

November 2025

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Step 11 Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition 11 (Short Form) Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Concept 11 The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants.



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Check Out the Upcoming Events
ncsandiegoaa.org/calendar

Willing to go to any links?
...for other local AA info & events

SD Central Office aasandiego.org

GSO Local area8aa.org

H&I nchandi.org

YPAA nsdypaa.org

THE SPIRIT OF SERVICE

By Rick R

When we first come into the program of Alcoholics Anonymous we are introduced to the practical aspects of service such as, making coffee, reading chapter 5 at the meeting, leading the meeting, and eventually becoming secretary of the group, and for the person who has had “fear of responsibility”, when that 6 month obligation comes to an end, they are all too happy to give it up. These little preliminary responsibilities are just like training wheels and somewhere down the road we ask that same person to take that job again, and things aren’t nearly as scary as the first time. These little activities are a veiled approach to taking that person out of his comfort zone and show them that they had nothing to fear in the first place.

The next thing I see when we take on service commitments is that our Ego does not want us doing these things. It wants us to make up excuses for why we can’t do it and seems to have something to do with “fear of commitment”. A new person must be assured that they can’t mess up an A.A. meeting and there is nothing to be afraid of; they always have a room full of people willing to help for they have been there themselves. This all helps us begin the process of taking our lives back from our Ego and that guy doesn’t give up easily.

(Continued on page 9)

North County Intergroup Association of AA Meeting Minutes

Date/Time: The monthly meeting of the Intergroup Association of AA was called to order at 6:30 PM by the Chair Jay M on Wednesday, November 12, 2025.

Attendance: Jay M (Chair), Lisa F (Co-Chair), Mike C (Treasurer), Ross S (Secretary), Sam L (Member at Large), Joe M (Member at Large), Liz H (Central Office Manager).

Traditions: Read by Jerry.

Prior Meeting Minutes: Ross S. (858) 699-7324 | Secretary@ncsandiegoaa.org

- Minutes from the prior meeting were read by Ross S. and approved as amended.

Financial Report: Mike C. (714) 319-1877 | Treasurer@ncsandiegoaa.org

- The Treasurer's Report was presented by Mike C.
- Month End for August
 - Total Sales: \$2,963
 - Cost of Goods Sold: \$3,399
 - Gross Profit (Loss): -\$436
 - Group Contributions: \$7,861
 - Member Contributions: \$339
 - Bank Interest: \$262
 - Total Other Revenue: \$8,463
 - Total Revenue: \$8,026
 - Operating Expenses: \$11,838
 - Net Loss: \$3,811
 - YTD Loss: \$12,597
- Prudent Reserve
 - Money Market: \$23,457
 - CDs Total: \$88,339
 - Checking Account: \$27,193
 - Prudent Reserve: \$111,857

- Approx. 9.45 months of reserve funds available.
- Mike noted that our prudent reserve is in the range stated in the guidelines of 6-12 months.
- Liz H. clarified a -\$2,100 entry under “Professional Fees & Accounting” was an accounting correction for previously accrued fees, not a credit or transaction.
- The \$4,700 expenditure for Grapevine and La Vina was noted.
- \$4,000 was withdrawn from the money market account to maintain a 3-month operating balance in checking.
- It is believed that donations have declined, partly due to the transparency of the central office financial reporting leading to group perceptions of surplus funds. We would like to encourage groups to continue to donate so as to keep vital and indispensable AA services going along with the programs like ASL donations, Grapevine/Lavinia magazines, books for Camp Pendleton, support for the Spanish Central Office, literature discounts, insurance subsidies, the text helpline, special events and workshops, etc.
- Motion was made to approve the financials as read. Motion was approved.

Central Office Report: Liz H. (760) 758-2514 | Manager@ncsandiegoaa.org

- The office remains stocked with AA books, which continue to be offered at a 30% discount.
- The office will donate books to the Spanish Central Office, mirroring last year’s contribution of 33 Big Books, 30 Twelve & Twelve books & two varieties of pamphlets.
- Chuck, one of the webmasters, attended the National Technology Workshop to explore website improvements. Updates and recommendations from this event will be reviewed for future implementation.
- No current shift openings for in-office shifts however volunteers are still needed for the substitute list to cover absences or illnesses.
- Liz is seeking volunteers to assist with moving shelving racks from the office to the storage facility.

Public Information: Tyler A (760) 637-0239 | Publicinformation@ncsandiegoaa.org

- Tyler has stepped down. The responsibilities for this role were reviewed.

Telephone: Laura C. (760) 271-1739 | PhoneChair@ncsandiegoaa.org

- **After Hours Phone Service**
 - The after hours phone service is an extension of Central Office that is available to help alcoholics 24/7.
 - Volunteers are needed to answer calls.
 - Sunday Captain

- **Text Helpline Update from Ross (858) 699-7324**
 - The text Helpline is an extension of the after hours phone service that is available 24/7 to help alcoholics by text.
 - Volunteers are needed to answer text messages. To volunteer, please Text Central office or Ross S directly.
 - There will be a 30-minute Zoom meeting this coming Monday, November 17 at 7:30 PM for new member orientation and volunteer discussion.

Archives: Ken G. (760) 504-5707 | Archives@ncsandiegoaa.org

- Ken has stepped down. The responsibilities for this role were reviewed.

Outreach: Joel H. (760) 586-9245 | Outreach@ncsandiegoaa.org

- Joel reporting from Washington DC and would like to invite any and all groups without reps to join Intergroup by contacting him or Central Office.

Special Events: Cynde F. (623) 882-6794 | SpecialEvents@ncsandiegoaa.org

- The Gratitude meeting had about 40 people and it was an excellent meeting.
- Traditions Breakfast is March 15 at the Escondido Center for the Performing Arts.

NCH&I: Rick L. (760) 803-5733 | h&ichair@ncsandiegoaa.org

- Fall into service North vs. South chili cookoff event December 13. Harding St. 10:30 - 1:30. Chilli Cookers are needed. Contact Rick L.
- Rick will be rotating out as H&I chair and new board members will be elected Saturday 9:45 at the Oceanside Alano Club.
- The H&I financial report is available at nchandni.org.

Area Assembly: Linda R. (760) 815-0207 | Area8@ncsandiegoaa.org

- Sat Nov 15, is the Area Budget Assembly 9-4pm @ Seaside Spiritual Living Center, 1613 Lake Dr. Encinitas. All are welcome.
- Sunday November 23, ROOTS, "Remember Our Old Timers" 40th Annual. 11:30-1:30pm @ The War memorial, Balboa Park, 3325 Zoo Drive, SD. Bring Cookies to share
- Happy, Joyous and Free Service Workshop, Hosted by District 16. Sat Dec 6 2-4pm @ St. Andrews Church, 89- Balour, Encinitas

- Inter-Area Remote Communities Forum “One Fellowship, Many Paths” Dec 2, 2pm EST
ZOOM ID: 879 0936 4392 PW: 175632

Old Business:

- None

New Business:

- Traditions breakfast tickets will be \$45.
- We would encourage committee chairs to recruit co-chairs.

Elections:

- There were no volunteers for Public Information Chair.
- There were no volunteers for the Archives Committee Chair.
- Please when announcing the service commitments available refer to the Guidelines and Procedures for the descriptions of the positions. <https://ncsandiegoaa.org/wp-content/uploads/2025/08/NCIA-GUIDELINES-AND-PROCEDURES-AS-OF-11-13-2024-1.pdf> (on our website under “Information For Groups”)

Announcements and Intergroup Rep Feedback:

- None

New Rep Introductions:

- **In Person**
 - **Trey** with Tri City Recovery
 - **Kate** with Tuesday Night as Bill Sees it in Escondido
- Total reps in room: 13. Total reps on Zoom: 30. Grand total: 43 reps.

Next Meeting: December 10th at 6:30 PM

We have many service positions to fill in North County AA Intergroup

Service Commitments available:

***Archives Chair (in the Guidelines under 3.2.4.)
Public Information (in the Guidelines under 3.2.6.1)***

Please refer to our Guidelines for committee chair descriptions:

<https://ncsandiegoaa.org/wp-content/uploads/2025/08/NCIA-GUIDELINES-AND-PROCEDURES-AS-OF-11-13-2024-1.pdf>

Reach out to Central Office today with any questions and see where you were meant to serve! Want to submit a story for the Viewpoint? Click [here!](#)



There are 726 AA meetings in North San Diego County each week in 158 locations in 24 cities/regions.

Fewer than 60 of those groups are represented at the monthly Intergroup meeting

- KEEP YOUR GROUP INFORMED ABOUT CENTRAL OFFICE'S OUTREACH, WORKSHOPS, AND EVENTS
- REPORT YOUR GROUP'S EVENTS, SUGGESTIONS, AND NEEDS TO CENTRAL OFFICE
- ATTEND MONTHLY MEETINGS IN PERSON OR ON ZOOM

TALK TO YOUR GROUP ABOUT VOLUNTEERING AS THEIR INTERGROUP REPRESENTATIVE !

As we head into Thanksgiving this month, let us take a look at why gratitude is so important for our fellowship and our recovery. November was deemed "Gratitude Month" by GSO in 1956.

Attitude of Gratitude



The art of the gratitude list has evolved over the years with a simple practice of recognizing the things in life that are often taken for granted. The process of blending spirituality with the self-reflection of an inventory transforms gratitude from a mere emotion to a self-practice. Whether it be a list or a letter to a Higher Power, the act of gratitude can be an addition to our spiritual tool kit.

The heartfelt collection of gratitude replaces resentment, which is the number one offender among our members. Changing our perspective to one of gratitude is crucial to the success of our recovery, traditions, and unity.

Gratitude
changes
every
Thing



"An honest regret for harms done, a genuine gratitude for blessings received, and a willingness to try for better things tomorrow will be the permanent assets we shall seek."

In A.A., November is Gratitude Month

For many decades now, we in the Fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. A.A. co-founder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

Misty origins notwithstanding, Gratitude Month has, since the 1940s, been November and our shared thankfulness over the years has taken many forms and will continue to do so as our membership widens.

The General Service Board began giving small gratitude dinners in the 1940s. These were precursors to the much larger Gratitude Luncheons that were orchestrated during the 1960s as a Public Information effort of G.S.O.

A.A. Traditions were the undeniable anchor of our new sober life, Bill W. thought when he wrote, "What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions?" The Traditions, he wrote in November 1949, "are a distillate of our experience of living and working together. They apply the spirit of the Twelve recovery Steps to our group life and security." (*The Language of the Heart*, p. 96)

The first sealed and approved, official recognition of an A.A. "Gratitude Week," to be specifically designated to coincide with Thanksgiving week, dates back to 1956. That year, at the Sixth General Service Conference, delegates approved a motion to that effect, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support A.A.'s worldwide services."

Carrying the message, expressing gratitude, as well as wanting to make a gesture of appreciation for the numerous published articles, books, and radio and TV interviews relating to A.A. that year, were what motivated a number of Gratitude Luncheons. These were held, always in November, during the 1960s at New York City's Roosevelt Hotel—where, incidentally, members of the media who might care to have a drink, were assured, in the invitation by General Service Board chairman (nonalcoholic) Dr. John L. Norris, that "cocktails will be served at 12:15 in the Library, and the luncheon will end promptly at 2:00 p.m."

Well-attended functions, these luncheons drew a sizeable, wide-ranging representation from the media, and served a double purpose: to thank the writers and commentators who attended for their contributions to A.A. in the preceding year

and to, in the words of a G.S.O. memo written at the time, "advance A.A.'s public relations by bringing editors, publishers, writers and broadcasters in personal contact with sources of reliable information on the movement." A typical list of invitees to the 1965 luncheon, who had published articles and books on the Fellowship were from *The New York Times*, *Medical World News*, *McCall's Magazine*, *Macmillan Publishing Company*, *The Christian Science Monitor*, and many other news and publishing organizations.

Bill W. always addressed the gatherings, as did Dr. Norris, and, in addition to a question and answer period at the end of the proceedings, there was always plenty of A.A. literature available for the guests to take along. In 1965, Bill sent an autographed copy of the newly-released A.A. Comes of Age to each guest. Although those who came to the luncheons found them helpful and informative, the board thought they were too expensive a way to say thank you, when a letter from Bill, after an article or TV production was completed, would have been enough. Others voiced the opinion that more cooperation offered on articles or radio and TV spots might have been more helpful. In any event, the luncheons were discontinued in 1968.

Gratitude. We all know it serves us best when it's kept alive, in our individual lives and in our group conscience. Realizing this, countless A.A. groups over the years have used the month of November (for Canadian groups, it's October), to open the door of gratitude even wider. It's a sure way of insuring a continued healthy sobriety, group unity, and to avoid complacency and stagnation. Many groups observe Gratitude Month by holding Traditions meetings and taking up special contributions to the General Service Office for A.A. services worldwide.

This is an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude. For example, groups could hold topic meetings during the month on the power and different faces of gratitude: "How Grateful Are We?"; "Gratitude is not Passive"; "Giving it Away."

How about trying something new, something your group has never done before, which will make the members' gratitude more tangible and real?

Traditions meetings, of course, always bring home to us all over again the richness of our A.A. heritage, strengthening not only our gratitude but the sobriety of A.A.s, old and new.

In deepening our appreciation of A.A.'s Traditions during Thanksgiving week, Bill wrote, "We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in his wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy." (*ibid.*)

So how about it? Let's give Gratitude a real send-off this year!

Reprinted from Box 4-5-9, Oct./Nov. 1994

Service doesn't always come by way of a formal commitment but neither does *neglect*; a word I seldom ever hear being used in the rooms of A.A. We know how to open a door for someone and how a gesture like that can warm our hearts ever so slightly and we never regret that we did it. We alcoholics have spent a lifetime neglecting those little informal acts of service and as the result, there's not too much to like about ourselves. It cost us nothing to open a door or to make our bed or to return a shopping cart back to the rack, and what is to stop us from doing these things? You got it: Our Ego.

Alcoholics Anonymous is often referred to as *an education in the art of living*. The things we learn in the program are meant to

be taken with us out into the community at large. As the result of the early service commitments, that we are encouraged to perform, our confidence is restored, if only a little at a time, and we can face the risks and challenges that we used to avoid. Service commitments and gestures are what I see as, the first step toward healing our conscience and the more selfless we become, the more our self-esteem is restored and most of us become strong enough to take on those formal service commitments that we used to shy away from. A lifetime of neglect has left us without much to like about ourselves but I can tell you from experience that the sack of rocks we hear mention of, in A.A. meetings, is not so full of rocks as it is full of pebbles depicting all of the little responsibilities that we selfishly neglected in the past that weighs on our conscience and produces the negative vision that we have of ourselves. We didn't get that way over night and it will take time to establish a track record of unselfishness of the spirit. One by one, as we recognize them, we must replace those deeds, that we selfishly ignored in the past, with unselfish actions, one pebble at a time, *without expecting anything in return*. As we replace one *negative habit* with one *kind habit*, we will feel an overwhelming surge of warmth inside that no amount of material gain could ever produce. Unselfishness heals the spirit and the only one that is on the losing end of this level of service is my Ego. This is the true spirit of Alcoholics Anonymous. What more can I say?

* * * * *

North County Intergroup
Assoc of Alcoholics Anonymous

Financial Highlights FYTD July 2025 - June 2026					
Summary	July 2025	Aug 2025	SEPT 2025	OCT 2025	FYTD Actuals
Total Sales	2,872.75	3,434.69	3,101.46	2,963.66	12,372.56
Total Cost of Goods Sold	3,358.87	4,040.44	3,512.92	3,399.85	14,312.08
Gross Profit for Sales	(486.12)	(605.75)	(411.46)	(436.19)	(1,939.52)
Group Contributions	8,979.32	10,661.93	4,900.05	7,861.15	32,402.45
Member Contributions	578.72	230.24	245.26	339.02	1,393.24
Traditions Breakfast (Net)					-
Anniversary Meeting (Net)		93.54			93.54
Misc Income					-
Bank Interest Earned	272.26	277.28	274.55	262.94	1,087.03
Total Other Revenue	9,830.30	11,262.99	5,419.86	8,463.11	34,976.26
Total Rev (adding Total Other Rev & Gross profit/ loss)	9,344.18	10,657.24	5,008.40	8,026.92	33,036.74
Total Operations Expense	12,857.08	9,891.36	11,047.17	11,838.19	45,633.80
Other Misc Expenditures					
Net Profit or (Loss)	(3,512.90)	765.88	(6,038.77)	(3,811.27)	(12,597.06)
YTD Net Profit or (Loss)	(3,512.90)	(2,747.02)	(8,785.79)	(12,597.06)	
Prudent Reserve Status					
	July 2025	Aug 2025	Sept 2025	Oct 2025	FYTD Avg
Money Market Total	32,453.97	32,455.34	27,456.66	23,457.82	28,955.95
CD #3371 5MO US Bank (12/2/2025)	21,904.01	21,977.05	22,050.34	22,121.49	22,013.22
CD #3678 9MO US Bank (5/2/2026)	21,893.39	21,960.99	22,025.24	22,087.61	21,991.81
CD #4064 9MO US Bank (6/2/2026)	21,920.25	21,987.93	22,055.82	22,118.27	22,020.57
CD #3151 9MO US Bank (12/19/2025)	21,870.82	21,938.41	22,006.21	22,072.02	21,971.87
Certificates of Deposit Total	87,588.47	87,864.38	88,137.61	88,399.39	87,997.46
Total Prudent Reserve Funds	120,042.44	120,319.72	115,594.27	111,857.21	116,953.41
Business Checking / Current Mo.	25,455.76	27,688.50	27,730.21	27,193.30	
Current Month Operating Expense	12,857.08	9,891.36	11,047.17	11,838.19	11,408.45
Number of Months in Reserve Funds	9.34	12.16	10.46	9.45	10.35

**North County Intergroup
Group Contributions
FYTD JUL 2025 - JUN 2026**

Group Contributions	JUL 2025	AUG 2025	SEPT 2025	OCT 2025	FYTD JUL 2025 - JUN 2026
Anon Group THU 630pm Zoom			3.00		3.00
Anon Group Wednesday Women's hybrid 630pm			3.00	2.85	5.85
Anon Group Women's Discussion				323.60	323.60
Borrego Springs - TUE 10AM Women's GSO#000169654		150.00			150.00
Cardiff - Friday Happy Hours	469.80				469.80
Cardiff - M-W-F Back to Basics 7AM #94406		434.00	351.58	213.90	999.48
Cardiff - Wed-Sun 7:30AM Glen Park		695.00			695.00
Carlsbad - Daily 7AM Zoomhouse	51.80	25.00			76.80
Carlsbad - FRI Nite Lights 6PM GSO #000115831	272.72				272.72
Carlsbad - Sober Sisters of N.County #000051284	234.00				234.00
Carlsbad - Sobriety Rocks 830 AM Daily Reflection 705313	720.00			870.00	1,590.00
Carlsbad - Sobriety Rocks SAT Night Speaker		300.00			300.00
Carlsbad - SUN 9AM Poinsettia Reflections	220.00				220.00
Carlsbad - THU AA Workshop 730PM Group 000098218				400.00	400.00
Carlsbad - TUE Men's Group at Heritage Hall				25.00	25.00
Carlsbad - WED Men's at Heritage Hall	350.00				350.00
Del Mar - MON Under Repair @ Del Mar Automotive	150.00			150.00	300.00
Encinitas - FRI 7AM Women's Sunrise Step Study	327.50				327.50
Encinitas - FRI women's 6:30PM zoom		2.85	8.00	3.00	13.85
Encinitas - MON Women Living In The Solution #144963		217.79			217.79
Encinitas - SAT 8 AM Women of Olivenhain Group 652027		274.00		138.80	412.80
Encinitas - SAT Surf Dogs 989954				1,220.01	1,220.01
Encinitas - TUE 7 PM North Coastal Men's 686387				238.33	238.33
Encinitas - TUE Men's Seacoast Church 000691466			805.00		805.00
Encinitas - WED women's online 630PM			2.85		2.85
Escondido - ACE Zoom Nightly 6'er	109.20	59.80			169.00
Escondido - Attitudes 7AM Daily In Person		2,000.00			2,000.00
Escondido - Attitudes 7AM Daily on Zoom		1,500.00			1,500.00
Escondido - MON 6PM Women's Book Study on Zoom	12.74	10.00	10.00	12.00	44.74
Escondido - SAT 10AM Women's "A New Beginning" GSO 162446			232.00	300.00	532.00
Escondido - SAT B.E.G.O.T GSO 113952				250.00	250.00
Escondido - SUN 930AM Taxicab	181.00				181.00
Escondido - THU Living Room 12 & 12 Group		216.00			216.00
Escondido - THU Noon @ACE					-
Escondido - TUE 630PM As Bill Sees It women's GSO#718083	80.00			146.00	226.00
Escondido - WED 7PM Men's Misfits Book Study	500.00				500.00
Escondido - WED Grass Roots AA Noon		60.00			60.00
Fallbrook - FRI Goat Barn Group #371640				100.00	100.00
Fallbrook - FRI Noon Happy Hour at Community Baptist			60.00		60.00
Fallbrook - Mon Noon at Crossroads GSO#132253		25.00			25.00
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUd 168661			80.00		80.00
Fallbrook - TUE Women's Turn It Over		75.00			75.00
Leucadia - Six Step House Daily Meetings	750.00			750.00	1,500.00
Leucadia - TUE Men's GSO #126082		54.40	54.40		108.80
Oceanside - MON 8PM 12&12 at King of Kings 101714				25.03	25.03
Oceanside - MON Ladies Book of Choice Meeting #299393	20.00				20.00
Oceanside - SUN Serenity Step Study GSO# 725165			50.00		50.00
Oceanside - SUN Surf &Sun @ Buccaneer Park	1,594.00				1,594.00
Oceanside - THU 630PM Gutter To Glory GSO#000451351		705.34			705.34

**North County Intergroup
Group Contributions
FYTD JUL 2025 - JUN 2026**

Group Contributions	JUL 2025	AUG 2025	SEPT 2025	OCT 2025	FYTD JUL 2025 - JUN 2026
Oceanside - THU Women's 12&12 Study #338069				382.00	382.00
Oceanside - TUE 7PM Chip-in Group #141126	129.00				129.00
Oceanside - WED 730PM South Oceanside Men's #100636		82.59			82.59
Oceanside - WED 7PM Womens Singleness of Purpose #712613			141.30		141.30
Oceanside - WED Noon Women's Handbag Meeting #606873				300.51	300.51
Poway - SAT Morning Sisters in Recovery	133.00				133.00
Poway - SUN 7AM at Poway Recovery Center (formerly PAC)			240.00		240.00
Poway - SUN Morning Men's 9AM	265.50				265.50
Poway - SUN Park Hangout Men's				139.34	139.34
Poway - THU 7PM As Bill Sees It (619740)		275.00			275.00
Poway - TUE Old School Men's			76.00		76.00
Poway - WED 6:45PM RB Beginners at St. Bart's	208.00				208.00
Ramona - SUN Kick Start Your Heart #640237	55.00				55.00
Rancho Bernardo - MON Noon Men's HALT	137.00				137.00
Rancho Bernardo - SAT 7:30PM GSO# 000176448		150.00			150.00
Rancho Bernardo - TUE Women Seeking Solutions #000119809	141.69				141.69
Rancho Bernardo -TGIF at 8PM Group 136313	100.00				100.00
Rancho Santa Fe - FRI Solana Beach Beginners (163076)	120.00			121.50	241.50
Rancho Santa Fe - Just the Black Print (713516)		859.16			859.16
Rancho Santa Fe - MON 7PM Big Book Disc Group		765.00			765.00
Rincon - Friday Night Carry the Message		150.00			150.00
Rincon - Step Study at Fire Station GSO 723004		150.00			150.00
San Diego - Tue "Friends of Bill W."		100.00			100.00
San Marcos - MON 7AM Broken Yolk		10.00			10.00
San Marcos - MON Night Rose Ranch Men's #172523	150.00			200.00	350.00
San Marcos - SAT Night Speaker			200.00		200.00
San Marcos - SUN 10AM Daily Reflections GSO 100813	100.00		50.00	50.00	200.00
San Marcos - SUN Misfits Women's GSO#000023485			200.00		200.00
San Marcos - THU 10AM Women's Step Study				132.50	132.50
San Marcos - TUE 7PM "Out of the Woods" Book Study #712487				139.08	139.08
San Marcos - TUE Sunset Sisters			197.50		197.50
San Marcos - THU Father's House				350.00	350.00
San Marcos - WED 630 PM Men's Blind Leading the Blind #652308	140.76			69.00	209.76
San Marcos - WED 9PM Young and Restless	170.11				170.11
San Marcos - WED Noon Stick Meeting	336.50		225.00		561.50
Santa Ysabel -TUE Back Country Book Study (630869)	50.00	50.00			100.00
Solana Beach - MON-FRI 7AM Belly Up 3rd Tradition		1,021.00	1,422.50		2,443.50
Solana Beach - SAT Trudgers				75.00	75.00
Solana Beach - TUE Happy Hour GSO#74387			250.50		250.50
Valley Center - SUN Rovers Welcome Home Group		100.00			100.00
Vista - FRI Sunset Speakers			175.00		175.00
Vista - SAT 11th Step meeting 12 Noon				90.00	90.00
Vista - SUN 10AM Women's Alumni meeting		5.00	62.42	193.70	261.12
Vista - SUN 6pm Women's Literature Study #772316		140.00			140.00
Vista - SUN 9:30AM Early Birds	100.00			100.00	200.00
Vista - THU Robber's Roost Men's Group	600.00				600.00
Vista - WED 630PM Free Thinking Women 714985				150.00	150.00
Vista - Wed Black Sheep Men's Group				200.00	200.00
Total	8,979.32	10,661.93	4,900.05	7,861.15	32,402.45

NORTH COUNTY INTERGROUP WEBSITE
UPCOMING EVENTS

CALENDAR: [HTTPS://NCSANDIEGOAA.ORG/CALENDAR](https://ncsandiegoaa.org/calendar)



Alcoholics Anonymous Area 8



40th Annual

ROOTS

Remember Our Old Timers' Stories

JOIN US AT THE WAR MEMORIAL BUILDING IN BALBOA PARK

3325 Zoo Drive San Diego, CA 92103

[Click here for Google Map and Directions](#)

ON SUNDAY NOVEMBER 23rd 2025

FROM 11:30am-1:30pm

by Alcoholics Anonymous [Area 8 Archives Committee](#)

GO BACK IN TIME TO AA IN THE 80'S AND BEFORE!
4 SPEAKERS WITH 40+ YEARS OF SOBRIETY



Bring cookies to share

There will be coffee and tea

Sign language & Spanish Translation

Archives@area8aa.org

[SEE AUTHENTIC MAP FROM 1990](#)

NORTH COUNTY FRIENDSHIP CENTER IS HOSTING THANKSGIVING ALKATHON

NOVEMBER 26 2025

FROM 6PM - 9PM

&

NOVEMBER 27 2025

FROM 10AM - 9PM

**"KEEPING THE DOORS OPEN FOR ALL ALCOHOLICS
WHO MIGHT NEED A MEETING"**

"BRING A DISH AND A NEWCOMER"

SECRETARIES NEEDED TO PROVIDE MEETINGS

**MEETINGS AND GROUPS ARE WELCOME TO HOST A
TIME SLOT**

**SIGN-UP SHEETS IS ON THE SECRETARY'S DESK AT
THE NORTH COUNTY FRIENDSHIP CENTER**

1906 Oceanside Bl Suite D

Oceanside Ca.

92056

Six Step House Thanksgiving Potluck

Thursday November 27th

2-5 PM

Bring a dish to share

Signup sheets are on the bathroom door

AND

ALKATHON

All night meetings

Nov. 27th- 28th

Sign up to secretary or lead

Women's AA Holiday

Vacaciones de AA para Mujeres

Winter Wonderland

Pais de las maravillas invernal

Luncheon

Almuerzo



Tri-Tip Lunch

with

Al-Anon participation

Almuerzo Tri-Tip con participación de Al-Anon

Saturday, December 6, 2025

10:00 - 2:00 p.m.

Sábado 6 de diciembre de 2025 10:00 a. m. - 2:00 p. m.

Gloria McClellan Senior Center

Centro para personas mayores Gloria McClellan

1400 Vale Terrace Dr., Vista, CA

Hosting by: (Hospedaje por)

SOS Spirit of Service

SOS Espiritu de Servicio

Two Speakers Dos oradoras

50/50 Raffle Rifa 50/50

Basket Raffle Rifa de cesta

Donations Welcome Se aceptan donaciones

\$25

per person
por persona

Welcome to bring a
side dish or dessert
Bienvenido a traer una
guarnición o postre.

For more information contact: Para más información contacte:

or Ticket => Cynde (623) 882-6794 or Carol (805) 714-4138

NORTH VS. SOUTH CHILI COOK OFF

FALL INTO SERVICE & A BOWL OF CHILI
EAT CHILI. SAVE LIVES.

NORTH COUNTY H&I
VS.
SAN DIEGO H&I
Dec 13, 2025

3096 HARDING STREET, CARLSBAD 10:30AM-1:30PM

EAT CHILI, VOTE 4/ BEST, SIGN UP FOR H&I PANELS

H&I Panels [Click Here](#) To Register

DEC
10
Wed

North County Intergroup Meeting (In Person at the New Location and on Zoom- see below)

Dec 10 @ 6:30 pm – 7:30 pm

On the 2nd Wednesday of the month at 6:30PM the next North County San Diego Intergroup meeting will be held in a Hybrid Format:

- ***"In Person" New location San Marcos Lutheran Church-3419 Grand Ave San Marcos 92078**
- **"Virtually"** via Zoom at [HTTPS://us02web.zoom.us/j/318406912](https://us02web.zoom.us/j/318406912) (Meeting ID: 318 406 912)
- Zoom Meeting ID: 318 406 912
- FYI ~ there is an **Info Session for New and Returning members at 6:15PM**

And...

- For those attending on Zoom, please sign in early and put your first name and last initial in the first box and group name in the second box
- Digital meeting handouts will be provided on Wednesday morning to all those registered.

Please call Central Office at 760-758-2514, or -2515, if you have any questions.

October Special Occasions

Many A.A. members celebrate their birthday by donating one or two dollars for each year of sobriety to Central Office. This will appear in The Viewpoint for the Birthday Club. All birthdays submitted will be published in the month following submission. *If you would like to carry on this tradition, you can use Venmo, go online, or send in at (1020 S. Santa Fe Ave Ste B. Vista, Ca. 92084).*



@NCIAA North County Intergroup Association of AA

Or go online:

<https://ncsandiegoaa.org/contribute-to-central-office>

***If for the Birthday Club, give your name and sobriety date.

Happy Birthday to all!

Maureen L - 11yrs

Chuck M - 50yrs

We are not a glum lot!

