

June 2020



Step 6: "Were entirely ready to have God remove all these defects of character."

Tradition 6 (short form): "An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

Concept 6 (short form): "The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board."

Download the *Viewpoint* at NCSandiegoAA.org

A.A. Literature
References
have been revised.
Click for [PDF](#).

VIEWPOINT

Central Office is open for take out	1
Hot Topic: Reopening In-Person Meetings	1
The Center Line of Life	1
VP to your email?	1
Intergroup Meeting	2
Virtual Token	2
Group Contributions	3
NCIA Profit & Loss	3
ANCIENT WISDOM	3
Contributions to the General Service Office of A.A. in New York	3
AA.org Online Mtgs	3
Online Intergroup	3
International Zoom	3
This Too Shall Pass	4
There's Never a Good Reason to Drink	4
Things Started Working for Me...	4
I walk down the street	4
H&I News	5
12-Steppers Needed	5
Newcomer, gimme a call	5
Your Birthday Gift	6
Service Calendar	6
Meeting that Need Your Support	6
Events Calendar	6
Meeting Guide app	6
Central Office Info	6
~~~ Please Submit Something to the Viewpoint. I need your help! ~~~	go to pg 6
Freedom from Fear	6
A.A. Web Links	6

## Central Office is open for Contactless Sales & Curbside Pickup

The County of San Diego and California public health officials are allowing bookstore businesses to reopen for curbside sales if they have posted a **Safe Reopening Plan** at their entrance and signs to **Go Home if You Feel Sick** or **Practice Social Distancing / Wear A Mask**.

That done, Central Office is now conducting Contactless Sales with Curbside Pickups from **10am to 2pm on Mondays, Tuesdays, and Thursdays**.

For everyone's safety and to avoid direct contact with each other, we will be taking orders and processing credit card payments by phone during the days and times mentioned above.

**Our new address is [1020 S Santa Fe Ave Suite B, Vista CA 92084](#)**

Your orders will be packed immediately after hand sanitation and will be ready for you to collect from the table setup in the courtyard just outside our front windows.

Also, for the time being, the office will continue to remain closed to visitors.

Thank you for your patience and understanding.

Yours in Service,

Central Office Staff **(760) 758-2515**



## REOPENING GROUPS IN SAN DIEGO-IMPERIAL COUNTIES

**Reopening In-Person Meetings** is *The Hot Topic* these days.

Since each A.A. Group is autonomous, its members will now need to consider how best to meet the requirements of local health authorities and their landlords. To aid these discussions, a document has been provided via the Area 8 (San Diego and Imperial Area [AA General Service] Assembly). Here is the link to that document: <https://www.area8aa.org/wp-content/uploads/2020/06/SDIAA-Reopening-Condensed-REV-6-3-1.pdf>

Finally, please remember to update your meeting information on our [website](#) when anything changes. If you are unsure how to do that, please call us at (760) 758-2514 for assistance.

~Your NCIA Intergroup Business Committee and Central Office Staff

## The Center Line of Life

### Deeper-rooted Emotional Problems

By Rick R.

We are all born with a Conscience and an Ego. We all have instincts. We, as human beings are also born with the Use of Practical Reasoning, and that separates us from the animals, who, for the most part, live by their instincts. The degree to which these assets and liabilities affect our behaviors differ in all of us. "Yet these instincts, so necessary for our existence, often far exceed their proper function" (12x12 Step 4). Most normal people make mistakes in their lives and that is normal since no one is perfect. Most Alcoholics, however, take their life to the brink of destruction before they become desperate enough to surrender and enter the program of Alcoholics Anonymous. Most Alcoholics have deeper rooted emotional problems that far exceeds the normal range. Some of these troubles can be rectified simply by acknowledging that they exist and being willing to change our motives and behavioral habits.

(continued on page 5)

**Reuniones Español**  
Oficina Norte County  
830 E. Vista Way, Suite  
116, Vista, CA 92084  
(760) 758-6905

[Info en Español](#)

**Young People**  
[click here and here!](#)

Would you like the **Viewpoint** delivered to your email each month? Let me know and I'll put you on the email distribution list. ~Viewpoint Editor [viewpoint@NCSandiegoAA.org](mailto:viewpoint@NCSandiegoAA.org)

Recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.

## North County Intergroup Meeting Minutes

**Date 6/10/2020**

### **Called to Order:**

The Meeting was called to order at 7:00 P.M. There were **50 Reps** in attendance, with **2 new reps**.

Traditions were read by Pete.

Minutes were read by Uki. Moved and seconded to approve as amended with a corrected date of May 13.

### **Financial Report: Tim M. (760) 802-7121 (Email: [TimM@ncsandiegoaa.org](mailto:TimM@ncsandiegoaa.org))**

Total sales were \$456 and Cost of Goods Sold was (\$378) yielding Gross Profit of \$79. Along with Group Contributions of \$5,237 and Member Contributions of \$2,298, with other Contributions of \$111 and Miscellaneous Revenue of \$396, the total Revenue was \$8,120. After Total Expenses of (\$8,944), the Net Loss for May was (\$824). Net profit Year-To-date is \$12,595. Moved and seconded to approve the report. All in favor.

### **Central Office Report: Ken G. (760) 758-2514 (Email: [Manager@ncsandiegoaa.org](mailto:Manager@ncsandiegoaa.org))**

Ken announced that 2 of the 3 staff persons would be working from the new office with appropriate Covid protections. Office hours remain Monday, Tuesday, Thursday from 10-2 for curbside pickup only. Call in and place orders prior to arriving. Ken said he's been receiving some meeting changes, but encourages all groups to update the website with their meeting changes or call them in. Ken commented that group and individual contributions during May have kept the finances somewhat normal.

## **STANDING COMMITTEES**

**Public Information Committee: Quintin T. (760)390-3517 (Email: [QuintinT@ncsandiegoaa.org](mailto:QuintinT@ncsandiegoaa.org))** No report

**Telephone Committee: Jim R. (619) 890-2299 (Email: [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org))**

Jim also thanked Ken, Liz and Valerie for the support of the Telephone Committee. There are currently no openings on the telephone committee. Jim reported there are 120 volunteers and 7 captains. A look at the handout provided will show geographic area that are in need of 12 step volunteers.

**Archives Committee: Danny O. (619)884-7272 (Email: [archives@ncsandiegoaa.org](mailto:archives@ncsandiegoaa.org))** No report.

**Outreach Committee: Margaret T. (760) 504-5706 (Email: [MargaretT@ncsandiegoaa.org](mailto:MargaretT@ncsandiegoaa.org))**

Margaret reported on area clubs that are in various stages of reopening. While the situation is very fluid, currently Steps in Vista, the Alano Club in Oceanside, the Alano Club in Poway, the 6th Step House in Leucadia, and Ramona Recovery are hosting in-person meetings. The Escondido Alano Club has no plans to reopen at this time. Locate the website of each location to find the specific times for the in-person meetings.

**H&I COMMITTEE: Michael H. (619)481-1714 (Email: [H&Ichair@ncsandiegoaa.org](mailto:H&Ichair@ncsandiegoaa.org))**

(H&I Website: [www.nchandi.org](http://www.nchandi.org))

Michael reported that Handl is still on standby. Financial are as follows: Beginning balance, \$7649; donations, \$1001; Expenses, \$2442.61; Ending balance, \$6,208.43.

**AREA ASSEMBLY: Mike M. (949)291-6435. (Email: tbd) (Website: <http://www.area8aa.org/>)**

Mike reported that an area assembly will be June 20 via Zoom. Check the Area 8 website for details.

**BUSINESS COMMITTEE REPORT: Chairperson: Greg B. (760) 421-6967 (Email: [GregB@ncsandiegoaa.org](mailto:GregB@ncsandiegoaa.org))**

### **OLD BUSINESS:**

Greg reported that the staff will be returning to working in the office, but still curbside pickup is the only customer service being provided.

Budget for 2020 was approved.

### **NEW BUSINESS:**

Area 8 has prepared some 'guidelines for reopening.' A link to that document is provided at the <https://ncsandiegoaa.org/> website. This has valuable suggestions to inform the group conscience of your groups' process for reopening. Please contact Central Office with changes that are made to your groups' meeting details so we can update the meeting guide.

### **ELECTIONS: New officers elected:**

**Tim M., Chair**

**Vickie A., Vice-chair**

**Secretary, Kat K.**

**Treasurer, Karla H.**

**Member at large, Lee Ann.**

**Member at Large, Rozee B.**

**Member at Large, Joan B.**

**Virtual Token: 1. pick,  
2. right pick, 3. Copy image**



### **ANNOUNCEMENTS:**

Greg was thanked for his service to Business Committee.

**Adjournment: 7:35pm.**

**Next Intergroup Meeting Date: July 8, 2020**

**RESPECTFULLY SUBMITTED: Lee Ann, Recording Secretary/va**

The monthly financial report includes group contributions for last month and Fiscal Year-to-Date (YTD) summary. YTD group contributions are available at the monthly Intergroup Meeting where your meeting's Intergroup Rep can pick them up, or you may request YTD contributions from our Central Office email [office@NCsandiegoAA.org](mailto:office@NCsandiegoAA.org)

Group City & Name	MAY
AA Group 157949	\$20.00
AA Group North County Women's Daily 930AM Zoom	\$350.00
Cardiff Ki's M-W-F Back to Basics	\$953.50
Carlsbad SAT 9AM Women's	\$10.00
Carlsbad Sobriety Rocks 830AM Daily Reflection	\$180.00
Carlsbad Sobriety Rocks SAT Speaker	\$500.00
Carlsbad Step A Month Study MON Nite	\$250.75
Carlsbad Water Works FRI 130PM	\$25.91
Encinitas North Coast Women in Recovery	\$10.00
Encinitas SUN 730PM Men's Meeting at Olivenhain Meeting Hall	\$49.99
Encinitas TUE 7PM North Coastal Men's	\$403.50
Encinitas TUE Night Men's (691466) at Seacoast	\$475.91
Escondido ACE Zoom Nightly 6'er	\$344.62
Escondido Desert Meeting	\$12.00
Escondido SAT 930AM Women's New Beginnings	\$200.00
Escondido SAT Night Speakers	\$100.00
Escondido SUN 730PM Best Show for a Buck	\$79.00
Escondido THU Women's Step Study	\$25.00
Fallbrook TUE Noon at Baptist Church	\$60.00
Leucadia Six Step House TUE 8PM Men's	\$35.00
North San Diego Young People of AA	\$39.96
Oceanside SUN 1PM As Bill Sees It at NCFC	\$50.00
Oceanside TUE 7PM Chip in Group	\$65.00
Rancho Bernardo MON Night Women's Big Book Step Study	\$25.91
Rancho Bernardo TUE Night Woman's Women Seeking Solutions Thru the Steps	\$43.71
Rancho Santa Fe FRI Night Beginners (163076)	\$50.50
Rincon Res WED Men's Step Study Fire Station	\$400.00
San Marcos WED Noon Stick Meeting	\$40.00
Solana Beach 3rd Tradition Group 162613 at the Belly Up	\$436.82
Total:	\$5,237.08

### Monthly & YTD Financial Report Highlights (Fiscal Year is July to June)

Summary	May 2020	Year To Date Actuals
Total Sales	456	32,803
Total Cost of Goods Sold	(378)	(26,301)
Gross Profit for Sales	79	6,502
Group Contributions	5,237	99,444
Member Contributions	2,298	9,736
Other Contributions	111	1,070
Misc Revenue	396	733
Total Revenue	8,120	117,483
Total Expense	(8,944)	(104,888)
Net Profit or (Loss)	(824)	12,595
YTD Net Profit or (Loss)	12,595	

### ANCIENT WISDOM

*God will constantly disclose more to you and to us.*

**May all beings savor the nectar of loving-kindness to overcome thoughts of controlling others, bring forth serenity and the insight to find happiness and harmony.**

### Contributions to the General Service Office of A.A. in New York.

Most A.A. service entities have taken a financial hit over the past 3 months, and our General Service Office is no different. According to the Trustees Finance Committee, literature sales have plummeted, and contributions are less than half of budget expectations, during this pandemic.

There are several ways we can support our General Service Office and Grapevine.

1. Go to [aa.org](http://aa.org) and click on "Make A Contribution". What many A.A. members don't know, is that we can make "recurrent" contributions, meaning you can sign up with your credit/debit card for a fixed amount to be taken from your account each month. The amount, of course, is up to you. It is so much easier to set up a recurrent contribution plan than to make an online contribution manually each month.
2. Please note that contributions to the General Service Board cannot exceed \$5,000 per individual A.A. member per year. A mail-in address is the General Service Board of Alcoholics Anonymous, Box 459, Grand Central Station, New York, NY 10163.
3. A one-time bequest of \$10,000 can be contributed to the General Service Board by an A.A. member upon his or her death. Same address as above.
4. The Birthday Plan is alive and well! Some A.A. members contribute \$1 or \$2 per year on the anniversary of their sobriety.
5. The best way to support the Grapevine is to subscribe to it by going to [aagrapevine.org](http://aagrapevine.org).

### ANCIENT WISDOM

*God will constantly disclose more to you and to us.*

**Sanskrit Shlokas** are short poetic verses that have deep philosophical meanings or practical truths hidden in them:

There is no self-purifying process equal to attaining peace of mind and no bliss equal to being satisfied over one's lot.

There is no disease bigger than excessive desire or craving for any worldly thing and no tenet of religion greater than kindness towards all living beings.

You have the right to work, but never to its fruits. Let not the fruits of action be your motive, nor let your attachment be the cause of inaction.

The sun looks alike while rising and setting. Similarly, a virtuous person's attitude and behavior remains the same whether it is prosperity or adversity.

**AA.org Options for Online Meetings** [https://www.AA.org/pages/en_US/options-for-meeting-online](https://www.AA.org/pages/en_US/options-for-meeting-online)

**Online Intergroup of Alcoholics Anonymous** <https://aa-intergroup.org/>

**International A.A. Meetings in English all Around the World**

<https://AAaventuracounty.org/international-zoom-meetings-in-english>



# this too shall pass



## ***There's Never a Good Reason to Drink***

Our alcoholism is largely a spiritual malady as once the spiritual malady is resolved through our being spiritually awakened the drink problem will be removed. We will be released from the compulsion, desire and obsession to drink as a result of the AA Program and getting right with God and our fellows.

We alcoholics cannot live on air, water and food alone. Simply putting down the bottle is not enough. Stopping drinking and 100% abstinence are mandatory for sobriety and along with it we need to be immersed in all sorts of recovery/spiritual nutrition and nourishment. We all put so much time and energy into going about doing our work for the food and things that perish which is important and a form of service. But, for us alcoholics we will not have these or get them going if we don't do our spiritual works that transform us. Each day we have the choice to make ourselves and the world around us much better and to leave behind us a trail of goodness that we packed into God's creative stream of life. When we go around doing good works as a result of being spiritually awakened, there won't be an opening for worry, fear, confusion and other shortcomings to enter, set in, and take over.

By submitting to the AA Program and surrendering to God we are released from the power alcohol has over us. When this takes place, we cannot help but become aware of God's presence. We will be given a spiritual vision that helps us see things clearer so we stay on the sober spiritual path walking in the Sunlight of God's Spirit.

There is never going to be a good reason to take another drink again. It doesn't matter if we lose a loved one—we will grieve the loss. It doesn't matter if a member of the Fellowship goes back out drinking—we will not follow them, if we experience a job loss or any other loss or trouble—we stay surrendered to God remembering to never let up on our recovery, spiritual living. God will take care of us and all things. We are here to do our part to live the full suggested AA Program and keep trying to help others to recover who are still sick from alcoholism. Our main job is to stay sober ourselves no matter what anyone else is doing. We need to keep seeking how we can do God's will by living in Divine Grace, constantly carrying thoughts like these through the day, here I am God, I seek to do your will, prepare me, make me ready, make me willing, how can I best serve Thee? Thy will, not mine, be done (Big Book pg.76 we ask God to help us be willing). Stay focused on God, God first thing in the morning, prayers, readings, meditation. If a problem comes up in the day, we will be quick to contact God's guidance, ask if there's anything we can do about it, take care of things as they come up right away to resolve them or accept things if they can't be changed. *(continued on page 6)*

### **Things Started Working for Me When:**

my Desperation outweighed my Denial,  
my Conscience outweighed my EGO,  
my Compassion outweighed my Resentments,  
my Giving outweighed my Taking,  
my Faith outweighed my Fear,  
my Unselfishness outweighed my Greed,  
my Service outweighed my Neglect,  
my Acceptance outweighed my Criticism,  
my Caring outweighed my Indifference,  
my Empathy outweighed my Contempt,  
my Perspective outweighed my Opinion,  
my Smiles outweighed my Smirks,  
my Calmness outweighed my Rage,  
my Understanding outweighed my Confusion,  
my Virtues outweighed my Faults,  
my Hope outweighed my Distrust,  
my Gratitude outweighed my Dismay,  
my Kindness outweighed my Spite,  
my Principles outweighed my Delusions,  
my Happiness outweighed my Pain,  
my Confidence outweighed my Insecurity,  
my Maturity outweighed my Childishness,  
my Quiet Discipline outweighed my Gossip,  
**I Could Go on Forever...**

### ***I walk down the street...***

1. I walk down the street.  
There is a deep hole in the sidewalk  
I fall in.  
I am lost...  
I am hopeless.  
It isn't my fault.  
It takes forever to find a way out.
2. I walk down the same street.  
There is a deep hole in the sidewalk.  
I pretend I don't see it.  
I fall in again.  
I can't believe I'm in the same place.  
But it isn't my fault.  
It still takes a long time to get out.
3. I walk down the same street.  
There is a deep hole in the sidewalk.  
I see it is there.  
I still fall in...it's a habit  
My eyes are open; I know where I am;  
It is my fault.  
I get out immediately.
4. I walk down the same street.  
There is a deep hole in the sidewalk.  
I walk around it.
5. I walk down another street.

**NORTH COUNTY H & I NEWS**

**AT THE TIME OF THIS WRITING**, several meetings in the North County have begun to re-open as in-person meetings. With the caveat that things can easily revert back, it is still encouraging, and exciting, to think about fellowshiping with each other. But even more important will be once again providing newcomers an actual physical location to be welcomed and comforted knowing there is somewhere to go. Your North County H&I committee is hopeful this too will mean our important work of sharing the AA message to those that cannot get to a meeting can continue. If all goes well, we will meet in person as a committee on June 20th at the North County Alano Club in Oceanside, although this is tentative, depending on circumstances as they are. Regardless of where, or how we meet, we look forward to getting back to work helping others and hope you will join us, as you always have, along this joyful journey of recovery and service. Visit [nchandi.org](http://nchandi.org) for up to date information.

**WHERE YOUR 7th TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7th Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

**MAY 2020 FINANCIAL SUMMARY**

Beginning Balance: \$7,649.03    Income: \$1,001.82  
Expenses: \$2,442.61    Ending Balance: \$6,208.24

**GROUP AND GREEN CAN CONTRIBUTIONS MAY 2020**

Group Name	Green Can	Group
Belly Up Third Tradition Group # 162613		52.00
Encinitas Tues Night Men's Group # 691466		80.00
Freedom of Choice Big Book Mtg. Grp. # 157949		10.00
Just Say No to Corona Zoom Meeting		666.66
NSDYPA		142.18
Out of the Woods Group # 712487		10.00
Step A Month		40.98

Totals:    \$0.00    \$1,001.82

Complete financial reports can be found on our website.*

**THANK YOU FOR YOUR CONTRIBUTIONS!**

**GETTING INVOLVED: **NEW**** All panels are suspended until further notice due to COVID-19. Stay tuned for announcements of possible opportunities. Visit our website [NCHandi.org](http://NCHandi.org) for updates or contact Don C. at 760-212-9759. *When we get back to normal*, each 3rd Saturday of the month NC H&I conducts an Orientation for all interested AA members to learn more about NC H&I Policy & Guidelines. At the conclusion of the Orientation meeting, attendees can sign up for a panel to get started on the journey of involvement in NC H&I service work. The Orientation meeting is held at 9:00 a.m. at the Oceanside Alano Club located at 4198 Mission Ave, Oceanside, CA 92057. The Business Committee meets at 9:45 a.m., immediately following Orientation. All interested AA members are encouraged to attend both Orientation & Business Committee meetings.

***ADDITIONAL INFORMATION:** You can visit our NC H&I website at [NCHandi.org](http://NCHandi.org) to view Policy & Guidelines, Financial Reports, and more.

**Our A.A. Central Office operates a 24/7 hotline for alcoholics in need.**

The After-Hour Phone Committee needs **volunteers to answer phones** while the office is closed on nights & weekends.

We also need **12-Step Call Volunteers to carry the message.**

If you have any questions or are interested in volunteering, please call Phone Chairperson Jim R. at 619-890-2299 or email him at [JimR@ncsandiegoAA.org](mailto:JimR@ncsandiegoAA.org).

**Newcomer**, When you call me, it gives me the opportunity to carry the message. That helps me stay sober. So pick up that 2000 pound phone and gimme a call! ~Oldtimer

(continued from page 1) Unfortunately, A certain percentage of our fellowship have deeper rooted problems that are permanent and cannot be cured simply by practicing A.A. principles alone. They are often masked by the use of alcohol and when a person stops drinking and starts dealing with their behavioral problems, these things rise to the surface in the form of: O.C.D; A.D.D; Bipolar Disorder; P.T.S.D; and many others that can only be subdued by the use of medications that, in some cases, dulls the mind of the patient to the extent that they would resist taking the medication and would rather live with the symptoms. Not knowing this, we sometimes misunderstand the people stricken by these deeper-rooted mental conditions and believe, by their sharing, that they are arrogant or egotistical etc. when displaying behaviors that the average person is not afflicted with. These conditions are not always at the extreme levels and each of us, being Alcoholics, have a degree or behavioral problems that are outside of the normal range else why would we need to attend AA meetings. Let us consider the normal range to be 5 degrees on either side of the center line. The extremes of the abnormal behavioral problems extend out to 50% on either side of the centerline. Let us take Fear as an example. Some people are so fearful they are afraid to leave their home, while others are so fearless that they may walk in front of a bus. These are the extremes, and we all fall somewhere in between. Those of us who are fortunate enough not to be afflicted by those pre-mentioned mental disorders, are blessed in the sense that, practicing the principles of Alcoholics Anonymous, can bring us back towards the center line and we can lead a somewhat normal life.

For those ill-fated ones afflicted by those conditions, they can stay sober, but the behaviors are still apparent to us and, unless we can recognize and replace the habit of judging them by their outward behavior, we are still outside the normal range, and when we replace the habit of being judgmental with the habits of compassion and empathy we are somewhat closer to the center line. We can change all those alcoholic behaviors when we recognize them, simply by looking deeper into our motives for our actions pointed out in the A.A. program. Steps six and Seven begins this process of recognizing our defects of character, based on our thinking, and changing the shortcomings or actions, that result from those thoughts. "There are those too who suffer from grave emotional and mental disorders but many of them do recover if they have the capacity to be honest." (BB pg. 58) My question is, do we have the capacity to be accepting when we recognize that some of us have these, uncontrollable deeper-rooted issues and that we cannot compare them to ourselves and be judgmental about these difficulties. Love, Compassion and Empathy are the center line positions in these cases. They need our understanding.



**Your Birthday Gift to Central Office** Many AAs celebrate their A.A. birthday by contributing to our Central Office. Most send a dollar or two for each year of sobriety. Would you like to celebrate with us? Please call (760) 758-2514 or contribute online at <https://ncsandiegoAA.org/contribute-to-central->



**SERVICE CALENDAR**

Contact Central Office for information.  
**Business Committee:** Tue prior to 2nd Wed 6:30 PM. Contact Central Office.  
**Intergroup Meeting:** 2nd Wed of month 7:00 PM. Go to this [link](#) for more info.  
**Stay safe and keep in touch.**

**Meeting that Need Your Support**

**“Candlelight” Zoom Meeting (ACE) - Fridays 8:00 PM**

[https://us02web.zoom.us/j/773145415?](https://us02web.zoom.us/j/773145415?pwd=YklzSDhhUkpuUTRYWEFjMXNOdlRGdz09)

[pwd=YklzSDhhUkpuUTRYWEFjMXNOdlRGdz09](https://us02web.zoom.us/j/773145415?pwd=YklzSDhhUkpuUTRYWEFjMXNOdlRGdz09)

Meeting ID: **773 145 415** & Password: **445659** Dial in: 669 900 6833

*If you would like your meeting to be added to this list, please email [viewpoint@NCsandiegoAA.org](mailto:viewpoint@NCsandiegoAA.org)*



**MEETING GUIDE**

North County A.A.  
 Meetings are listed in the [Meeting Guide](#) app.

~~~ **EVENTS CALENDAR** ~~~

Due to the many canceled events and the uncertainty of how long the stay at home order will continue, the Events Calendar has been suspended until further notice. Per CA.gov: Stay home except for essential needs. NCIA has no affiliation with ca.gov.

Office Address, Hours & Contact Info

North County Central Office

[1020 S Santa Fe Ave Suite B, Vista CA 92084](#)

Hours: Mon-Fri 9-5, Sat 9-1, Closed Sun

Phone: 760-758-2514

Email: office@NCsandiegoAA.org

Web: [NCsandiegoAA.org](https://ncsandiegoAA.org)

Office Closed: New Year's Day, Memorial Day, Independence Day, Labor Day, Veteran's Day, Thanksgiving Day, Christmas Day

The **Viewpoint** is a publication of the **North San Diego County Intergroup of A.A.** (NCIAA) and is distributed by the **North County Central Office.**

It is published approx. the 3rd Wed of each month.

Submit Something to the Viewpoint

Click this link for more information:

<https://ncsandiegoAA.org/viewpoint/viewpoint-info>

Deadline is the 2nd Wednesday of the month.

Questions? Email viewpoint@NCsandiegoAA.org

Quotes from A.A. literature are reprinted with the permission of A.A. World Services, Inc.

Alcoholics Anonymous and **A.A.** are registered trademarks of A.A. World Services, Inc.

Opinions expressed within are of contributing writers or the editor and not necessarily those of A.A. or the North San Diego County Intergroup of A.A.

References to outside entities do not imply affiliation.

(continued from page 4)

Prayers to God will avail us much. In many instances having faith in God to take care of things, will lead us to do our part while letting God do His part. As we live the Twelve Steps, we are doing our part and there's no need to worry or have any unhealthy fears which only cause confusion and disruptions in our minds and lives.

As God has taken care of the drink problem which we could not, He will continue to do for us what we cannot do in other matters as well. Let go and let God, put God in first place in your life, take it easy, this too shall pass—we have been given these slogans in AA for the reason that they work. When the going gets tough we maintain the practice of our AA design for living which works in rough going. The AA Program is not a light duty deal. We will be amazed. Remarkable things will happen. The age of miracles is still with us. Each day in sobriety, as a result of being spiritually awakened, is a day given to us by the grace of God. God is the underlying source of all good and as God did with our alcoholism, His infinite creative power can turn what is difficult and problematic for us into that which is spiritually good for us.

~Jerome D, Powell River BC Canada

Freedom from Fear

When, with God's help, we calmly accepted our lot, then we found we could live at peace with ourselves and show others who still suffered the same fears that they could get over them, too. We found that freedom from fear was more important than freedom from want. ~12&12 pg 122

“something happens”

We know that while the alcoholic keeps away from drink, as he may do for months or years, he reacts much like other men. We are equally positive that once he takes any alcohol whatever into his system, something happens, both in the bodily and mental sense, which makes it virtually impossible for him to stop. The experience of any alcoholic will abundantly confirm this.

~BB pg. 22

**If Nothing Changes,
 Nothing Changes**

A.A. Websites: North County Central Office [NCsandiegoAA.org](https://ncsandiegoAA.org), Area 8 area8AA.org, Young People NSDYPA.org, A.A. AA.org, H&I nchandi.org, Grapevine AAGrapevine.org, Daily Reflection [AA.org/pages/en\\_US/daily-reflection](https://AA.org/pages/en_US/daily-reflection).
 Subscribe to the **GSO newsletter** to be sent to your email: [http://www.AA.org/pages/en\\_US/gso-newsletters](http://www.AA.org/pages/en_US/gso-newsletters).

I am Responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.