

March 2020



Step 3: "Made a decision to turn our will and our lives over to the care of God, *as we understood Him.*"

Tradition 3 (short form): "The only requirement for A.A. membership is a desire to stop drinking."

Concept 3 (short form): "To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional 'Right of Decision.'"

Download the *Viewpoint* at NcsandiegoAA.org

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## COVID-19 Coronavirus Concerns, Cancellations and Announcements

Greetings Viewpoint Readers,

Due to coronavirus concerns, a number of local A.A. events have been canceled and some meetings are temporarily suspended. I'll summarize some of these here. But if you want our best up-to-date information, then please subscribe to our **Central Office email list** by going to the website (<https://ncsandiegoaa.org/>) and scrolling down to **Join Our Email List**.

The **North County Traditions Breakfast** for 2020 has been cancelled. We are currently working on a refund strategy which will be announced via Central Office email soon or you may call the office.

The **San Diego Spring Roundup** will not be taking place this April. It may be rescheduled or cancelled. Visit their website for more information: [SanDiegoSpringRoundup.com](https://SanDiegoSpringRoundup.com)

**Some North County meetings have been TEMPORARILY SUSPENDED due to their location being closed** (churches, libraries, public buildings, community centers, etc.). Contact your group secretary to see if your meeting has been suspended. With your help, the Central Office will endeavor maintain a running list of suspended meetings and will regularly email it to everyone on the Central Office email list. Email your group info to [office@NcsandiegoAA.org](mailto:office@NcsandiegoAA.org). See page 4 for a list of suspended meetings that we know of.

**During this time, you may want to take advantage of the following online resources:**

Go to AA.org for [Update on COVID-19 \(Coronavirus\)](#)

[Sharing from the General Service Office on COVID-19](#) – **excepts for Groups to consider:**

Some groups have discussed making changes to customs at their meetings. Some examples have included: avoiding shaking hands and handholding; making sure meeting hospitality tables are sanitary; or suspending food hospitality for the time being. Regardless of group decisions, each individual is responsible for their own health decisions.

Some groups have considered contingency plans in case the group is temporarily unable to meet in person. Plans have included: creating contact lists and keeping in touch by phone, email or social media; meeting by phone or online. Providing members information for the A.A. Online Intergroup ([www.aa-intergroup.org](http://www.aa-intergroup.org)) may serve as an additional helpful resource. If a group isn't holding its regular meetings, they may want to communicate this to local A.A. resources, such as the district, area and intergroup or central office.

**2020 International Convention Update:** [https://www.aa.org/assets/en_US/en_2020IC_Update.pdf](https://www.aa.org/assets/en_US/en_2020IC_Update.pdf)

**A.A. GSO Audio and Videos:** [https://www.aa.org/pages/en_US/videos-and-audios](https://www.aa.org/pages/en_US/videos-and-audios)

**Online Intergroup, Phone and Audio Video Resources:** <http://aa-intergroup.org/directory.php>, [https://aa-intergroup.org/directory_audio-video.php](https://aa-intergroup.org/directory_audio-video.php), [https://aa-intergroup.org/directory_telephone.php](https://aa-intergroup.org/directory_telephone.php)

**Click & Listen to Speaker Tapes and Step Workshops:** <https://aainthedesert.org/listen/>, [The Big Book – Our Basic Text](#), [12 steps and 12 traditions](#), [AA Workshops](#), [AA Workshops 2](#), [Joe and Charlie!](#), [AA Speakers Past and Present 1](#), [AA Speakers Past and Present 2](#), [Bill W](#), [Bob S](#), [Lois and Ebby](#)

**Use the Google to find other resources:** meetings online, meeting apps, and such. Just be aware of traditions and affiliations. ~Stay safe and keep in touch.

Would you like the *Viewpoint* delivered to your email each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor [viewpoint@NcsandiegoAA.org](mailto:viewpoint@NcsandiegoAA.org)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

**Reuniones Español**  
Oficina Norte County  
830 E. Vista Way, Suite  
116, Vista, CA 92084  
(760) 758-6905  
[Info en Español](#)

**Young People**  
[click here and here!](#)

## North County Intergroup Meeting Minutes

**Date 3/11/2020**

### **Called to Order:**

The Meeting was called to order at 7:00 P.M. There were **45 Reps** present, with **5 new reps**.

Traditions were read. A motion was made and seconded to accept the minutes . All in favor.

### **Financial Report: Tim M. (760) 802-7121 (Email: [TimM@ncsandiegoaa.org](mailto:TimM@ncsandiegoaa.org))**

Total sales were \$3,381 and Cost of Goods Sold was (\$2,603) yielding Gross Profit of \$778. Along with Group Contributions of \$9,922 and Misc. Income of \$2,422, the total Revenue was \$13,123. After Total Expenses of (\$9,196), the Net profit for January was \$3,927. Net profit Year-To-date is \$19,546. It was moved and seconded to approve the report. All in favor.

### **Central Office Report: Ken G. (760) 758-2514 (Email: [Manager@ncsandiegoaa.org](mailto:Manager@ncsandiegoaa.org))**

Ken thanked the groups for their contributions for the month and told the reps of the notice of practices to be 'reasonably safeguarded at meetings' in regards to the novel corona virus, which was distributed by New York World Services and posted on our website. Ken also reminded the groups that individual or group contributions can be made online now.

## **STANDING COMMITTEES**

**Public Information Committee: Quintin T. (760)390-3517 (Email: [QuintinT@ncsandiegoaa.org](mailto:QuintinT@ncsandiegoaa.org)): No Report.**

**Telephone Committee: Jim R. (619) 890-2299 (Email: [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org))**

Jim reminded the reps that the 12 Step service pamphlet is available for their groups. Pick some up at Central Office. There are four openings on the telephone committee. Orientation for this service position is the 2nd Saturday of the month at 9:30AM at Central Office. Jim encouraged all reps to be sure to contact Central Office with significant goings on at their meeting so that information might be shared with persons who might call with inquiries.

**Archives Committee: Danny O. (619)884-7272 (Email: [archives@ncsandiegoaa.org](mailto:archives@ncsandiegoaa.org))**

Danny suggested that groups who have not submitted their group histories do so by downloading the form from the website. He is also soliciting articles published in the Grapevine and written by members of North County for a booklet he is compiling.

**Outreach Committee: Margaret T. (760) 504-5706 (Email: [MargaretT@ncsandiegoaa.org](mailto:MargaretT@ncsandiegoaa.org))**

Margaret continues to reach out to outlying areas to inform them of the importance of having an Intergroup rep with the help of some new recruits. We are a 'work in progress.'

**H&I COMMITTEE: Michael H. (619)481-1714 (Email: [H&Ichair@ncsandiegoaa.org](mailto:H&Ichair@ncsandiegoaa.org)) (H&I Website: [www.nchandi.org](http://www.nchandi.org))**

Michael reported that there are currently 20 openings on panels. There is special orientation being held at the Escondido Alano Club on Saturday March 14 at 9AM, in addition to the regular orientation on March 21 at the Oceanside Alano Club at 9AM. The openings are on panels that service facilities in Escondido and Vista. The committee began with a balance of \$7,042, had an income of \$2,299, expenses of \$3,907, and an ending balance of \$5,434.

**AREA ASSEMBLY: Mike M.(949)291-6435. (Email: ) (Website: <http://www.area8aa.org/>)**

Mike announced that there is a pre-conference workshop at the Carlsbad Senior Center on Pine Avenue from 9-11 on Saturday 3/14. Items to be discussed are those selected by the Area, among them a proposal to change the first 164 pages of the Big Book. Mike encouraged all to attend and listen and voice their concerns about the various items. The Area Assembly will be held in El Cajon on March 28. All are welcome.

**BUSINESS COMMITTEE REPORT: Chairperson: Greg B. (760) 421-6967 (Email: [GregB@ncsandiegoaa.org](mailto:GregB@ncsandiegoaa.org))**

### **OLD BUSINESS:**

Greg reminded all members to sign the attendance sheets.

As discussed previously, the lease at the current Central office location expires at the end of April. The Business Committee has been looking at a suitable site for relocation and has found one on Santa Fe in Vista. While a 'formal lease' has not been signed, it is forthcoming and we should be in the new location by May 1.

The ad hoc committee on creating a meeting schedule booklet to replace the trifold is moving forward with the project and will hold their meeting on Saturday March 14 at Central Office. Discussion was held about contents and cost. More information will be shared with the reps once those issues have been explored and decisions have been made.

**NEW BUSINESS:** None

**ELECTIONS:** None

### **ANNOUNCEMENTS:**

**Traditions Breakfast has been canceled. See page 1 for more information.**

Sober Olympics sponsored by NCYPAA to be held on Saturday, March 28, at 11AM at Brengle Terrace.

**Adjournment:** 7:55pm.

**Next Intergroup Meeting Date:** April 8, 2020.

**RESPECTFULLY SUBMITTED: Lee Ann, Recording Secretary**

The monthly financial report includes group contributions for last month and Fiscal Year-to-Date (YTD) summary. YTD group contributions are available at the monthly Intergroup Meeting where your meeting's Intergroup Rep can pick them up, or you may request YTD contributions from our Central Office email [office@NCsandiegoAA.org](mailto:office@NCsandiegoAA.org)

Anon Group 705535 MON Night Women's	\$100.00
Camp Pendleton MON Pvt Krause Training Center	\$30.01
Cardiff Friday Happy Hour	\$600.00
Carlsbad FRI 630 PM Step Sisters at New Song Church	\$168.00
Carlsbad FRI 6PM Leftovers	\$111.66
Carlsbad Women in Recovery	\$335.00
Encinitas Balour Groups	\$2,192.11
Encinitas Men's MON	\$170.00
Encinitas SAT 10AM The Great Fact	\$345.00
Encinitas TUE 7PM North Coastal Men's	\$189.38
Escondido Men's Misfits Book Study WED 7PM	\$166.05
Escondido MON Noon Lunch Bunch	\$184.00
Escondido SUN Morning Paper	\$180.00
Escondido SUN Morning Taxicab Meeting	\$100.00
Escondido TUE 6PM Women As Bill Sees it	\$300.00
Escondido WED Noon As Bill Sees It	\$300.00
Fallbrook SAT Candlelight at Hilltop	\$60.00
Fallbrook SUN 1PM Promises	\$100.00
Fallbrook TUE Men's Step Study Hilltop	\$132.61
Fallbrook TUE Noon at Baptist Church	\$60.00
Fallbrook WED 7AM Attitude Adjustment	\$25.00
Fallbrook WED Women's Step Meeting	\$50.00
Leucadia Six Step House Daily Meetings	\$500.00
Oceanside FRI 830PM at First Presbyterian	\$250.00
Oceanside FRI Noon Brown Baggers (NCAC)	\$137.00
Oceanside North County Alano Club (NCAC)	\$95.00
Oceanside SAT 11 AM (NCAC)	\$105.60
Oceanside SOS Big Book Study	\$81.00
Oceanside THU Noon Brown Baggers at NCAC	\$100.00
Oceanside TUE 8PM at NCAC	\$80.00
Oceanside TUE Noon Brown Baggers (NCAC)	\$60.00
Oceanside WED 730PM South Oceanside Men's Group	\$213.19
Oceanside WED Men's Group 645297	\$169.00
Poway Disc. Poway Unconditional	\$50.00
Poway SUN Men's Sunday Morning Group	\$250.00
Ramona MON 10AM Big Book Study	\$23.00
Rancho Bernardo DAILY Disc. Early Birds	\$400.00
Rancho Bernardo MON Night Women's Big Book Step Study	\$400.00
Rancho Penasquitos THU Big Book Study	\$200.00
Rancho SF "Solana Beach Beginners" at Village Presbyterian	\$54.18
San Marcos WED Men's Blind Leading The Blind ~ Step Study	\$60.00
Shelter Valley MON 11AM Keep It Simple	\$20.00
Valley Center MON Slow Learners BB Study Grp	\$285.00
Vista Daily Came To Believe at Emmanuel Bible Church	\$53.25
Vista Intergroup Meeting Monthly WED #2	\$63.82
Vista SAT Womens Acceptance Meeting at Hope Church	\$263.50
Vista WED 630 PM Vista Men's Hole in the Wall at STEPS	\$110.00

\$9,922.36

### Monthly & YTD Financial Report Highlights (Fiscal Year is July to June)

	FEB 2020	FISCAL YTD
Total Sales	3,381	30,362
Total Cost of Goods Sold	(2,603)	(24,365)
Gross Profit for Sales	778	5,997
Group Contributions	9,922	74,940
Misc Revenue	2,422	15,651
Total Revenue	13,123	96,588
Total Expense	(9,196)	(77,042)
Net Profit or (Loss)	3,927	19,546

#### **Still Listening!**

In my AA experience I have met and been befriended by many fellow members who, like myself, have found AA to be a surprisingly wonderful way of life - full of inspirational and useful information about how to live a happy, joyous and free life, in spite of our deadly disease.

In my case, in addition to having the fundamental willingness to take action (steps), I also had to learn to listen - so I could listen to learn.

That said, I was recently inspired by a phone call with Wally G. from Arizona, who had just had a conversation with Basil W, an old-timer (51 Years of Sobriety) from Tennessee. And, during that conversation, Wally said Basil was sharing with him about what he had just "heard a guy say".

So, Wally shared with me that he was impressed him that old-timer Basil was **Still Listening!**

And, I was thankful I could hear what Wally was saying...  
~Ken G., Fallbrook, CA

#### **"something happens"**

We know that while the alcoholic keeps away from drink, as he may do for months or years, he reacts much like other men. We are equally positive that once he takes any alcohol whatever into his system, something happens, both in the bodily and mental sense, which makes it virtually impossible for him to stop.

The experience of any alcoholic will abundantly confirm this. ~BB pg. 22

#### **Safety in A.A. Groups**

The General Service Office has developed a new service piece that is now available to the Fellowship upon request. The new item (F-211) is titled "**Safety Card for A.A. Groups**" and offers statements that can be used at the group level regarding the safety of the group and its members. As noted on the card, "*Alcoholics Anonymous is a microcosm of the larger society we exist in. As such, problems found in the outside world can also make their way into the rooms. For this reason, groups and members discuss the topic of safety — to raise awareness in the Fellowship and to seek through sponsorship, workshops and meetings, to create as safe an environment as possible to carry A.A.'s message of hope and recovery to the still-suffering alcoholic.*"

#### **Who am I to Judge Another?**

By Rick R.

We all must use good judgement as we trudge the road of life  
For if we lack in this domain it often ends in strife  
Good Judgement tells us, look both ways, before we cross the road  
For if we don't a bus may come and squash us like a toad  
It's when we're judging other people, that we go astray  
But it comes back to haunt us in a dark and shameful way  
I asked myself why I was prone to pointing out their faults  
When in my mind it seems to foster negative results  
Then in a conversation with a friend who understood  
He said that shaming other people, never ends up good  
When pointing out Their faults and flaws it shows I'm off the beam  
And that it really does expose my own low self-esteem  
Since that day I've monitored my judge mentality  
And as I reign it in, I gain my own integrity  
It's not my job to point out others, when I think they're flawed  
For if I harbored that approach, I'd still be playing God.  
Accepting them just as they are, is the remedy  
We learn that no one's perfect and that's oh so plain to see  
When pointing out the faulty things that other people do  
The act of Judging others heads the top of that list too



**A.A. Meetings that Need Your Support**

Saturday 10:00 PM, "The Nest" LGBT+, All Welcome, Alano Club Escondido, 1690 E. Valley Pkwy, Escondido, CA 92027  
If you would like your meeting to be added to this list, please email [viewpoint@NCsandiegoAA.org](mailto:viewpoint@NCsandiegoAA.org).

**Some meetings have been TEMPORARILY SUSPENDED - see pg 1 for more info**

City	Day	Time	Meeting Name	Meeting Location	Meeting Address
Cardiff	FRI	7:00PM	Happy Hour	Library	2081 Newcastle Ave
Carlsbad	ALL	8:30AM	Sobriety Rocks	Heritage Hall	2650 Garfield St
Carlsbad	FRI	1:30PM	Water Works	Water Dept.	5950 El Camino Real
Carlsbad	SAT	7:00PM	Sobriety Rocks	St Michael's Church	2775 Carlsbad Blvd
Carlsbad	SAT	9:00AM	Women's	New Song Church	3780 Pio Pico
Carlsbad	SUN	6:30PM	Serenity Group	Community Center	3096 Harding St
Encinitas	SUN	6:00PM	Women's	San Dieguito Fellowship	839 2nd Street
Fallbrook	FRI	7:30PM	Speaker's	Senior Center	339 Heald Ln
Leucadia	ALL	ALL	ALL MEETINGS	Six Step House	1430 N Coast Hwy 101
Valley Center	MON	7:00PM	SLBBSG	Community Center	28246 Lilac Rd
Valley Center	THU	6:30PM	12x12 Study	VC Library	29200 Cole Grade Rd
Valley Center	TUE	12:00PM	Women's	Community Center	28246 Lilac Rd
Valley Center	TUE	6:30PM	Women's	VC Library	29200 Cole Grade Rd

**The Friendship Center is Temporarily Closed**

The Friendship Center, located at 1906-D Oceanside Blvd, Oceanside, will be temporarily closed due to fire. Meetings will be held at the Brier Patch, located at 560 Greenbrier Dr, Suite B, Oceanside, until the repairs are completed.

**Who am I, and What have I Become?**

That kid was not a Scoundrel  
by Rick R.

I was deeply touched by what I heard a young man at a meeting share about planning a party for his mother. He started to search through some old pictures in a shoebox and came up with photos of himself when he was 3 years old. Looking at them, he said to himself, "That little boy was no scoundrel." I believe that everyone in the room could identify with him, but what happened to him between then and now?

Most of us we're perfect when we were born but something influenced us in those formative years that set the tone for the direction that our thinking would take. The childlike innocence gave way to the neediness an insecurity that Alcoholics seemed to have in common. The unworthiness tapes ran rampant in our heads telling us that we could not keep pace without cutting corners and doing things that we were ashamed of and then we were plagued by our conscience. That little child was damaged and scarred on the inside in such a way that nothing could bring him peace, until he discovered the elixir in a bottle that gave him relief for a time but when that finally failed him he showed up in the rooms of Alcoholic Anonymous trying to make sense of it all.

When I look around the room at an AA meeting it seems like we all look about the same on the surface, with a few minor differences due to age and generational things. We're all made up of her, eyeballs, elbows, and feet, and things like that. Most of us follow certain dress codes and courtesy standards. We're not all that much different on the surface. I real problems consume us on the inside, and we spend years trying to convince the world around us that we are as good as they are while, on the inside, loathing what we have become. it's hard to convince a drunk that the child that he was, at 3 years old, is still inside him and can resurface if he desperately wants it.

Suppose for a moment, that we all woke up this morning with amnesia. We would all be the same. Only thing that makes us different is what is going on between our ears and we drag that around with us everywhere we go. I discovered years ago that my brain, with the aid of my Ego, was lying to me, and that I wasn't that hopeless loser that I thought I was. I also discovered that all the damage could be reversed by amends and restitution and that I could, in time, develop an approach to life far superior to anything I could have ever imagined. The hardest thing that stands in the way of this was my inability to surrender, and to trust the process. With the help of the group, slowly letting go of some of the old ideas, you can start seeing the results in a short period of time, and it will be exhilarating, however, we didn't get this way overnight, and it will be a slow journey, but a very exciting and happy experience. An old, departed friend of mine, used to say, "Your hair will be a different color before you know who you are". To me it means patiently changing all those old habits that caused me grief and replacing them with unselfish deeds that start to heal the conscience. I've heard it said, "Try it for 90 days and if you don't like what we have to offer we will gladly refund your misery". What have you got to lose? Now let's go find that kid!

It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong with us. If somebody hurts us and we are sore, we are in the wrong also. ~12&12 pg 90

**"...it is pointless to become angry..." ~12&12 pg 92**

**NORTH COUNTY H & I NEWS**

**A SPECIAL H&I ORIENTATION IN ESCONDIDO** will be held on March 14 at the Escondido Alano Club from 9:00 to 9:30 AM. The purpose of this special orientation is to help fill several panel positions needed for three treatment facilities located in Escondido. The treatment facilities are the Fellowship Center, Interfaith Community Treatment and Esperanza Crisis Center. At the time of this writing we need 18 new members for these panels. Should we fill all these positions, we also need panel members for facilities in Vista, Oceanside and Fallbrook. Alcoholics who still suffer from the pitiful and incomprehensible demoralization of alcoholism desperately need to hear *your* individual message of experience, strength and hope. Attend this special orientation to join us in our mission to help other alcoholics achieve sobriety. The Alano Club of Escondido is located at 1690 E Valley Parkway, Escondido, CA 92027. You can also reach Don C. for more information at 760-212-9759. Or visit our website to learn more at [NCHandi.org](http://NCHandi.org).

**WHERE YOUR 7th TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7th Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

**FEBRUARY 2020 FINANCIAL SUMMARY**

Beginning Balance: \$7,042.67 Income: \$2,299.33

Expenses: \$3,907.31 Ending Balance: \$5,434.69

**GROUP AND GREEN CAN CONTRIBUTIONS FEBRUARY 2020**

Group Name	Green Can	Group
As Bill Sees It Escondido		60.00
As Bill Sees It Escondido Group # 691189		25.00
Balour Group		182.67
Buccaneer Park AA Meeting	169.67	
BYOB Group # 702824		20.00
Daily Reflections San Marcos Group # 651125	133.21	
Encinitas Friday Women's 12 x 12	140.00	
Friday Night Leftovers		22.33
Happy Hour Group	72.00	
Individual Contribution		13.00
Judges Big Book Study Group Ramona		23.00
Men's Filling Station	40.00	
Misfits Men's Group # 672294		110.87
NC Alano 5pm Friday		19.00
North Coastal Calle Barcelona Group # 686387		23.48
Oceanside Pierview Men's Group # 645297		150.00
Rancho Santa Fe Friday Night Beginners	178.55	
Robbers Roost	260.51	
Saturday 11am Discussion Group # 713514		8.80
Shelter Valley Keep It Simple Group # 725506		20.00
Step A Month	45.00	
Sunday Morning Taxi Cab Meeting		160.00
Sunday Promises Group # 165787		20.00
Tuesday Men's Step Study Group # 722630		118.68
Valley Center SLBBSG		57.00
Warner Springs AA Group # 633217	35.25	
Wednesday Nite Women's Group # 123900		92.50
Woman's Acceptance	98.81	
<b>Totals:</b>	<b>\$1,173.00</b>	<b>\$1,126.33</b>

Complete financial reports can be found on our website. *

**THANK YOU FOR YOUR CONTRIBUTIONS!**

**GETTING INVOLVED:** Each 3rd Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

***ADDITIONAL INFORMATION:** You can visit our NC H&I website at [NCHandi.org](http://NCHandi.org) to view Policy & Guidelines, Financial Reports, and more.

**Our A.A. Central Office operates a 24/7 hotline for alcoholics in need.**

The After-Hour Phone Committee needs **volunteers to answer phones** while the office is closed on nights & weekends.

We also need **12-Step Call Volunteers to carry the message.**

If you have any questions or are interested in volunteering, please call Phone Chairperson Jim R. at 619-890-2299 or email him at [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org).

**Newcomer,** When you call me, it gives me the opportunity to carry the message. That helps me stay sober. So pick up that 2000 pound phone and gimme a call! ~Oldtimer

***Now that You are Sober***

Now that you are sober...

There are no more nasty hangovers.

Now that you are sober...

Your life is no longer mediocre.

Now that you are sober...

It's fun to have our friends over.

Now that you are sober...

Time spend together is warmer, not colder.

Now that you are sober...

Let's go hunting for that four-leaf clover.

Because now that you are sober...

It's much more fund growing older!

By Gina L. for Ted L. on his 3rd Birthday  
January 31, 2020

***God's Economy***

In God's economy, nothing is wasted. Through failure, we learn a lesson in humility which is probably needed, painful though it is.

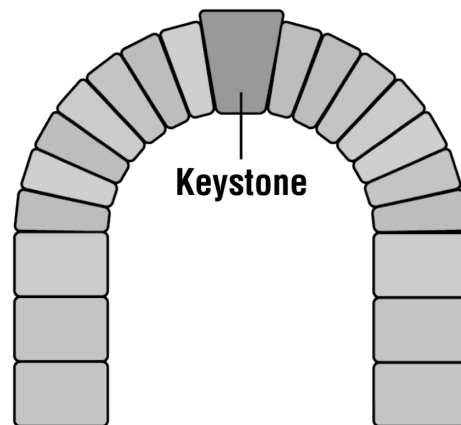
~As Bill Sees It, pg. 31

Nothing, absolutely nothing, happens in God's world by mistake.

~Acceptance was the Answer, BB pg. 417

***What is a Keystone?***

**Definition:** A keystone is the wedge-shaped stone at the apex of a masonry arch. It is the final piece placed during construction and locks all the stones into position, allowing the arch to bear weight.



**Big Book page 62:** This is the how and why of it. First of all, we had to quit playing God. It didn't work. Next, we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal; we are His agents. He is the Father, and we are His children. Most good ideas are simple, and this concept was the **keystone** of the new and triumphant arch through which we passed to freedom.

**Big Book page 75:** ...we are building an arch through which we shall walk a free man at last.

**ANCIENT WISDOM**

*God will constantly disclose more to you and to us.*

There are two things which man should scrupulously avoid: giving advice that he would not follow, and asking advise when he is determined to pursue his own opinion. ~Norm MacDonald



**Your Birthday Gift to Central Office** Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514 or contribute online at <https://ncsandiegoaa.org/contribute-to-central-office>.



**SERVICE CALENDAR**

**Business Committee:** Tue prior to 2nd Wed  
6:30 PM, A.A. Central Office,  
[604 E. Vista Way, Vista CA 92084](https://www.ncsandiegoaa.org)  
**Intergroup Meeting:** 2nd Wed of month  
7:00 PM, Masonic Temple,  
[761 Eucalyptus, Vista CA 92084](https://www.ncsandiegoaa.org)



**MEETING GUIDE**

**North County A.A.**  
Meetings are listed in the [Meeting Guide](#) app.

**Office Address, Hours & Contact Info**

**North County Central Office**

[604 E. Vista Way, Vista CA 92084](https://www.ncsandiegoaa.org)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760.758.2514

Email: [office@ncsandiegoaa.org](mailto:office@ncsandiegoaa.org)

Web: [ncsandiegoaa.org](https://www.ncsandiegoaa.org)

**Office Closed:** New Year's Day, Memorial Day, Independence Day, Labor Day, Veteran's Day, Thanksgiving Day, Christmas Day

The **Viewpoint** is a publication of the **North San Diego County Intergroup of A.A.** (NCIAA) and is distributed by the **North County Central Office.**

It is published after the 3rd Wed of each month.

**Submit Something to the Viewpoint**

Click this link for more information:

<https://ncsandiegoaa.org/viewpoint/viewpoint-info>

Deadline is the 2nd Wednesday of the month.

Questions? Email [viewpoint@ncsandiegoaa.org](mailto:viewpoint@ncsandiegoaa.org)

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**References** to outside entities do not imply affiliation.

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★ **Help support *Marine Corps Base*** ★  
★ ***Camp Pendleton* A.A. meetings:** ★  
★ **MONDAY 6:30 PM** (1830), Bldg. 210568, ★  
★ PFC Krause Training Facility at 3rd AABN ★  
★ School on Camp Del Mar area (by the ★  
★ Boat Basin) Discussion, ADA. ★  
★ **WEDNESDAY 6:30 PM** (1830), Bldg. 1345 ★  
★ S.A.C.C. (Prevention Bldg.) up the hill on ★  
★ 11th & A St., ADA. ★  
★ **FRIDAY 4:00 PM** (1600), Bldg. H200T, ★  
★ S.A.R.P., "Dry Dock #20", Discussion, ★  
★ Behind Thrift Shop, Wounded Warrior ★  
★ BatIn West, by Lake O'Neil, ADA. ★  
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~~~ **EVENTS CALENDAR** ~~~ Underlined text is a Link! ~~~

Note that some events may be cancelled or rescheduled due to COVID-19. Call or click the event link for current information.

- ∅ **Third Weekenders Camping**, March 20-21, 2020, Lake Morena County Park, 2550 Lake Morena Drive, Campo 91906, Bill H: holmes.family.8925@gmail.com for more info, <http://www.aasandiego.org/>.
 - ∅ **North County Hospitals and Institutions Committee – Orientation/Business Meeting**, March 21, 2020, (3rd Saturday of every month) 9:00 a.m. - 9:45 a.m. Orientation; 9:45 a.m., 11:00 a.m. Business Meeting, North County Alano Club,, 4198 Mission Avenue, Oceanside, CA 92057, <https://www.nchandi.org/meetings>.
 - ∅ **North County Intergroup Traditions Breakfast - CANCELLED - See page 1.**
 - ∅ **Area 08 Pre-Conference Assembly, 2020 – A Clear Vision for You**, March 28, 2020 – 9:00 AM – 4:00 PM, GSR Orientation 8:00 AM, Ronald Reagan Community, Center 195 E. Douglas Ave, El Cajon 92020, Contact and Info: areachair@area8aa.org, altchair@area8aa.org, [http://www.area8aa.org/event/pre-conference-assembly?instance\\_id=11903](http://www.area8aa.org/event/pre-conference-assembly?instance_id=11903).
 - ∅ **Women Sponsoring Women Workshop**, March 21, 9:30 am - 2:30 pm, Breakfast & Lunch Potluck (Bring a dish to share), Church 1200 East H St., Chula Vista CA 91910, <http://www.aasandiego.org/>.
 - ∅ **39th Annual So CA Hospitals & Institutions Conference**, April 3–5, 2020, Holiday Inn, 14299 Firestone Blvd, La Mirada CA, <http://www.aasandiego.org/>.
 - ∅ **Men's AA Gratitude Banquet and Speaker Meeting**, Friday April 3rd, 2020, 7 PM – 9:30 PM, Los Serranos Country Club, 15656 Yorba Ave., Chino Hills, CA, Contact Info: Marc B. 909 -732-2902 or Chris H. 909-851-3368.
 - ∅ **San Diego Spring Round - cancelled or rescheduled - click link for current info** <https://www.sandiegospingroundup.com/>.
 - ∅ **35th Annual OCAAC Convention**, April 10 – 12, 2020, Hilton Orange County, 3050 Bristol St., Costa Mesa, CA, <https://ocaac.org/>.
 - ∅ **North County Men's Spring Retreat**, April 24 to April 26, 2020, Tahquitz Pines Retreat Center in Idyllwild, CA, <https://ncmensretreat.com/>.
 - ∅ **General Service Conference**, April 19 - 25, 2020, Rye Brook, New York, delegate@area8aa.org.
 - ∅ **35th May Day Madness**, May 1-3, 2020, Lake Henshaw 26439 Highway 76, Santa Isabel 9207, <http://www.aasandiego.org/>.
 - ∅ **36th Annual Tri-State Roundup**, May 14th-17th, 2020, Don Laughlin's Riverside Resort Hotel and Casino, 1650 S Casino Drive, Laughlin, NV 89029, <https://www.tristate-roundup.com/>.
 - ∅ **Area 08 Post-Conference Assembly, Seek Serve & Enjoy**, May 16, 2020, 9:00 AM – 4:00 PM, GSR Orientation 8:00 AM, Escondido, Contact: areachair@area8aa.org, altchair@area8aa.org, [http://www.area8aa.org/event/post-conference-assembly?instance\\_id=11904](http://www.area8aa.org/event/post-conference-assembly?instance_id=11904).
 - ∅ **Over the Bridge Group, Fifth Annual Steps and Traditions Workshop**, Saturday, May 23, 10:00 am - 12:40 pm, Doors open at 9:00 am for Continental Breakfast, For more info: District 11 DCM at [DCM\\_11@area8aa.org](mailto:DCM_11@area8aa.org), <http://www.aasandiego.org/>.
 - ∅ **Founder's Day Family Picnic**, Saturday, June 13, 11:30 am - 3:30 pm, Harry Griffin Park, Site - 2, 9550 Milden St, La Mesa 91942, <http://www.aasandiego.org/>.
 - ∅ **A.A. Desert Pow Wow 2020**, June 11-14, 2020, The Renaissance Esmeralda Resort and Spa, 44400 Indian Wells Lane, Indian Wells, California, 92210, <http://www.desertpowwow.com/>.
 - ∅ **New Sober Summer Picnic, (Previously known as the Musicians Picnic)**, June 28th, 2020, Disabled Veterans Park, 6543 Corbin Ave., Woodland Hills, CA 91367, Second meeting and walk through at picnic site on March 15<sup>th</sup>, Volunteers Needed, Please email mmiiw1@gmail.com if you plan on attending.
 - ∅ **2020 International Convention of Alcoholics Anonymous**, July 2-5, 2020 Detroit, Michigan, [https://www.aa.org/pages/en\\_US/international-convention-2020](https://www.aa.org/pages/en_US/international-convention-2020).
 - ∅ **29th ANNUAL NATIONAL/ INTERNATIONAL, NATIVE AMERICAN INDIAN AA CONVENTION**, August 20-23, 2020, Golden Nugget, 129 East Fremont St., Las Vegas, Nevada 89101, <https://www.nai-aa.com/index.cfm>.
 - ∅ **National AA Technology Workshop**, September 11-13, 2020, Sheraton Bellevue Hotel, 100 112th Avenue NE Bellevue, Washington 98004, <https://naatw.org/>.
- ~~~ **More is happening at www.aasandiego.org Calendar of Events** ~~~
Much thanks goes to Lee T. for supplying the Events Calendar each month.
Thanks Lee!

A.A. Websites: North County Central Office [ncsandiegoaa.org](https://www.ncsandiegoaa.org), Area 8 [area8aa.org](https://www.area8aa.org), Young People [NSDYPAA](https://www.nsdypaa.org), A.A. [aa.org](https://www.aa.org), H&I [nchandi.org](https://www.nchandi.org), Grapevine [aagrapevine.org](https://www.aagrapevine.org), Daily Reflection [aa.org/pages/en\\_US/daily-reflection](https://www.aa.org/pages/en_US/daily-reflection).
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I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.