

Feb  
2020



**Step 2:** "Came to believe that a Power greater than ourselves could restore us to sanity."

**Tradition 2** (short form): "For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

**Concept 2** (short form): "The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs."

Download the *Viewpoint* at [NCSandiegoAA.org](http://NCSandiegoAA.org)

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## 41st Annual North County Intergroup Traditions Breakfast

Sunday, March 22, 2020 in the beautiful *California Center for the Arts*  
Speaker: Rosanne B. from Costa Mesa

Doors open at 8:AM. Breakfast served at 9:AM. ASL interpretation available.  
Tickets \$30 available from the Central Office @ 760-758-2514. Tables of 10 \$300.  
**TICKETS ARE STILL AVAILABLE - NO TICKETS WILL BE SOLD AT THE DOOR**  
Map Link: [340 North Escondido Boulevard, Escondido CA, 92055](http://340NorthEscondidoBoulevard.com)  
Directions, Maps & Parking info: <http://artcenter.org/about/directions-maps-parking/>

## Men's Sponsorship Workshop ~ Questions & Answers on Sponsorship

Saturday, February 22nd, 2020. Doors Open 8:00 am.  
Registration, Coffee & Donuts 8:30 am. Program 9:00 am - 11:30 am.  
St. Patrick's Catholic Church, 3821 Adams Street, Carlsbad, CA 92008  
(Tamarack exit east on I-5. Enter from Adams Street. Parish Hall on right.)  
Speakers, Table Discussions, Ask-It Basket, Sobriety Countdown.  
Free Raffle for A.A. Books. Questions: Brent K. at (760) 803-1736  
[https://ncsandiegoaa.org/event/2020-mens-sponsorship-workshop?instance\\_id=398](https://ncsandiegoaa.org/event/2020-mens-sponsorship-workshop?instance_id=398)



## San Diego Spring Round Up - 20/20 Vision

April 9-12 @ [Town and Country San Diego](http://TownandCountrySanDiego.com) Register Early!

Website: [SanDiegoSpringRoundup.com](http://SanDiegoSpringRoundup.com) Email: [sdsruchairman@gmail.com](mailto:sdsruchairman@gmail.com)

Meetings, Dances, YOGA, Variety Show, Questions: Brad S 858-229-9728

Volunteers Needed: [sandiegospringroundup.com/volunteer](http://sandiegospringroundup.com/volunteer)

## The First Drink & The Mental Obsession: What it Means to be Powerless

Presented by Districts 3 & 8, Saturday, March 7, 2020, 1:30pm - 4:30pm  
[Escondido Alano Club, 1690 E. Valley Parkway, Escondido, CA 92027](http://EscondidoAlanoClub.com)  
Presented by Helen V. Join us for lunch! Pizza and Soda provided.  
Bring your Big Book, 12&12, a pen and a highlighter, and a newcomer.

## Our Own Concept of a Higher Power

All You Need is an Open Mind  
By Rick R.

When we are born, we come into the world untainted and perfectly innocent. From that time on, we are influenced by everything we experience in life, good and bad. If we are loved and nurtured, we may develop feelings of trust and safety, but if, as it sometimes happens, we get our hand slapped when we pick up something from the coffee table, it may trigger an attitude of defiance and resistance. These two opposites are just examples of the many

(continued on page 5)

Would you like the *Viewpoint* delivered to your email each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor [viewpoint@NCSandiegoAA.org](mailto:viewpoint@NCSandiegoAA.org)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

**Reuniones Español**  
Oficina Norte County  
830 E. Vista Way, Suite  
116, Vista, CA 92084  
(760) 758-6905  
[Info en Español](http://InfoEnEspañol.com)

Young People  
[click here and here!](#)

## North County Intergroup Meeting Minutes

**Date 2/12/2020**

### **Called to Order:**

The Meeting was called to order at 7:00 P.M. There were **60 Reps** present, with **8 new reps**.

Traditions were read. A motion was made and seconded to accept the minutes . All in favor.

### **Financial Report: Tim M. (760) 802-7121 (Email: [TimM@ncsandiegoaa.org](mailto:TimM@ncsandiegoaa.org))**

Total sales were \$5,267 and Cost of Goods Sold was (\$4,209) yielding Gross Profit of \$1,058. Along with Group Contributions of \$15,496 and Misc. Income of \$8,077, the total Revenue was \$24,631. After Total Expenses of (\$11,312), the Net profit for January was \$13,319. Net profit Year-To-date is \$15,619. Greg reminded reps that the remarkable increase in revenue for the month includes ticket sales for the Traditions Breakfast. Expenses to follow. It was moved and seconded to approve the report. All in favor.

### **Central Office Report: Ken G. (760) 758-2514 (Email: [Manager@ncsandiegoaa.org](mailto:Manager@ncsandiegoaa.org))**

Ken thanked the groups for their contributions for the month. Volunteers and staff at Central office are doing fine. Ken reminded reps to be sure meeting information is accurate on the website: time/location/type of meeting, etc.

### **STANDING COMMITTEES**

#### **Public Information Committee: Quintin T. (760)390-3517 (Email: [QuintinT@ncsandiegoaa.org](mailto:QuintinT@ncsandiegoaa.org))**

No Report.

#### **Telephone Committee: Jim R. (619) 890-2299 (Email: [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org))**

Ken reported for Jim that orientation for telephone committee is the 2<sup>nd</sup> Saturday of the month at Central Office at 9:00AM. The next orientation will be March 14. Ken referred reps to the Telephone committee handout which lists phone shifts available. Please announce to members at your meetings.

#### **Archives Committee: Danny O. (619)884-7272 (Email: [archives@ncsandiegoaa.org](mailto:archives@ncsandiegoaa.org))**

No report.

#### **Outreach Committee: Margaret T. (760) 504-5706 (Email: [MargaretT@ncsandiegoaa.org](mailto:MargaretT@ncsandiegoaa.org))**

Margaret familiarized reps with the newly designed and printed card titled, "Why have an Intergroup rep." Margaret has taken these to outlying areas and distributed these to reps at the Intergroup meeting tonight. Reps are encouraged to inform their meeting that these cards are available for distribution at meetings that do not currently have an Intergroup rep.

#### **H&I COMMITTEE: Michael H. (619)481-1714 (Email: [H&Ichair@ncsandiegoaa.org](mailto:H&Ichair@ncsandiegoaa.org))**

(H&I Website: [www.nchandi.org](http://www.nchandi.org))

Michael reported that due to the addition of two new facilities, there are currently 28 openings for panel members. The new facilities are in Fallbrook and in Escondido. Please encourage interested members to attend the orientation for HandI on the 3<sup>rd</sup> Saturday of the month at the Alano club at 9:00AM. Financial information about HandI is published in the Viewpoint. The month beginning balance was \$4,792; income was \$3880; expenses were \$1629, with an ending balance of \$7042.

#### **AREA ASSEMBLY: Mike M.(949)291-6435. (Email: ) (Website: <http://www.area8aa.org/>)**

Mike reported that Area 8 is looking for volunteers to manage the audio equipment the Area 8 assembly. Also the Area is considering forming a designated committee to address the needs of the military in AA at our local military bases. Also, the pre-conference meeting for North County is March 14. Location to be determined.

#### **BUSINESS COMMITTEE REPORT: Chairperson: Greg B. (760) 421-6967 (Email: [GregB@ncsandiegoaa.org](mailto:GregB@ncsandiegoaa.org))**

#### **OLD BUSINESS:**

Greg informed members the Business Committee is undertaking a pilot program to distribute Viewpoints via US mail to four facilities in the area. The purpose to make access to printed copies of the Viewpoint more easily accessible to those facilities.

Greg informed members that contributions to Central Office can now be made online. Information about how to send 7<sup>th</sup> tradition funds online is available on the website.

**Traditions Breakfast:** There are about 88 tickets remaining for the Traditions Breakfast, to be held March 22, 2020, at the California Center for the Arts in Escondido. Tickets can be obtained by calling Central Office (760)758-2514.

The Business Committee is continuing an investigation of property location for Central Office once the current lease expires in April. The manager of current location has indicated we could occupy the office on a month-to-month basis should that be necessary after April 1. Greg mentioned a property that the BC is investigating for a relocation on Santa Fe in Vista.

The ad hoc committee on creating a meeting schedule booklet to replace the trifold is moving forward with the project.

#### **NEW BUSINESS:**

The Business Committee, as per request from ACCYPAA, has written a letter of endorsement for their conference.

#### **ELECTIONS: none**

#### **ANNOUNCEMENTS:**

Traditions Breakfast, March 22, 2020.

**Adjournment:** 8:03 pm.

**Next Intergroup Meeting Date:** March 11, 2020.

**2020 International  
Convention of  
Alcoholics Anonymous**  
July 2-5, 2020 Detroit,  
Michigan. Get Ready!



**RESPECTFULLY SUBMITTED: Lee Ann, Recording Secretary**

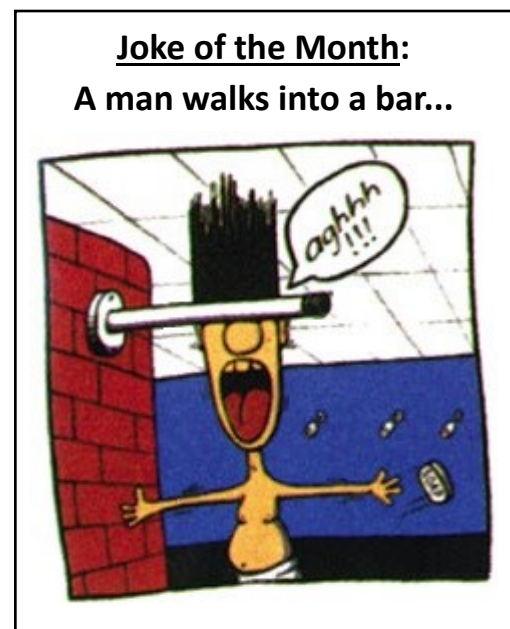
The monthly financial report includes group contributions for last month and Fiscal Year-to-Date (YTD) summary. YTD group contributions are available at the monthly Intergroup Meeting where your meeting's Intergroup Rep can pick them up, or you may request YTD contributions from our Central Office email [office@NCsandiegoAA.org](mailto:office@NCsandiegoAA.org)

Group City & Name	JAN
AA Anon Group 100837	\$40.00
Cardiff Ki's Weekender	\$1,372.00
Cardiff Ki's M-W-F Back to Basics	\$1,296.00
Carlsbad Sobriety Rocks AM Reflection	\$1,200.00
Carlsbad SUN 630PM Serenity Group	\$160.00
Carlsbad Water Works FRI 130PM	\$120.00
Carmel Valley MON 630PM Women's "Letting Go"	\$164.25
Del Mar Men's God or Vodka	\$1,669.00
Encinitas FRI 8 PM at St Mark Lutheran Church	\$371.40
Encinitas Olivenhain Women's Group	\$302.40
Encinitas Skyloft Women's	\$304.50
Encinitas SUN 730AM "Swamifish"	\$200.00
Encinitas SUN 730PM "Promises" at San Dieguito Fellowship	\$544.11
Encinitas SUN 830 AM at Cottonwood Creek Park	\$146.02
Encinitas Surf Dogs	\$300.00
Encinitas THU Women's Roving Step Study	\$156.46
Encinitas TUE 630 PM Women's Roving Step Study Meeting	\$187.34
Encinitas TUE 7PM North Coastal Men's	\$201.12
Encinitas WED 1015AM Women At Seaside Center	\$500.00
Escondido FRI 7PM Lounge Lizard's (Smokeless)	\$200.65
Escondido SAT Noon at Alano Club	\$88.00
Escondido SUN 730PM Best Show for a Buck	\$120.00
Escondido SUN 930 AM Taxicab at Alano Club	\$152.00
Escondido SUN Acceptance and Recovery	\$50.00
Escondido THU Living Room 12x12 Group	\$275.00
Escondido THU Women's Step Study	\$100.00
Escondido TUE Night Speakers at Alano Club	\$439.71
Escondido WED Noon Grass Roots A.A.	\$150.00
Fallbrook FRI 12 PM Happy Hour at Community Baptist	\$100.00
Fallbrook SUN Steps 1-2-3 FPUD	\$90.00
North San Diego Young People of AA	\$127.10
Oceanside FRI 7AM Attitude Adjustment at King of Kings Church	\$150.00
Oceanside Group 725165	\$173.00
Oceanside MON 8PM Men's at St. Margaret's	\$230.50
Oceanside SAT 10AM Women's Big Book Study	\$149.00
Oceanside SAT 7PM Speakers (NCAC)	\$206.00
Oceanside THU 5PM Open Discussion at NCAC	\$60.00
Oceanside THU Noon Brown Baggers at NCAC	\$100.00
Oceanside WED 7PM Women's Singleness of Purpose	\$121.16
Poway MON Night Women Here And Now	\$300.00
Poway Women Seeking Solutions	\$120.00
Ramona Disc. Kickstart Your Heart	\$50.00
Ramona FRI Sobriety Party	\$25.00
Rancho Bernardo TUE 7 AM at San Rafael	\$171.90
Rancho Bernardo WED 7AM Women's San Rafael	\$106.20
Rancho Bernardo WED Beginners	\$200.00
Rancho Santa Fe Just the Black Print (713516)	\$314.00
Rancho Santa Fe THU Noon Professional Women (169665)	\$318.22
Rincon Res FRI 7PM at Indian Health Clinic	\$60.00
Rincon Res WED Men's Step Study Fire Stn	\$100.00
San Marcos FRI Night Problems & Solutions	\$100.00
San Marcos MON Noon Promise of a New Day	\$231.12
San Marcos SAT 3PM Discovery Group (721990)	\$135.60
San Marcos SUN Women's Misfits	\$188.17
Southern California Convention	\$125.00
Valley Center TUE Women's Noon Discussion	\$70.00
Valley Center Welcome Home	\$100.00
Vista Daily Came To Believe at Emmanuel Bible Church	\$165.00
Vista Intergroup Meeting Monthly WED #2	\$79.00
Vista SUN 10AM at Gas & Steam Museum	\$120.00
Vista TUE Old School Book Study	\$100.00

\$15,495.93

### Monthly & YTD Financial Report Highlights (Fiscal Year is July 2019 - June 2020)

	JAN	FISCAL YTD
Total Sales	5,267	26,981
Total Cost of Goods Sold	(4,209)	(21,763)
Gross Profit for Sales	1,058	5,219
Group Contributions	15,496	65,018
Misc Revenue	8,077	13,229
Total Revenue	24,631	83,465
Total Expense	(11,312)	(67,846)
Net Profit or (Loss)	13,319	15,619



To accomplish much, be much. In all cases the *doing*, to be well-doing, must be the mere unconscious expression of the *being*.

- Heard in a Meeting**
- I never had any blackouts... at least none that I can remember.
  - I don't have control over where the birds fly, but I do have control over how long they nest in my hair.
  - We don't wait until the 11th step to start praying. Why wait to start meditating?
  - Long-term sobriety doesn't necessarily mean long-term recovery.
  - I'm grateful to be aware of the things I'm grateful for.
  - I didn't get in trouble every time I drank, but I had been drinking every time I got in trouble.
  - If nothing changes, nothing changes.
  - Nothing changes if nothing changes.

**SERVICE**  
Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss. . . . Frequent contact with newcomers and with each other is the bright spot of our lives.  
~BB pg 89

**ANCIENT WISDOM**  
*God will constantly disclose more to you and to us.*  
"Happiness and freedom begin with one principle. Some things are within your control and some are not."  
Epictetus, Philosopher, 55-155 AD



### **A.A. Meetings that Need Your Support**

Saturday 10:00 PM, **"The Nest" LGBT+, All Welcome**, Alano Club Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027  
If you would like your meeting to be added to this list, please email [viewpoint@NCsandiegoAA.org](mailto:viewpoint@NCsandiegoAA.org).

#### **The Tree of Unselfishness**

By Rick R.

Selfishness, Self-centeredness, the root of all our flaws.  
When first I heard those simple words, it really gave me pause.  
Could this be the answer to, the troubles of my past?  
Removing all the guilt and shame, my conscience had amassed.  
Unselfishness was not a word; my EGO could embrace.  
For it was much more satisfied, when I lived in disgrace.  
When in the clutch of my disease, I really had no choice.  
But in the comfort of A.A., I heard God's loving voice.  
He had me check my motives for, my habits and my deeds.  
And redirect my thoughts to meeting, other people's needs.  
As I adopted this approach, not looking for approval.  
Joy filled that dark and guilty space, left after their removal.  
Unselfish motives are the seeds, that spawn this loving tree.  
The fruit of which brings happiness, to both them and me.  
These things could not have happened, when my EGO had control.  
It was my choice to summon up, my Conscience for that role.  
Unselfishness has been the answer, to a life of grief.  
The more I put it into play, the more I get relief.  
It's my Conscience now that monitors, my motives at their roots.  
The result has been a healthy tree, and I enjoy the fruits.

#### **TO THINE OWN SELF BE TRUE**

is printed on our A.A. birthday tokens.

This quote is a line from William Shakespeare's *Hamlet*. It is Polonius's last piece of advice to his son Laertes.

***This above all: to thine own self be true,  
And it must follow, as the night the day,  
Thou canst not then be false to any man.***

Definition: Be yourself; be true to yourself;  
do not engage in self-deception.



#### **Before A.A.**

"...before A.A. it didn't matter how good things got—I always had a feeling that something was wrong. Since A.A., it doesn't matter how bad things get—I always have a feeling that everything is going to be all right." ~Big Book page 381

! "...it is pointless to become angry..." 12&12 pg 92 !

#### **As You Understand God**

Step 3: Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

Step 11: Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*...

Bill's Story: *"Why don't you choose your own conception of God?"*

We Agnostics: ...we discovered we did not need to consider another's conception of God. Our own conception, however inadequate, was sufficient...

We Agnostics: When, therefore, we speak to you of God, we mean your own conception of God.

Working w/Others: ...*he does not have to agree with your conception of God*. He can choose any conception he likes...

A Vision for You: Abandon yourself to God as you understand God.

*The Vicious Cycle* (story in Big Book): ...the word *God* should be qualified with the phrase "as we understand Him"—for that was the only way I could accept spirituality.

*Spiritual Experience* (BB Appendix II): With few exceptions our members find that they have tapped an unsuspected inner resource which they presently identify with their own conception of a Power greater than themselves.

Step 2 in 12x12: You can, if you wish, make A.A., itself your 'higher power.'

Step 12 in 12x12: For the time being, we who were atheist or agnostic discovered that our own group, or A.A. as a whole, would suffice as a higher power.

A.A. Preamble: A.A. is not allied with any sect, denomination or politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

#### **Get Spiritual with Twelve Steps and Twelve Traditions**

Not much **spiritual** effort is involved in avoiding excesses which will bring us punishment anyway. ~pg 66

It is a **spiritual** axiom that every time we are disturbed, no matter what the cause, there is something wrong *with us*. If somebody hurts us and we are sore, we are in the wrong also. ~pg 90

Pain is the touchstone of all **spiritual** progress. ~pg 93

When a person has a **spiritual** awakening, the most important meaning of it is that she has now become able to do, feel, and believe that which she could not do before on her unaided strength and resources alone. She has been granted a gift which amounts to a new state of consciousness and being. ~ pg 106-107

Our answer is in still more **spiritual** development. Only by this means can we improve our chances for really happy and useful living. ~pg 114

When we are willing to place **spiritual** growth first—then and only then do we have a real chance. ~pg 115

The A.A. member has to conform to the principles of recovery. His life actually depends upon obedience to **spiritual** principles. If he deviates too far, the penalty is sure and swift; he sickens and dies. ~pg 130

**NORTH COUNTY H & I NEWS**

**DID YOU KNOW** that AA comes with a warranty? That's right, Article XII in the Twelve Concepts for World Service provide six warranties that guide AA world service and protect us from ourselves! And the very first two warranties have to do with money. North County H&I is committed to transparency and corporate poverty. In this article, we would like to share your North County H&I finances. Thank you for your financial support! You can always download our financial reports at [nchandi.org](http://nchandi.org).

**WHERE YOUR 7<sup>th</sup> TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7<sup>th</sup> Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

**2019 END OF FISCAL YEAR FINANCIAL SUMMARY**

Beginning Balance: \$8,955.44 Income: \$19,044.63  
Expenses: \$23,207.53 Ending Balance: \$4,792.54

**JANUARY 2020 FINANCIAL SUMMARY**

Beginning Balance: \$4,792.54 Income: \$3,880.22  
Expenses: \$1,629.89 Ending Balance: \$7,042.87

**GROUP AND GREEN CAN CONTRIBUTIONS JANUARY 2020**

Group Name	Green Can	Group
Attitude Adjustment, Oceanside Group # 0647509		12.00
Best Show for a Buck Group		40.00
Came to Believe Nooner Group # 100809		97.11
Cottonwood Big Book Group # 1176451		29.00
Encinitas Tues Night Men's Group # 691466		100.00
Escondido LGBT in Recovery Group # 694871		10.00
Escondido Women's Step Study Group # 145426		40.00
Fallbrook Friday Noon		10.00
God or Vodka Group # 691188		153.00
Sunday Serenity Step Study Group # 725165		34.60
Handbag Wednesday Oceanside Group # 606873	71.41	
Here and Now Group # 124993		25.00
Individual Contribution		600.00
Just the Black Print Group # 713516	118.00	
Ki's Weekender	406.00	274.40
Letting Go Women's Group		213.00
Men's Stag Monday Night		46.10
Misfits Men's Group # 672294		125.65
Nooner Group NCAC Group # 171641		33.00
NSDYPA		127.10
Oceanside Women Big Book Group # 93174	114.60	
Robbers Roost		80.00
San Rafael Tuesday 7AM		10.00
Saturday Escondido Taxi Group # 161982		30.00
Skyloft Women's Meeting		25.38
Sunday Morning 1-2-3 Fallbrook Group # 168661		104.00
Sunday Morning Paper Meeting	100.55	
Surf Dogs		50.00
Swamifish Sunday 730 pm		40.00
Thursday Night Roving Women's Group # 166964		31.30
Thursday Noon Women's Meeting Group #169665		63.65
Valley Center Monthly Potluck Rovers		20.00
Valley Center Women's Noon Mtg.	14.00	14.00
Vista Upper Room		125.00
We Not Me Group # 712724		401.24
Wednesday Men's Group # 130216		53.30
Women's Misfits Sunday San Marcos		37.63
<b>Totals:</b>	<b>\$824.56</b>	<b>\$3,055.37</b>

Complete financial reports can be found on our website. \*

**THANK YOU FOR YOUR CONTRIBUTIONS!**

**GETTING INVOLVED:** Each 3<sup>rd</sup> Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

\* **ADDITIONAL INFORMATION:** You can visit our NC H&I website at [NCHandi.org](http://NCHandi.org) to view Policy & Guidelines, Financial Reports, and more.

**Our A.A. Central Office operates a 24/7 hotline for alcoholics in need.**

The After-Hour Phone Committee needs **volunteers to answer phones** while the office is closed on nights & weekends.

We also need **12-Step Call Volunteers to carry the message.**

If you have any questions or are interested in volunteering, please call Phone Chairperson Jim R. at 619-890-2299 or email him at [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org).

**Newcomer,** When you call me, it gives me the opportunity to carry the message. That helps me stay sober. So pick up that 2000 pound phone and give me a call! ~Oldtimer

(continued from page 1)

conflicts we encounter in a lifetime. We are conditioned to think and react in a certain way as the result of the influences we are exposed to. Newcomers in Alcoholics Anonymous, and even some seasoned veterans, often find it hard to grasp a concept of "a power greater than ourselves." This is probably the biggest hurdle we in AA must face in our search for a happy and meaningful life. Once we come to terms with the concept of a higher power, it becomes much easier to proceed with the rest of the program. The word God means something different to just about everyone that is having difficulty with it, and if God alone was the answer, why do priests and ministers come to AA for solutions; why not just go to church? Alcoholics Anonymous is here for all alcoholics that want to get sober regardless of their approach to faith. Anyone that thinks that we are trying to convert someone into a religion or out of a religion is simply misguided. The Big book and the 12X12 have many comments explaining this, but unfortunately this old conditioning, bolstered by the EGO, seems to block some of us from breaking down the resistance on this subject, or some members may just fake it to appear to be going along with the program, but never getting the results. If we denied the possibility of a God of the different religious groups, they could not have AA available to them, and if we made it a requirement that we picked one of those beliefs, atheists would be left out. If a person believes that he doesn't have a higher power, I might remind him/her that alcohol was more powerful or else why would they need AA. With this in mind, I might suggest that they may only need to find a power greater than alcohol to begin with, then, as it says in the 12X12 " To acquire it, I had only to stop fighting and practice the rest of A.A.'s program as enthusiastically as I could." As I look back on it now, I realize that, that was exactly the way I found my way through this dilemma. I find absolutely no conflict in any approach that one discovers on his own, only that he practices the rest of the program with enthusiasm. What it seems to imply is that if we trust the process and, just do the suggestions, you will find a suitable understanding of a power greater than yourself that you can do business with. I'm still not sure what or who (if you like) I am asking for guidance from but I'm open minded about these things, and I must let everyone find their own brand of enlightenment, without prejudging anyone else's approach on this matter. I believe that changing my perception was what put me firmly on the road to recovery. The only thing that I must resist is my EGO, and the way I do that is by living by sound and proven unselfish principles many of which are discussed in AA meetings It's not that complicated. If I don't get caught up in the debate and just follow the simplest suggestions, it all works out just fine. Therefore, Step Two is the rallying point for all of us. "Whether agnostic, atheist of former believers, we can stand together on this Step." (12x12 pg33)



### Your Birthday Gift to Central Office

Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514.



#### SERVICE CALENDAR

**Business Committee:** Tue prior to 2nd Wed  
6:30 PM, A.A. Central Office,  
[604 E. Vista Way, Vista CA 92084](#)  
**Intergroup Meeting:** 2nd Wed of month  
7:00 PM, Masonic Temple,  
[761 Eucalyptus, Vista CA 92084](#)



#### MEETING GUIDE

**North County A.A.**  
Meetings are listed in the [Meeting Guide](#) app.

#### Office Address, Hours & Contact

##### North County Central Office

[604 E. Vista Way, Vista CA 92084](#)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: [office@NCSandiegoAA.org](mailto:office@NCSandiegoAA.org)

Web: [NCSandiegoAA.org](http://NCSandiegoAA.org)

**Office Closed:** New Year's Day, Memorial Day, Independence Day, Labor Day, Veteran's Day, Thanksgiving Day, Christmas Day

The **Viewpoint** is a publication of the **North San Diego County Intergroup of A.A.** (NCIAA) and is distributed by the **North County Central Office.**

It is published after the 3rd Wed of each month.

#### Submit Something to the Viewpoint

Click this link for more information:

<https://ncsandiegoaa.org/viewpoint/viewpoint-info>

Deadline is the 2nd Wednesday of the month.

Questions? Email [viewpoint@ncsandiegoaa.org](mailto:viewpoint@ncsandiegoaa.org)

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**Opinions** expressed within are of contributing writers or the editor and not necessarily those of A.A. or the North San Diego County Intergroup of A.A.

**References** to outside entities do not imply affiliation.

#### Help support **Marine Corps Base Camp Pendleton** A.A. meetings:

**MONDAY 6:30 PM** (1830), Bldg. 210568, PFC Krause Training Facility at 3<sup>rd</sup> AABN School on Camp Del Mar area (by the Boat Basin) Discussion, ADA.

**WEDNESDAY 6:30 PM** (1830), Bldg. 1345 S.A.C.C. (Prevention Bldg.) up the hill on 11<sup>th</sup> & A St., ADA.

**FRIDAY 4:00 PM** (1600), Bldg. H200T, S.A.R.P., "Dry Dock #20", Discussion, Behind Thrift Shop, Wounded Warrior BatIn West, by Lake O'Neil, ADA.

#### EVENTS CALENDAR Underlined text is a Link!

Ø **Third Weekenders Camping**, February 21-23, 2020, Dos Picos County Park, 17953 Dos Picos Park Rd Ramona, 92065, Bill H: [holmes.family.8925@gmail.com](mailto:holmes.family.8925@gmail.com) for more info, <http://www.aasandiego.org/>.

Ø **Men Sponsoring Men's Workshop**, February 22, 2020, 8:30 - 11:30 AM, St. Patrick's Church, 3821 Adams St, Carlsbad 92008, Brent K. 760-803-1736 - Doors open at 8:00 AM, [https://ncsandiegoaa.org/event/2020-mens-mentorship-workshop?instance\\_id=398](https://ncsandiegoaa.org/event/2020-mens-mentorship-workshop?instance_id=398).

Ø **55<sup>th</sup> Annual International Women's Conference**, February 20-23, 2020, JW Marriott Hotel, 10 S West St., Indianapolis, IN 46204, <https://internationalwomensconference.org/>.

Ø **Three Legacy Workshop Sponsored by the "Common Solutions" Group**, Friday February 28, 6-7:15 pm, Church Social Hall at 3295 Meade Ave, San Diego, 92116, Featuring a panel of the current Delegate and the past two Delegates, The panel will be sharing on the three topics: Unity, Service and Recovery, For more information: [aacommonsolution@gmail.com](mailto:aacommonsolution@gmail.com).

Ø **Pacific Region of Alcoholics Anonymous Service Assembly (PRAASA)**, March 6-8, 2020, Westin La Paloma Resort 3800 E. Sunrise Drive Tucson, AZ 85718, <https://www.praasa.org/>, <https://area03.org/PRAASA-Reports>.

Ø **North County Intergroup Meeting**, March 11, 2020 @ 7:00 pm – 8:00 pm, every month on 2<sup>nd</sup> Wednesday, Vista Masonic Temple, 761 Eucalyptus Ave, Vista, CA 92084, [https://ncsandiegoaa.org/event/north-county-intergroup-meeting?instance\\_id=9](https://ncsandiegoaa.org/event/north-county-intergroup-meeting?instance_id=9).

Ø **12 Step Volunteers Meeting**, March 14, 2020 @ 9:30 am – 10:00 am, 2<sup>nd</sup> Saturday every month, North County Central Office, 604 E Vista Way, Vista, CA 92084, [https://ncsandiegoaa.org/event/12-step-volunteers-meeting?instance\\_id=254](https://ncsandiegoaa.org/event/12-step-volunteers-meeting?instance_id=254).

Ø **Pre-conference Workshop – North San Diego County**, March 14, 2020 – 9:00 AM – 1:00 PM, Location to be determined, Contact: Blaine H. 858-587-6622 [areachair@area8aa.org](mailto:areachair@area8aa.org), Jo Ann Z. 619-403-3796 [altchair@area8aa.org](mailto:altchair@area8aa.org), [http://www.area8aa.org/event/pre-conference-workshop-north-san-diego-county?instance\\_id=11908](http://www.area8aa.org/event/pre-conference-workshop-north-san-diego-county?instance_id=11908).

Ø **Pre-conference Workshop – South San Diego County**, March 15, 2020 – 9:00 AM – 1:00 PM, Location to be determined, Contact: Blaine H. 858-587-6622 [areachair@area8aa.org](mailto:areachair@area8aa.org), Jo Ann Z. 619-403-3796 [altchair@area8aa.org](mailto:altchair@area8aa.org), [http://www.area8aa.org/event/pre-conference-workshop-s-county-san-diego?instance\\_id=11909](http://www.area8aa.org/event/pre-conference-workshop-s-county-san-diego?instance_id=11909).

Ø **41st Annual North County Intergroup Traditions Breakfast**, March 22, 2020 – 8 AM, California Center for the Arts 340 N. Escondido Blvd. Escondido 92055, [https://ncsandiegoaa.org/event/2020tradbreakfast?instance\\_id=389](https://ncsandiegoaa.org/event/2020tradbreakfast?instance_id=389).

Ø **Area 08 Pre-Conference Assembly**, March 28, 2020 – 9:00 AM – 4:00 PM, GSR Orientation 8:00 AM, Location to be determined, Contact: Blaine H. 858-587-6622 [areachair@area8aa.org](mailto:areachair@area8aa.org), Jo Ann Z. 619-403-3796 [altchair@area8aa.org](mailto:altchair@area8aa.org), [http://www.area8aa.org/event/pre-conference-assembly?instance\\_id=11903](http://www.area8aa.org/event/pre-conference-assembly?instance_id=11903).

Ø **39th Annual So CA Hospitals & Institutions Conference**, April 3–5, 2020, Holiday Inn, 14299 Firestone Blvd, La Mirada CA, <http://www.aasandiego.org/>.

Ø **San Diego Spring Round-up 20/20 Vision**, April 9 – 12, 2020, Town & Country Resort Hotel, 500 Hotel Circle North San Diego 92108, <https://www.sandiegospringroundup.com/>.

Ø **35th Annual OCAAC Convention**, April 10 – 12, 2020, 35th Annual OCAAC Convention, Hilton Orange County, 3050 Bristol St., Costa Mesa, CA, <https://ocaac.org/>.

Ø **General Service Conference**, April 19 - 25, 2020, Rye Brook, New York, [delegate@area8aa.org](mailto:delegate@area8aa.org).

Ø **Area 08 Post-Conference Assembly**, May 16, 2020 – 9:00 AM – 4:00 PM, GSR Orientation 8:00 AM, Location to be determined, Contact: Blaine H. 858-587-6622 [areachair@area8aa.org](mailto:areachair@area8aa.org), Jo Ann Z. 619-403-3796 [altchair@area8aa.org](mailto:altchair@area8aa.org), [http://www.area8aa.org/event/post-conference-assembly?instance\\_id=11904](http://www.area8aa.org/event/post-conference-assembly?instance_id=11904).

Ø **2020 International Convention of Alcoholics Anonymous**, July 2-5, 2020 Detroit, Michigan, [https://www.aa.org/pages/en\\_US/international-convention-2020](https://www.aa.org/pages/en_US/international-convention-2020).

Ø **A.A. Desert Pow Wow 2020** June 11-14, 2020, The Renaissance Esmeralda Resort and Spa, 44400 Indian Wells Lane, Indian Wells, California, 92210, <http://www.desertpowwow.com/>.

Ø **29th ANNUAL NATIONAL/ INTERNATIONAL, NATIVE AMERICAN INDIAN AA CONVENTION**

August 20-23, 2020, Golden Nugget, 129 East Fremont St., Las Vegas, Nevada 89101, <https://www.nai-aa.com/index.cfm>.

More is happening at [www.aasandiego.org](http://www.aasandiego.org) Calendar of Events

Much thanks goes to Lee T. for supplying the Events Calendar each month.  
Thanks Lee!

**A.A. Websites:** North County Central Office [NCSandiegoAA.org](http://NCSandiegoAA.org), Area 8 [area8aa.org](http://area8aa.org), Young People [NSDYPAA](http://NSDYPAA), H&I [nchandi.org](http://nchandi.org), A.A. [aa.org](http://aa.org), Grapevine [aagrapevine.org](http://aagrapevine.org), Daily Reflection [aa.org/pages/en\\_US/daily-reflection](http://aa.org/pages/en_US/daily-reflection).  
Subscribe to the GSO newsletter to be sent to your email, click link: [http://www.aa.org/pages/en\\_US/gso-newsletters](http://www.aa.org/pages/en_US/gso-newsletters).

*I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.*