

October

2025

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Step 10—Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10—(Short Form) Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Concept 10—Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

VIEWPOINT

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**North County Central Office 1020
S. Santa Fe Ave. Suite B Vista, CA
92084**

Phone 760-758-2514
Email office@ncsandiegoaa.org
Website ncsandiegoaa.org

Check Out the Upcoming Events
ncsandiegoaa.org/calendar

**Willing to go to any links?
...for other local AA info & events**
SD Central Office aasandiego.org
GSO Local area8aa.org H&I
nchandi.org
YPAA nsdypaa.org

Tenth Month: Tenth Step

With each passing month, our 12-Step program offers guidance in its daily literature on each step, providing insight into how that step will benefit our daily lives. Since October is the tenth month, highlighting the tenth step helps us better understand why it is essential to take a personal inventory throughout our day and each night when we retire.

Step Ten suggests, ***"Continued to take personal inventory and when we were wrong promptly admitted it."***

On page 86 in the Big Book of Alcoholics Anonymous, there is a list of questions that we should ask ourselves when taking our personal inventories daily.

"Were we resentful, selfish, dishonest or afraid? Do we owe an apology? Have we kept something to ourselves which should be discussed with another person at once? Were we kind and loving toward all? What could we have done better? Were we thinking of ourselves most of the time? Or were we thinking of what we could do for others, of what we could pack into the stream of life?"

(Continued on page 8)

North County Intergroup Association of AA Meeting Minutes

Date/Time: The monthly meeting of the Intergroup Association of AA was called to order at 6:30 PM by the Chair Jay M on Wednesday, October 8, 2025.

Attendance: Jay M (Chair), Lisa F (Co-Chair), Mike C (Treasurer), Ross S (Secretary), Sam L (Member at Large), Joe M (Member at Large), Liz H (Central Office Manager).

Traditions: Read by Shane.

Prior Meeting Minutes: Ross S. (858) 699-7324 | Secretary@ncsandiegoaa.org

- Minutes from the prior meeting were read by Ross S. and approved as amended.

Financial Report: Mike C. (714) 319-1877 | Treasurer@ncsandiegoaa.org

- The Treasurer's Report was presented by Mike C.
- Month End for August
 - Total Sales: \$3,101
 - Total Cost of Goods Sold: \$3,513
 - Gross Profit for Sales: (\$411)
 - Group Contributions: \$4,900
 - Member Contributions: \$245
 - Bank Interest Earned: \$275
 - Total Other Revenue: \$5,420
 - Total Revenue: \$5,008
 - Operational Expenses: \$11,047
 - Net Profit: (\$6,039)
 - Year-to-Date Net Loss: (\$8,786)
- Prudent Reserve
 - Money Market Account: \$27,457
 - Total Certificates of Deposit: \$88,138
 - Total Prudent Reserve Funds: \$115,594 (12 Months)

- Monthly Operational Cost: \$11,047
- Business Checking Account: \$27,730
- Jay noted that the MMF balance was lowered by \$5,000 and transferred to business checking as part of reducing the surplus.
- Motion was made to approve the financials as read. Motion was approved.

Central Office Report: Liz H. (760) 758-2514 | Manager@ncsandiegoaa.org

- The storage unit is secured, and move is ongoing to make room for more books.
- The Book sale is ongoing.
 - Souvenir books and Grapevine collector's edition books are available.
- The Central Office Managers meeting was highly valuable.
 - The focus is to better highlight Central Office services.
- Open shifts
 - First week Friday from 1-5
 - Second week Friday from 9-1

Public Information: Tyler A (760) 637-0239 | Publicinformation@ncsandiegoaa.org

- Tyler is stepping down. We appreciate his service.
- The responsibilities of this role were reviewed.
- New rep nominations will be accepted at the end of the meeting.

Telephone: Laura C. (760) 271-1739 | PhoneChair@ncsandiegoaa.org

- **After Hours Phone Service**
 - The afterhours phone service is an extension of Central Office that is available to help alcoholics 24/7.
 - Volunteers are needed to answer calls.
 - Third Thursday from 10PM - 6AM Friday Morning
 - Fifth Friday of the month from 5PM - 10PM
 - Sunday Captain
- **Text Helpline Update from Ross (858) 699-7324**
 - 36 Alcoholics helped so far.
 - The Coast News public awareness campaign has started.
 - Question was raised on whether the campaign violates the 11th Tradition. Consensus reached that it qualifies as public awareness, not promotion.
 - Volunteers are invited to assist with response coverage.

Archives: Ken G. (760) 504-5707 | Archives@ncsandiegoaa.org

- Ken is looking to capture AA group history and other relevant items from North County AA history. Please contact him if you would like to archive your group history or anything else AA related.
- An original manuscript of the big book was donated recently.

Outreach: Joel H. (760) 586-9245 | Outreach@ncsandiegoaa.org

- Joel would like to invite any and all groups without reps to join Intergroup and he is looking for subcommittee volunteers to represent different areas of the county.
- Linda will include the intergroup participation announcement in her upcoming Area 8 meeting.
- Hard copy flyers for distribution were suggested.

Special Events: Cynde F. (623) 882-6794 | SpecialEvents@ncsandiegoaa.org

- Sam L reporting for Cynde F.
- North County Gratitude Meeting Nov 8 San Marcos United Methodist Church from 9-12.
- Cynde is requesting \$300 on top of the remaining special events budget for this event.
- Motion was made to provide an additional \$300. Motion was approved.

NCH&I: Rick L. (760) 803-5733 | h&ichair@ncsandiegoaa.org

- Drew reporting for Rick
- Fall into service North vs. South chili cookoff event is in question. It might proceed on October 18th. Flyers are available. Harding St. 10:30 - 1:30. Chilli Cookers are needed. Contact Rick L. (Update: new date for this event is Dec.13th.)
To sign up go to: nchandi.org
- H&I panel orientation is every third Saturday at the Alano Club at 9:00 AM.
- North County Panels are full, so we are looking for new facilities. Please contact Rick for recommendations.
- San Diego H&I has open panels. Info at sdhandi.org.
- The H&I financial report is available at nchandni.org.
- Panel leaders/coordinators can request books at nchandni.org and someone will hand-deliver them.
- Rick will be rotating out as H&I chair and new board members will be elected in December.

Area Assembly: Linda R. (760) 815-0207 | Area8@ncsandiegoaa.org

- The next ACM is Thurs. Oct 16.
- The Election was held on Sept 13, our new Area 8 Delegate is Adrian O, Alt. Rodrigo. Chairperson is Nancy, Alt Riley. Treasure is Carrie, Alt. Link. Also, at the Assembly the 2026 Budget was discussed and whether to bring it to the Groups.
- The Budget Assembly is Nov. 15, 9am-4pm @ Seaside Center, 1613 Lake Dr. Encinitas, all are welcome.
- 85th Annual Pancake Breakfast, Sat. Oct. 25th , 8:30-11:30am @ Church Hall, 6556 Park Ridge Blvd, SD.
- District 3 is having a 2nd Annual Workshop Celebrating Veterans on Nov 8, 11am-3pm @Bethel Baptist Church, 855 Brotherton Rd. Escondido.

Old Business:

- Area 8 requested funds. The Business Committee has asked for an updated financial report to approve the funds.

New Business:

- Voted to repeat \$500 donation to the annual seminar for ICOAA, Intergroups/Central Offices/AAWS/AAGV.
- Voted to repeat 100 Grapevine & 50 La Viña subscriptions to correctional facilities. Cost is \$4,200. Requires Intergroup approval. Motion was made and approved. Mike L opposed.
- No nominees for Public Information Chair.
- Liz contacted the Spanish Central office to offer support but has not heard back yet.

Announcements and Intergroup Rep Feedback:

- None

New Rep Introductions:

- **In Person**
 - **Janine** Tuesday Night Came to Believe and Saturday Sobriety Rocks
 - **Shane** Friday Night Sunset Speakers
- Total reps in room: 14. Total reps on Zoom: 30. Grand total: 43 reps.

Next Meeting: November 12th at 6:30 PM



There are 726 AA meetings in North San Diego County each week in 158 locations in 24 cities/regions.

Fewer than 60 of those groups are represented at the monthly Intergroup meeting

- KEEP YOUR GROUP INFORMED ABOUT CENTRAL OFFICE'S OUTREACH, WORKSHOPS, AND EVENTS
- REPORT YOUR GROUP'S EVENTS, SUGGESTIONS, AND NEEDS TO CENTRAL OFFICE
- ATTEND MONTHLY MEETINGS IN PERSON OR ON ZOOM

TALK TO YOUR GROUP ABOUT VOLUNTEERING AS THEIR INTERGROUP REPRESENTATIVE !

We have many service positions to fill in North County AA. Reach out to Central Office today and see where you were meant to serve! Want to submit a story for the Viewpoint? Click [here!](#)

I am responsible ...

When anyone, anywhere,

reaches out for help, I want

the hand of A.A. always to be there.

And for that: I am responsible.

Using these questions, we can really get to the root of our current situation and change our perspective by examining ourselves as part of our daily routine. Although we have made amends to those we have harmed in Step Nine, we are human and will continue to make mistakes along the way. Correction of our wrongdoings is vital to remain emotionally stable and to build character when our character defects seem glaring.

This personal inventory, also known as a spot-check inventory, will keep us on task when we experience difficult-to-endure emotional disturbances. We will begin to see patterns of recurring situations that we can change if we are honest and open enough to recognize our part in the negative and positive factors that arise. The Tenth Step is not merely to beat us down with the questions we ask ourselves. The purpose of this step is to grow from the circumstances that hold us back and celebrate the victories we have in sobriety.

Once we finish the Tenth Step, our instruction is to ask our Higher Power for forgiveness and inquire about the corrective measures to clear us of wrong motives. Cleaning up our side of the street and clearing our conscience will help us stop thinking of ourselves and start thinking of others. The Tenth Step allows for personal growth, emotional sobriety, and spiritual strengthening.

* * * * *

North County Intergroup
Assoc of Alcoholics Anonymous

Financial Highlights FYTD				
July 2025 - June 2026				
Summary	July 2025	Aug 2025	SEPT 2025	FYTD Actuals
Total Sales	2,873	3,435	3,101	9,409
Total Cost of Goods Sold	3,359	4,040	3,513	10,912
Gross Profit for Sales	(486)	(606)	(411)	(1,503)
Group Contributions	8,979	10,662	4,900	24,541
Member Contributions	579	230	245	1,054
Traditions Breakfast (Net)				-
Anniversary Meeting (Net)		94		94
Misc Income				-
Bank Interest Earned	272	277	275	824
Total Other Revenue	9,830	11,263	5,420	26,513
Total Rev (adding Total Other Rev & Gross profit/ loss)	9,344	10,657	5,008	25,010
Total Operations Expense	12,857	9,891	11,047	33,796
Other Misc Expenditures				
Net Profit or (Loss)	(3,513)	766	(6,039)	(8,786)
YTD Net Profit or (Loss)	(3,513)	(2,747)	(8,786)	
Prudent Reserve Status				
	July 2025	Aug 2025	Sept 2025	FYTD Avg
Money Market Total	32,454	32,455	27,457	30,789
CD #3371 5MO US Bank (12/2/2025)	21,904	21,977	22,050	21,977
CD #3678 9MO US Bank (5/2/2026)	21,893	21,961	22,025	21,960
CD #4064 9MO US Bank (6/2/2026)	21,920	21,988	22,056	21,988
CD #3151 9MO US Bank (12/19/2025)	21,871	21,938	22,006	21,938
Certificates of Deposit Total	87,588	87,864	88,138	87,863
Total Prudent Reserve Funds	120,042	120,320	115,594	118,652
Business Checking / Current Mo.	25,456	27,689	27,730	
Current Month Operating Expense	12,857	9,891	11,047	11,265
Number of Months in Reserve Funds	9	12	10	11

**North County Intergroup
Group Contributions
FYTD JUL 2025 - JUN 2026**

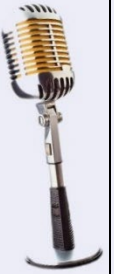
Group Contributions	JUL 2025	AUG 2025	SEPT 2025	FYTD JUL 2025 - JUN 2026
Anon Group THU 630pm Zoom			3.00	3.00
Anon Group Wednesday Women's hybrid 630pm			3.00	3.00
Borrego Springs - TUE 10AM Women's GSO#000169654		150.00		150.00
Cardiff - Friday Happy Hours	469.80			469.80
Cardiff - M-W-F Back to Basics 7AM #94406		434.00	351.58	785.58
Cardiff - Wed-Sun 7:30AM Glen Park		695.00		695.00
Carlsbad - Daily 7AM Zoomhouse	51.80	25.00		76.80
Carlsbad - FRI Nite Lights 6PM GSO #000115831	272.72			272.72
Carlsbad - Sober Sisters of N.County #000051284	234.00			234.00
Carlsbad - Sobriety Rocks 830 AM Daily Reflection 705313	720.00			720.00
Carlsbad - Sobriety Rocks SAT Night Speaker		300.00		300.00
Carlsbad - SUN 9AM Poinsettia Reflections	220.00			220.00
Carlsbad - WED Men's at Heritage Hall	350.00			350.00
Del Mar - MON Under Repair @ Del Mar Automotive	150.00			150.00
Encinitas - FRI 7AM Women's Sunrise Step Study	327.50			327.50
Encinitas - FRI women's 6:30PM zoom		2.85	8.00	10.85
Encinitas - MON Women Living In The Solution #144963		217.79		217.79
Encinitas - SAT 8 AM Women of Olivenhain Group 652027		274.00		274.00
Encinitas - TUE Men's Seacoast Church 000691466			805.00	805.00
Encinitas - WED women's online 630PM			2.85	2.85
Escondido - ACE Zoom Nightly 6'er	109.20	59.80		169.00
Escondido - Attitudes 7AM Daily In Person		2,000.00		2,000.00
Escondido - Attitudes 7AM Daily on Zoom		1,500.00		1,500.00
Escondido - MON 6PM Women's Book Study on Zoom	12.74	10.00	10.00	32.74
Escondido - SAT 10AM Women's "A New Beginning" GSO 162446			232.00	232.00
Escondido - SUN 930AM Taxicab	181.00			181.00
Escondido - THU Living Room 12 & 12 Group		216.00		216.00
Escondido - TUE 630PM As Bill Sees It Closed Women's Group	80.00			80.00
Escondido - WED 7PM Men's Misfits Book Study	500.00			500.00
Escondido - WED Grass Roots AA Noon		60.00		60.00
Fallbrook - FRI Noon Happy Hour at Community Baptist			60.00	60.00
Fallbrook - Mon Noon at Crossroads GSO#132253		25.00		25.00
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUD 168661			80.00	80.00
Fallbrook - TUE Women's Turn It Over		75.00		75.00
Leucadia - Six Step House Daily Meetings	750.00			750.00
Leucadia - TUE Men's GSO #126082		54.40	54.40	108.80
Oceanside - MON Ladies Book of Choice Meeting #299393	20.00			20.00
Oceanside - SUN Serenity Step Study GSO# 725165			50.00	50.00
Oceanside - SUN Surf &Sun @ Buccaneer Park	1,594.00			1,594.00
Oceanside - THU 630PM Gutter To Glory GSO#000451351		705.34		705.34
Oceanside - TUE 7PM Chip-in Group #141126	129.00			129.00
Oceanside - WED 730PM South Oceanside Men's #100636		82.59		82.59
Oceanside - WED 7PM Womens Singleness of Purpose #712613			141.30	141.30
Poway - SAT Morning Sisters in Recovery	133.00			133.00

**North County Intergroup
Group Contributions
FYTD JUL 2025 - JUN 2026**

Group Contributions	JUL 2025	AUG 2025	SEPT 2025	FYTD JUL 2025 - JUN 2026
Poway - SUN 7AM at Poway Recovery Center (formerly PAC)			240.00	240.00
Poway - SUN Morning Men's 9AM	265.50			265.50
Poway - THU 6PM Steppin out with the Ladies				-
Poway - THU 7PM As Bill Sees It (619740)		275.00		275.00
Poway - TUE Old School Men's			76.00	76.00
Poway - WED 6:45PM RB Beginners at St. Bart's	208.00			208.00
Ramona - SUN Kick Start Your Heart #640237	55.00			55.00
Rancho Bernardo - MON Noon Men's HALT	137.00			137.00
Rancho Bernardo - SAT 7:30PM GSO# 000176448		150.00		150.00
Rancho Bernardo - TUE Women Seeking Solutions #000119809	141.69			141.69
Rancho Bernardo -TGIF at 8PM Group 136313	100.00			100.00
Rancho Santa Fe - FRI Solana Beach Beginners (163076)	120.00			120.00
Rancho Santa Fe - Just the Black Print (713516)		859.16		859.16
Rancho Santa Fe - MON 7PM Big Book Disc Group		765.00		765.00
Rincon - Friday Night Carry the Message		150.00		150.00
Rincon - Step Study at Fire Station GSO 723004		150.00		150.00
San Diego - Tue "Friends of Bill W."		100.00		100.00
San Marcos - MON 7AM Broken Yolk		10.00		10.00
San Marcos - MON Night Rose Ranch Men's #172523	150.00			150.00
San Marcos - SAT Night Speaker			200.00	200.00
San Marcos - SUN 10AM Daily Reflections GSO 100813	100.00		50.00	150.00
San Marcos - SUN Misfits Women's GSO#000023485			200.00	200.00
San Marcos - TUE Sunset Sisters			197.50	197.50
San Marcos - WED 630 PM Men's Blind Leading the Blind #652308	140.76			140.76
San Marcos - WED 9PM Young and Restless	170.11			170.11
San Marcos - WED Noon Stick Meeting	336.50		225.00	561.50
Santa Ysabel -TUE Back Country Book Study (630869)	50.00	50.00		100.00
Solana Beach - MON-FRI 7AM Belly Up 3rd Tradition		1,021.00	1,422.50	2,443.50
Solana Beach - TUE Happy Hour GSO#74387			250.50	250.50
Valley Center - SUN Rovers Welcome Home Group		100.00		100.00
Vista - FRI Sunset Speakers			175.00	175.00
Vista - SUN 10AM Women's In-Person Discussion		5.00	62.42	67.42
Vista - SUN 6pm Women's Literature Study #772316		140.00		140.00
Vista - SUN 9:30AM Early Birds	100.00			100.00
Vista - THU Robber's Roost Men's Group	600.00			600.00
Total	8,979.32	10,661.93	4,900.05	24,541.30



North County Gratitude Meeting 4 SPEAKERS



Saturday, November 8th.

San Marcos United Methodist Church.
 800 W. Mission Rd, San Marcos.

Fellowship 9 to 12pm

**Refreshments
 Served.**



NOV
12
 Wed

North County Intergroup Meeting 
 (In Person at the New Location and on
 Zoom- see below)
 Nov 12 @ 6:30 pm – 7:30 pm

On the 2nd Wednesday of the month at
 6:30PM the next North County San Diego
 Intergroup meeting will be held in a Hybrid
 Format:

- **"*In Person"** New location **San Marcos Lutheran Church-3419 Grand Ave San Marcos 92078**
- **"Virtually"** via Zoom
 at [HTTPS://us02web.zoom.us/j/318406912](https://us02web.zoom.us/j/318406912) (Meeting ID: 318 406 912).
- Zoom Meeting ID: 318 406 912
- FYI ~ there is an **Info Session for New and Returning members at 6:15PM**

And...

- For those attending on Zoom, please sign in early and put your first name and last initial in the first box and group name in the second box
- Digital meeting handouts will be provided on Wednesday morning to all those registered.

Please call Central Office at 760-758-2514, or -2515, if you have any questions.

Women's AA Holiday
Vacaciones de AA para Mujeres

Winter Wonderland

Pais de las maravillas invernal Luncheon
Almuerzo



Tri-Tip Lunch
 with
Al-Anon participation
 Almuerzo Tri-Tip con participación de Al-Anon

Saturday, December 6, 2025

10:00 – 2:00 p.m.

Sábado 6 de diciembre de 2025 10:00 a. m. - 2:00 p. m.

Gloria McClellan Senior Center

Centro para personas mayores Gloria McClellan

1400 Vale Terrace Dr., Vista, CA

Hosting by: (Hospedaje por)

SOS Spirit of Service

SOS Espiritu de Servicio
Interpreter available

Two Speakers Dos oradoras

50/50 Raffle Rifa 50/50

Basket Raffle Rifa de cesta

Donations Welcome Se aceptan donaciones

\$25
 per person
 por persona
 Welcome to bring a
 side dish or dessert
 Bienvenido a traer una
 guarnición o postre.

For more information contact: Para más información contacte:
 or Ticket => Cynde (623) 882-6794 or Carol (805) 714-4138

September Special Occasions

Many A.A. members celebrate their birthday by donating one or two dollars for each year of sobriety to Central Office. This will appear in The Viewpoint for the Birthday Club. All birthdays submitted will be published in the month following submission. *If you would like to carry on this tradition, you can use Venmo, go online, or send in at (1020 S. Santa Fe Ave Ste B. Vista, Ca. 92084).*



@NCIAA North County Intergroup Association of AA

Or go online:

<https://ncsandiegoaa.org/contribute-to-central-office>

***If for the Birthday Club, give your name and sobriety date.

Happy Birthday to all!

Laurie C. 4yrs

Stacy J. 25yrs

Bill S. 37yrs

We are not a glum lot!

