

# April 2022



Step 4 Made a searching and fearless moral inventory of ourselves.

Tradition 4 (Short Form) Each group should be autonomous, except in matters affecting other groups or AA as a whole.

Concept 4 At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

Download the Viewpoint:

[ncsandiegoaa.org/viewpoint](https://ncsandiegoaa.org/viewpoint)

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# VIEWPOINT

Personal Story—Step Four	Page 1	<h2 style="margin: 0;">Step Four: Was I Ready?</h2> <p style="margin: 0;">1, 2, 3, AND OUT</p> <p style="margin: 0;">By Rick R.</p> <p style="margin: 0;">When I attended my first Alcoholics Anonymous (A.A.) meeting, I had no idea what any of the steps, entailed but at that meeting I heard the things that were read, and sharing about steps, and I now realize that I came away from that meeting a different man. My life took a 180-degree turn, and I have never been the same since. For the first time in my life, I saw a refreshing new approach to living, and all I had to do was to show up and listen. That may have been the taking of Step 1, but I did not know it at the time. I realize that, from that day on, I have had a huge <i>change of perception</i> and I have learned to recognize faulty thinking and to find the answers to life issues as they were articulated by the collective sharing in that meeting.</p> <p style="margin: 0;">I have heard people in the program, when attending a <i>structured</i> step study meeting, say that there may be as many as 35 people at the meeting when they started on Step 1, but by the time they got to Step 4 they might be down to 12 or 13 people left in the room, and they say it is like, <i>1, 2, 3, and out</i>. There seems to be something in Step 4 that their ego would not let them address at the time. Like myself, I had things that I thought I would take to the grave with me. When this happens, I believe that they may not be ready for this step yet, and if they are hurried into it, they may start to search for an easier softer way. If they stay on that softer path for long, they may end up having a <i>half measures</i> approach, which avails them nothing and they may waste precious years, or worse, they may relapse and do irreparable damage. When I hear of a person who has a relapse after having long-term sobriety, I often wonder if it was due to skimping on Steps 4 and 5, which leads to a much more superficial approach to the remaining steps. Thoroughness is the watchword when taking these steps.</p> <p style="text-align: right; margin: 0;"><i>(Continued on last page)</i></p>
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<p><b>North County Central Office</b> 1020 S. Santa Fe Ave. Suite B Vista, CA 92084</p> <p>Phone: 760-758-2514 Email: <a href="mailto:office@NCsandiegoAA.org">office@NCsandiegoAA.org</a> Web: <a href="https://NCsandiegoAA.org">NCsandiegoAA.org</a></p> <p><b>Office Closed on the following Holidays</b></p> <ul style="list-style-type: none"> <li>• New Year's Day</li> <li>• Memorial Day</li> <li>• Independence Day</li> <li>• Labor Day</li> <li>• Thanksgiving Day</li> <li>• Christmas Day</li> </ul>		

# North County Intergroup Meeting Minutes

Date 4/13/22

Called to Order:

- Meeting was called to order at 7:05 P.M. by Co-Chair Tom C. There were **40 Reps** in attendance, with **5 new Reps**.
- Traditions were read by Danny.
- Minutes were read by Anne R. for Joan B. Moved and seconded to approve. All in favor.

**Financial Report: Rozee B. (951) 501-6398 (Email: [RozeeB@ncsandiegoaa.org](mailto:RozeeB@ncsandiegoaa.org))**

Ken G. reported for Rozee B. Ken reported the Financial Highlights (FYTD): March 2022 total sales were \$2,687 and Cost of Goods Sold was \$2,164, yielding a Gross Profit for Sales of \$523. Along with Group Contributions of \$10,844, Member Contributions of \$377, with other Contributions of \$1,058, \$2,220 of Traditions Breakfast Ticket Sales and Expenses for the Traditions Breakfast of (\$3,773), Opportunity Drawing \$4,214, resulting in Breakfast Income and Expense Net of \$2,661. Bank Interest Earned \$12. Total Revenue for March was \$15,475. After Total Operations Expenses of \$8,149 the Net Profit or (Loss) for March was \$7,326. The YTD Profit, \$16,844. Ken reported the FYTD Actuals: Total sales were \$21,415 and Cost of Goods Sold was \$17,910, yielding a Gross Profit for Sales of \$3,505. Along with Group Contributions of \$83,325, Member Contributions of \$4,670, with other Contributions of \$1,536, \$16,410 of Traditions Breakfast Ticket Sales and Expenses for the Traditions Breakfast of (\$21,190), Opportunity Drawing \$4,214, resulting in Breakfast Income and Expense Net of (\$566). Bank Interest Earned \$83. Total Revenue \$92,553. Total Operations Expenses \$75,709. YTD Profit, \$16,844. Ken reported on the Prudent Reserve Status March 2022: Money Market Balance \$35,239; Certificates of Deposit \$62,119. Total Prudent Reserve Funds are \$97,357. When dividing the Prudent Reserve Balance of \$97,357 by the March 2022 Operating Expenses of \$8,149, the Prudent Reserve is at 11.9 months. After several questions from the floor requesting an explanation as to why the Prudent Reserve may seem high and how would we use it if it exceeds the Guidelines suggested balance, Ken explained that our Guidelines call for a Prudent Reserve of six to twelve months and that any decisions on spending/reducing the amount of the Prudent Reserve would be taken up with the NC Intergroup Reps and voted on. Ken expects ratio to go down in near future as he expects more expenses to start occurring and factoring in inflation. Ken mentioned that GSO goes by a twelve-month Prudent Reserve. Moved and seconded to approve the financial report. All in favor.

**Central Office Report: Ken G. (760) 758-2514 (Email: [Manager@ncsandiegoaa.org](mailto:Manager@ncsandiegoaa.org))**

Ken reported Central Office is status quo and he thanked the groups for their contributions. He reported that volunteers are now working half day shifts. Call Liz at Central Office if you would like to volunteer.

## STANDING COMMITTEES

**Public Information Committee: Caroline H. (404) 435-0900 (E-mail: [CHoward949@gmail.com](mailto:CHoward949@gmail.com))**

Caroline reported that Escondido High School has requested a speaker. She has reached out to the Young People's AA for a speaker from their pool of speakers and is awaiting to hear from back from them. She is working on a proposal to supply Medical locations with AA literature.

**Telephone Committee: Jim R. (619) 890-2299 (Email: [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org))**

Jim extended his thanks to Liz at Central Office for keeping the meeting information and 12-Step volunteer call list up to date as this is crucial to the Committee volunteers carrying the message to the suffering alcoholic. He thanked Ken and the webpage volunteers for keeping the webpage up to date. Jim shared that there is one shift opening. ***The opening is the 1<sup>st</sup> Sunday morning of the Month, 6 am to 9 am.*** Please call Jim if you are interested in this shift. After a question from the floor, Jim explained this Sunday morning (Shift 4) needing to be filled is part of the Saturday team that kicks in after Central Office closes at 1pm on Saturday. Learning Sessions are held monthly for anyone interested in being on the Committee. The information for the Chat is below.

- **Zoom Chat**

- A.A. Phone Committee Learning Sessions regarding Central Office Telephone and 12-Step Work are scheduled for Saturday, April 16, and Saturday, May 16, 2022
- Zoom ID#: 837 6983 7573
- PW: No password needed – Just email to register
- Meeting Time: 9:30 am – 10:45 am
- RSVP to Jim Roberts by text (or calling him) the Friday prior to the scheduled meeting at 619-890-2299

**Archives Committee: Danny O. (619) 884-7272 (Email: [archives@ncsandiegoaa.org](mailto:archives@ncsandiegoaa.org))**

Danny said that attendees at the Traditions Breakfast were very interested in the group histories which were part of the Archives Display. He thanked Vickie, Jill and Ken for their help with those histories. If a group wants to submit their group history, especially for inclusion in next years' Tradition Breakfast Archives Display, please visit the website for the online form to do so (call Central Office for any guidance you may need finding the form on the website). The booklet of North County AA Grapevine stories should be printed soon.

**Outreach Committee: Margaret T. (760) 504-5706 (Email: [MargaretT@ncsandiegoaa.org](mailto:MargaretT@ncsandiegoaa.org))**

Margaret reported not much to report expect the ongoing need to reach out to the East County. She reported that the Warner Springs Wednesday AA group has opened up.

**H&I Committee: Hew B. (424) 302-9809 (Email: [H&Ichair@ncsandiegoaa.org](mailto:H&Ichair@ncsandiegoaa.org))**

**(H&I Website: [www.nchandi.org](http://www.nchandi.org))**

No report.

**Area Assembly: Area 8 website: <https://www.area8aa.org/>**

TBD. An opportunity to be of service is available as the NC Intergroup Rep at the Area Assembly meetings which take place monthly on Zoom.

**BUSINESS COMMITTEE REPORT: Chairperson: Vickie A. (760) 828-5415 (Email: [VickieA@ncsandiegoaa.org](mailto:VickieA@ncsandiegoaa.org))**

**OLD BUSINESS:**

Tom C. and Ken reported on the 42<sup>nd</sup> Traditions Breakfast. 550 people attended – 547 paid tickets and three comped guests. Tom C. mentioned folks seemed so happy to be back in person sharing Fellowship. The feedback has been very positive regarding the venue, the food, *the speaker* and the overall program. The Business Committee has proposed a change in the current wording in the Guidelines to be taken to the groups for a vote.

**Current reading: Any North County AA Group can suggest changes to these Guidelines.**

**Amended: Any North County AA Group, Standing Committee, or AA member can suggest changes to these Guidelines.**

**Intergroup Vote: May 2022**

After a question from the floor, it was explained that the proposed amended wording to the Guidelines will make participation and ideas coming forward more inclusive for North County AA members and streamline the process.

**NEW BUSINESS:** None

**ELECTIONS:** None

**ANNOUNCEMENTS:** Spring Roundup is this weekend April 14<sup>th</sup> thru 17<sup>th</sup>.

Adjournment: 7:50 pm

Next Intergroup Meeting Date: May 11, 2022

**RESPECTFULLY SUBMITTED: Renee H., Member at Large, on behalf of Joan B., Recording Secretary**

**NORTH COUNTY INTERGROUP FINANCIAL SUMMARY / MARCH 2022**

**Financial Highlights (FYTD)**

**July 2021 - June 2022**

Summary	Qtr 1 Total FY2021	Qtr 2 Total FY2021	Jan-2022	Feb-2022	Mar-2022	FYTD Actuals
Total Sales	7,894	6,113	2,154	2,567	2,687	21,415
Total Cost of Goods Sold	6,223	5,534	1,867	2,122	2,164	17,910
Gross Profit for Sales	1,671	579	287	445	523	3,505
Group Contributions	24,453	28,231	11,888	7,909	10,844	83,325
Member Contributions	1,456	968	1,720	149	377	4,670
Other Contributions	219	168	56	35	1,058	1,536
Breakfast Ticket Sales	-	8,610	2,460	3,120	2,220	16,410
Breakfast Expenses (Net)	-	(11,859)	(2,222)	(3,336)	(3,773)	(21,190)
Opportunity Drawing	-	-	-	-	-	4,214
Breakfast Income & Expense Net	-	(3,249)	238	(216)	2,661	(566)
Bank Interest Earned	31	24	8	8	12	83
Total Revenue	27,831	26,720	14,197	8,331	15,475	92,553
Total Operations Expense	24,428	26,632	8,281	8,218	8,149	75,709
Net Profit or (Loss)	3,403	89	5,915	112	7,326	16,844
YTD Net Profit or (Loss)	3,403	3,491	9,407	9,519	16,844	

**Prudent Reserve Status Review**

**July 2021 - June 2022**

Prudent Reserve Balance:	Qtr 1 Average FY2021	Qtr 2 Average FY2021	Jan-2022	Feb-2022	Mar-2022
Money Market (Maintain \$25K Balance for Best Rate)	35,228	35,233	35,236	35,237	35,239
Certificates of Deposit (Staggered Maturity Dates)	62,067	62,090	62,101	62,108	62,119
Total Prudent Reserve Funds	97,295	97,322	97,337	97,345	97,357

  

Operating Expense & Months in Reserve	Qtr 1 Average FY2021	Qtr 2 Average FY2021	Jan-2022	Feb-2022	Mar-2022
Actual Operating Expense	8,143	8,877	8,281	8,218	8,149
Number of Months in Reserve Funds	11.9	11.0	11.8	11.8	11.9

GROUP CONTRIBUTIONS	MAR
AA Group 172523	115.00
AA Group Intimacy & Men	77.18
AA North San Diego Young People (NSDYPA)	259.49
Carlsbad AA Workshop THU 730P Group 101039	2,400.00
Carlsbad SAT 4P Calavera Park	116.92
Encinitas TUE 7 P North Coastal Men's 686387	333.06
Escondido ACE Online #2	25.00
Escondido ACE Zoom Nightly 6'er	89.49
Escondido Attitudes 7A Daily on Zoom	1,000.00
Escondido MON Zoom Women's Speaker	15.00
Escondido Online Women's Book Study	9.74
Escondido SUN Morning Paper	246.40
Escondido TUE Online Closed Women's ABSI	20.78
Escondido WED 7P Men's Misfits Book Study	510.00
Fallbrook FRI 6P Goat Barn	120.00
Fallbrook SAT 10A 12x12 Group 130586 at Hilltop	30.00
Fallbrook SAT 7A Hilltop 172510	50.00
Fallbrook WED 630P Women's Step # 123900	90.00
Leucadia Six Step House Daily Meetings	256.00
North County Women's Daily 930 A Zoom	92.56
Oceanside THU Noon Brown Baggers (NCAC)	77.18
Oceanside SUN 11A Tri Sunday	160.00
Oceanside WED 7A Attitude Adjustment (NCAC)	75.00
Poway FRI 10A Women's Way Thru The 12 Steps	210.00
Poway SAT Morning Sisters in Recovery	100.00
Poway SUN 7P Freedom of Choice #157949	79.00
Poway Women Seeking Solutions #640365	158.75
Rancho Bernardo SAT Night Appreciation Group	162.50
Rancho Santa Fe FRI Beginners (163076)	98.85
Rancho Santa Fe THU Noon Prof Women 169665	204.00
Rincon Friday Night Carry the Message	150.00
Rincon Res WED 7P Step Study at Fire Station	100.00
San Marcos FRI Night Problems & Solutions	120.00
San Marcos Men's WED 630 P Blind Leading the Blind	45.00
San Marcos MON 7P at Rose Ranch	25.91
San Marcos SAT 3P Discovery Group at St. Mark's	120.00
San Marcos SAT Night Speakers	200.00
Solana Beach Belly Up 3rd Tradition 7A M F	1,030.69
Vista Daily CAe To Believe at Emmanuel Church	222.00
Vista FRI Sunset Speakers	180.00
Vista Noon Solutions at Steps Online	100.00
Vista Robber's Roost THU Night	1,200.00
Vista SUN 10A at Gas & SteA Museum	78.00
Vista SUN 6P Women's Literature Study #722316	90.00
Total	10,843.50

**NORTH COUNTY H & I NEWS**

We have Fantastic News in NCH&I! We did our first Spanish Panel at Oasis in Escondido. In addition, the Text & Email Campaign has been an amazing success for the Locations we Service as well as the Panelist for Updates and Feedback.

**TRAINING WEBCAST COMING SOON**

If you are interested in an upcoming Zoom training, let us know with an email at [northcountyhandi@gmail.com](mailto:northcountyhandi@gmail.com) Contact David P 626-200-0254 or Hew B P 424.302.9809 visit our website [nchandi.org](http://nchandi.org) for more information. Thank you for sharing your experience, strength, and hope with those who cannot get to a meeting! Visit our website [nchandi.org](http://nchandi.org) for more information. Thank you for your service!

**WHERE YOUR 7<sup>th</sup> TRADITION MONEY GOES:** Each North County AA Group can get involved with NC H&I by contributing a portion of their 7<sup>th</sup> Tradition funds (via the Pie Chart) and/or passing the Green Can. Our goal is that 85% of all Pie Chart contributions will be used for literature purchases for the facilities we serve – with 15% being used for administrative expenses (i.e. rent, printing, etc.).

**March 2022 FINANCIAL SUMMARY**

Beginning Balance: \$12,495.54 Income: \$1326.80  
Expenses: \$523.14 Ending Balance: \$13,822.34

**GROUP AND GREEN CAN CONTRIBUTIONS MARCH 2022**

Group Name	Green Can	Pie Chart
Belly Up Third Tradition 162613	-	212.37
Brown Baggers	-	25.00
Calavera Fellowship - 0322210	-	24.00
Came To Believe 642583	-	224.11
Carlsbad AA Workshop	-	200.00
Fallbrook Friday Goat Barn Meeting 6 PM	-	10.00
Freedom of Choice Big Book Meeting 157949	-	23.00
Friday Night Beginner's Meeting 0163076	321.00	-
Individual Contribution	50.00	-
Misfits Men's Group 672294	-	42.50
NC Young Women's Literature Study	-	30.00
North Coastal Calle Barcelona 686387	-	66.61
Rincon Carry the Message	-	30.00
Robbers Roost	-	100.00
Rose Ranch Monday Night San Marcos 172523	-	23.00
Rose Ranch Tuesday Night Men's Group	45.00	-
Six Step House AA Meetings	-	25.00
Sunday Morning Gas & Steam Museum	-	15.60
Sunday Morning Men's Group - 145339	280.00	-
The Blind Leading the Blind 652308	-	10.00
Wednesday Nite Women's 123900	29.25	-
Women Seeking Solutions through the Steps	-	63.50
Total	\$ 725.25	\$ 1,124.69

Complete financial reports can be found on our website. \*

**THANK YOU FOR YOUR CONTRIBUTIONS!**

(H&I continued on back page)

# Meetings Are Opening Back Up!

Many North County AA meetings have resumed as live gatherings. Some are successfully hosting hybrid (live and Zoom) meetings. If your group has returned to live status, make sure Central Office knows so that the online directory listing can be updated—see page 9 for details.

Here are some guidelines for our transition to normalcy:

- Please honor the preferences of the church or building management
- If you suspect that you have any symptoms that others wouldn't want to be exposed to, stay home and take advantage of the many available Zoom meetings.
- If, after attending an in-person meeting, you contract Covid, let the secretary know.

Also, did you know that you can contribute to Central Office [online](#)?

And, for GSO, go [here](#).

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## Updating Your Meeting Info

The most direct method to update information for AA meetings is to use the website created by and for local members and their groups (ref. <https://ncsandiegoaa.org>). Any personal information provided for point of contact purposes will be kept confidential. And, of course, if assistance is needed in any case, please call us at (760) 758-2514 or -2515.

For meetings already listed on the Meeting Directory (ref. <https://ncsandiegoaa.org/meetings>), locate the meeting and open the information page and click on the button labeled 'Request a change to this listing' on the lower left side of the screen. This will open a simple "form" that will take your name, email address, and the message you leave about the change(s) you would like to have entered.

Adding a new meeting is just a bit more involved but can also be tackled directly. Select the 'New Meeting Form' shown below (ref. <https://ncsandiegoaa.org/meeting-update-form>). The form will collect meeting details such as name, day of week, time of day, location, address, and type of meeting. The form also has a section for your point of contact info such as name, email, phone info.

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Do you want to travel the world (virtually) and attend AA meetings? Here are two resources for English language meetings:

- <https://aaventuracounty.org/international-zoom-meetings-in-english>
- <https://aa-intergroup.org/oiaa/meetings/>

Recovery is everywhere!

# Spotlight

## North County AA Group History

Spotlight is a new monthly feature that presents group histories in our district. Somebody, at some point, found a room, set up a coffee pot and invited another alcoholic or three, and a group was formed. Here's where you can tell us about your group—open, discussion, speaker, hybrid, Big Book study—how it started, where it meets, and when.

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### NEEDING HELP!

This is a great 12-Step Service opportunity! Central Office Hotline operates a 24/7 Hotline for Alcoholics in need of help. The After-Hour Phone Committee needs volunteers to answer phones while the office is closed. We also need **12-Step Call List Volunteer's**. Most phone volunteers only have one shift per month ranging from 3 – 4 hours. 12-Step-Call Volunteers could be called upon to assist the phone volunteers with longer caller needs. This is a great way to be of service. If you're interested please contact the Central Office at (760) 758-2514 for more information.

### CURRENTLY WE HAVE TWO OPEN SHIFTS

**But we're looking for additional Volunteer's to create a waiting list for future After-Hour Phone Volunteer opening(s).**

If you have any questions or interested in being one of these Volunteer, please contact Jim R: Phone Chairperson Jim R. 619-890-2299 or [JimR@ncsandiegoaa.org](mailto:JimR@ncsandiegoaa.org)

### **ADDITIONALLY, WE HOLD A MONTHLY ZOOM LEARNING SESSION FOR PHONE AND 12-STEP CALL VOLUNTEERS**

**Date:** 3<sup>rd</sup> Saturday of each month

**Next Session:** April 16 or May 16, 2022

**Time:** 9:30 a.m. – 10:45 a.m.

**Zoom ID:** 837 6983 7573

**PW:** No password needed – Just email registration

**Note:** Please call or text Jim R. to assist with login.

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### Oldie but Goodie

A drunk decides to go ice fishing, so he packs up his stuff and goes out onto the ice. He starts sawing a hole in the ice, and a loud, booming voice says, "STOP! THERE ARE NO FISH UNDER THE ICE!"

The drunk looks up, ignores it, and continues sawing. The voice repeats, "STOP! THERE ARE NO FISH UNDER THE ICE."

The drunk looks up again and says, "God? Is this God trying to warn me?"

The voice says, "NO, I'M THE MANAGER OF THIS ICE RINK."

(Personal Story, continued)

I use the 4th step in the 12&12 to illustrate what I mean when I try to describe the way reading and hearing the things that they describe in Step 4 are things that we live with every day of our lives. Each time we read them again, we realize that we have addressed some of these issues without being aware of it. I have heard people who *have not* taken Step 4 yet, using terms such as, "restraint of *pen and tongue*, or *remove the word blame from my speech and thought*" and, without realizing it, they are reducing their problems as the result of this different mindset. If they are honest about not being ready to take Step 4 and 5, it leaves the door open for the time when they are more confident, and they will be able to revisit this step and make a clean slate of it without feeling guilty or being in denial about it.

I believe that the main reason why they wrote and published the 12&12 was because they did not want to establish a precedent of editing the Big Book, and they wanted to give amplifying information and examples of how to navigate the twelve steps ( a road map, if you like). We can tell stories and drunkalogues of our drinking days and that's fine, but if we don't go through a meaningful process of addressing the causes and solutions to our problems, we will be selling ourselves short, and life is too precious to waste. The question is: If this applies to me, am I strong enough to revisit Step 4 and 5?

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## Local Events

- Learn about service possibilities! H&I (Hospitals and Institutions) Orientation, North County Alano Club, 4198 Mission Ave, Oceanside, 92057 The third Saturday of every month <https://nchandi.org/orientation>

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***Craig W., of AA GSO NY, has asked the links to the 3 documents listed below be circulated widely to gather more member's shared experience/stories for the following literature which will soon be updated:***

- **The 4<sup>th</sup> Edition Spanish BB** [https://mcusercontent.com/f09006e3162a724435531fda9/files/d80b0dff-480b-08eb-5dab-b7bfc9cb89c7/Announcement\\_4th\\_Ed\\_BB\\_EN.pdf](https://mcusercontent.com/f09006e3162a724435531fda9/files/d80b0dff-480b-08eb-5dab-b7bfc9cb89c7/Announcement_4th_Ed_BB_EN.pdf)
- **The 5<sup>th</sup> Edition English BB** [https://mcusercontent.com/f09006e3162a724435531fda9/files/aa7fa9df-eb4a-dfbc-a737-eb4eb00e4923/Announcement\\_5th\\_EditionBB\\_EN.pdf](https://mcusercontent.com/f09006e3162a724435531fda9/files/aa7fa9df-eb4a-dfbc-a737-eb4eb00e4923/Announcement_5th_EditionBB_EN.pdf)
- **The Pamphlet AA for the Black and African American Alcoholic** [https://mcusercontent.com/f09006e3162a724435531fda9/files/eb191c2a-db25-2004-7723-c17b9c35ca4a/Announcement\\_AA\\_Blck\\_Afrcn\\_Amrcn\\_EN.pdf](https://mcusercontent.com/f09006e3162a724435531fda9/files/eb191c2a-db25-2004-7723-c17b9c35ca4a/Announcement_AA_Blck_Afrcn_Amrcn_EN.pdf)

**With an Attitude of Gratitude,**  
**Craig Weidner**  
**G.S.O. Staff- Groupservices Coordinator**  
**General Service Office of Alcoholics Anonymous**  
**475 Riverside Drive, 11<sup>th</sup> Floor**  
**New York, NY 10115**  
**(212) 870-3287**  
**[www.aa.org](http://www.aa.org)**