

Sept  
2019



**Step 9:** "Made direct amends to such people wherever possible, except when to do so would injure them or others."

**Tradition 9** (short form): "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

**Concept 9** (short form): "Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees."

Download the *Viewpoint* at [NCSandiegoAA.org](http://NCSandiegoAA.org)

# VIEWPOINT

Thank God, The Nightmare is Over	1
VP to your email?	1
Intergroup Meeting	2
Group Contributions	3
NCIAA Profit & Loss	3
ACYPAA Summit	3
Acceptance is the Answer	3
12-Step Helpers Needed !!! Shift Openings Listed	3
ANCIENT WISDOM	3
Meetings that Need Your Support	4
Significant Dates in A.A. History	4
Crossword Puzzle	4
Forgiving Others	4
Detroit 2020	4
NSDY PAA	4
H&I News	5
Saturday Evening Post articles: A.A.	5
Who is Bacchus?	5
Service Calendar	6
Meeting Guide app	6
Central Office Info	6
Please Please Please Submit Something to the Viewpoint	6
Events Calendar	6
A.A. Meetings on Camp Pendleton	6
A.A. Web Links	6

## Thank God, The Nightmare is Over My Life Has Meaning at Last

By Rick R.

It was 9 AM and I was just waking up with a terrible hangover and, for some reason, my brain was telling me that I was going to die prematurely if I didn't do something about my drinking, BUT WHAT was I supposed to do, that was the question. I was leading a *meaningless life/existence* and the only thing that meant anything to me was the ability to promote enough money to support my drinking habit. I was running out of options, and of friends that wanted to help me. I was desperately rummaging around my apartment to find something to drink, and for the first time, that I could remember, I couldn't find a drop of alcohol in the place. An hour later I was sitting in the grass on the front lawn of a small yellow house where they held A.A. meetings. Three sober members of A.A. greeted me with compassion and understanding and two minutes later, I laid back in the grass, covered my eyes with my forearm, and said to myself, "*Thank God, the nightmare is over;*" and it was. That was on Oct. 15, 1969 and I haven't had, nor wanted, a drink since that very moment. What happened to me that day? I have been an avid member of the program from that day until now, I have always strived to understand what took place at that exact moment, and as best I can describe it, I had a *profound change of perception*. Some will call it spiritual awakening but that's where, I believe, we have our most difficult challenge when we try to clarify the word spiritual. I find two definitions that show the different ways we are conditioned to understand spirituality. 1.) *Of, or relating to, or affecting the human spirit or soul as opposed to material or physical things. And 2,) of, or relating to religion or religious belief.* Neither definition refers to anything of a material nature. I've resided in my current community for the last 40 years and I attend 8 or 9 meetings weekly and have seen the comings and goings of thousands of A.A. members, and I seem to recognize a difference in the sharing of two groups of people. One will share about material problems or their drinking escapades, and the other will share about things of the inner self, the immaterial or the unseen things such as *guilt, fear, shame, pride, trust, and conscience*. We all have these things, to one degree or another and the sooner we recognize the value of being *right in spirit*, the more we distance ourselves from the useless, meaningless thinking of the past. My heart goes out to those who haven't experienced that spiritual awakening and if they haven't, they may not even know that they haven't. I wish there was a simple way to induce a spiritual awakening in someone but, without the desperation, I may never have experienced it myself. I believe that the futile effort to find alcohol in my apartment that morning, and being unsuccessful, was my bottom and immediately searching out A.A. was like a slingshot for me and I was launched into the program, desperately searching for answers. Until my *desperation outweighed my denial*, my alcoholic thinking had been the only thing I could rely on, for my decision making. Now all my decisions are based on spiritual (unselfish) principles and most of those material problems are but distant memories. It didn't happen overnight, but it did happen. We all come to A.A. with material problems and we must give them due diligence until those issues are resolved. We learn from our past mistakes and find better ways of doing things. If we dedicate ourselves to *understanding the spirit of the things we learn in the program, and not settle for the letter of the law*, so to speak, we can outdistance the failed ideas of yesterday. We will find peace; happiness and *life will have meaning at last. A profound change of perception (spiritual awakening)* will make it so.

### Reuniones Español

Oficina Norte County  
830 E. Vista Way, Suite  
116, Vista, CA 92084  
(760) 758-6905

[Info en Español](#)

Young People  
[click here and here!](#)

Would you like the **Viewpoint delivered to your email** each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor [viewpoint@NCSandiegoAA.org](mailto:viewpoint@NCSandiegoAA.org)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

## North County Intergroup Meeting Minutes

Date 9/11/2019

### Called to Order:

The Meeting was called to order at 7:00 P.M. There were **42 Reps** present, with **7 new reps**.

Traditions were read by Don C. A motion was made and seconded to accept the minutes as corrected. **All in Favor.**

### Financial Report: Tim M. (760) 802-7121 (Email: [TimM@ncsandiegoaa.org](mailto:TimM@ncsandiegoaa.org))

Greg gave the financial report for August: Profit & Loss: Net sales were \$3,237; Total Cost of Goods Sold \$(2,632) with a Gross Profit on Sales of \$605. Group Contributions were \$ 7,071; Miscellaneous Income \$122. Total Income for the month of August was \$7,798. Total Expenses \$(9,087) leaving a Net Loss for the month of August of \$(1,289). YTD \$333. It was moved and seconded to approve the report. All in favor.

### Central Office Report: Ken G. (760) 758-2514 (Email: [Manager@ncsandiegoaa.org](mailto:Manager@ncsandiegoaa.org))

Ken thanked the groups for their contributions, which remain steady. He announced that there are openings for volunteers at Central Office on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, Call Liz for details. Central Office staff Ken and Liz will be attending the International Central Office Manager Conference in Mesa, AZ, September 26-29. Ken reminded the groups that service pamphlets are available to take and distribute to their group members.

### STANDING COMMITTEES

#### Public Information Committee: (open position)

Election for new rep needed.

#### Telephone Committee: Jim R. (619) 890-2299 (Email: [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org))

Jim thanked reps for their service and asked current volunteers on the phone committee to stand and be recognized. There are currently 7 openings on the telephone committee, and need for 12 step volunteers from various geographic areas. Orientation about the phone committee service positions is held at 9:30 on the second Saturday of the month at Central Office. No calls are being missed as vacancies are being covered by team captains or other volunteers. Please encourage group members to become involved at this service level.

#### Archives Committee: Danny O. (619)884-7272 (E-Mail: [archives@ncsandiegoaa.org](mailto:archives@ncsandiegoaa.org))

In preparation for the Traditions Breakfast, Danny requested reps talk to their groups about collecting any items of historical AA interest, such as old books, flyers, photos, which may be on display at the breakfast. Also Danny proposed initiating the compilation of a book of the history of AA in North County. Group histories can be submitted to Central Office. The form is on the website. Ken will provide Danny with a list of the meetings which have turned in their group history.

#### Outreach Committee: Caroline H. (404) 435-0900 (Email: [CarolineH@ncsandiegoaa.org](mailto:CarolineH@ncsandiegoaa.org))

No report.

#### H&I COMMITTEE: Michael H. (619)481-1714 (E-Mail: [H&Ichair@ncsandiegoaa.org](mailto:H&Ichair@ncsandiegoaa.org))

(H&I Website: [www.nchandi.org](http://www.nchandi.org))

Michael reported that currently Hand I takes 131 panels to 22 facilities, and 12 panels to 2 correctional facilities. There are currently 5 openings for panel members. Orientation is the 3<sup>rd</sup> Saturday of the month at 9:00AM at the Alano Club. Please consider this service opportunity. Come to the Orientation to meet the panel leaders and learn about the facilities. The HandI committee itself also has vacancies, and there will be a vote on the guidelines at the October meeting. Michael reported that HandI received donations of \$1,082.73, spent \$3,212, leaving a balance of \$3,452.51.

#### AREA ASSEMBLY: Linda R. (760) 815-0207 (Email: [lindaR@nosdco-aa.org](mailto:lindaR@nosdco-aa.org)) (Website: <http://www.area8aa.org/>)

Deny and Linda reported 3 events upcoming in Area 8. 1) Women to Women conference Sept. 27-29; 2) 2020 Intl Love and Tolerance is our Code Convention in Detroit, July 2-5. Registration available at AA.org. 3) Area 8 Election Assembly, El Cajon Center, 9AM. Details about these and other events can be found on the website: <http://www.area8aa.org/>

### BUSINESS COMMITTEE REPORT: Chairperson: Greg B. (760) 421-6967 (Email: [GregB@ncsandiegoaa.org](mailto:GregB@ncsandiegoaa.org))

#### OLD BUSINESS:

**Service Pamphlet:** The Service Pamphlet is available to all members. Please take the 5 copies to your meetings and have available as literature for your group. The pamphlet, which describes various service opportunities in north county, is also available online at the Central office website.

**Intergroup Guidelines:** Copies of the draft version of the guidelines were made available to reps to take back to their groups for review. Vote to adopt the guidelines will be held at the October meeting. Questions about the specific updates can be directed to member of the adhoc committee Tim, whose email is [TimM@ncsandiegoaa.org](mailto:TimM@ncsandiegoaa.org)

**Preliminary Budget for 2019:** Greg announced that the BC has adopted the budget for 2019, which is similar to that of 2018, with a few changes to reduce spending. Questions can be directed to Ken at Central Office.

**Lease:** Greg announced that the property manager at our current location informed us that there will be a major building project at the complex, necessitating our looking for a new location. The BC is actively investing available and suitable commercial properties.

#### NEW BUSINESS

Greg announced that the BC approved funds for the necessary financial review by the CPA prior to our filing taxes in November.

**ELECTIONS:** Greg repeated the need for a new chair of the public information and described the various duties of the position. As no nominations from the floor were forthcoming, Greg asked the reps to return to their groups and ask for interested persons to consider the position.

#### ANNOUNCEMENTS:

District 2 and 13 holding a pot luck picnic at Grape Day park in Escondido on Saturday, Sept. 14

Earl announced the Saturday night speaker meeting in Vista is changing location to Steps in Vista.

Audrey announced the 'Burning Bear' campout sponsored by GSDYPAA on Sept. 21 and 22 in Anza.

Jessica announced an event of late night sober fun of Laser Tag on Saturday, 9/14, in San Marcos.

Adjournment: 7:55 pm.

Next Intergroup Meeting Date: October 9, 2019

**RESPECTFULLY SUBMITTED: Vickie A – RECORDING SECRETARY**

The monthly financial report includes group contributions for last month and a Year-to-Date (YTD) Profit & Loss Summary. YTD group contributions are available at the monthly Intergroup Meeting where your meeting's Intergroup Rep can pick them up, or you may request YTD contributions from our Central Office email [office@NCsandiegoAA.org](mailto:office@NCsandiegoAA.org)

Group City & Name	AUG
Anon Group 724548	\$60.00
Cardiff Ki's Weekender	\$269.43
Cardiff Back to Basics	\$1,000.00
Cardiff Friday Happy Hour	\$100.00
Carlsbad - WED 730PM Men's	\$326.89
Carlsbad FRI 6:30 PM Step Sisters at New Song Church	\$60.00
Carlsbad Step A Month Study MON Night	\$240.00
Encinitas TUE 6:30 PM South Ponto Beach	\$60.00
Encinitas TUE 7PM North Coastal Men's	\$150.81
Escondido SAT 7PM Trudgers	\$150.00
Escondido SAT Noon at Alano Club	\$52.00
Escondido SUN 9:30 AM Taxicab at Alano Club	\$66.00
Escondido THU Night Women's 12x12 House of Prayer	\$30.00
Escondido TUE 6PM Women As Bill Sees it	\$300.00
Escondido WED 7 PM Men Misfits at First Congregational Church	\$133.21
Escondido WED 8 PM Beginners at Alano Club	\$70.00
Fallbrook FRI 12 PM Happy Hour at Community Baptist	\$100.00
Fallbrook MON Noon at Baptist Church	\$60.00
Fallbrook SAT Noon at Baptist Church	\$60.00
Fallbrook WED Mens We R Not Saints Hilltop	\$72.00
Oceanside Brierpatch (Oak Street) AA Group	\$1,250.00
Oceanside Noon Brownbaggers #100836 (NCAC)	\$50.00
Oceanside SAT 10AM Women's Big Book Study	\$149.00
Oceanside TUE 5PM Living Sober (NCAC)	\$40.00
Poway SAT 930AM Women's "Twisted Sisters"	\$120.00
Poway SUN Men's Sunday Morning Group	\$150.00
Ramona BYOBook	\$20.00
Ramona MON-FRI 630AM Fresh Start	\$50.00
Rancho Bernardo DAILY Disc. Early Birds	\$200.00
Rancho Penasquitos THU Big Book Study	\$168.00
Rancho Penasquitos TUE 7PM 12x12 Study	\$50.00
Rancho Santa Fe THU Noon Women (169665)	\$340.00
San Marcos MON Night Rose Ranch Men's	\$64.50
San Marcos SUN 10AM Daily Reflections	\$638.58
San Marcos WED Men's Blind Leading The Blind ~ Step Study	\$45.00
Solana Beach Mothers in Sobriety	\$120.00
Valley Center Welcome Home	\$50.00
Vista Monthly Intergroup Meeting	\$66.00
Vista SUN 10AM Gas & Steam Engine Museum	\$90.00
Vista THU 7PM Women's at Thriving Life Church	\$50.00
<b>Total:</b>	<b>\$7,071.42</b>

### MONTHLY FINANCIAL REPORT HIGHLIGHTS PROFIT & LOSS STATEMENT

	AUG 2019	FISCAL YTD
Total Sales	3,237	8,505
Total Cost of Goods Sold	(2,632)	(6,569)
Gross Profit for Sales	605	1,936
Group Contributions	7,071	16,271
Misc. Revenue	122	264
Total Revenue	7,798	18,470
Total Expense	(9,087)	(18,137)
Net Profit or (Loss)	(1,289)	333

## ACYPAA Summit

~ All California Young People in A.A. ~  
**It's coming to San Diego November 1 - 3rd!**  
 A.A.'s throughout California and beyond will be attending this event that will feature a weekend of A.A. meetings, panels, workshops, dances, costume contests, games and entertainment.  
 Young-at-Heart & Al-Anon Participation!  
 For more info, to pre-register or book a room, please visit [nsdypaa.org/summit](http://nsdypaa.org/summit) or email [NSDYPAA@gmail.com](mailto:NSDYPAA@gmail.com)

### Acceptance is the Answer

And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation—some fact of my life—unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.  
 ~Big Book page 417

## Service is part of recovery.

### NEEDING HELP!

#### This is a great 12-Step Service opportunity!

**Central Office operates a 24/7 Hotline for Alcoholics in need.** The After-Hour Phone Committee needs volunteers to answer phones while the office is closed. We also need **12-Step Call List Volunteers.** Most phone volunteers only have one shift per month ranging from 3-4 hours. 12-Step Call Volunteers could be called upon to assist the phone volunteers with caller needs. This is a great way to be of service. If you're interested please contact the Central Office at (760) 758-2514. Thank you.



### NEEDING HELP!

#### Current Open Shifts: (7 Openings)

Thursday, 4th week of the month, 5:00 p.m. – 10:00 p.m.  
 Friday, 1st week of the month, 10:00 p.m. – 6:00 a.m.  
 Friday, 1st week of the month, 6:00 a.m. – 9:00 a.m.  
 Friday, 5th week of the month, 5:00 p.m. – 10:00 p.m.  
 Friday, 5th week of the month, 10:00 p.m. – 6:00 a.m.  
 Friday, 5th week of the month, 6:00 a.m. – 9:00 a.m.  
 Sunday, 1st week of the month, 9:00 p.m. – 6:00 a.m.

**Please contact the Central Office at (760) 758-2514.**

### ANCIENT WISDOM

*God will constantly disclose more to you and to us. ~BB pg 164*  
 Don't waste your breath to save your face when you have done your best. ~Robert Hunter

**A.A. Meetings that Need Your Support**

**Marine Corps Base Camp Pendleton:** Monday 6:30 PM, Wednesday 6:30 PM, Friday 4:00 PM. All info is on page 6.  
 Saturday 10:00 PM, **"The Nest" LGBT+**, at Alano Club of Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027  
 Saturday 7:00 PM, **"Escondido Trudgers"** at 2534 East El Norte Parkway, Escondido CA (enter at *Soapstone Werks* sign)  
 Wednesdays 6:30-8:00 PM, **"Without Defense Big Book Workshop"**, East Valley Community Center (in the Grove Room), 2245 E. Valley Pkwy, Escondido, CA 92027  
 Sunday 7:00 PM **"Acceptance & Recovery"** at 1st Congregational Church, 1800 N Broadway, Escondido, CA 92026  
 Thursday 7:00 PM **"Primary Purpose Group"** at Immanuel Lutheran Church, 1900 S Nevada St, Oceanside, CA 92054  
 Friday 8:00 PM **"Candlelight Meeting"** at Alano Club of Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027  
*If you would like your meeting to be added to this list, please email [viewpoint@NCsandiegoAA.org](mailto:viewpoint@NCsandiegoAA.org).*

**Significant September Dates in A.A. History**

Sept 1930 - Bill wrote his 4<sup>th</sup> and last promise to quit drinking in the Wilson family bible (his last drink was 12-11-1934).  
 Sept 21, 1938 - Bill W & Hank P form Works Publishing Co. (to publish the Big Book)  
 Sept 1946 - Bill & Dr. Bob both publicly endorsed the National Committee for Education on Alcoholism (NCEA) founded by Marty M in 1944. NCEA later became the National Council on Alcoholism (NCA) in 1950, and then the National Council on Alcoholism and Drug Dependence (NCADD) in 1990.  
 Sept 1946 - 1st A.A. group in Mexico.  
 Sept 1949 - 1st issue of Grapevine published in "pocketbook" size.  
 Sept 17, 1954 - Bill D, A.A. #3, dies.  
 Sept 11, 2001 - 30 Vesey St, New York, location of A.A.'s first office, is destroyed during the World Trade Center attack.  
 A.A. has an **Archives Newsletter** at this link: [http://www.aa.org/pages/en\\_US/markings-your-archives-enewsletter](http://www.aa.org/pages/en_US/markings-your-archives-enewsletter)

**Recovery Crossword Puzzle**

**Across:**

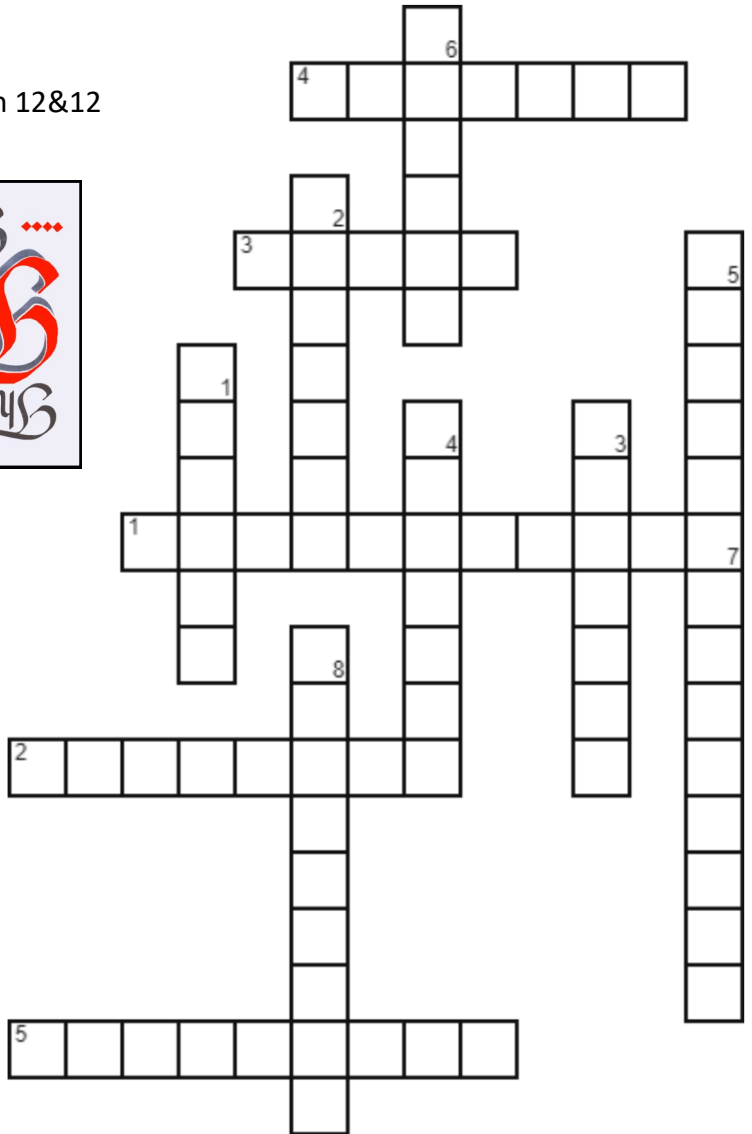
1. this word appears 24 times in BB and 22 times in 12&12
2. this word is often misunderstood
3. we definitely lacked this
4. A.A. has a singleness of this
5. love and this describes our code

**Down:**

1. we must take this; get into it!
2. we were out of this
3. from bondage to this
4. this is the best policy
5. between happy and free
6. goes 'hand-in-hand' with meditation
7. we alcoholics are \_\_\_\_\_ people
8. a type of experience or awakening



Crossword solution bottom of page 5.



**Forgiving Others**

I must forgive injuries, not just in words, or as a matter of form, but in my heart. I do this not for the other persons' sake, but for my own sake. Resentment, anger, or a desire to see someone punished, are things that rot my soul. Such things fasten my troubles to me with chains. They tie me to other problems that have nothing to do with my original problem.  
 ~ Daily Reflections, March 20th ~



see the Events Calendar pg 6

**North San Diego Young People in AA**

**North San Diego Young People in A.A. (NSDYPA)**

NSDYPA business committee meetings are on 1st and 3rd Sunday, 5:00 PM, [560 Greenbrier Dr, Oceanside, CA 92054](http://www.nsdypaa.org). All are welcome to attend.

Local Young People Meetings: <https://www.nsdypaa.org/local-aa.html>

Contact us: (760) 542-8268 [NSDYPA@gmail.com](mailto:NSDYPA@gmail.com) <http://www.nsdypaa.org>

**NORTH COUNTY H & I NEWS**

**THERE ARE MANY WAYS YOU CAN BE OF SERVICE** with your North County H&I. Many of us join as panel members, who perform the core mission of carrying the message to those who cannot get to a meeting. You can also join our Board which offers a variety of ways you can support our core mission. We have several positions available and will vote a new slate of officers in October. Contact Michael H 619-481-1714 to learn more.

**POLICY AND GUIDELINES UPDATE.** We have recently updated our Policy and Guidelines in order to clarify and update the descriptions of procedures as they are now being done by our committee. In summary we have updated our Financial Guidelines, our new 501(c) (3) status, term of service for positions and the title names of many positions. All in all, we have not made any changes to the basic concepts of our service or mission. Please visit our website [nchandi.org](http://nchandi.org) to review and provide feedback before our October vote to approve.

**WHERE YOUR 7<sup>th</sup> TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7<sup>th</sup> Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

**AUGUST 2019 FINANCIAL SUMMARY**

Beginning Balance: \$5,582.37 Income: \$1,082.73  
Expenses: \$3,212.59 Ending Balance: \$3,452.51

**GROUP AND GREEN CAN CONTRIBUTIONS AUGUST 2019**

Group Name	Green Can	Group
South Oceanside Men's Group # 130216		81.72
Group # 169665		68.00
BYOB Group # 702824		20.00
Escondido Alano Club Sat noon		19.00
Fallbrook We Are Not Saints Group # 133736	22.45	
Friday Night Live Group # 724548-08-21		60.00
Grass Roots		25.00
Ki's Group # 614661		200.00
Living in the Solutions Group # 161663		10.00
Men's Stag Step Study Rincon Group # 723004		25.00
Misfits Men's Group # 672294	128.98	
Mothers in Sobriety Group # 179054		40.00
North Coastal Calle Barcelona Group # 686387		15.08
NSDYPAA		50.00
Rancho Penasquitos Tues 12x12		100.00
Rose Ranch Monday Night San Marcos 172523		12.90
Shelter Valley Keep It Simple Group # 725506		20.00
The Blind Leading the Blind Group # 652308		10.00
Thursday Night Roving Women's Group # 166964		28.20
Tues Night 12x12		20.00
Valley Center SLBBSG		43.40
Warner Springs AA Group # 633217		25.00
Vista Upper Room	48.00	
Welcome Home Group of Valley Center		10.00
<b>Totals:</b>	<b>\$199.43</b>	<b>\$883.30</b>

Complete financial reports can be found on our website. \*

**THANK YOU FOR YOUR CONTRIBUTIONS!**

**GETTING INVOLVED:** Each 3<sup>rd</sup> Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

\* **ADDITIONAL INFORMATION:** You can visit our NC H&I website at [NCHandi.org](http://NCHandi.org) to view Policy & Guidelines, Financial Reports, and more.

**Saturday Evening Post articles about A.A.**

In 1941, the **Saturday Evening Post** reported on an obscure group known as **Alcoholics Anonymous**. The article would become a turning point in the organization's history. Most of us have heard of the 1941 Saturday Evening Post article by Jack Alexander. He wrote two more articles in 1945 & 1950.

His three articles are referenced in **Making the Case for AA** found at this link: <https://www.saturdayeveningpost.com/2016/01/making-case-aa/>

**Alcoholics Anonymous** (March 1941)

Jack Alexander introduced Alcoholics Anonymous to a national stage when this article was published on March 1, 1941.

**A Skeptical Journalist** (May 1945)

Four years after his groundbreaking article on AA was published, writer Jack Alexander recalled his initial doubts about the group in an AA publication.

**The Drunkard's Best Friend** (April 1950)

In 1950, the Post published a follow-up article to Jack Alexander's 1941 article, "Alcoholics Anonymous."

And here is another Post article about A.A.:

**Bill W's Last Drink** (December 2011)

Few articles in the Post had the impact of "Alcoholics Anonymous," which prompted 6,000 letters to the Post editors and sparked national interest in the program.

The 2011 article is at this link: <https://www.saturdayeveningpost.com/2011/12/alcoholics-anonymous/>

But even **Bacchus** boomeranged on us; we were finally struck down and left in terrified loneliness. ~12x12 pg 57

**Bacchus** was the Roman god of agriculture, wine and fertility copied from the Greek god **Dionysus**. He was the last god to join the twelve Olympians. His plants were vines and twirling ivy.



**Statue of Dionysus**  
in Remich Luxembourg



## Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514.



### SERVICE CALENDAR

**Business Committee:** Tue prior to 2nd Wed  
6:30 PM, A.A. Central Office,  
[604 E. Vista Way, Vista CA 92084](#)  
**Intergroup Meeting:** 2nd Wed of month  
7:00 PM, Masonic Temple,  
[761 Eucalyptus, Vista CA 92084](#)



### MEETING GUIDE

**North County A.A.**  
Meetings are listed in  
the [Meeting Guide](#) app.

### Office Address, Hours & Contact

#### North County Central Office

[604 E. Vista Way, Vista CA 92084](#)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: [office@NCSandiegoAA.org](mailto:office@NCSandiegoAA.org)

Web: [NCSandiegoAA.org](http://NCSandiegoAA.org)

**Office Closed:** New Year's Day, Memorial Day,  
Independence Day, Labor Day, Veteran's Day,  
Thanksgiving Day, Christmas Day

The **Viewpoint** is a publication of the  
**North San Diego County Intergroup of A.A.**  
(NCIAA) and is distributed by the  
**North County Central Office.**

It is published after the 3rd Wed of each month.

### Submit Something to the Viewpoint

Click this link for more information:

<https://ncsandiegoaa.org/viewpoint/viewpoint-info>

Deadline is the 2nd Wednesday of the month.

Questions? Email [viewpoint@ncsandiegoaa.org](mailto:viewpoint@ncsandiegoaa.org)

**Quotes** from A.A. literature are reprinted with the  
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**Alcoholics Anonymous** and **A.A.** are registered  
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**Opinions** expressed within are of contributing writers  
or the editor and not necessarily those of A.A. or the  
North San Diego County Intergroup of A.A.

**References** to outside entities do not imply affiliation.

### Help support **Marine Corps Base** **Camp Pendleton A.A.** meetings:

- ★ **Monday:** Building 210568—PFC Krause
- ★ Training Facility at 3rd AA BN School on Camp
- ★ Del Mar (by the boat basin) 6:30 to 7:30 PM
- ★ (1830 to 1930)
- ★ **Wednesday:** Building 1345 – S.A.C.C.
- ★ (Prevention Building) up the hill, on 11th
- ★ Street, from the main S.A.C.C., follow the
- ★ signs. 6:30 to 7:30 PM (1830 to 1930)
- ★ **Friday:** Building H200T—S.A.R.P. (Substance
- ★ Abuse Rehabilitation Program) behind The
- ★ Thrift Shop, next to Wounded Warrior, by
- ★ Lake O'Neil, on the old Hospital grounds
- ★ 4:00 to 5:00 PM (1600 to 1700)

### EVENTS CALENDAR ~~~ Each Title has a Link! ~~~

§ **Third Weekenders Camping**, Sep 20-22nd, 2019, Potrero County Park, 24800 Potrero Park Drive, Potrero, CA 91963.

§ **Burning Bear 3.0**, Sep 21-22nd, 2019, Presented by GSDYPAA and NSDYPAA, Camping, Yoga, AA Meetings, Breath Work, Panels, Live Music!, Ana, CA, 33.507461, -116.647379.

§ **North County Hospitals and Institutions Committee -- Orientation and Business Meeting**, Sep 21, 2019, (3rd Saturday of every month) 9:00 a.m. - 9:45 a.m. Orientation; 9:45 a.m. - 11:00 a.m. Business Meeting, North County Alano Club,, 4198 Mission Avenue, Oceanside, CA 92057, Contact: Michael H. 619-481-1714, [northcountyhandi@gmail.com](mailto:northcountyhandi@gmail.com), [www.nchandi.org](http://www.nchandi.org).

§ **San Diego H and I Orientation/Business Meeting**, Sep 21, 11:30 am - 12:45 pm, 3<sup>rd</sup> Sunday of every month, Machinist Hall 5150 Kearney Mesa Rd. San Diego 92111 .

§ **National A.A. Technology Workshop**, September 20-22, 2019, Holiday Inn University Plaza, 1021 Wilkinson Trace, Bowling Green Kentucky 42103.

§ **Election Assembly**, September 28, 2019, 9:00 a.m. - 4:00 p.m. General Service Representative orientation 8:00 a.m. Ronald Reagan Community Center, 195 E. Douglas Avenue, El Cajon 92020, Monty C. 619-243-9031 [areachair@area8aa.org](mailto:areachair@area8aa.org) Sutton K. 760-809-1969 [altchair@area8aa.org](mailto:altchair@area8aa.org).

§ **45th Woman To Woman San Diego Conference**, September 27-29, 2019, The Dana on Mission Bay, 1710 W Mission Bay Drive, San Diego, California 92109.

§ **35th Harvest Moon Kickback**, September 27-29, 2019, Lake Henshaw Campground, 26439 Highway 76, Santa Isabel, Questions? Katy 760-650-5479.

§ **68th Southern California AA Convention**, September 27-29, 2019, Westin Mission Hills Resort & Spa , 71333 Dinah Shore Dr. Rancho Mirage, CA.

§ **22nd Annual Men's Fall Retreat**, October 4th-6th, Camp Stevens, 1108 Banner Road, Julian, CA 92036, Email: [fallmensretreat@gmail.com](mailto:fallmensretreat@gmail.com).

§ **44th Annual Lake Tahoe Fall Festival**, "Peace in the Pines", October 4<sup>th</sup>-6th, Hard Rock Hotel & Casino, South Lake Tahoe, NV.

§ **Emotional Sobriety Workshop**, October 12, 1:00 pm - 4:00 pm, St. Dunstan's Episcopal Church, 6556 Park Ridge Blvd, San Diego 92120.

§ **North County Hospitals and Institutions Committee -- Orientation/Business Meeting**, October 19, 2019, (3rd Saturday of every month) 9:00 a.m. - 9:45 a.m. Orientation; 9:45 a.m. - 11:00 a.m. Business Meeting, North County Alano Club,, 4198 Mission Avenue, Oceanside, CA 92057, Contact: Michael H. 619-481-1714, [northcountyhandi@gmail.com](mailto:northcountyhandi@gmail.com), [www.nchandi.org](http://www.nchandi.org).

§ **2<sup>nd</sup> Annual North County Women's Banquet**, October 20, 2019, 12:30 p.m. – 3:30 p.m. Doors open 11:00 a.m. California Center for The Arts, 340 North Escondido Blvd. Escondido, CA 92025, Tickets \$45. Mexican Fiesta Buffet, Contact: Janine T. 760-212-2352 or Janice M. 760-583-8208.

§ **Turning Point Home Halloween Pancake Breakfast**, October 26 @ 8:00 am - 11:00 am, The Turning Point Home – 1315 25th Street, San Diego, CA.

§ **ACYPAA Summit All California Young Peoples in Alcoholics Anonymous**, Nov 1-3, 2019, Doubletree Hotel (by Hilton) Mission Valley, 745 Hazzard Center Drive San Diego 92108 Tel. 619-297-5466, For additional info: Shawn T. 760-215-0574 Email: [nsdypaa@gmail.com](mailto:nsdypaa@gmail.com).

§ **32nd Annual Lake Havasu Roundup**, Nov 1-3, 2019, London Bridge Resort, 1477 Queens Bay, Lake Havasu City, AZ 86403.

§ **12 Step Volunteers Meeting**, Nov 9 @ 9:30 am – 10:00 am, 2<sup>nd</sup> Saturday every month, North County Central Office, 604 E Vista Way, Vista, CA 92084.

§ **79th Anniversary of AA in San Diego Breakfast**, Nov 9, 2019, 9:00 am - 12:30 pm, Church - Linder Hall, 2111 Camino Del Rio South, San Diego, CA 92116.

§ **Grapevine/La Vina Writers Workshop**, Nov 16, 2019, 1:30 pm am - 4:30 pm, Steps 1717 E. Vista Way, Suite 113 Vista 92084, Joel M. 480-579-6789 [grapevine-LaVina@area8aa.org](mailto:grapevine-LaVina@area8aa.org).

§ **Serenity in Yosemite**, November 22-24, 2019, Yosemite National Park.

§ **ROOTS – Area 08 Archives Committee**, Nov 30, 2019, 11 AM to 3PM, Harding Street Community Center, 3096 Harding St. Carlsbad, CA 92008.

§ **4<sup>th</sup> Annual Hispanic Women's Workshop**, Save the Date: December 7, 2019, Contacts: Carmen 714-328-9129, Cristina 760-548-1114, Hypatia 760-673-2236.

§ **Stateline Retreat 2019**, The Original Woodstock of AA, December 12<sup>th</sup>-15th, Room Reservations: Tuscan Hotel and Casino, 255 E. Flamingo Road, Las Vegas, NV 89169.

§ **56<sup>th</sup> Annual International Women's Conference**, February 20-23, 2020, JW Marriott Hotel, 10 S West St. Indianapolis, IN 46204.

§ **2020 International Convention of Alcoholics Anonymous**, July 2-5, 2020 Detroit, Michigan, Get Ready!, If you're going... Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroups and, international G.S.O.s. **Online registration began on September 9, 2019, on aa.org, and is open now!** Advanced registration for the Convention (between September 9, 2019, and April 14, 2020) will be \$115 (USD) per attendee. Registration after April 15, 2020, will be \$140.00 (USD) per attendee. Check [aa.org](http://aa.org) for further information and updates. Once registered, individual members will be able to book up to four (4) rooms. If you are traveling in a group and need more than four rooms, an additional member in your group will need to, register and book the necessary additional hotel rooms. For large groups requiring ten (10) rooms or more, there is a separate procedure. For information on, this procedure, please contact the International Convention Coordinator at G.S.O. at [2020ic@aa.org](mailto:2020ic@aa.org). While we are trying to meet everyone's needs, we attempt to ensure fairness for the entire, Fellowship so that both single attendees and attendees traveling in a group have equal access to, hotel arrangements for the Convention.

~~~~ More is happening at [www.aasandiego.org](http://www.aasandiego.org) Calendar of Events ~~~~

**A.A. Websites:** North County Central Office [NCSandiegoAA.org](http://NCSandiegoAA.org), Area 8 [area8aa.org](http://area8aa.org), Young People [NSDYPAA](http://NSDYPAA), H&I [nchandi.org](http://nchandi.org), A.A. [aa.org](http://aa.org), Grapevine [aagrapevine.org](http://aagrapevine.org), Daily Reflection [aa.org/pages/en\\_US/daily-reflection](http://aa.org/pages/en_US/daily-reflection).  
Subscribe to the GSO newsletter to be sent to your email, click link: [http://www.aa.org/pages/en\\_US/gso-newsletters](http://www.aa.org/pages/en_US/gso-newsletters).

***I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.***