

January 2024

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Step 1 We admitted we were powerless over alcohol—that our lives had become unmanageable.

Tradition 1 (Short Form) Our common welfare should come first; personal recovery depends upon AA unity.

Concept 1 Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.



Personal Story—Understanding Step One (Rick R.)	Page 1
Latest Intergroup Minutes	2 – 3
Central Office and H&I News	4
Personal Story (cont'd) and After-Hours Phone Report	5
Financial Report and Contributions	6 – 11
Upcoming Events	12
Special Occasions This Month	13

North County Central Office
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Vista, CA 92084

Phone 760-758-2514

Email office@ncsandiegoaa.org

Website ncsandiegoaa.org

Willing to go to any links?
...for other local AA info & events

SD Central Office aasandiego.org

GSO Local area8aa.org

NC H&I nchandi.org

NC YPAA nsdypaa.org

Understanding Step One

Sometimes We Pick the Fruit Before its Ripe

By Rick R.

I wish I could say that everyone that enters the doors of AA has an equal shot at getting sober and staying that way for the rest of their lives but, depending on the different reasons why each individual decides to give AA a chance, coupled with the degree of desperation that caused that person to delve into what the program has to offer, we get a variety of different results. When I arrived at my first meeting, I was desperately looking for what I thought was a solution to an impossible situation. I was defeated and absolutely demoralized. Within minutes of being exposed to the sober members of that group I was convinced that I had found the solution to my hopeless condition and the desire to drink was removed from me on the spot and has never returned. That was on Oct. 15, 1969. I wish every new member could have that type of experience, but we know that many of us are not that receptive in the beginning.

Most of the members of that early group were over forty years old and I was only 28 yrs. old but I was the exception at that time. Meetings were much smaller since there were no rehab facilities intervening in the alcoholic's drinking escapades, so they did not start hitting their bottom till their forties or fifties and it had something to do with midlife crisis or was that just a coincidence. What I do see that is different from my experience is the blurred line when comes to the first requirement for AA membership: "a desire to stop drinking." or employer told me that I had to stop drinking, considering the relief I got from the bottle, I doubt that I would have been as receptive to getting sober, and if I had, I am sure I would have relapses as much as any of those who, unfortunately, struggle with staying sober.

(Continued on page 5)

North County Intergroup Association of A. A.

Meeting Minutes January 10, 2024

Date / Time:

The monthly meeting of the Intergroup Committee was called to order by the Chair Mike L. at 6:30pm

(Zoom id: 318 406 912)

Attendance:

Chair, Mike L, Co Chair Valerie M, Secretary Lisa F, Treasurer Jay M. Member at large Debra K, Earl T. and Office Manager Liz H.

Traditions:

Read by Tyler

Prior Month's Minutes: Lisa F. (760) 207-2327 E-Mail: Frostlisa147@gmail.com

Read by Lisa F. After one (1) correction to the financial report, the minutes were approved.

Financial Report: Jay M. (760) 2073726 E-Mail: Treasurer@ncsandiegoaa.org

The month-end financial report was presented by Jay M. December revenue \$8,184, expenditures \$8,126, with a net profit of \$58. The prudent reserve at December 2023 month-end was 12 months. YTD net profit was \$17,960. YTD uses average expenses over the year. Report was approved as read.

Central Office Report: Liz H. (760) 758-2514 E-Mail: Manager@ncsandiegoaa.org

Book sales are going well. Big Books are 30% off and all other books are 20% off until March. The Monthly Viewpoint will be going digital. Still looking for a new Webmaster. Might be a paid position or handled by an outside company. Still gathering information to make the best decision for the Website. Hired Tom C. to be a part-time fill-in employee at The Central Office. For any information on AA events please go to our website ncsandiegoaa.org.

Public Information: Michelle M. (760) 285-1241 E-Mail: Publicinformation@ncsandiegoaa.org

Michelle is looking at more places that will carry our AA Pamphlets. Going to hospitals, libraries, churches, etc. Please contact her with any ideas you may have that will get the AA message out there.

Telephone Committee: Laura C. (760) 271-1739

Laura C. reported 5 open shifts: 1st Sunday 9-1pm, 3rd Sunday 9pm-9am(Monday), 5th Sunday 9-1pm, 4th Wednesday 10pm-9am (Thursday), 5th Sunday 9pm-9am(Monday). The 5th week commitments are about once every 3 months. They also need a Team Captain for Tuesdays who makes sure phones are turned over to the volunteers. The Committee always needs more volunteers for their waiting list for backup and future openings and also needs more people who are willing to talk on the phone to people who want to know about AA and sobriety.

Archives Committee: Danny O. (619) 884-7272 E-Mail: Archives@ncsandiegoaa.org

Danny is asking for group history reports. Can be an older or newer meeting. There is a form to fill out on our website. Will be displayed at this year's Tradition Breakfast and at other upcoming events where we have an Archive Table.

Outreach Committee: TBD

We are still looking for someone who can be the new Outreach Chair. Intergroup Reps please take this to your meetings. 2 years sobriety suggested and it is a 1 year commitment. Debra K. is a member at large on the Business Committee and will be working and guiding the new Chair.

NCH&I Committee: Rick L. (760) 803-5733 email: NorthCountyHandi@gmail.com

The next monthly meeting will be January 20, 2024 at the Oceanside Alano Club at 4198 Mission Avenue in Oceanside at 9am. If interested, stay for the 9:45 board meeting. The beginning balance in December was \$10,247.15. Green can was \$791.98. Group donations were \$967.40. Total expense was \$95.95

Special Events Committee: Debra F. 619-252-7179 email: specialevents@ncsandiegoaa.org

The Traditions Breakfast will be on Sunday March 17, 2024. Tickets are \$40.00 and tables are \$400.00. **Those that purchase a table are assigned a table # based on the time of purchase.** You can purchase tickets online or at the Central Office. All tickets and table purchases need to be picked up at The Central Office. Link S. is our Speaker. Doors open at 8am and breakfast begins at 9am. Deadline to purchase tickets will be March 10, 2024. She is looking for volunteers to be floor captains and ushers. Please contact Deborah if interested in being involved.

Area Assembly: Linda R (760) 815-0207 E-Mail: LindaR@ncsandiegoaa.org

Linda R. is the Area 8 Liaison. On Saturday January 13, 2024 there will be the Area 8 Orientation Assembly at San Rafael Catholic Church. 17252 Bernardo Center Drive, San Diego. There was a motion on the standard mile reimbursement rate at the last Area Committee. This will be brought up at the Assembly this Saturday to vote on. Please go to Area8aa.org for information on any events going on in our Area.

Business Committee:

Old Business:

Still looking for a Webmaster and Viewpoint editor.

We are looking for ways to spend our excess funds. One way is to potentially hire a company to manage our Website.

New Business:

At the Business Committee Meeting we were talking about how to spend our excess funds. Mike L. suggested we have our Central Office Manager Liz H. reach out to the Hispanic Central Office of North County if they would be in need of a donation. Considering paying someone in AA to be our new Website Manager. The Members At Large on the Business Committee have a 6 month commitment and they will be staying on for another 6 months. In June, 2024 we will then have elections which at that time Mike L.(Chair) will be rotating off.

Mike L. asked the Representatives to go to their groups to see if anyone would like to be the new Outreach Chair. Needs 2 years of sobriety and is a 1 year commitment.

Elections: None

Announcements and questions:

There is a 50th anniversary party for Paul C at the Harding Street Community Center on **Sunday** January 28, 2024. Lunch will be provided and cake will be at 3pm.

Jay M. announced that District 2 is putting on a Safety in AA workshop in March. Our next planning meeting will be on zoom on Monday January 29, 2024 at 6pm. If interested they need volunteers to be table captains, help with the coffee station and registration, etc. Intergroup will help fund this workshop. On February 10 there will be another workshop entitled AA Literature, potential changes at the Wyndham Bayside Pacific Ballroom in San Diego. A Pacific Regional Trustee Riley K will be heading this workshop. It will be from 12-4pm. Please go to our website at ncsandiegoaa.org for upcoming events.

In attendance: 20 representatives on zoom and 19 in person: 6 new reps. Meeting adjourned at 7:28 pm.

Next Intergroup meeting is February 14, 2024 at 6:30pm

NORTH COUNTY CENTRAL OFFICE NOTES

As always, we give a big THANK YOU to our volunteers who assist callers and visitors with:

- 12-Step Calls
- Literature Sales
- Meeting Information
- Other Helpful Information, as needed

TWO GREAT SERVICE OPPORTUNITIES AVAILABLE NOW

- WEBMASTER (NCSANDIEGOAA.ORG)
- NEWSLETTER (VIEWPOINT) EDITOR

ALSO, VIP

Please call the Central Office with any information on meeting updates.

Finally, please call regarding open volunteer shifts available at Central Office.

OTHER NOTES OF IMPORTANCE

AA BOOKS DISCOUNTS JAN – MAR 2024

BIG BOOKS
30% OFF

OTHER BOOKS
20% OFF

2024 INTERGROUP TRADITIONS BREAKFAST

SUNDAY

March 17th, 2024

Doors Open at 8AM
& Breakfast at 9AM

California

Center for the Arts

340 N. Escondido Blvd
Escondido, CA 92025

Link to flyer: <https://ncsandiegoaa.org/wp-content/uploads/2023/12/2024-TB-Flyer.pdf>

NORTH COUNTY H&I COMMITTEE NEWS

H&I Orientation each month is on the 3RD Saturday 9am - 945am and is followed by the Business Meeting from 9.45 am - 11am at the North County Alano Club 4198 Mission Ave, Oceanside, CA 92057

Current H&I Coordinators and Panelists are asked to Check In with Facilities Chairs / If Literature is needed, Please Log On to <https://nchandi.org/resources>

To Put in Orders
or Text or Call NCH&I Librarian Andrew @
760.978.1539

Spanish Speaking AA Panels are Available in North County Spanish - English Bilingual Please Contact - Rodrigo @760.586.0813

ANNOUNCEMENTS JANUARY 2024

Info Provided at Intergroup Meeting:

The beginning balance in December was \$10,247.15.
Green can was \$791.98. Group donations were \$967.40.
Total expense was \$95.95

Info Provided to viewpoint@ncsandiegoaa.org

No info submitted for this month.

Questions:

Contact Chairperson

Rick L. (760) 803-5733

Email: NorthCountyHandi@gmail.com

(Understanding Step One) *Continued from Page 1*

It appears that many of the AA members of today have seen a high percentage of relapses and they attribute that as an abysmal success ratio in AA, but they assume that just because they were sent to AA, from a rehab facility that they should be lumped in with those, like me, who had a desire to stop drinking and came in looking for answers. These relapses are the natural result when the desire to drink is stronger than the desire to stay sober.

In the Foreword to the second edition of the Big Book it says: Of alcoholics who came to AA, and really tried, 50% got sober at once and remained that way: 25% sobered up after some relapses. I often ask a newcomer what caused them to give AA a visit and most of them say that the main reasons were DUI's, Work related requirements, and spouse's ultimatums. Occasionally someone says, "I just ran out of ideas, and I need help". The latter is usually the one in ten that stays sober without relapse.

I also believe that if you counted only the ones that came in searching for answers, the same ratio as in the foreword to the Big Book would still apply. Seventy five percent is not bad. The good news is that many of the members that are here as the result of intervention or other motivations often become what they refer to as the "educational variety" often get sober years before they would have had they not been intervened upon. We treat these newcomers with empathy, compassion and understanding. The awareness in the community has taken away much of the stigma (not all) of being cursed with the disease of alcoholism and where we had meetings totaling ten or twelve members, we now have twenty to forty members attending. Sometimes the fruit gets picked before it is ripe, but it is never discarded.

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Intergroup Report – Phone Committee

Key points for your Intergroup Report to your Group

- ★ **OPEN SHIFTS AVAILABLE**:**
 - 1st Sunday, 9am to 1pm - this is a once-a-month commitment
 - 5th Sunday, 9am to 1pm -
 - 5th Sunday, 9pm to 9am Monday
 - 5th-Week commitments are about once every 3 months
- ★ **We *always* need more Volunteers for our waiting list for backup and future openings.**
- ★ **We *always* need more people who are willing to talk on the phone to people who want to know about AA and sobriety.**



**It is not necessary to answer your phone "Alcoholics Anonymous."
You will receive lots of support and instruction.

Financial Highlights FYTD

July 2023 - June 2024

Summary	Jul-2023	Aug-2023	Sept-2023	Oct-2023	Nov-2023	Dec-2023	FYTD Actuals
Total Sales	3,704	4,217	3,186	3,222	2,631	3,407	20,366
Total Cost of Goods Sold	3,143	3,539	2,406	2,356	1,956	2,676	16,077
Total Discounts (Net)							-
Gross Profit for Sales	560	678	780	866	675	731	4,290
Group Contributions	10,991	8,496	8,148	10,796	11,130	7,793	57,354
Member Contributions	706	351	5,413	311	234	528	7,543
Traditions Breakfast (Net)	-	-	-	-		(1,158)	(1,158)
Anniversary Meeting (Net)	-	(51)	-	-			(51)
Bank Interest Earned	285	296	297	288	299	291	1,756
Total Other Revenue	11,982	9,092	13,858	11,395	11,664	7,454	65,444
Total Revenue	12,542	9,769	14,638	12,261	12,339	8,184	69,733
Total Operations Expense	8,164	11,851	7,998	8,204	7,430	8,126	51,773
Other Misc Expenditures				-			-
Net Profit or (Loss)	4,378	(2,082)	6,640	4,057	4,909	58	17,960
YTD Net Profit or (Loss)	4,378	2,296	8,937	12,993	17,902	17,961	
Prudent Reserve Status							
Business Checking / Current Month	46,811	46,912	52,969	54,590	58,182	63,705	FYTD Avg
Money Market Total	17,436	17,437	17,437	17,438	17,439	17,439	17,438
CD #3678 11MO US Bank (4/2/24)	20,143	20,216	20,289	20,360	20,434	20,506	20,325
CD #3926 15MO US Bank (8/2/24)	20,146	20,220	20,295	20,368	20,443	20,517	20,332
CD #4064 19MO US Bank (12/2/24)	20,149	20,226	20,302	20,377	20,454	20,529	20,339
CD #3371 19MO US Bank (7/2/2025)	20,140	20,211	20,282	20,352	20,424	20,494	20,317
Certificates of Deposit Total	80,578	80,873	81,169	81,457	81,755	82,045	81,313
Total Prudent Reserve Funds	98,013	98,309	98,606	98,895	99,194	99,484	98,750
Current Month Operating Expense	8,164	11,851	7,998	8,204	7,430	8,126	8,629
Number of Months in Reserve Funds	12	8	12	12	13	12	12

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THANK YOU TO THE GROUPS FOR YOUR CONTINUED SUPPORT

NORTH COUNTY INTERGROUP GROUP CONTRIBUTIONS

Group Contributions	THRU NOV	Current DEC	FYTD Jul 2023- JUN 2024
Bonsal Burning Embers	-		-
Borrego Springs - SUN 11AM Spiritual Progress at Senior Center	500		500
Camp Pendleton - FRI Dry Dock 20 (SARP)	-		-
Camp Pendleton - WED Tag Team	-		-
Cardiff - Friday Happy Hours	-		-
Cardiff - Ki's Weekender	50		50
Cardiff - M-W-F Back to Basics 7AM #94406 (was 614661)	704	226	930
Cardiff - Wed-Sun 7:30AM Glen Park	559		559
Cardiff - Zoom House	-		-
Carlsbad - Daily Village People AA Zoom	128		128
Carlsbad - Daily 7AM Zoomhouse	-		-
Carlsbad - Daily 8AM Zoom Meat & Potatoes		339	339
Carlsbad - FRI Nite Lights 6PM GSO #000115831	82	48	130
Carlsbad - FRI 7 AM Attitude Adjustment (formerly at King of Kings)		240	240
Carlsbad - MON 7PM Tri-City Recovery	125		125
Carlsbad - MON Night Step A Month Study Group 158720	371		371
Carlsbad - SAT 4PM Calavera Park	-		-
Carlsbad - SAT 9AM Women Living In Recovery	509		509
Carlsbad - SAT Keep It Simple	400		400
Carlsbad - Sobriety Rocks 830 AM Daily Reflection 705313	2,360	1,500	3,860
Carlsbad - Sobriety Rocks SAT Night Speaker	504	739	1,243
Carlsbad - Step Sisters FRI 630PM at New Song Church	594		594
Carlsbad - SUN 9AM Poinsettia Reflections	126		126
Carlsbad - THU AA Workshop 730PM Group 000098218	300		300
Carlsbad - TUE Men's Group at Heritage Hall	726	234	960
Carlsbad - WED Night Women Living in the Solution #125405	318		318
Del Mar - Men's God or Vodka 691188	1,947		1,947
Del Mar - MON Under Repair @ Del Mar Automotive	263		263
Del Mar - Sunday (121575)	261		261
Encinitas - Balour Groups - 126248 / 094625	1,800		1,800
Encinitas - FRI 10AM Women's 12x12 Book Study 658941	-		-
Encinitas - FRI 630PM Balour Women's Step Study	-		-
Encinitas - FRI 730pm 11th Step Meeting	500		500
Encinitas - FRI 7AM Women's Sunrise Step Study	290		290
Encinitas - Glen Park WED-SUN 730AM	-		-
Encinitas - MON Nite Big Book Study	-		-
Encinitas - MON North Coastal Women's 725454	197		197
Encinitas - MON Women Living In The Solution #144963	639		639
Encinitas - San Dieguito Fellowship (aka 2nd St)	1,000		1,000
Encinitas - SAT 8 AM Women of Olivenhain Group 652027	-		-
Encinitas - SAT Dr Bob's V	-		-
Encinitas - SAT Surf Dogs 989954	957		957
Encinitas - SUN 630 PM Women's 11TH Step Meditation	-		-
Encinitas - SUN 830AM Cottonwood Creek Park	268		268
Encinitas - THU Women's Roving AA Group 166964	-		-
Encinitas - TUE 7 PM North Coastal Men's 686387	214	315	529
Encinitas - TUE Night Men's (691466)	-		-

NORTH COUNTY INTERGROUP GROUP CONTRIBUTIONS

Group Contributions	THRU NOV	Current DEC	FYTD Jul 2023- JUN 2024
Encinitas - WED 10AM Women's Love & Tolerance	423		423
Escondido - ACE Online #2	-		-
Escondido - ACE Zoom Nightly 6'er	611	285	896
Escondido - Alano Club (ACE)	-		-
Escondido - Attitudes 7AM Daily In Person	1,000		1,000
Escondido - Attitudes 7AM Daily on Zoom	-		-
Escondido - Daily Reflections #715620	-		-
Escondido - FRI 6PM @ Alano Club	-		-
Escondido - FRI 8PM Candlelight at ACE	-		-
Escondido - FRI Pizza & Cigars Men's	-		-
Escondido - Lounge Lizards Men's FRI 730PM	-		-
Escondido - Men's Misfits Book Study WED 7PM	-		-
Escondido - MON 10AM BB and 12 & 12 Study	-		-
Escondido - MON 6PM Women's Book Study on Zoom	12		12
Escondido - MON Big Book 8PM @ ACE	-		-
Escondido - MON Men's N.I.A.O.B	278		278
Escondido - MON Noon Lunch Bunch	25		25
Escondido - MON Women's Zoom Speaker	160		160
Escondido - SAT 10AM Women's "A New Beginning" GSO 162446	-		-
Escondido - SAT 10PM The Nest LGBT & Allies at ACE	-		-
Escondido - Sat 9AM Taxi Group 161982	-		-
Escondido - SAT BEGOT GSO 113952	-		-
Escondido - Sat Noon at ACE	-		-
Escondido - SAT We Not Me Group 730PM	-	200	200
Escondido - SAT Womens SYOA Group	-		-
Escondido - SUN 730 PM Speakers at ACE	-		-
Escondido - SUN 930AM Taxicab	-		-
Escondido - Sunday Morning Paper	248		248
Escondido - THU 615PM Women's 12x12 GSO 145426	-		-
Escondido - THU 6PM Mix At Six	-		-
Escondido - THU Living Room 12 & 12 Group	360		360
Escondido - TUE 630PM As Bill Sees It Closed Women's Group	385		385
Escondido - TUE 6PM at Alano Club	-		-
Escondido - TUE 6PM Women's As Bill Sees It Zoom	40		40
Escondido - TUE Noon at Alano Club	-		-
Escondido - WED 6PM at ACE	-		-
Escondido - WED Grass Roots AA Noon	120		120
Escondido - WED Noon As Bill Sees It Zoom	103		103
Fallbrook - FRI Goat Barn Group #371640	260		260
Fallbrook - FRI Noon Happy Hour at Community Baptist	50		50
Fallbrook - Men's We R Not Saints WED 730PM #133736	-		-
Fallbrook - MON Noon at Hilltop	120		120
Fallbrook - SAT 10AM at Hilltop	-		-
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUD 168661	175		175
Fallbrook - THU Noon at Hilltop	-		-
Fallbrook - TUE 630PM Men's Step Study at Hilltop Center GSO 7226	-		-
Fallbrook - TUE Women's Turn It Over	200		200

NORTH COUNTY INTERGROUP GROUP CONTRIBUTIONS

Group Contributions	THRU NOV	Current DEC	FYTD Jul 2023- JUN 2024
Group - 149444	-		-
Group - 3PM Zoomers	-		-
Group - 630869	-		-
Group - 698543	-		-
Group - 719934	-		-
Group - 725500	-		-
Group - Eyeopeners Daily Reflection Zoom	469		469
Group - LGBTQ and Friends	-		-
Group - North County Women's Literature Study	-		-
Group - Ocean Air Nooner	-		-
Group - Riding Sober	-		-
Group - THU Night Zoomers #000440871	77		77
Group- Anon Group	26		26
Group Online "52 Weeks"	-		-
Group Online TUE 6PM Closed Women As Bill Sees it	-		-
Group Online Women's - Letting Go	-		-
Julian - TUE 6PM Sisters in Recovery #660727	-		-
La Costa 12 Steps and Traditions	125		125
La Costa MON 7PM Womens #705535	-		-
La Costa THU 8PM at St Elizabeth Seton Catholic Church #639000	-	117	117
Leucadia - Six Step House Daily Meetings	1,250		1,250
LGBTQ and Friends GSO #335539	-		-
Oceanside - Camelot Fellowship	3,750		3,750
Oceanside - Daily Noon Brown Baggers (NCAC) 100836	-		-
Oceanside - Fire Mountain Fellowship (Men's)	365		365
Oceanside - Freethinkers Zoom	-		-
Oceanside - FRI 5PM As Bill Sees It	100		100
Oceanside - FRI 7PM Irregulars Speaker & Disc	-		-
Oceanside - FRI Noon Brown Baggers at NCAC	-		-
Oceanside - MON 7PM Tri-City Recovery	-		-
Oceanside - MON 8PM 12&12 at King of Kings 101714	88	33	121
Oceanside - MON Ladies Book of Choice Meeting #299393	-		-
Oceanside - MON Men's at St. Margaret's	-		-
Oceanside - SAT 11AM NCAC # 713514	151		151
Oceanside - SAT 7 AM No More Hangovers 000062363	310	103	413
Oceanside - SAT 830PM @NCAC Tiki Torch Bon Fire	81		81
Oceanside - Saturday 7PM Speakers at NCAC	207		207
Oceanside - Saturday 905AM Morning Discussion	157		157
Oceanside - South Oceanside Men's WED 730PM #100636	285		285
Oceanside - SUN 7PM at NCAC 7X7	143		143
Oceanside - SUN Serenity Step Study GSO# 725165	144		144
Oceanside - THU 630PM Girls With Gratitude	103		103
Oceanside - THU Night Beginners at NCAC	63		63
Oceanside - TUE 7PM Chip-in Group #141126	163		163
Oceanside - TUE Beginners at Immanuel	-		-
Oceanside - WED 5PM SOS Big Book Study	-		-
Oceanside - WED 7PM Womens Singleness of Purpose #712613	399		399

NORTH COUNTY INTERGROUP GROUP CONTRIBUTIONS



Group Contributions	THRU NOV	Current DEC	FYTD Jul 2023- JUN 2024
Oceanside - WED Noon Stools and Bottles at NCAC	-	115	115
Oceanside - WED Noon Women's Handbag Meeting #606873	583	535	1,118
Oceanside -SUN 11AM Discussion NCAC	-		-
Oceanside -THU Noon Brown Bagger at NCAC	120		120
Oceanside -THU Women's 12x12 Study #338069	314		314
Oceanside -TUE 7AM Big Book (NCAC)	-		-
Oceanside -TUE 8PM at NCAC	-		-
Olivenhain - SUN 5pm Closed Men's Earlybirds	193		193
Olivenhain - TUE Night Men's 530 (691466)	600	100	700
Pauma Valley - WED 7PM Red Trail Group 697921	64		64
Poway - Freedom of Choice Big Book Study #157949	-	103	103
Poway - FRI 10AM Women's Way Thru The 12 Steps	494		494
Poway - FRI 5pm Alive Again #367094	-		-
Poway - FRI Noon Acceptance at St. Bart's	541		541
Poway - MON 930 AM Womens Here And Now Group 124993	175		175
Poway - MON Night Men's	-		-
Poway - SAT 7AM Poway Recovery Center	210		210
Poway - SAT Morning Sisters in Recovery	-		-
Poway - SAT Morning Women's Discussion	-		-
Poway - SUN 7AM at PAC	-		-
Poway - SUN 9AM Men's Sunday Morning	185		185
Poway - THU 6PM Steppin out with the Ladies	-		-
Poway - THU Noon Fresh Start at St. Bart's Keeping It Simple	200		200
Poway - TUE 730PM Men's Group 145339	220		220
Poway - TUE Noon Keeping it Simple at St. Bart's #51105	-		-
Poway - TUE Old School Men's	105	60	165
Poway - Women Seeking Solutions #640365	-		-
Poway - Womens Winner Winner Chicken Dinner GSO 725344	-		-
Ramona - WED Men's Discussion 8PM at RRC	250		250
Ramona Backwoods Revival	-		-
Rancho Bernardo - Daily Early Birds 7AM	-		-
Rancho Bernardo - FRI San Rafael Disc. 7AM	-	100	100
Rancho Bernardo - MON Noon Men's HALT	100		100
Rancho Bernardo - MON Women's Big Book MON 730PM	-		-
Rancho Bernardo - THU 7PM As Bill Sees It (619740)	267		267
Rancho Bernardo - TUE Women Seeking Solutions #640365	262		262
Rancho Bernardo - TUE 7 AM at San Rafael		75	75
Rancho Bernardo -TGIF at 8PM Group 136313	199		199
Rancho Bernardo - WED Women's 7 AM at San Rafael		50	50
Rancho Santa Fe - FRI Beginners (163076)	48		48
Rancho Santa Fe - Just the Black Print (713516)	1,627		1,627
Rancho Santa Fe - MON 7PM Big Book Disc Group	-		-
Rancho Santa Fe - THU Noon Prof Women 169665	581		581
Rincon - Friday Night Carry the Message	-		-
Rincon Res - Step Study at Fire Station GSO 723004	-		-
San Marcos - FRI Nite Problems & Solutions	69		69
San Marcos - FRI Speaker & Participation 7:45 at Panorama Center	1,157	652	1,809

NORTH COUNTY INTERGROUP GROUP CONTRIBUTIONS

Group Contributions	THRU NOV	Current DEC	FYTD Jul 2023- JUN 2024
San Marcos - FRI Waterworks 12&12	-		-
San Marcos - MON 7AM Broken Yolk	35		35
San Marcos - MON 7PM Rose Ranch	125		125
San Marcos - MON Night Rose Ranch Men's #172523	202		202
San Marcos - MON Noon Promise of a New Day #664247	-		-
San Marcos - SAT 3PM Discovery Group at St. Mark's	150	50	200
San Marcos - SAT Night Speakers	-		-
San Marcos - SUN 10AM Daily Reflections GSO 100813	-		-
San Marcos - SUN Misfits Women's (684196)	243		243
San Marcos - TUE 7PM "Out of the Woods" Book Study #712487	-		-
San Marcos - TUE 7PM Avalon One GSO 163394	-	50	50
San Marcos - TUE Rose Ranch Men's 7PM	128		128
San Marcos - TUE Sunset Sisters	-		-
San Marcos - WED "The Readers" at Panorama Center	-		-
San Marcos - WED 630 PM Men's Blind Leading the Blind #652308	50		50
San Marcos - WED Noon Stick Meeting	400		400
Santa Ysabel -TUE Back Country Book Study (630869)	-		-
Shelter Valley - MON 11AM Keep It Simple	-		-
Solana Beach - MON-FRI 7AM Belly Up 3rd Tradition	5,275	1,043	6,318
Solana Beach - SAT 7AM Know Promises	170		170
Solana Beach -THU Noon Women's Hope & Trust	-		-
Solana Beach -THU Noon Women's Hope & Trust	(200)		(200)
Solana Beach -TUE Torrey Pines Open Discussion		250	250
Sorrento Valley - Nooners	-		-
Valley Center - MON 7PM Slow Learners BBSG (689359)	50		50
Valley Center - SUN Rovers Welcome Home Group	50		50
Vista - Daily Came To Believe at Emmanuel Bible Church	15		15
Vista - Daily Noon Solutions Online	403	60	463
Vista - FRI Sunset Speakers	240		240
Vista - MON 730pm Men's - Filling Station (STEPS)	510		510
Vista - MON Discussion GSO 148993	-	70	70
Vista - SAT Women's Hope & Gratitude #719934	336		336
Vista - SUN 10AM at Gas & Steam Museum	177		177
Vista - SUN 6pm Women's Literature Study #772316	91		91
Vista - THU Robber's Roost Men's Group	1,200		1,200
Vista - THU Women Living in the Solution Group 161663	-		-
Vista - TUE Came to Believe 7:00PM	1,246		1,246
Vista - TUE 6 PM Womens 12x12 at Steps	-		-
Vista - TUE 6pm Not So Tippy	180		180
Vista - WED 630PM Free Thinking Women 714985	175		175
Women's What's Great		103	103
Warner Springs - WED Online Discussion	35		35
Total	49,561	7,793	57,354

NORTH COUNTY INTERGROUP WEBSITE UPCOMING EVENTS

CALENDAR: [HTTPS://NCSANDIEGOAA.ORG/CALENDAR](https://ncsandiegoaa.org/calendar)

<div style="border: 1px solid #ccc; padding: 10px;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="background-color: #007bff; color: white; padding: 5px; border-radius: 5px;">FEB</div> <div style="font-size: 24px; font-weight: bold; color: #007bff;">7</div> <div style="font-size: 10px; color: #007bff;">Wed</div> </div> <div style="margin-top: 10px;"> <h3 style="margin: 0;">INTERNATIONAL WOMEN'S CONFERENCE ONLINE</h3> <p style="margin: 0;">Feb 7 – Feb 11 all-day</p> <p style="margin: 0;">INTERNATIONAL WOMEN'S CONFERENCE ONLINE</p> <p style="margin: 0;">http://internationalwomensconference.org</p> </div> <div style="text-align: center; margin-top: 20px;">  </div> </div>	<div style="border: 1px solid #ccc; padding: 10px;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="background-color: #007bff; color: white; padding: 5px; border-radius: 5px;">FEB</div> <div style="font-size: 24px; font-weight: bold; color: #007bff;">14</div> <div style="font-size: 10px; color: #007bff;">Wed</div> </div> <div style="margin-top: 10px;"> <h3 style="margin: 0;">North County Intergroup Meeting (now In Person and on Zoom)</h3> <p style="margin: 0;">Feb 14 @ 6:30 pm – 7:30 pm</p> <p style="margin: 0;">This Wednesday (2nd) evening, at 7:00PM the next North County San Diego Intergroup meeting will be held in a Hybrid Format:</p> <ul style="list-style-type: none"> "In Person" at the North County Alano Club – 4198 Mission Ave Oceanside CA 92057 (East of the Mission – off Academy Rd) "Virtually" via Zoom at HTTPS://us02web.zoom.us/j/318406912 (Meeting ID: 318 406 912) Zoom Meeting ID: 318 406 912 FYI ~ there is an Info Session for New and Returning members at 6:30PM <p style="margin: 0;">And...</p> <ul style="list-style-type: none"> For those attending on Zoom, please sign in early and put your first name and last initial in the first box and group name in the second box Digital meeting handouts will be provided on Wednesday morning to all those registered. <p style="margin: 0;">Please call Central Office at 760-758-2514, or -2515, if you have any questions.</p> <div style="text-align: right; margin-top: 10px;"> Read more → </div> </div> </div>
<div style="border: 1px solid #ccc; padding: 10px;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="background-color: #007bff; color: white; padding: 5px; border-radius: 5px;">FEB</div> <div style="font-size: 24px; font-weight: bold; color: #007bff;">17</div> <div style="font-size: 10px; color: #007bff;">Sat</div> </div> <div style="margin-top: 10px;"> <h3 style="margin: 0;">Men's Sponsorship Workshop</h3> <p style="margin: 0;">Feb 17 @ 8:30 am – 11:30 am</p> <h2 style="margin: 0;">Men's Sponsorship Workshop</h2> <p style="margin: 0;">Questions & Answers on Sponsorship</p> <p style="margin: 0;">When: Saturday, 17, 2024</p> <p style="margin: 0;">8:30 AM Registration, Coffee & Donuts 9:00 AM – 11:30 AM – Program</p> <p style="margin: 0;">Where: St. Patrick Catholic Church</p> <p style="margin: 0;">3821 Adams Street, Carlsbad 92008</p> <p style="margin: 0;">(Tamarack exit east on I-5. Enter from Adams Street, Parish Hall on right.)</p> <p style="margin: 0;">What to Expect</p> <ul style="list-style-type: none"> ❖ Speakers ❖ Table Discussions ❖ Ask-It Basket ❖ Sobriety Countdown ❖ Free Raffle for AA Books <p style="margin: 0;">2024 – Flyer – Men's Sponsorship Workshop PDF</p> <div style="text-align: right; margin-top: 10px;"> Read more → </div> </div> </div>	<div style="border: 1px solid #ccc; padding: 10px;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="background-color: #007bff; color: white; padding: 5px; border-radius: 5px;">MAR</div> <div style="font-size: 24px; font-weight: bold; color: #007bff;">17</div> <div style="font-size: 10px; color: #007bff;">Sun</div> <div style="background-color: #28a745; color: white; padding: 5px; border-radius: 5px; font-size: 10px;">Tickets</div> </div> <div style="margin-top: 10px;"> <h3 style="margin: 0;">44TH Annual Traditions Breakfast</h3> <p style="margin: 0;">Mar 17 @ 8:00 am – 11:30 am</p> <div style="text-align: center; margin-top: 10px;"> <p style="margin: 0;">44TH Annual Traditions Breakfast</p> <p style="margin: 0;">CA Center For Arts</p> <p style="margin: 0;">340 North Escondido Blvd, Escondido, Ca. 92055</p> <p style="margin: 0;">https://ncsandiegoaa.org/traditions-breakfast</p> </div> <p style="text-align: center; margin-top: 20px; font-weight: bold; font-size: 14px;">Pay Online & Pick Up at Central Office</p> <div style="text-align: center; margin: 10px auto; width: 150px;">  </div> <p style="text-align: center; margin-top: 10px;">For More Info Call / Text Deborah F. 619-252-7179</p> </div> </div>

Special Occasions This Month January 2024



IT'S A GREAT MONTH TO GET SOBER - HERE'S THE PROOF:

(just a few of our members that we know of)

Member	Years		Member	Years		Member	Years
Anthony D.	2		Bill R.	20		Dave R.	31
Lori R.	2		Susan	22		Kevin D.	31
Matt	2		Kelly R.	24		Liz L.	37
Jean H.	6		Denny F.	24		Becky A.	40
Teresa	12		Karen H.	25		Dan W.	42
Michelle	12		Terry F.	26		Joy R.	43
Jodi J.	13		Jimmy S.	27		Bob K.	45
Robin M.	14		Javier L	28		Paul C.	50
Mike H.	15		Kas	29		Kenny M.	51
Megan	18		Michele D	29		Oreo Bob	55
Bruce	19						

If you have a birthday next month let us know and we'll add it to the newsletter.

We are Not a Glum Lot!