

Dec
2019



Step 12: "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

Tradition 12 (short form): "Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

Concept 12 (short form): "The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action."

Download the *Viewpoint* at NCSandiegoAA.org

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41st Annual North County Intergroup Traditions Breakfast

Sunday, March 22, 2020 in the beautiful *California Center for the Arts*
Speaker: **Rosanne B. from Costa Mesa**

Doors open at 8:AM. Breakfast served at 9:AM. ASL interpretation available.
Tickets \$30 available from the Central Office @ 760-758-2514. Tables of 10 \$300.
NO TICKETS WILL BE SOLD AT THE DOOR
Map Link: [340 North Escondido Boulevard, Escondido CA, 92055](http://340NorthEscondidoBoulevard,EscondidoCA,92055)
Directions, Maps & Parking info: <http://artcenter.org/about/directions-maps-parking/>

San Diego Spring Round Up - 20/20 Vision

April 9-12 @ [Town and Country San Diego](http://TownandCountrySanDiego) Register Early!
Website: SanDiegoSpringRoundup.com Email: sdsruchairman@gmail.com
Meetings, Dances, YOGA, Variety Show, Questions: Brad S 858-229-9728
Volunteers Needed: sandiegospringroundup.com/volunteer

Christmas Eve / Day Alcathon

meetings on the hour, every hour
Dec 24th 8:PM - Dec 25th 8:PM
North County Alano Club
[4198 Mission Ave, Oceanside, CA 92057](http://4198MissionAve,Oceanside,CA92057)
(east of Mission San Luis Rey, turn on Academy Rd)
If you have questions or would like to help, please call Jesse H. 760-500-5455

Christmas Eve

All Night Meetings
Tue Dec 24th - Wed Dec 25th
Six Step House in Leucadia
[1430 N. Hwy 101, Encinitas](http://1430N.Hwy101,Encinitas)
Regular meeting schedule on 25th with
Christmas Day Potluck 1-5 PM

Stay close to your
A.A. Family this
Holiday Season

Reuniones Español
Oficina Norte County
830 E. Vista Way, Suite
116, Vista, CA 92084
(760) 758-6905
[Info en Español](#)

Young People
[click here and here!](#)

12 Tips for Sober Holidays

- Line up extra AA activities (help on the phones, speak, empty the ashtrays).
- Be host to friends, especially newcomers, at home or at a coffee shop.
- Keep your AA telephone list with you at all times.
- Find out about holiday meetings or celebrations in your local groups.
- Skip any drinking occasions you're nervous about.
- If there's one you can't skip, take an AA friend--or keep candy handy.
- Don't think you have to stay late (plan an "important date" in advance).
- Go to church. Any church. And don't forget about extra meetings.
- Don't sit around brooding; catch up on reading, museums, walks, letters.
- Don't project about holiday temptations: remember "One day at a time."
- Even if you cannot give material gifts, enjoy the beauty of holiday love.
- Carry the message. Give the joy away, and it will be yours to keep.

From the December 1989 Grapevine magazine. -- Adapted from Box 4-5-9

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

North County Intergroup Meeting Minutes

Date 12/11/2019

Called to Order:

The Meeting was called to order at 7:00 P.M. There were **57 Reps** present, with **5 new reps**.

Traditions were read by Cindy. . A motion was made and seconded to accept the minutes . All in favor.

Financial Report: Tim M. (760) 802-7121 (Email: TimM@ncsandiegoaa.org)

Tim gave the financial report. Total sales were \$3,516 and Cost of Goods Sold was (\$3,199) yielding Gross Profit of \$317. Along with Group Contributions of \$6,247 and Misc. Income of \$137, the total Revenue was \$6,701. After Total Expenses of (\$10,208) , the Net Loss for November was (\$3,506). Net Loss Year-To-date is (\$1,806), which is attributed primarily to lower than expected Group contributions. It was moved and seconded to approve the report. All in favor.

Central Office Report: Ken G. (760) 758-2514 (Email: Manager@ncsandiegoaa.org)

Ken said the Group Contributions report July through November could be sent to IG reps. Please notify Ken that you'd like to receive a copy, and he'll email one to you. All flyers for events are posted on the website. Sign-in sheets are going around, so please be sure to sign to verify your attendance at the Intergroup meeting. Ken also thanked the volunteers for their service at Central Office.

STANDING COMMITTEES

Public Information Committee: Quintin T. (760)390-3517 (Email: QuintinT@ncsandiegoaa.org)

Quintin announced that the ASL liaison is Bryan and can be reached at (831)247-0071, of at ASLsandiegoaa@gmail.com. Additionally, Quintin announced a forum at High Tech High on December 19 titled "Social Aspects of Drinking Alcohol." Time is 5:30pm.

Telephone Committee: Jim R. (619) 890-2299 (Email: JimR@ncsandiegoaa.org)

Jim reminded the reps that the tri-fold pamphlet on Service Opportunities in North County is available for distribution to members. These can be placed in literature racks at the meetings. Currently, there are no openings on the telephone committee. Jim encourages members who are interested to attend the Orientation on Saturday, December 14 at 9:30am. In response to a question, Jim stated that there is currently no way to collect data as to how many calls are coming in to the telephone committee during or after hours.

Archives Committee: Danny O. (619)884-7272 (Email: archives@ncsandiegoaa.org)

No report.

Outreach Committee: Margaret T. (760) 504-5706 (Email: MargaretT@ncsandiegoaa.org)

Deb reported for Margaret that volunteers are needed to help Margaret and the Outreach Committee to reach out to groups that have no Intergroup Reps.

H&I COMMITTEE: Michael H. (619)481-1714 (Email: H&Ichair@ncsandiegoaa.org)

(H&I Website: www.nchandi.org)

Jim reported for Michael that the orientation for Handl service is the 3rd Saturday of the Month at the Alano Club. There are currently openings on a couple of the 132 panels that currently are being held in 22 facilities. A full article about the Handl Committee is available for all to read in the Viewpoint.

AREA ASSEMBLY: Linda R. (760) 815-0207 (Email: lindar@ncsandiegoaa.org) (Website: <http://www.area8aa.org/>)

Deni and Linda reported about various events coming up, all of which can be found on the Area 8 website. Among them are the January 11 Area 8 Orientation at 2111 Camino del Rio South; March 6-8 PRAASA; April 9-12 Spring Round up; July 2 – 5 International Convention in Detroit. Linda announced that this was her last report at Area 8 liason, but will be returning next month at Intergroup Rep for her homegroup.

BUSINESS COMMITTEE REPORT: Chairperson: Greg B. (760) 421-6967 (Email: GregB@ncsandiegoaa.org)

OLD BUSINESS:

Greg announced that BC is looking for a Liaison to Area 8 to facilitate communication between North County and the Area. Volunteers requested.

As part of the Business Committee Inventory process, BC member at Large Gene and Outreach Committee Chair Margaret will coordinate efforts to create an informational card highlighting the importance of having a IG rep for distribution to all groups. Vickie invited IG reps to attend a Dialogue Meeting on January 8 at 6:00, an hour before the regularly scheduled IG meeting, for Intergroup Reps to bring concerns/ideas to the Business Committee.

The BC continues its search for a possible new location. The current lease expires in April.

Traditions Breakfast: Greg reported that the BC approved a budget for the Opportunity Drawing and Table Decorations for the Traditions Breakfast. Tickets are available for sale at Central Office. Currently, half of the 60 tables are sold. Date of the event is March 22, 2020.

NEW BUSINESS:

There is currently an opening on the Business Committee for Member-at-Large.

ELECTIONS:

There is a current opening for a Member-at-Large. No nominations.

ANNOUNCEMENTS:

The Six Step House in Leucadia is hosting Christmas and New Year's Alkathon, beginning at 9:30pm and continuing through until 6AM. After the noon meeting on Christmas Day, there will be a potluck lunch.

Adjournment: 8:03 pm.

Next Intergroup Meeting Date: January 8, 2020

RESPECTFULLY SUBMITTED: Lee Ann, Recording Secretary

The monthly financial report includes group contributions for last month and a Year-to-Date (YTD) Profit & Loss Summary. YTD group contributions are available at the monthly Intergroup Meeting where your meeting's Intergroup Rep can pick them up, or you may request YTD contributions from our Central Office email office@NCsandiegoAA.org

Group City & Name	NOV
AA Anon Group 100837	\$40.00
Borrego Springs SUN 11AM - Spiritual Progress	\$80.40
Camp Pendleton FRI Dry Dock (SARP)	\$10.00
Camp Pendleton MON Pvt Krause Training Center	\$80.00
Camp Pendleton WED Tag Team	\$10.00
Carlsbad Step A Month Study MON Nite	\$216.00
Carlsbad Water Works FRI 130PM	\$120.00
Carlsbad FRI 6:30 PM Step Sisters at New Song Church	\$273.50
Carlsbad WED Men's Bullpen	\$150.00
Encinitas FRI 7AM Steps at Swami's Cafe	\$94.33
Encinitas TUE 7PM North Coastal Men's	\$188.00
Escondido Men's Misfits Book Study WED 7PM	\$152.85
Escondido WED Noon As Bill Sees It	\$300.00
Escondido Womens SYOA Group	\$120.00
Fallbrook MON Noon at Community Baptist Church	\$60.00
Fallbrook Men's We R Not Saints WED 730PM	\$84.00
Fallbrook SAT 10AM at Hilltop	\$30.00
Fallbrook TUE Noon at Baptist Church	\$120.00
Fallbrook TUE Women's Turn It Over	\$35.00
Fallbrook SUN 1PM Promises	\$150.00
Leucadia Six Step House Daily Meetings	\$750.00
Oceanside FRI 5PM As Bill Sees It (NCAC)	\$72.00
Oceanside Saturday 905AM Morning Discussion	\$100.00
Oceanside SOS Big Book Study	\$80.00
Oceanside THU Night Beginners at NCAC	\$50.00
Oceanside THU Noon Brown Baggers at NCAC	\$100.00
Oceanside TUE 8PM at NCAC	\$80.00
Oceanside WED Noon Women's Handbag Mtg	\$156.00
Pauma Valley WED 7PM Red Trail Group at Tribal Hall	\$100.00
Poway Fresh Start Keeping It Simple	\$307.50
Ramona FRI Sobriety Party	\$25.00
Ramona MON 10AM Big Book Study	\$20.00
Rancho Bernardo THU 7PM As Bill Sees It	\$200.00
Rancho SF "Solana Beach Beginners" at Village Presbyterian FRI 730PM	\$102.67
San Marcos Speaker/Participation FRI 745PM	\$309.35
San Marcos SUN 10AM Daily Reflections (651125)	\$378.60
San Marcos THU Women's 11th Step	\$97.00
Santa Ysabel Back Country Book Study TUE 7PM	\$20.00
Valley Center Step Study THU 630PM at Library	\$124.50
Vista THU Women Living in the Solution Group 161663	\$100.00
Vista Daily Came To Believe at Emmanuel Bible Church	\$149.29
Vista Intergroup Meeting Monthly WED #2	\$106.00
Vista SUN 10AM at Gas & Steam Museum	\$120.00
Vista Thibido Park Tuesday Night 7PM	\$385.00

Total: \$6,246.99

MONTHLY FINANCIAL REPORT HIGHLIGHTS PROFIT & LOSS STATEMENT

	NOV 2019	FISCAL YTD
Total Sales	3,516	18,870
Total Cost of Goods Sold	(3,199)	(15,255)
Gross Profit for Sales	317	3,615
Group Contributions	6,247	41,150
Misc Revenue	137	888
Total Revenue	6,701	45,653
Total Expense	(10,208)	(47,459)
Net Profit or (Loss)	(3,506)	(1,806)



ANCIENT WISDOM

God will constantly disclose more to you and to us.

Who will be the happiest person?

The one who brings happiness to others. ~Swami Satchidananda

Be kind to others, so that you may learn the secret art of being kind to yourself. ~Paramahansa Yogananda

SERVICE

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss. . . . Frequent contact with newcomers and with each other is the bright spot of our lives.

~BB pg 89

IT CAN'T BE THIS SIMPLE! CAN IT?

When I focus on what's good today, I have a good day, and when I focus on what's bad, I have a bad day.

If I focus on a problem, the problem increases; if I focus on the answer, the answer increases.

~BB pg 419

A New Look for the North County Friendship Center (NCFC)

If you haven't attended meetings or an event at the **Friendship Center** lately, you may not know that this air-conditioned facility has been completely refreshed and renovated with hardwood flooring, new paint, a new commode, and is furnished with fifty-four most comfortable 4" cushioned upholstered wide chairs. The meeting room displays wall framed banners and inspirational prints, and bulletin boards that present current area calendar event information and flyers, General Service notices and both A.A. and non A.A. announcements.

The Friendship Center, located at [1906 Oceanside Blvd., Suite D, in South Oceanside](#), is on the bus line and is a four minute walk from the Sprinter rail station. The **Friendship Center** has been serving Alcoholics Anonymous in Oceanside for decades long, and currently accommodates 30 meetings each week of the year beginning at 7:00 AM and ending at 11:00 PM (two nights a week.) Holiday alkathons and potlucks are a norm, as are occasional A.A. events throughout the year.

For more information, or to become a member and / or a volunteer, visit the **Friendship Center** during a scheduled meeting or event. Forms, guidelines and member contact lists are available onsite. Friendship Center Board Meetings are held on the 2nd Sunday of each month at 9:45 AM.

A.A. Meetings that Need Your Support

Marine Corps Base Camp Pendleton: Monday 6:30 PM, Wednesday 6:30 PM, Friday 4:00 PM. **All info is on page 6.**

Monday 7:00 AM, ***“Start Your Day Right”***, 1918 Redwing St, San Marcos, CA 92078 (trailer behind Meadowlark Church)

Saturday 10:00 PM, ***“The Nest” LGBT+***, at Alano Club of Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027

Saturday 7:00 PM, ***“Escondido Trudgers”*** at 2534 East El Norte Parkway, Escondido CA (enter at *Soapstone Werks* sign)

Wednesdays 6:30-8:00 PM, ***“Without Defense Big Book Workshop”***, East Valley Community Center (in the Grove Room), 2245 E. Valley Pkwy, Escondido, CA 92027

Sunday 7:00 PM ***“Acceptance & Recovery”*** at 1st Congregational Church, 1800 N Broadway, Escondido, CA 92026

Thursday 7:00 PM ***“Primary Purpose Group”*** at Immanuel Lutheran Church, 1900 S Nevada St, Oceanside, CA 92054

Friday 8:00 PM ***“Candlelight Meeting”*** at Alano Club of Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027

If you would like your meeting to be added to this list, please email viewpoint@NCsandiegoAA.org.

Anonymity is The Spiritual Foundation

We Failed Idealists Need Attention

By Rick R.

I came from a family that was riddled with alcoholic drinkers and many of them had the problem as bad as I did. I recall the first month, or so, when I got sober, still hanging out with them at our favorite watering hole, drinking ginger ale. I would slip out every night at 8:00pm and go to the A.A. meeting at 8:30 and return at 10:30 pm without telling anyone where I was going. I didn't want anybody to know that I was checking out the A.A. program. I didn't want to face the ridicule at the time, and I wasn't sure it was going to work for me. If it didn't work, I wouldn't have put up with their mocking me. You might say that I was protecting my anonymity at the time and didn't even know it. After thirty days of that, I didn't care who knew about it because I believed I had found the answer, and I did. Soon after that I was one of them that wanted to shout it from the rooftops and try to sober up everyone around me and you know how that turned out. As I dragged each or my five brothers to A.A. meetings, it seems that they each learned just enough to be able to rationalize exactly why they were not alcoholics, and they ridiculed me any way. Two later died of alcohol related symptoms and a third committed suicide. That was among the experiences that gave me hard earned lessons on the respect for the principle of anonymity. Of the rest of my immediate family of ten, only one sister saw something in me that she liked, and she got sober in the program and hasn't had a drink in over forty-eight years. We are exposed to the discussions in A.A. meeting as the newer members complain about someone breaking their anonymity, or the ones that want to shout it from the rooftops, like my former self, and that will always be the case in A.A. as *that* is one of the symptoms of alcoholism. We are failed idealists that need attention, but as we get more and more experience, we learn the true value of the spirit of anonymity. We can always come up with some noble reason for tooting our own horn and we can dress it up in the altruistic motive of sacrificing one's own anonymity to save someone's life and that , sometimes, in the long run, destroys the chance of being a good example and often turns out doing just the opposite, and I have personally witnessed that. In Tradition Twelve it talks of Anonymity as " The spiritual foundation of all of our Tradition ever reminding us to place principles before personalities". There is a difference in the " Spirit of the law", and the " Letter of the law". We who have been diligent with the program have been highly influenced by the Spirit of what the founders learned and introduced us to in the form of the 12 steps and the 12 traditions, and they all come in the form of unselfishness of the spirit. I have yet to find one prayer or principle in the two books that we use, as reference guides, that are of a *material nature or of selfish motives*. This tells me that the things I do, that are as the result of practicing the principles of the program, should be done unselfishly and *without fanfare*. So long as I needed the attention that I was always seeking when I was looking for the photo opp., I was still only following the letter of the law, so to speak. When I came to understand the Spirit of Anonymity, I was able to rein in my EGO and my selfish motives. I try to be a good role model and do it quietly. It seems to work better that way.

An Area 8 / General Service Group Sharing Session & Potluck Dinner Hosted by the Groups of District 2

This event is an opportunity for all members who want to know more about the **A.A. structure** from a practical sense, and for those who may be considering participating in **Area / General Service** as a General Service Representative or standing committee member.

Hear from **GSRs, DCMs and Area Officers** (past and present) what **Area / General Service** is really like. We will share our experiences during our terms of service and answer questions. What we didn't know beforehand that we wished we had, how much time was really required, the ups and downs, positive changes we encountered, information and lessons learned, gained personal growth and what we may have done differently or wished we could have done that we did not, etc.

"I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons:

1. Sense of duty.
2. It is a pleasure.
3. Because in so doing I am paying my debt to the man who took time to pass it on to me.
4. Because every time I do it I take out a little more insurance for myself against a possible slip." ~Dr Bob

Reprinted from the book *Alcoholics Anonymous*, pgs. 180- 181 with permission of A.A. World Services, Inc.

The event is at the District Committee's regular meeting location: [King of Kings Church, 2993 Mac Donald St., O'side](#)

Monday, January 6th – 6:00 - 8:00 PM. Potluck Dinner at 6:00. Group Sharing Session begins at 6:30

For info. email dcm_02@area8aa.org

Would you like the **Viewpoint** delivered to your email each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor viewpoint@NCsandiegoAA.org

NORTH COUNTY H & I NEWS

THE HOLIDAYS are a good time to reflect on the past year, count your blessings and plan for the coming year. The North County H&I committee is extremely grateful for all our fellow AA-ers who faithfully each week share the message of hope to those confined. We count each one of our committee members, panel coordinators, leaders and panel members as blessings and wish to thank them for their service. Likewise, as we look to the upcoming year, we invite new committee members to join our important mission to share our AA message of hope. The holiday season can be filled with love, joy and sense of belonging when shared with family and friends. For those who still suffer, it can be a much darker place; many of us can draw from our own story to remember this. Service work and talking to another AA-er is a beautiful way to shine the light of the spirit into the lives who still suffer and give-back for those blessed with sobriety. Come join us as we wish you the best this holiday season.

POLICY AND GUIDELINES UPDATE. We have recently updated our Policy and Guidelines in order to clarify and update the descriptions of procedures as they are now being done by our committee. In summary we have updated our Financial Guidelines, our new 501(c)(3) status, term of service for positions and the title names of many positions. All in all, we have not made any changes to the basic concepts of our service or mission. Please visit our website nchandi.org to review these changes.

WHERE YOUR 7th TRADITION MONEY GOES: Each North County AA Group can get involved with NC H&I by contributing a portion of their 7th Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

NOVEMBER 2019 FINANCIAL SUMMARY

Beginning Balance: \$1,664.89 Income: \$1,238.20
Expenses: \$90.00 Ending Balance: \$2,813.09

GROUP AND GREEN CAN CONTRIBUTIONS NOVEMBER 2019

Group Name	Green Can	Group
Back Country Book Study Group # 630869		20.00
Buccaneer Park AA Meeting		182.00
Came To Believe Group # 642583		35.00
Fallbrook Tuesday 10 am	7.00	
Fallbrook We Are Not Saints Group # 133736	69.25	
Group # 1089284		24.90
Individual Contribution		27.00
living in the Solutions Group # 161663		20.00
Misfits Men's Group 672294		108.25
North Coastal Calle Barcelona Group # 686387		18.80
Pauma Valley Red Trail Meeting		20.60
Promises Meeting Group # 165787		15.00
Rancho Santa Fe Friday Night Beginners		249.00
Robbers Roost	100.00	
Saturday 11am Discussion Group # 713514		18.40
Saturday AM 12x12 Group # 130586		10.00
Step A Month		16.50
Thursday 8pm Beginners		10.00
Thursday Noon Fresh Start Group # 720075		61.50
Wed Men's Hole in the Wall	200.00	
Wednesday Escondido ABSI Group # 691189		25.00
Totals:	\$376.25	\$861.95

Complete financial reports can be found on our website. *

THANK YOU FOR YOUR CONTRIBUTIONS!

GETTING INVOLVED: Each 3rd Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

* **ADDITIONAL INFORMATION:** You can visit our NC H&I website at NCHandi.org to view Policy & Guidelines, Financial Reports, and more.

NEEDING HELP!

This is a great 12-Step Service opportunity!
Our A.A. Central Office operates a 24/7 Hotline for Alcoholics in need. The After-Hour Phone Committee needs volunteers to answer phones while the office is closed. We also need **12-Step Call Volunteers.** Most phone volunteers only have one shift per month ranging from 3-4 hours. 12-Step Call Volunteers could be called upon to assist the phone volunteers with various caller needs. **This is a great way to be of service.** If you're interested please contact the Central Office at (760) 758-2514 for more information.



CURRENTLY WE HAVE NO OPEN SHIFTS
But we're looking for Volunteers to create an on-call listing to support our Captains. If you have any questions or are interested in volunteering, please call Phone Chairperson Jim R. at 619-890-2299 or email him at JimR@ncsandiegoaa.org. **Thank you.**

Happy Sober Holidays to all from your Viewpoint Editor

SOBER FOR CHRISTMAS

My sobriety date is October 8. I was 49 when I got sober. I had a 30 + year career of binge drinking and drugging. My belly button birthday is December 25. Yes, Christmas day! I was quite a gift to my family.

On my 50th birthday, I was celebrating Christmas with family and friends, as I had done for years. This year was different. I was a baby in sobriety and had not told anyone except my husband and children. I was given a gift of my favorite liquor, and I imagine people thought I would drink to celebrate Christmas, as I had always done. And to celebrate my milestone 50th birthday. But I did not drink any alcohol at all that day. I thought Everyone would notice, but no one said a thing about me not drinking. My 50th Christmas birthday passed peacefully.

I was so fresh and new to sobriety that year. My body and mind were still in the process of cleaning itself out. I was hopeful and scared. Could I really stay sober for the rest of my life? I was not so sure of that. But, 1 day at a time with the help of God, (my higher power), the program and tools of AA and the amazing women and men, I have in my life now, I can say Yes! I just celebrated 13 years of sobriety. I am so grateful for the life I have now. I am looking forward to Christmas this year. Drinking is no longer part of the celebration. The day is joyful and happy. I have a clear mind. I am Sober and Blessed.

~Susan H

The willingness to grow is the essence of all spiritual development.

As Bill Sees It, p. 171

Newcomer, When you call me, it gives me the opportunity to carry the message. That helps me stay sober. So call anytime! ~Oldtimer



Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514.



SERVICE CALENDAR

Business Committee: Tue prior to 2nd Wed
6:30 PM, A.A. Central Office,
[604 E. Vista Way, Vista CA 92084](http://www.ncsandiogoaa.org)
Intergroup Meeting: 2nd Wed of month
7:00 PM, Masonic Temple,
[761 Eucalyptus, Vista CA 92084](http://www.ncsandiogoaa.org)



MEETING GUIDE

North County A.A.
Meetings are listed in the [Meeting Guide](#) app.

Office Address, Hours & Contact North County Central Office

[604 E. Vista Way, Vista CA 92084](http://www.ncsandiogoaa.org)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun
Phone: 760.758.2514

Email: office@NCsandiegoAA.org

Web: [NCsandiegoAA.org](http://www.ncsandiogoaa.org)

Office Closed: New Year's Day, Memorial Day,
Independence Day, Labor Day, Veteran's Day,
Thanksgiving Day, Christmas Day

The **Viewpoint** is a publication of the
North San Diego County Intergroup of A.A.
(NCIAA) and is distributed by the
North County Central Office.

It is published after the 3rd Wed of each month.

Submit Something to the Viewpoint

Click this link for more information:

<https://ncsandiogoaa.org/viewpoint/viewpoint-info>

Deadline is the 2nd Wednesday of the month.

Questions? Email viewpoint@ncsandiogoaa.org

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Opinions expressed within are of contributing writers
or the editor and not necessarily those of A.A. or the
North San Diego County Intergroup of A.A.

References to outside entities do not imply affiliation.

Help support **Marine Corps Base Camp Pendleton** A.A. meetings:

★ **MONDAY 6:30 PM** (1830), Bldg. 210568, ★
★ PFC Krause Training Facility at 3rd AABN ★
★ School on Camp Del Mar area (by the ★
★ Boat Basin) Discussion, ADA. ★

★ **WEDNESDAY 6:30 PM** (1830), Bldg. 1345 ★
★ S.A.C.C. (Prevention Bldg.) up the hill on ★
★ 11th & A St., ADA. ★

★ **FRIDAY 4:00 PM** (1600), Bldg. H200T, ★
★ S.A.R.P., "Dry Dock #20", Discussion, ★
★ Behind Thrift Shop, Wounded Warrior ★
★ BatIn West, by Lake O'Neil, ADA. ★

EVENTS CALENDAR Underlined text is a Link!

∅ **North County Hospitals and Institutions Committee – Orientation/Business Meeting**,
December 21, 2019, (3rd Saturday of every month) 9:00 a.m. - 9:45 a.m. Orientation; 9:45
a.m. - 11:00 a.m. Business Meeting, North County Alano Club,, 4198 Mission Avenue,
Oceanside, CA 92057, Contact: Michael H. 619-481-1714, northcountyhandi@gmail.com,
www.nchandi.org, <https://www.nchandi.org/meetings>.

∅ **Men's Retreat**, December 20-22, 2019, Serra Retreat Center, 3401 Serra Road, Malibu,
CA 90265, <https://hbmsretreat.square.site/>.

∅ **55th Annual Holiday Alkathon & Potluck**, Tuesday, December 24, 12:00 Noon -
Wednesday, December 25, 12:00 Noon, Legion Hall, 8118 University Ave, La Mesa 91942,
<http://www.aasandiego.org/>.

∅ **Christmas Alcathon**, December 24, 2019 @ 9:30 pm – December 25, 2019 @ 6:30 am,
Alano Club of Escondido, 1690 East Valley Parkway, Escondido CA 92027, https://ncsandiogoaa.org/event/alano-club-of-escondido-christmas-alcathon?instance_id=395.

∅ **46th New Year's Eve Alkathon**, Tuesday, December 31st, 5 pm - Wednesday, January 1st,
2 pm, Church at 625 Pennsylvania Ave, Hillcrest 92103, <http://www.aasandiego.org/>.

∅ **New Year's Eve Party & Speakers Meeting**, December 31, 2019, Speaker: 7 pm, Dance: 9
pm, Marina Village, Captain's Room, 1936 Quivira Way San Diego 92109, For more info:
nyesoberdance.event@gmail.com, <http://www.aasandiego.org/>.

∅ **AOCYPAA's New Year's Bash**, Co-Hosted by GSDYPAA and others, December 31, 2019,
Meeting 8 PM – 9:30 PM, Dance 10 PM – 1 AM, 1715 Flight Way, Tustin, CA 92782, <http://www.aocypaa.org/events/>.

∅ **30th Annual River Roundup**, January 9-12, 2020, Don Laughlin's, Riverside Resort, Hotel
& Casino, <https://www.rcco-aa.org/images/river-roundup.pdf>.

∅ **Area 08 Orientation Assembly**, January 11, 2020, 9:00 AM – 4:00 PM, GSR Orientation
8:00 AM, First United Methodist Church Linder Hall, 2111 Camino del Rio South San Diego
92108, Contact as of January 1st:: Blaine H. 858-587-6622 areachair@area8aa.org, Jo Ann Z.
619-403-3796 altchair@area8aa.org, <http://www.area8aa.org/>.

∅ **Imperial Valley AA Roundup Vision for the Future**, January 24 - 26, 2020, Lions
Recreation Center, 225 "A" St, Brawley 92227, <http://www.aasandiego.org/>, <https://ivroundup.wordpress.com/>.

∅ **Men Sponsoring Men's Workshop**, February 22, 2020 - 8:30 - 11:30 AM, St. Patrick's
Church, 3821 Adams St, Carlsbad 92008, Brent K. 760-803-1736 - Doors open at 8:00 AM,
https://ncsandiogoaa.org/event/2020-mens-mentorship-workshop?instance_id=398.

∅ **55th Annual International Women's Conference**, February 20-23, 2020, JW Marriott
Hotel, 10 S West St., Indianapolis, IN 46204, <https://internationalwomensconference.org/>.

∅ **Pacific Region of Alcoholics Anonymous Service Assembly (PRAASA)**, March 6-8, 2020,
Westin La Paloma Resort 3800 E. Sunrise Drive Tucson, AZ 85718, <https://www.praasa.org/area03.org/PRAASA-Reports>.

∅ **41st Annual North County Intergroup Traditions Breakfast**, March 22, 2020 – 8 AM,
California Center for the Arts 340 N. Escondido Blvd. Escondido 92055, https://ncsandiogoaa.org/event/2020tradbreakfast?instance_id=389.

∅ **Area 08 Pre-Conference Assembly**, March 28, 2020 – 9:00 AM – 4:00 PM, GSR
Orientation 8:00 AM, Location to be determined, Contact: Blaine H. 858-587-6622
areachair@area8aa.org, Jo Ann Z. 619-403-3796 altchair@area8aa.org, http://www.area8aa.org/event/pre-conference-assembly?instance_id=11903.

∅ **San Diego Spring Round-up 20/20 Vision**, April 9 – 12, 2020, Town & Country Resort
Hotel, 500 Hotel Circle North San Diego 92108, <https://www.sandiegospringroundup.com/>.

∅ **General Service Conference**, April 19 - 25, 2020, Rye Brook, New York,
delegate@area8aa.org.

∅ **Area 08 Post-Conference Assembly**, May 16, 2020 – 9:00 AM – 4:00 PM, GSR Orientation
8:00 AM, Location to be determined, Contact: Blaine H. 858-587-6622
areachair@area8aa.org, Jo Ann Z. 619-403-3796 altchair@area8aa.org, http://www.area8aa.org/event/pre-conference-assembly?instance_id=11903.

∅ **2020 International Convention of Alcoholics Anonymous**, July 2-5, 2020 Detroit,
Michigan, Get Ready! https://www.aa.org/pages/en_US/international-convention-2020

More is happening at www.aasandiego.org Calendar of Events

Much thanks goes to Lee T. for supplying the Events Calendar each month. Thanks Lee!

A.A. Websites: North County Central Office [NCsandiegoAA.org](http://www.ncsandiogoaa.org), Area 8 [area8aa.org](http://www.area8aa.org), Young People [NSDYPAA](http://www.nsdypaa.org),
H&I [nchandi.org](http://www.nchandi.org), A.A. [aa.org](http://www.aa.org), Grapevine [aagrapevine.org](http://www.aagrapevine.org), Daily Reflection [aa.org/pages/en_US/daily-reflection](http://www.aa.org/pages/en_US/daily-reflection).
Subscribe to the GSO newsletter to be sent to your email, click link: http://www.aa.org/pages/en_US/gso-newsletters.

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.