 PM - 9 PM & 9 PM - 9 AM.

Central Office Telephones & 12-Step Call

Volunteer Orientation

2nd Saturday of each month

9:30 AM - 10:00 AM

Learn how Central Office volunteers fulfill this critical function and need

Share information and gain the confidence to be of service in this way

Become familiar with current resources (local detox and sober-living facilities) to help alcoholics who are suffering

Learn useful listening and communication techniques

Learn of actual 12-step scenarios and how callers went from seemingly helpless to hopeful & sober

Orientation held at Central Office
Call for additional info. and
RSVP **760-758-2514**



12-Step-Call Volunteers

Today, as in the early days of Alcoholics Anonymous, the A.A. message of recovery from alcoholism is carried by one alcoholic talking to another. As sober members of Alcoholics Anonymous, we have the privilege and bear the responsibility to our fellow alcoholics to be available whenever they reach out for help with a desire to stop drinking.

When those in need call A.A., volunteers respond with a return phone call and / or a visit.



The main purpose of a 12-step call is to be readily available and prepared to share our experience, strength and hope.

The ultimate goal of a 12-step call is to help an alcoholic take that first step toward recovery.

Recovery may look different for each individual, but the intention remains the same: we do what we can as sober members of Alcoholics Anonymous to help the person recover from alcoholism.

Members Helping Alcoholics Who Want to Stop Drinking

The North San Diego County Intergroup Office is an Alcoholics Anonymous service office that exists primarily to aid its groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers. It is maintained, supervised, and supported by the A.A. groups in North San Diego County.

There are nearly 700 central / intergroup offices throughout the world, performing vital A.A. services. These constitute a network of service outlets and A.A. contacts to help its members practice the 12th step of A.A.: to stay sober and help other alcoholics to achieve sobriety.

Basic Services of a Central / Intergroup Office

- Provides telephone contact with A.A. members as needed 24 hours a day seven days a week and a website with listings of current meetings, events and links to other nearby Central Offices. *
- Maintains a conveniently located office in which paid workers and / or volunteers coordinate local A.A. services, events and group interaction.
- Refers alcoholics to local A.A. meetings or have a twelfth-step volunteer contact them. *
- Answers questions and provides information and resources to the public and its members.
- Publishes a directory of meetings.
- Provides A.A. Conference-approved literature, CD's, DVD's and other specialty items.
- Hosts A.A. groups in the community by forming an intergroup meeting made up of group representatives and program chairpersons to exchange information.

*For more information on Central Offices see the publication A.A. Guidelines *MG-02 Central or Intergroup offices - Alcoholics Anonymous*.

