

March 2022



Step 3 Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition 3 (Short Form) The only requirement for AA membership is a desire to stop drinking.

Concept 3 To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

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Personal Story—Step Three	Page 1	<h2>Step Three: God as He May Express Himself</h2> <p>God of Our Own Understanding by Rick R.</p> <p>Alcoholics Anonymous (A.A.) came into existence in 1935 when much of our society was centered around the churches in the communities where we lived. As a child in my hometown, on Sunday morning I could look out the window and see a vast majority of my neighbors walking to church. That was the way it was in the early 1940s. The book <i>Alcoholics Anonymous</i> was published in 1939, and it was highly influenced by many early members of the program at that time.</p> <p>A.A. could have very easily become a religious program, but fortunately, the elders of that time realized, by the mistakes of the Oxford Group, and the Washingtonians, that they had to make it clear that <i>a desire to stop drinking was the only requirement for membership</i>, and that the individual members could choose their own concept of a power greater than themselves; i.e., God as we understand him. In Tradition Two it says, “As He may express Himself in our group conscience.”</p> <p>When the word God is used in the remainder of the book, it is not always followed by the “as we understand him” qualifier, and I believe that many members get the idea that somehow, they are trying to push religion on them. That is understandable. When I was faced with that possibility, I personally found it easy enough to read the black part of the pages in the book and to not let myself become distracted by what I now recognized as a cultural norm at the time. I had no problem setting aside my religious bias and recognizing the parts of the Big Book and the 12&12 that clearly state all the options available when it comes to finding a “Power Greater Than Myself”, and I can name 3 right off the top.</p> <p style="text-align: right;"><i>(Continued on last page)</i></p>
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<p>North County Central Office 1020 S. Santa Fe Ave. Suite B Vista, CA 92084</p> <p>Phone: 760-758-2514 Email: office@NCsandiegoAA.org Web: NCsandiegoAA.org</p> <p>Office Closed on the following Holidays</p> <ul style="list-style-type: none"> • New Year's Day • Memorial Day • Independence Day 		

North County Intergroup Meeting Minutes

Date 3/9/2022

Called to Order:

- Meeting was called to order at 7:00 P.M. by Chair Vickie A. There were **42 Reps** in attendance, with **9 new reps**.
- Traditions were read by Valerie
- Minutes were read by Joan B. Moved and seconded to approve.

Financial Report: Rozee B. (951) 501-6398 (Email: RozeeB@ncsandiegoaa.org)

Rozee B. reported the February total sales were \$2,567 and Cost of Goods Sold was \$2,122, yielding a Gross Profit of \$445. Along with Group Contributions of \$7,909 and Member Contributions of \$149, with other Contributions of \$35 and Miscellaneous Income/Revenue for the Traditions Breakfast of (\$216), the Total Revenue was \$8,331. After Total Expenses of \$8,218, the Net Profit for February was \$112. The fiscal YTD Profit is \$9,519. Prudent Reserve is at 11.8 months. Moved and seconded to approve the financial report. All in favor.

Central Office Report: Ken G. (760) 758-2514 (Email: Manager@ncsandiegoaa.org)

Ken reported that the Central Office is fully stocked with literature and ready for purchase. 520 Traditions Breakfast Tickets have been sold as of this afternoon. The cutoff date to purchase tickets is Saturday, March 12th at 1:00 PM. Ken also stated a new 5-year lease has been signed for the Central Office current location in Vista.

STANDING COMMITTEES

Public Information Committee: Caroline H. (404) 435-0900 (E-mail: CHoward949@gmail.com)

Caroline reported the Business Committee has put the proposal for the Intergroup website editions on hold until the future when a full redesign will be needed. Caroline is putting the Committee's efforts into reaching out to medical facilities.

Telephone Committee: Jim R. (619) 890-2299 (Email: JimR@ncsandiegoaa.org)

Jim reported that there are currently no openings. He explained the purpose of the Telephone Committee and thanked the Central Office staff and Website team for maintaining the updated meeting information, the 12 Step list, and the Resource Manual as these tools are used by the Telephone Committee. Learning Sessions are held monthly for anyone interested in being on the Committee. The information for the Chat is below.

- **Zoom Chat**
- Session: If anyone is interested in 12-Step Work and would like to learn how North County process works – The A.A. Phone Committee is holding a Learning Sessions on Zoom. The session will teach you how the Central Office Telephone and 12-Step Work. The scheduled session(s) will be held on March 19, 2022, and April 16, 2022.
- Zoom ID#: 837 6983 7573
- PW: No password needed – Just email to register
- Meeting Time: 9:30 am – 10:45 am
- If you have questions, you can reach Jim R. at 619-890-2299

Archives Committee: Danny O. (619) 884-7272 (Email: archives@ncsandiegoaa.org)

Danny reported the booklet of North County Grapevine Stories is still in progress, however, the cover is being formatted and will be enlarged to view in the Archives Display at the Traditions Breakfast. Group Histories will also be displayed. If anyone has Historical North County AA items and would like to donate them to Archives, please call Ken at the Central Office or Danny.

Outreach Committee: Margaret T. (760) 504-5706 (Email: MargaretT@ncsandiegoaa.org)

Margaret reported she is actively recruiting in Eastern North County for Intergroup representation. She visited Rincon on the past Sunday and a new Rep from Rincon was present at tonight's meeting. Margaret plans to reach out to Ramona, Borrego Springs, Warner Springs, and Poway.

H&I Committee: Hew B. (424) 302-9809 (Email: H&Ichair@ncsandiegoaa.org)

(H&I Website: www.nchandi.org)

Hew announced H&I is reopening panels and the committee is working on Spanish Speaking panels for facilities where needed. Literature has been ordered to accommodate the facilities where panels serve. They now have 39 facilities. AA Members who are interested in finding out more, can attend an orientation for new members on Each 3rd Saturday when NCH&I Meets. This Month the Orientation Meeting is on the 19th of March at 9:00am. At 9:45am the Monthly Business Meeting commences at the North County Alano Club in Oceanside. The financial report is as follows: Beginning Balance, \$11,525.74; Income, \$969.80; Expenses, \$114.09 and an Ending Balance, \$12,495.54. Green Can Donations were \$105.75, and Group Donations were \$978.14.

- **Zoom Chat:**

Stay tuned for announcements of possible opportunities to Carry the Message and visit our website NCHandi.org or email northcountyhandi@gmail.com. for updates or contact Hew B 424.302.9809.

Area Assembly: TBD

An opportunity to be of service is available as the NC Intergroup Rep at the Area Assembly meetings which take place monthly on Zoom.

BUSINESS COMMITTEE REPORT: Chairperson: Vickie A. (760) 828-5415 (Email: VickieA@ncsandiegoaa.org)

OLD BUSINESS:

Vickie reported the proposal for the website submitted by the PI Committee, will be addressed in the future when the entire website is updated.

She stated because of Ken's negotiations, the lease for the Central Office location has been renewed for 5 years.

The Traditions Breakfast on March 20th will open doors at 8:00 AM with the Program starting at 9:00 AM. Renee spoke about the 6 opportunity baskets which will feature many items and gift cards. One basket will also include 2 paid registrations to the Spring Roundup. Tickets for the Baskets will be 6 tickets for \$5.00.

NEW BUSINESS:

Vickie stated the Business Committee has approved a COLA raise in pay for the Central Office employees.

The Business Committee also proposed a change in the current wording in the Guidelines to be taken to the groups for a vote.

Current reading: Any North County AA Group can suggest changes to these Guidelines.

Amended: Any North County AA Group, Standing Committee, or AA member can suggest changes to these Guidelines.

Intergroup Vote: May 2022

ELECTIONS:

None.

ANNOUNCEMENTS:

See you at the Traditions Breakfast!

Adjournment: 7:48 pm.

Next Intergroup Meeting Date: April 13, 2022

RESPECTFULLY SUBMITTED: Joan B., Recording Secretary

NORTH COUNTY INTERGROUP FINANCIAL SUMMARY

FISCAL YTD AS OF MONTH END FEBRUARY 2022

Summary	Feb-2022	FYTD Actuals
Total Sales	2,567	18,728
Total Cost of Goods Sold	2,122	15,746
Gross Profit for Sales	445	2,982
		-
Group Contributions	7,909	72,482
Member Contributions	149	4,293
Other Contributions	35	478
Breakfast Ticket Sales	3,120	14,190
Breakfast Expenses (Net)	(3,336)	(17,418)
Breakfast Income & Expense Net	(216)	(3,228)
Bank Interest Earned	8	71
Total Revenue	8,331	77,078
Total Operations Expense	8,218	67,560
Net Profit or (Loss)	112	9,519
YTD Net Profit or (Loss)	9,519	

Prudent Reserve Balance:	Feb-2022
Money Market (Maintain \$25K Balance for Best Rate)	35,237
Certificates of Deposit (Staggered Maturity Dates)	62,108
Total Prudent Reserve Funds	97,345

Operating Expense & Months in Reserve	Feb-2022
Actual Operating Expense	8,218
Number of Months in Reserve Funds	11.8

GROUP CONTRIBUTIONS	Feb-2022
AA Group at NCAC	115
AA Group North County Women's Daily 930 AM Zoom	55
Carlsbad SAT Night 11th Step	72
Carlsbad Sobriety Rocks 830 AM Daily Reflection 705313	1,000
Del Mar Men's God or Vodka 691188	622
Encinitas - Balour Groups - 126248 / 094625	1,800
Encinitas FRI 630PM Balour Women's Step Study	103
Escondido ACE Zoom Nightly 6'er	84
Escondido ACE Online #2	25
Escondido Womens SYOA Group	120
Fallbrook SUN 1PM Promises #165787	100
Fallbrook SUN 8AM 1-2-3 Step Meeting	56
Fallbrook TUE Noon at Baptist Church	40
Fallbrook WED 730PM Men's We Are Not Saints Group	194
Oceanside SAT 10 AM Women's Big Book Study 663144 at First Presbyterian	636
Oceanside Ken's Garage	168
Oceanside Daily Noon Brown Baggers (NCAC) 100836	200
Oceanside MON Ladies Book of Choice Meeting	67
Oceanside TUE 7PM Chip-in Group	206
Oceanside TUE 8PM NCAC Discussion Group	80
Oceanside WED 730PM South Oceanside Men's	127
Poway TUE 730PM Men's Group	30
Rancho Bernardo THU 7PM As Bill Sees It	300
San Marcos MON 7PM at Rose Ranch	26
San Marcos Avalon One TUE 7PM	50
San Marcos TUE 8PM Rose Ranch Men's at Grace Episcopal	205
Solana Beach Belly Up 3rd Tradition 7AMMF	1,143
Vista THU 630PM Free Thinking Women Group 714985	20
Warner Springs TUE 6pm Back Country Free Thinkers	25
Zoom MON Women's Speaker	240
Total	7,909

NORTH COUNTY H & I NEWS

INTRODUCING TEXT & EMAIL REMINDERS! All Panel Members will Begin to be notified with updates and the ability to give Real Time Updates and Literature request. An Example of This is Below...

Our records indicate you are a Panel Coordinator or Panel Leader. We are excited to announce a new tool that gives the power to automatically send text and email reminders to your panel members. With this new tool you are able to:
 Manage your panel through our H&I website
 Add/remove panel members
 Turn on/off reminders for yourself and your team
 Export your panel in Excel or PDF format
 Example of text message reminder.

TRAINING WEBCAST COMING SOON
 If you are interested in an upcoming Zoom training to let us know with an email at northcountyhandi@gmail.com Contact David P 626-200-0254 or Hew B P 424.302.9809 visit our website nchandi.org for more information. Thank you for sharing your experience, strength, and hope with those who cannot get to a meeting! 424.302.9809 visit our website nchandi.org for more information. Thank you for your service!

WHERE YOUR 7th TRADITION MONEY GOES: Each North County AA Group can get involved with NC H&I by contributing a portion of their 7th Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

February 2022 FINANCIAL SUMMARY

Beginning Balance: \$12,795.50 Income: \$2,789.38
 Expenses: \$4,059.14 Ending Balance: \$11,525.74

GROUP AND GREEN CAN CONTRIBUTIONS FEBRUARY 2022

Group Name	Green Can	Group
Big Book Study Monday Night 172755	54.55	
Brown Baggers		20.00
Calavera Fellowship - 0322210		18.60
Came To Believe 642583		244.00
Encinitas Sun Women 688178-08-16	126.00	
Encinitas Wednesday Women's Discussion		54.15
Escondido Women's Step Study 145426		34.10
Freedom of Choice Big Book Meeting 157949		16.00
Friday Night Beginner's Meeting 0163076		206.00
Group 725165 Sunday Serenity Step Study		69.30
Individual Contribution		50.00
Misfits Men's Group 672294		22.20
Monday Discussion Group		16.67
NCAC Monday 5 PM Daily Reflections		50.00
No More Hangovers		10.00
North Coastal Calle Barcelona 686387		34.57
Oceanside Tuesday Night Beginners 136959		10.90
Rancho Bernardo Early Birds	1000.00	
Rose Ranch Monday Night San Marcos 172523		22.10
Sobriety Rocks Saturday Night - 712725		260.00
Sunday Morning Taxi Cab Meeting		94.00
TGIF 136313		94.00
Tuesday Carlsbad Men's Group		100.00
Tuesday Men's Step Study - 722630		78.00
Wednesday Panorama Center Readers Group		22.00
Women of Olivenhain	55.00	
Young and Restless - 719610	27.24	
Totals:	\$1,262.79	\$1,526.59

Complete financial reports can be found on our website. *

THANK YOU FOR YOUR CONTRIBUTIONS!

(H&I continued on back page)

Meetings Are Opening Back Up!

Many North County AA meetings have resumed as live gatherings. Some are successfully hosting hybrid (live and Zoom) meetings. If your group has returned to live status, make sure Central Office knows so that the online directory listing can be updated—see page 9 for details.

Here are some guidelines for our transition to normalcy:

- Please honor the preferences of the church or building management
- If you suspect that you have any symptoms that others wouldn't want to be exposed to, stay home and take advantage of the many available Zoom meetings.
- If, after attending an in-person meeting, you contract Covid, let the secretary know.

Also, did you know that you can contribute to Central Office [online](#)?

And, for GSO, go [here](#).

Updating Your Meeting Info

The most direct method to update information for AA meetings is to use the website created by and for local members and their groups (ref. <https://ncsandiegoaa.org>). Any personal information provided for point of contact purposes will be kept confidential. And, of course, if assistance is needed in any case, please call us at (760) 758-2514 or -2515.

For meetings already listed on the Meeting Directory (ref. <https://ncsandiegoaa.org/meetings>), locate the meeting and open the information page and click on the button labeled 'Request a change to this listing' on the lower left side of the screen. This will open a simple "form" that will take your name, email address, and the message you leave about the change(s) you would like to have entered.

Adding a new meeting is just a bit more involved but can also be tackled directly. Select the 'New Meeting Form' shown below (ref. <https://ncsandiegoaa.org/meeting-update-form>). The form will collect meeting details such as name, day of week, time of day, location, address, and type of meeting. The form also has a section for your point of contact info such as name, email, phone info.



Do you want to travel the world (virtually) and attend AA meetings? Here are two resources for English language meetings:

- <https://aaventuracounty.org/international-zoom-meetings-in-english>
- <https://aa-intergroup.org/oiaa/meetings/>

Recovery is everywhere!

Spotlight

North County AA Group History

The Robbers Roost Meeting

The Robbers Roost Meeting was started in May of 1998. It was set up to be a closed men's meeting where sponsors could bring their sponsees and expose them to the philosophy of scholarship, service, and strong sponsorship.

The original meeting was attended by Scotty A., Pete H., Bill B., Jack L., Horatio G., and Albert G. Other early members included Tom G., Norm C., Marc C., Sam S., Jessie S., and Jamie V.

The first few meetings were in Scotty A's living room but quickly outgrew that and moved into a tent structure in his yard. It was soon after located in a hall in a mall, then a hall at "Options", then a church, a dentist's office, a painter's warehouse, and finally to the Movement Church where it has been for the last few years. These frequent changes were due mostly to the group's growth.

The Robber's Roost has always met once a week on Thursday evening at 6:30. It was intended as an 'after work' meeting and, as such, work clothes are appropriate. The group gives tokens for 90 days and tokens and cakes for years.

The format of the group is 5-minute sharing by members as called on by a leader.

Robbers Roost sponsors a weekend retreat called "Back to Basics" twice a year at Idyllwild, California, which brings in members from long distances, and a weekend retreat once a year in Black Mesa, Colorado, known as "Robbers Roost Reunion," which is a nationwide gathering of members from all Robbers Roost groups.



NEEDING HELP!

This is a great 12-Step Service opportunity! Central Office Hotline operates a 24/7 Hotline for Alcoholics in need of help. The After-Hour Phone Committee needs volunteers to answer phones while the office is closed. We also need **12-Step Call List Volunteer's**. Most phone volunteers only have one shift per month ranging from 3 – 4 hours. 12-Step-Call Volunteers could be called upon to assist the phone volunteers with longer caller needs. This is a great way to be of service. If you're interested please contact the Central Office at (760) 758-2514 for more information.

CURRENTLY WE HAVE NO OPEN SHIFTS

But we're looking for additional Volunteer's to create a waiting list for future After-Hour Phone Volunteer opening(s).

If you have any questions or interested in being one of these Volunteer, please contact Jim R: Phone Chairperson Jim R. 619-890-2299 or JimR@ncsandiegoaa.org

ADDITIONALLY, WE HOLD A MONTHLY ZOOM LEARNING SESSION FOR PHONE AND 12-STEP CALL VOLUNTEERS

Date: 3rd Saturday of each month

Next Session: Mar. 19 or Apr. 16, 2022

Time: 9:30 a.m. – 10:45 a.m.

Zoom ID: 837 6983 7573

PW: No password needed – Just email registration

Note: Please call or text Jim R. to assist with login.

(Personal Story, continued)

1) Alcohol itself was my higher power for a long time and still would be if I had not gotten into the program. 2) My EGO ran my life for quite a while until I got serious about real-life Issues. 3) The A.A. program itself.

I found myself spiritually lost when I entered the program and when faced with the need to come to terms with the Higher Power issue, I now realize why it took so long to settle this subject. After years of drinking and an underdeveloped thinking process, it was hard to get up to speed right away. As I got more familiar with the Big Book, and the 12&12, I started to uncover all the evidence that debunked the idea that I had to conform to any religious doctrine. In the 12&12 I read on page 26, "*Alcoholics Anonymous does not demand that you believe anything.*" On belief: "*to acquire it, I had only to stop fighting and practice the rest of A.A.'s program as enthusiastically as I could.*" (Pg.27) Also on page 26 where it states, "Take it easy. The hoop you have to jump through is a lot wider than you think... A one-time vice-president of the American Atheist Society ... got through with room to spare" Then on page 33 of the 12&12 it says, "Therefore, Step Two is the rallying point for all of us. Whether agnostic, atheist, or former believer, we can stand together on this step."

Today I am comfortable with my own concept of a Higher Power, and I use the word God only to put a name on a concept that has no physical form, and I might say that it expresses itself in *the collective conscience of the world we live in*. I can assure you that if you read these qualifiers and practice the rest of the principles of the program as enthusiastically as you can, you will come to terms with a personal concept of a higher power as well as any of us.

Local Events

- Men's Sponsorship Workshop, Saturday, April 2, in Carlsbad — click [here](#) for flyer
 - The Three Legacies Study Group is inviting all online groups to a workshop about the 2022 General Service Conference. [Online Groups PCW – 2022 English1](#) [Online Groups PCW – 2022 – Spanish](#)
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