

December 2025

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Step 12 Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Tradition 12 (Short Form) Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles above personalities.

Concept 12 The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power . . .



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North County Central Office
1020 S. Santa Fe Ave. Suite B
Vista, CA 92084

Phone 760-758-2514
Email office@ncsandiegoaa.org
Website ncsandiegoaa.org

HOLIDAY CLOSURES

Christmas | Thursday, DEC 25th
New Year's | Thursday, JAN 1st

Willing to go to any links?
...for other local AA info & events

SD Central Office aasandiego.org
GSO Local area8aa.org
NC H&I nchandi.org
NCYPAA nsdypaa.org

THE JOY OF GOOD LIVING

By Rick R.

Understanding is the key to right principles and attitudes, and right action is the key to good living; therefore, the joy of good living is the theme of A.A.'s Twelfth Step. (12 X 12 pg. 125) How appropriate it seems that there are twelve months in a year, and we have twelve steps in the program. The joy of good living is the theme and it blends right in with Thanksgiving in November, and all the religious holidays in December, and is topped off with the New Year's Eve celebration.

This time of year does bring a lot of joy to most of us but it also brings distress to some of the less fortunate ones who haven't yet been blessed with the gift of sobriety and peace of mind, in and outside of A.A.

(Continued on page 10)

North County Intergroup Association of AA Meeting Minutes

Date/Time: The monthly meeting of the Intergroup Association of AA was called to order at 6:30 PM by the Chair Jay M on Wednesday, December 10, 2025.

Attendance: Jay M (Chair), Lisa F (Co-Chair), Mike C (Treasurer), Sam L (Member at Large), Joe M (Member at Large).

Traditions: Read by Tara.

Prior Meeting Minutes: Ross S. (858) 699-7324 | Secretary@ncsandiegoaa.org

- Minutes from the prior meeting were read by Lisa F. A motion was made and seconded to approve the minutes as read.

Financial Report: Mike C. (714) 319-1877 | Treasurer@ncsandiegoaa.org

- The Treasurer's Report was presented by Mike C.
- Month End for November
 - Total Sales: \$3,611
 - Cost of Goods Sold: \$4,012
 - Gross Profit (Loss): -\$400
 - Group Contributions: \$4,703
 - Member Contributions: \$192
 - Bank Interest: \$272
 - Total Other Revenue: \$5,168
 - Total Revenue: \$4,768
 - Operating Expenses: \$9,575
 - Net Loss: \$4,807
 - YTD Loss: \$17,394
- Prudent Reserve
 - Money Market: \$23,459
 - CDs Total: \$88,671

- Checking Account: \$16,942
 - Prudent Reserve: \$112,129
 - Year to date prudent reserve funds is approx. 11 mos.
- Group contributions are below the normal operating expense ("the nut") of \$10,000 for the third consecutive month.
 - A motion to approve the financials as read was made, seconded, and approved.

Central Office Report: Liz H. (760) 758-2514 | Manager@ncsandiegoaa.org

- The report was presented by Becky J, C.O. Asst.
- The 30% book discount is still in effect. This policy was intentionally designed to spend down surplus funds and give back to the fellowship.
- The Spanish Central Office picked up the donated literature and is grateful.
- Two in-person volunteer shifts are available: the Fourth Friday AM shift (9 AM to 1 PM) and the Fifth Friday AM shift (9 AM to 1 PM).

Public Information: Tyler A (760) 637-0239 | Publicinformation@ncsandiegoaa.org

- The Intergroup is in need of a volunteer once a month to cover the PERP meeting at the parole office. This position has been vacant, and the meeting has not been able to be held for several months. The commitment is a weekday during the day from 10-12 in Escondido.

Telephone: Laura C. (760) 271-1739 | PhoneChair@ncsandiegoaa.org

- New volunteers have signed up for the phone line.
- There are open Captain positions (a weekly commitment to ensure the phone is forwarded correctly).
- A volunteer is needed for the 4th Sunday of every month starting at 1 PM.
- Text messaging has been quiet but is expected to increase during the holidays. The text number is the same as the Central Office number- (760) 758-2514.

Archives: TBD | Archives@ncsandiegoaa.org

- No report.

Outreach: Joel H. (760) 586-9245 | Outreach@ncsandiegoaa.org

- The Outreach Committee is planning a “ Welcome to GSR” event in January.
- The annual Chili Cook-Off is scheduled for January 17th from 4-8 PM. Approximately 20 chilis are signed up, and the Committee is asking for tasters to come and vote.

Special Events: Cynde F. (623) 882-6794 | SpecialEvents@ncsandiegoaa.org

- Sam reported for Cynde the Traditions Breakfast tickets will be going on sale this month and are \$45 a ticket or \$450 for a table. The event will be held on Sunday, March 15th, 2026 at The California Center of Arts, Escondido.

NCH&I: TBD | h&ichair@ncsandiegoaa.org

- Rick L announced that this Saturday, Dec 13, is the big North County vs South County Chili Cook-off. We need tasters. Panel Coordinators and panel leaders will be there to give some information on the individual panels. Come to our orientation on the 3rd Saturday at the Oceanside Alano Club. Go to: www.nchandi.org An orientation through the San Diego Hand I is also available on Zoom. Go to www.sdhandi.org for info.

Area Assembly: Linda R. (760) 815-0207 | Area8@ncsandiegoaa.org

- No report.

Old Business:

- There were a couple of ASK button requests: One was about using our surplus for paying insurance for the meetings who have to pay their own insurance. The Business committee decided it was more the responsibility of the group being self supporting and in their per view to pay for it.

The other request was regarding literature racks for the First Step House. We are working with Rick L from H and I to maintain these racks.

New Business:

- A request was made to put a rack of literature out at Brother Beno's in the main area where services are provided for the public. A member has offered to keep that maintained.

- Surplus Funds Status: The Chair noted that the term "surplus funds" should be removed from the Intergroup's vocabulary, as the objective of drawing down the surplus has been accomplished.
- A surplus funds report was made available to show the history of how the funds were used over the last four years to serve alcoholics in the area.
- The Chair noted that group contributions to the Central Office have decreased by \$2,000 per month over the past two years, partially attributed to groups adjusting their contribution "pie chart" due to the Intergroup's previous surplus.
- It was noted that the financial loss of approximately \$800 to \$1,000 per month from the 30% book discount was not included in the surplus funds report.

Elections:

- None

Announcements and Intergroup Rep Feedback:

- The Carlsbad Workshop is celebrating its 54th anniversary. Their regular meeting on December 18th at 7:30 is relocating to the Carlsbad Senior Center for several months due to construction (heating/air installation) at the city building.
- The speaker for the District 2 Kickoff was in the hospital and could not attend.
- Information and handouts for Alcathons are available at the Central Office.
- There will be a black and white New Year's Eve party, which is a fundraiser for the Spring Roundup. Tickets are \$40 per person.

New Rep Introductions:

- Total reps presented in room-12, 24 on Zoom with two new rep Kevin W. Del Mar Sunset meeting and Brent for Vista Robber's Roost.

36 total reps with 2 new

Next Meeting: January 14th at 6:30 PM

**North County Intergroup
Group Contributions
FYTD JUL 2025 - JUN 2026**

Group Contributions	JUL 2025	AUG 2025	SEPT 2025	OCT 2025	NOV 2025	FYTD JUL 2025 - JUN 2026
Anon Group THU 630pm Zoom			3			3
Anon Group Wednesday Women's hybrid 630pm			3	3	2	8
Borrego Springs - Sat 7PM Candlelight					26	26
Anon Group Women's Discussion				324		324
Borrego Springs - TUE 10AM Women's GSO#000169654		150				150
Cardiff - Friday Happy Hours	470					470
Cardiff - M-W-F Back to Basics 7AM #94406		434	352	214	220	1,220
Cardiff - Wed-Sun 7:30AM Glen Park		695				695
Carlsbad - Daily 7AM Zoomhouse	52	25				77
Carlsbad - FRI Nite Lights 6PM GSO #000115831	273					273
Carlsbad - MON Night Step A Month Study Group 158720					491	491
Carlsbad - Sober Sisters of N.County #000051284	234					234
Carlsbad - Sobriety Rocks 830 AM Daily Reflection 705313	720			870		1,590
Carlsbad - Sobriety Rocks SAT Night Speaker		300			180	480
Carlsbad - SUN 9AM Poinsettia Reflections	220					220
Carlsbad - THU AA Workshop 730PM Group 000098218				400		400
Carlsbad - TUE Men's Group at Heritage Hall				25		25
Carlsbad - WED Men's Bullpen	350				363	713
Del Mar - MON Under Repair @ Del Mar Automotive	150			150		300
Encinitas - FRI 7AM Women's Sunrise Step Study	328					328
Encinitas - FRI women's 6:30PM zoom		3	8	3	4	18
Encinitas - MON Women Living In The Solution #144963		218				218
Encinitas - SAT 8 AM Women of Olivenhain Group 652027		274		139		413
Encinitas - SAT Surf Dogs 989954				1,220		1,220
Encinitas - TUE 7 PM North Coastal Men's 686387				238	124	363
Encinitas - TUE Men's Seacoast Church 000691466			805			805
Encinitas - WED women's online 630PM			3			3
Escondido - ACE Zoom Nightly 6'er	109	60			126	295
Escondido - Attitudes 7AM Daily In Person		2,000				2,000
Escondido - Attitudes 7AM Daily on Zoom		1,500				1,500
Escondido - MON 6PM Women's Book Study on Zoom	13	10	10	12	10	55
Escondido - SAT 10AM Women's "A New Beginning" GSO 162446			232	300		532
Escondido - SAT B.E.G.O.T GSO 113952				250		250
Escondido - SUN 930AM Taxicab	181					181
Escondido - THU Living Room 12 & 12 Group		216				216
Escondido - THU Noon @ACE						-
Escondido - TUE 630PM As Bill Sees It women's GSO#718083	80			146		226
Escondido - WED 7PM Men's Misfits Book Study	500					500
Escondido - WED Grass Roots AA Noon		60				60
Fallbrook - FRI Goat Barn Group #371640				100		100
Fallbrook - FRI Noon Happy Hour at Community Baptist			60		60	120
Fallbrook - Mon Noon at Crossroads GSO#132253		25			50	75
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUD 168661			80			80
Fallbrook - TUE Women's Turn It Over		75				75
Fallbrook - WED 730PM Men's We R Not Saints #133736					130	130
Group Online TUE 6PM Closed Women As Bill Sees it					10	10
Leucadia - Six Step House Daily Meetings	750			750		1,500
Leucadia - TUE Men's GSO #126082		54	54			109
Oceanside - MON 8PM 12&12 at King of Kings 101714				25		25
Oceanside - MON Ladies Book of Choice Meeting #299393	20					20
Oceanside - SUN Serenity Step Study GSO# 725165			50			50
Oceanside - SUN Surf &Sun @ Buccaneer Park	1,594				316	1,910
Oceanside - THU 630PM Gutter To Glory GSO#000451351		705				705
Oceanside - THU Women's 12&12 Study #338069				382		382

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Oceanside - TUE 7PM Chip-in Group #141126	129					129
Oceanside - WED 730PM South Oceanside Men's #100636		83				83
Oceanside - WED 7PM Womens Singleness of Purpose #712613			141			141
Oceanside - WED Noon Women's Handbag Meeting #606873				301		301
Poway - FRI Night Live GSO# 724548					300	300
Poway - SAT Morning Sisters Thrive in Recovery	133				100	233
Poway - SUN 7AM at Poway Recovery Center (formerly PAC)			240			240
Poway - SUN Morning Men's 9AM	266					266
Poway - SUN Park Hangout Men's				139		139
Poway - THU 7PM As Bill Sees It (619740)		275			275	550
Poway - TUE Old School Men's			76			76
Poway - WED 6:45PM RB Beginners at St. Bart's	208					208
Ramona - SUN Kick Start Your Heart #640237	55				100	155
Rancho Bernardo - MON Noon Men's HALT	137					137
Rancho Bernardo - MON Women's Big Book MON 7PM					5	5
Rancho Bernardo - SAT 7:30PM GSO# 000176448		150				150
Rancho Bernardo - TUE Women Seeking Solutions #000119809	142					142
Rancho Bernardo -TGIF at 8PM Group 136313	100				166	266
Rancho Santa Fe - FRI Solana Beach Beginners (163076)	120			122		242
Rancho Santa Fe - Just the Black Print (713516)		859				859
Rancho Santa Fe - MON 7PM Big Book Disc Group		765				765
Rincon - Friday Night Carry the Message		150				150
Rincon - Step Study at Fire Station GSO 723004		150				150
San Diego - Tue "Friends of Bill W."		100			200	300
San Marcos - MON 7AM Broken Yolk		10				10
San Marcos - MON Night Rose Ranch Men's #172523	150			200		350
San Marcos - MON Noon Promise of a New Day #664247					358	358
San Marcos - SAT Night Speaker			200			200
San Marcos - SUN 10AM Daily Reflections GSO 100813	100		50	50		200
San Marcos - SUN Misfits Women's GSO#000023485			200			200
San Marcos - THU 10AM Women's Step Study				133		133
San Marcos - TUE 7PM "Out of the Woods" Book Study #712487				139		139
San Marcos - TUE Sunset Sisters			198			198
San Marcos - THU Father's House				350		350
San Marcos - WED 630 PM Men's Blind Leading the Blind #652308	141			69		210
San Marcos - WED 9PM Young and Restless	170					170
San Marcos - WED Noon Stick Meeting	337		225		303	865
Santa Ysabel -TUE Back Country Book Study (630869)	50	50				100
Solana Beach - MON-FRI 7AM Belly Up 3rd Tradition		1,021	1,423			2,444
Solana Beach - SAT Trudgers				75		75
Solana Beach - TUE Happy Hour GSO#74387			251			251
Valley Center - SUN Rovers Welcome Home Group		100				100
Vista - Daily Noon Solutions Online					175	175
Vista - FRI Sunset Speakers			175		375	550
Vista - SAT 11th Step meeting 12 Noon				90		90
Vista - SUN 10AM Women's Alumni meeting		5	62	194	19	280
Vista - SUN 6pm Women's Literature Study #772316		140				140
Vista - SUN 9:30AM Early Birds	100			100		200
Vista - THU Robber's Roost Men's Group	600					600
Vista - THU Women Living in the Solution Group 161663					115	115
Vista - TUE 6pm Amazing Grace					100	100
Vista - WED 630PM Free Thinking Women 714985				150		150
Vista - Wed Black Sheep Men's Group				200		200
Total	8,979	10,662	4,900	7,861	4,703	37,106

I used to be very uncomfortable about the holidays as I never knew how to act around normal people. I felt like a charity case and never got into the spirit of reaching out to others. My family always celebrated Christmas, and I always (due to my discomfort) would put a damper on it by complaining about the tacky gifts that people would buy for each other and the mad rush to go shopping and all the commercializing it had become. I explained this to a dear friend once, and he asked, "Does the rest of the family enjoy it?" I said yes. He then said, "why don't you just take a back seat and watch the joy in their eyes as they experience these things?" I did that exact thing and have been doing it ever since and it has changed my appreciation of this time of year.

This change of attitude has inspired me to apply the unselfish lessons that I've come to understand, and I spend the holiday season looking for the opportunity to brighten the lives of those less fortunate than myself. I often do these things anonymously and without fanfare. I also consider how I used to feel when I was the one on the receiving end of a charitable gesture and am very careful to do these things in a way that preserves their dignity. I don't have to wait for the holidays to do these things. Every day is Christmas at my home, and you can believe me when I tell you that I reap more than my share of joy.



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

NORTH COUNTY INTERGROUP WEBSITE
UPCOMING EVENTS
CALENDAR: [HTTPS://NCSANDIEGOAA.ORG/CALENDAR](https://ncsandiegoaa.org/calendar)



Holiday All Night Six Step House Alkathon

Wednesday Dec. 24th-Thursday Dec. 25th

Sign up to secretary or lead

Regular meetings will continue as scheduled on the 25th with a

December 25th

Potluck

1 30-5 p

Bring a dish to share
Drinks will be provided

Signup sheets are on the bathroom door

HELPERS NEEDED



2026
happy new-year
Six Step House

All Night New Year's Eve Meetings

WEDNESDAY DEC. 31TH-THURSDAY JAN. 1ST

Sign up to secretary or lead a meeting

Signup sheet is on the bathroom door

Regular meetings will continue as scheduled on New Year's Day

CARLSBAD AA WORKSHOP

54TH ANNIVERSARY

MEETING @ 7:30 PM

Everyone is Welcome!
Thursday January 8th

Carlsbad Senior Center
799 Pine Ave.
Carlsbad, CA

Past Secretary
10 minute Speaker
Tom C. - Carlsbad

Main Speaker
Mary M - Pacific Group
Los Angeles

Zoom available @7pm:
896 6488 1555
PW: 473828

ASL Interpretation on Zoom

Come Celebrate with US!!

BRING COOKIES TO SHARE!!

Please sign up for Setup, Greeting, Clean up & More!
If you have questions please come to the meeting or
TEXT Cindy B. @ 760-583-1658

JAN
14
Wed

North County Intergroup Meeting (In Person at the New Location and on Zoom- see below)

Jan 14 @ 6:30 pm – 7:30 pm

On the 2nd Wednesday of the month at 6:30PM the next North County San Diego Intergroup meeting will be held in a Hybrid Format:

- **"*In Person"** New location **San Marcos Lutheran Church-3419 Grand Ave San Marcos 92078**
- **"Virtually"** via Zoom at [HTTPS://us02web.zoom.us/j/318406912](https://us02web.zoom.us/j/318406912) (Meeting ID: 318 406 912)
- Zoom Meeting ID: 318 406 912
- FYI ~ there is an **Info Session for New and Returning members at 6:15PM**

And...

- For those attending on Zoom, please sign in early and put your first name and last initial in the first box and group name in the second box
- Digital meeting handouts will be provided on Wednesday morning to all those registered.

Please call Central Office at 760-758-2514, or -2515, if you have any questions.

November Special Occasions

Many A.A. members celebrate their birthday by donating one or two dollars for each year of sobriety to Central Office. This will appear in The Viewpoint for the Birthday Club. All birthdays submitted will be published in the month following submission. *If you would like to carry on this tradition, you can use Venmo, go online, or send in at (1020 S. Santa Fe Ave Ste B. Vista, Ca. 92084).*



@NCIAA North County Intergroup Association of AA

Or go online:

<https://ncsandiegoaa.org/contribute-to-central-office>

***If for the Birthday Club, give your name and sobriety date.

Happy Birthday to all!

David S. – 17 yrs

We are not a glum lot!





HAVE YOURSELF A SOBER LITTLE CHRISTMAS AND SOBER NEW YEAR!

*****CENTRAL OFFICE WILL BE CLOSED IN
OBSERVANCE OF CHRISTMAS DAY AND
NEW YEAR'S DAY!*****

