

June
2022



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Step 6 Were entirely ready to have God remove all these defects of character.

Tradition 6 (Short Form) An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Concept 6 The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.



Personal Story—Peace of Mind	Page 1	<h2>The Speed of Life</h2> <p>The Bad Days Are But Distant Memories</p> <p>By Rick R.</p> <p><i>I am seven years old</i> and every adult in my immediate environment is drinking daily and it is not hard for me to get a taste of beer, if I want, but I do not necessarily like the taste, so no problem. <i>I am ten years old</i>, and beer is beginning to taste better but still not my favorite, but a little sip of whiskey, now and then, tastes o.k. but it is harder to get the adults to give it up. <i>I am thirteen years old</i>, and my friend and I talk an old drunk into buying us a few quarts of beer, and we commence to get drunk for the first time in our lives, and now I know why all those adults drink this stuff every night. I was giddy, sloppy, stupid, sick, and eventually unconscious. I woke up the next morning and went off to school with a nasty hangover. I was in the eighth grade at that time. Still, it was no problem.</p> <p>From that time on my mind was consumed with thoughts of how I was going to repeat that wonderful experience. As I started high school I worked in a bowling alley from six p.m. till ten thirty p.m., setting up pins (in the old days) and when we got off, we would go straight to a sleazy bar where we could get someone to buy beer for us. From there, we would go to an abandoned school building and drink till all the beer was gone, get into fist fights with each other, wake up the next morning with black eyes, skinned up knuckles and elbows, go back to school and come up with some ridiculous story about what had happened.</p> <p><i>I am sixteen years old</i>, and I am allowed to party with the adults and shortly after getting my driver's license, I am asked to drive someone home, and on the return trip I missed a turn and smashed into a parked car.</p> <p style="text-align: right;">(Continued on page 6)</p>
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<p>North County Central Office 1020 S. Santa Fe Ave. Suite B Vista, CA 92084</p> <p>Phone: 760-758-2514 Email: office@NCsandiegoAA.org Web: NCsandiegoAA.org</p> <p>Office Closed on Holidays</p> <ul style="list-style-type: none"> • New Year's Day • Memorial Day • Independence Day • Labor Day • Thanksgiving Day • Christmas Day 		

North County Intergroup Meeting Minutes

Date 06/08/22

Called to Order:

- Meeting was called to order at 7:00 P.M. by Chair Vickie A. There were **41 Reps** in attendance, with **3 new Reps**.
- Traditions were read by Jaime S.
- Minutes were read by Vickie A. Moved and seconded to approve.

Financial Report: Rozee B. (951) 501-6398 (Email: RozeeB@ncsandiegoaa.org)

The financials were reported by Ken G., for Rozee B.

Income & Expense Summary	May-2022	FYTD Actuals
Total Sales	2,698	27,033
Total Cost of Goods Sold	-2,391	-22,784
Gross Profit for Sales	307	4,249
Group Contributions	7,995	100,373
Member Contributions	126	4,943
Other Contributions	16	1,616
Traditions Breakfast (Net)	-	(566)
Anniversary Meeting (Net)	-131	(131)
Bank Interest Earned	8	104
Total Revenue	8,321	110,589
Total Operations Expense	-8,641	95,726
Net Profit or (Loss)	(320)	14,863
YTD Net Profit or (Loss)	14,863	

Central Office Report: Ken G. (760) 758-2514 (Email: Manager@ncsandiegoaa.org)

Ken reported that things at Central Office are status quo, with an increasing amount of foot traffic, more volunteers, and more phone calls. Ken mentioned that several central offices are running low on Big Books and 12x12's due to a shipping issue from AA Central in New York. That problem should be resolved by the end of June.

STANDING COMMITTEES

Public Information Committee: Caroline H. (404) 435-0900 (E-mail: CHoward949@gmail.com)

Caroline gave a report about the pamphlet project at both the Carlsbad and Fallbrook libraries, with the location of the pamphlets at the Carlsbad library allowing for more persons to see and pick up the pamphlets there. With direction from the BC, Caroline will be reaching out to medical facilities to request permission for placement of pamphlets there. Caroline thanked Jim for visiting the libraries and replenishing the pamphlets as needed.

Telephone Committee: Jim R. (619) 890-2299 (Email: JimR@ncsandiegoaa.org)

Jim extended his thanks to Central Office for keeping the meeting information and 12-Step volunteer call list up-to-date as this is crucial to the Committee volunteers carrying the message to the suffering alcoholic. Jim stressed the importance of (1) groups to report any meeting changes to Central Office and (2) individuals provide any 12-Step volunteer call list changes so these two resources are kept current. The AA hotline provides live response to calls 24/7 through the 44 hours of CO staff answering calls and the 122 hours of after-hours volunteers, of which there are 114.

Persons wishing to learn about this service commitment can attend the next orientation June 18 and July 18, or the 3rd Saturday of the month via zoom at 9:30AM.

- **Zoom Chat**
- A.A. Phone Committee Learning Sessions regarding Central Office Telephone and 12-Step Work are scheduled for Saturday, June 18, and July 16
- Zoom ID#: 837 6983 7573
PW: No password needed – Just email to register
Meeting Time: 9:30 am – 10:45 am
- RSVP to Jim Roberts by text (or calling him) the Friday prior to the scheduled meeting at 619-890-2299

Archives Committee: Danny O. (619) 884-7272 (Email: archives@ncsandiegoaa.org)

Danny reviewed the basics of the new booklet “North County San Diego Members Share Their Experience, Strength and Hope Through The AA Grapevine 1953 through 2022” and informed the members that the 200 books in the initial order have nearly all been sold. The BC approved a reorder of 100 more. The booklet can be purchased at Central Office. All of the stories have been written by AA members from North County, among them Sam L, Paul C., Janice M., Homer H.

Outreach Committee: Margaret T. (760) 504-5706 (Email: MargaretT@ncsandiegoaa.org)

Margaret reported that both the Ramona Recovery Club and Poway Club are opening up. She traveled to East County and reported lots of enthusiasm for the in-person meetings being opened there and recruited members for both Intergroup and the phone committee. Margaret mentioned the Ramona Recovery Club is hosting a Founders Day barbecue on Sunday, June 12, and encouraged members to attend to support the Club. The address is 17th and Montecito in Ramona.

**H&I Committee: Hew B. (424) 302-9809 (Email: H&Ichair@ncsandiegoaa.org)
(H&I Website: www.nchandi.org)**

Hew introduced the “Sober Summer of Service” and encouraged members to become volunteers to take meetings into the Hospitals and Institutions serviced by HandI. The orientation meeting for Hand I is the 3rd Saturday of the month at 9:00 at the Oceanside Alano Club. Please use this page <https://nchandi.org/orientation> as a resource for the steps you need to take to become a panel member. Please LOOK Thru Our Website at <https://nchandi.org/home> or contact Hew directly with the information provided at the top of the report.

Area Assembly: Area 8 website: <https://www.area8aa.org/> TBD. An opportunity to be of service is available as the NC Intergroup Rep at the Area Assembly meetings which take place monthly on Zoom.

**BUSINESS COMMITTEE REPORT: Chairperson: Vickie A. (760) 828-5415 (Email: VickieA@ncsandiegoaa.org)
OLD BUSINESS:**

Vickie shared that the next Intergroup meeting, being held July 13, will be a hybrid meeting, with the in-person component being held at the Oceanside Alano Club, 4198 Mission Ave., 92057. The meeting will also be on Zoom. The meeting will begin at 7:00 as usual. Thanks for Ken for engineering the technology to make this happen. Vickie shared a flyer about the 43rd anniversary of North County Intergroup and the speaker meeting which will be held on August 23 to celebrate. The meeting will be held at the Harding Community Center on Harding Street. Doors open at 6:30. Refreshments will be served following.

NEW BUSINESS:

Vickie announced the rotation of Officers on the Business Committee is occurring and presented the slate of new Officers for approval. Those new Officers are:

Chairperson: Tom C.

Co-Chair: Mike L

Secretary: Anne R.

Treasurer: Rozee B.

It was moved and seconded to approve the slate of officers. Motion passed.

ELECTIONS:

Tom C. read the requirements and responsibilities of the Members-at-large on the Business Committee. As there are currently 3 openings for this position, from the members attending the meeting, there were three nominations:

Mike C., Jay Mc., and Valerie M.

Each of the nominations was seconded and approved.

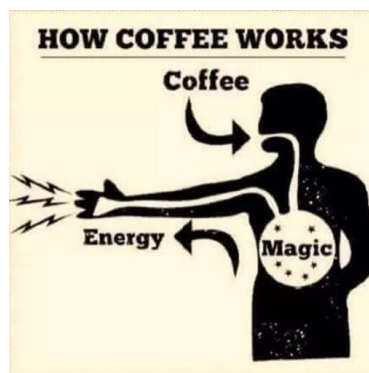
ANNOUNCEMENTS: There are 3 Founders Day events this week:

1. Movie at the La Paloma theater in Encinitas. Thursday, June 9.
2. Barbecue at Ramona Recovery Club. Sunday, June 12, 1-4; 17th and Montecito in Ramona.
3. Founders Day Picnic. Saturday, June 11, 2022, 11:30 – 3:30 pm Harry Griffin Park – site 2 9550 Mildren Street, La Mesa, 91942

Adjournment: ___8:05__ pm

Next Intergroup Meeting Date: July 13, 2022 (hybrid)
Oceanside Alano Club; 4198 Mission Ave, Oceanside

RESPECTFULLY SUBMITTED: Vickie A., acting as Secretary



NORTH COUNTY INTERGROUP FINANCIAL SUMMARY

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Total Sales	2,698	27,033
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		-
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YTD Net Profit or (Loss)	14,863	

	May-2022	Year To Date Average
Prudent Reserve Balance:		
Money Market (Maintain \$25K Balance for Best Rate)	35,241	35,234
Certificates of Deposit (Staggered Maturity Dates)	62,137	62,097
Total Prudent Reserve Funds	97,378	97,331
		Year To Date Average
Operating Expense & Months in Reserve	May-2022	Average
Actual Operating Expense	8,641	8,702
Number of Months in Reserve Funds	11.3	11.3

GROUP CONTRIBUTIONS	MAY
Bonsall Burning Embers	154.10
Cardiff Ki's Zoom House	200.00
Carlsbad Village People Zoom	1,637.14
Escondido ACE FRI 6PM Meeting	100.00
Escondido ACE Online #2	25.00
Escondido MON 6PM Women's Book Study on Zoom	25.00
Escondido SAT 730PM We Not Me Group	660.00
Escondido SUN Best Show For A Buck	80.00
Escondido SUN Taxicab 930A	61.80
Escondido THU 615PM Women's 12x12 #145426	110.00
Fallbrook WED 630PM Women's Step #123900	98.00
Fallbrook WED 730PM Men's We Are Not Saints	64.00
Group 26783	60.00
Group 51099	216.00
Group 720075	192.50
Group BBS-OOT	232.00
Group Keeping It Simple #126426	136.47
Group SUN Daily Reflections	211.00
Julian MON Night	30.00
Leucadia Six Step House Daily Meetings	250.00
Oceanside NCAC Pie Chart	50.00
Oceanside SAT 7AM No More Hangovers	100.00
Oceanside THU 630PM Girls With Gratitude	65.00
Oceanside SOS Big Book Study Online	45.39
Oceanside TUE 7PM Chip in Group	102.82
Olivenhain SUN Men's Group	26.50
Poway SUN 9AM Men's Group	205.37
San Marcos Men's WED 630 PM Blind Leading the Blind	67.50
San Marcos MON 7PM at Rose Ranch	25.91
San Marcos SUN Women's Misfits	101.36
San Marcos THU As Bill Sees It	125.00
Solana Beach Belly Up 3rd Tradition 7AM F	1,476.40
Sorrento Valley Nooners	144.68
Valley Center MON 7PM SLBBSG (689359)	75.00
Vista Noon Solutions at Steps Online	150.00
Vista Robber's Roost THU Night	600.00
Vista SUN 10AM Steam & Gas Engine Museum	66.00
Vista THU 630PM Free Thinking Women #714985	25.00
Total	7,994.94

NORTH COUNTY H & I NEWS

North County Hospitals and Institutions (North County H&I) is a volunteer organization whose mission is to carry the Alcoholics Anonymous (AA) message to those who still suffer and cannot get to an AA meeting.



Our core service is providing AA volunteer panels to treatment and correctional facilities in North San Diego county.

Panels are made up of AA volunteers who visit facilities on a weekly basis to share their individual stories of experience, strength and hope. Service work through Hospital and Institutions is a rewarding way to spend your time. Being a panel member, you will go into facilities around North County San Diego carrying the message of hope and freedom to the still suffering alcoholic.

To get started there's just a few things you need to do.
Attend an Orientation at Oceanside Alano Club
Chose Your Facility and Contact Panel Leader an

The Next Meet Up is

May 21, 2022

9:00am

North County Alano Club, 4198 Mission Ave, Oceanside, 92057

The third Saturday of every month

9:00am - 9:45am General Information and Orientation

9:45am - 11:00am Board Meeting

Contact Us at northcountyhandi@gmail.com -

Donations Mail To - North County H&I / PO Box 4013, Carlsbad, CA 92018

northcountyhandi@gmail.com

- Hew - NCH&I Chair HewBurney@gmail.com 424.302.9809

Financials May 2022

Income Collections for April	
Green Can Donations	711.71
Group Donations	1,944.97
Total Income	2,656.68
Beginning Bank Balance 4/1/22	13,822.34
Ending Bank Balance 4/30/22	16,177.86

(The Speed of Life *Continued*)

I continue to drink unabated. I quit school in May of my senior year with almost no resistance, join the navy in August of that same year, get locked up for gang fighting, and have my second drunk driving accident when I drive into a gas station and hit a car at the pump.

I continue this kind of behavior for ten more years and am lucky to have survived after more trips to jail, failed marriage, broken bones, cuts and bruises and broken relations with everyone that means anything to me. *I am twenty-eight years old*, surrender and show up at A.A. coming out of a blackout. I am greeted on the front lawn of a little yellow house in the suburbs that is being used to hold meetings, by three people who welcome this stranger with open arms as though they are expecting me. They begin to listen patiently to my tales of woe, nodding as they seem to understand. Their eyes are soft and gentle, and I feel their compassion.

At the early age of twenty-eight, I believed my life is over but, one of them says, *Life isn't passing you by near as fast as you think it is*, and they say, *Come inside and have a cup of coffee*. They were right; I had a profound change of perception. From that moment on I have never wanted a drink and all those bad days are but distant memory. My hope is that all who arrive at the doors of A.A. can be accepted with the same love and kindness that I experienced. I have been sober fifty-two years; *I am eighty years old* and on my way to *one hundred +* and life is good.

Spotlight

North County AA Group History

Spotlight is a new monthly feature that presents group histories in our district. Somebody, at some point, found a room, set up a coffee pot and invited another alcoholic or three, and a group was formed. Here's where you can tell us about your group—open, discussion, speaker, hybrid, Big Book study—how it started, where it meets, and when.

A grasshopper walks into a bar and the bartender says, "Hey, we have a drink named after you!"

The grasshopper says, "You have a drink named 'Kevin'?"



NEEDING HELP!

This is a great 12-Step Service opportunity!

Central Office Hotline operates a 24/7 Hotline for Alcoholics and Family members in need of help.

Once the Central Office closes the After-Hour Phone Committee volunteers answer phones while the office is closed. We need help for **Phone and 12-Step Call List Volunteers**. Most phone volunteers only have one shift per month ranging from 3 – 4 hours. 12-Step-Call Volunteers could be called upon to assist the phone volunteers with needs and Carrying the Message to callers. **This is a great way to be of service!**

If you're interested, please contact the Central Office at (760) 758-2514 or Jim Roberts @ 619-890-2299 for more information.

CURRENTLY WE HAVE NO OPEN SHIFTS

But we're looking to create a waiting list for future After-Hour Phone Volunteer opening(s).

If you have any questions or interested in being one of these Volunteer, please contact Jim R: Phone Chairperson Jim R. 619-890-2299 or JimR@ncsandiegoaa.org

ALSO, WE HOLD A MONTHLY ZOOM LEARNING SESSION FOR PHONES AND 12-STEP CALL VOLUNTEERS

Date: 3rd Saturday of each month
Next Session: June 18, 2022 or July 16, 2022
Time: 9:30 a.m. – 10:45 a.m.
Zoom ID: 837 6983 7573
PW: No password needed – Just email registration

Note: Please call or text Jim R. to assist with login @ 619-890-2299.



Local Events

- Learn about service possibilities! H&I (Hospitals and Institutions) Orientation, North County Alano Club, 4198 Mission Ave, Oceanside, 92057 The third Saturday of every month <https://nchandi.org/orientation>
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Craig W., of AA GSO NY, has asked the links to the 3 documents listed below be circulated widely to gather more member's shared experience/stories for the following literature which will soon be updated:

- **The 4th Edition Spanish BB https://mcusercontent.com/f09006e3162a724435531fda9/files/d80b0dff-480b-08eb-5dab-b7bfc9cb89c7/Announcement_4th_Ed_BB_EN.pdf**
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- **The 5th Edition English BB https://mcusercontent.com/f09006e3162a724435531fda9/files/aa7fa9df-eb4a-dfbc-a737-eb4eb00e4923/Announcement_5th_EditionBB_EN.pdf**
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- **The Pamphlet AA for the Black and African American Alcoholic https://mcusercontent.com/f09006e3162a724435531fda9/files/eb191c2a-db25-2004-7723-c17b9c35ca4a/Announcement_AA_Blck_Afrcn_Amrcn_EN.pdf**

With an Attitude of Gratitude,

Craig Weidner

G.S.O. Staff- Groupservices Coordinator

General Service Office of Alcoholics Anonymous

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(212) 870-3287

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