October 2026

Download the Viewpoint:
ncsandiegoaa.org/viewpoint

Submit articles and other AA items by email to viewpoint@ncsandiegoaa.org

To receive the Viewpoint by email:
vpsubscription@ncsandiegoaa.org

Step 10—Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10—(Short Form) Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Concept 10—Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

VIEWPOINT

Personal Story—A Quiet Heart	Page 1
Intergroup Meeting Minutes	2 – 5
Central Office and H&I News	6 - 7
Personal Story cont'd/ Financial Highlight	8
Group Contributions	9 - 10
Upcoming Events and Celebrations	11 - 12

North County Central Office 1020 S. Santa Fe Ave. Suite B Vista, CA 92084

Phone 760-758-2514
Email office@ncsandiegoaa.org
Website ncsandiegoaa.org

Check Out the Upcoming Events
ncsandiegoaa.org/calendar

Willing to go to any links?
…for other local AA info & events
SD Central Office aasandiego.org
GSO Local area8aa.org H&I nchandi.org
YPAA nsdypaa.org

A QUIET HEART

By Rick R

For years I have been quoting an old friend and mentor of mine from my early days of sobriety in 1970. He said: "All I want out of life is peace of mind and a quiet heart." The quiet heart part of that statement seemed to be what catches most people's attention since it adds a touch of tenderness. But what does it really mean? I understand the "peace of mind" part of the quote to mean, in my own words, "absence of all unresolved mental issues." When he referred to "a quiet heart" he obviously was not speaking about that organ inside our chest that pumps blood through our bodies.

I was at a meeting recently (August 6), and the topic was taken from an AA friendly publication. In it, the "Thought for the day" was explaining how Psychologists are turning to religion in order to add the element of "a faith in something outside of ourselves" to their message, because faith is an act of the mind and of the will. It also said that the clergy and rabbis were turning to psychology to enhance their message in order to reach a more modern society. To me, this is the best approach I believe I've heard to express the all-inclusiveness of the AA program, when it comes to understanding the concept of "a power greater than ourselves."

(Continued on page 8)

North County Intergroup Association of AA Meeting Minutes

Date/Time: The monthly meeting of the Intergroup Association of AA was called to order at 6:30 PM by Chair Lisa F. on Wednesday, October 14th, 2026.

Attendance: Lisa F (Chair), Mike C (Co-Chair), Ross S (Treasurer), Manny R (Secretary), Liz H (Central Office Manager)

Traditions: Read by Mark

Prior Meeting Minutes: Manny R. Secretary@ncsandiegoaa.org

• Minutes from the September 9 meeting were read. A motion was passed to approve the minutes as read.

Financial Report: Ross S. (858) 699-7324 | Treasurer@ncsandiegoaa.org

Treasurer's Report — September 2026

Summary	September 2026
Total Sales	$3,974
Total Cost of Goods Sold	$3,266
Gross Profit from Sales	$707
Group Contributions	$6,268
Member Contributions / Birthday Club / IG Proceeds	$330
Bank Interest Earned	$195
Total Other Revenue	$6,795
Total Revenue	$7,503
Total Operations Expense	$9,525

Net Profit / (Loss)	-$2,022
FYTD Net Profit / (Loss)	-$8,534

Balances:
• Business Checking: approximately $27,134
• Sub-Checking: $15
• Money Market: $16,580
• CDs (three): approximately $68,431
• Total Prudent Reserve: approximately $85,012
• Prudent Reserve Coverage: 8.4 months

Ross noted that group contributions are approximately $5,000 below the same point last fiscal year. The prudent-reserve guideline is 6–12 months. At the current pace, the reserve could reach the six-month minimum around March or April 2027. The Business Committee is developing contingency expense reductions; representatives were encouraged to discuss increased Central Office contributions with their groups. The suggested contribution allocation is guidance only and remains subject to each group's conscience.

Central Office Report: Liz H. (760) 758-2514 | Manager@ncsandiegoaa.org

• The suggested group-contribution pie chart comes from AA's Self-Support pamphlet (F-3); contribution information will be clarified on the website. Go to> https://ncsandiegoaa.org/wp-content/uploads/2026/10/GROUP-TREASURY.pdf

• GSO expects the Fifth Edition of the Big Book in early 2027; more information will be distributed when available. The Grapevine book Gratitude is available at Central Office ($14.99).

• A "Grateful Givers" recurring monthly contribution option will be promoted beginning in November; existing online contribution options remain available.

• Office volunteers are needed on the first Friday, 1–5 PM, and first and second Saturdays, 9 AM–1 PM.

Committee Reports

Public Information: Tyler A. (760) 637-0239 | Publicinformation@ncsandiegoaa.org

• Volunteers are needed for the Sublime for Life Sobriety Festival, November 7, 11 AM–4 PM, at Oceanside Civic Center, 300 N. Coast Highway.

• North County Veterans Stand Down, November 19–21, at Felicita Park, Escondido. Many volunteers are needed for this 3-day event.

Telephone: **Laura C. (760) 271-1739 | PhoneChair@ncsandiegoaa.org**

• After-hours phone coverage has openings on the second Sunday (5–9 PM), fourth Sunday (9 AM–1 PM), first Tuesday overnight (9 PM–9 AM Wednesday), and second Tuesday (5–10 PM). A Tuesday phone-shift captain will also be needed. Contact Laura for assignments.

Text Helpline — Ross S.

• The Central Office number accepts calls and texts 24/7. Representatives were asked to distribute QR-code cards that initiate a help or meeting-information text.

Archives: **Danielle R. | Archives@ncsandiegoaa.org**

• Six of eight archive boxes have been reviewed. The committee is purchasing archival storage boxes, inventorying materials, and plans to digitize most records over time.

Outreach: **Joel H. (760) 586-9245 | Outreach@ncsandiegoaa.org**

• Outreach shared AA group and Intergroup service materials and will provide information at the October 17 “Working Together to Carry the Message” workshop.

Special Events: **Janine| SpecialEvents@ncsandiegoaa.org**

• Traditions Breakfast: March 14, 2027, at the California Center for the Arts, Escondido. Tickets are $48 per person or $480 for a table of 10; online sales begin December 1. Speaker: April F. Groups are encouraged to organize tables.

NCH&I: Diana A. (858) 208-6764 | h&ichair@ncsandiegoaa.org

• H&I reported monthly income of approximately $1,186 and year-to-date income of $16,513; contributions are down. Orientation is October 17 at 9 AM, but the regular business meeting will not be held due to the service workshop,” Working Together to Carry the Message” at Carlsbad Community Center 10-2pm, Oct 17th. H&I, North County Intergroup, San Diego Coordinating Council, PI, CPC, Armed Forces, and Accessibilities will participate in that workshop. Come and see how you can be of service!

Area Assembly: **Linda R. (760) 815-0207 | Area8@ncsandiegoaa.org**
• Good evening, Linda Alcoholic, there’s much going on in Area 8.
This Thus, Oct 15 is ACM, which I will attend on zoom.
• Sat. Oct 17- 10am-2pm; Working Together to Carry the Message workshop. At the Carlsbad Community Center, 3094 Harding St.

• Sun. Oct 18- 10am-2pm; A Vision for You. Join the Sd Young People and Area 15 Young People Coordination Committee on Zoom. ID 835 305 0016 pw 2021
• Wed. Oct 21- 7-8pm; Parenting in AA Sharing Session on Zoom. ID 825 9954 9886 pw acypaa2024
• Oct 24- 9am-12:30pm; 86 th Anniversary of AA in SD. Speaker meeting and Hot Continental Breakfast. Tickets $13. Get tickets through SD Central Office. Event at Mission Valley Methodist Church, 2111 Camino de Rio S. SD

Chair: Lisa F.

• The monthly Intergroup summary received positive feedback. It will continue to be refined, emailed to Intergroup representatives, and posted on the website.

• The North County Intergroup fellowship survey is ready for distribution. Central Office will email it to representatives and publish a QR code with a short introduction in the Viewpoint. Representatives were asked to encourage participation.

• The request for Intergroup support of ASL interpreting at the Carlsbad AA Workshop was discussed by the Business Committee and deferred pending additional information and financial review. No funding decision was made.

Elections:

- No elections were held this month.

New Representatives and Attendance

New representatives were welcomed, including
• Annette (Thursday Women's 10 AM Step Study),
• Mark (San Marcos As Bill Sees It),
• Michelle H. (Tuesday Women's As Bill Sees It, Zoom),
• Jeremy V. (Tuesday Beginners, South Oceanside)
• Stacy S. (Sunday 10 AM Daily Reflections, San Marcos).

Six new representatives were reported; one introduction was not clear enough in the recording to transcribe reliably.

Attendance: 26 online and 15 in person; 41 total.

Adjournment

The meeting closed with the Serenity Prayer at approximately 7:39 PM.

Next meeting: Wednesday, November 11, 2026, at 6:30 PM.

North County Central Office Notes

We want to hear from you! Please take below survey and give us your feedback! Link to survey:

https://forms.gle/Eo4ViYeXa5VzXxFS8
(or check it out on our website)

In the Book News>>>>>>

- GSO expects the Fifth Edition of the Big Book in early 2027; more information will be distributed when available.
- The Grapevine book Gratitude is available at Central Office ($14.99).
- Updated bookstore price lists are available at Central Office and on the website. Stop by and get your group's literature and tokens!
- "Meeting in a Pocket" is now stocked at Central Office for $0.25.

Wanna Be of Service? Come volunteer at Central Office! We have several shifts available:

- First Friday, 1:00–5:00 PM
- First and fifth Saturdays, 9:00 AM–1:00 PM

Call us to book your shift or check out the volunteer page at ncsandiegoaa.org for all service opportunities!

The suggested group-contribution pie chart comes from AA's Self-Support pamphlet (F-3). Check it out if your group has questions with the pie chart!

NCH&I Committee:

Chair: Diane A

Website: nchandi.org

Monthly orientations are held on the third Saturday at the Oceanside Alano Club at 9:00 a.m., with coffee and donuts provided.
Location: Oceanside Alano Club
4198 Mission Ave
(use Academy to get there)

San Diego H&I offers a Zoom orientation on the 3rd Thursday of each month at 7:00 PM.

H&I's monthly income is $1,186 and year-to-date income of $16,513.

Contributions continue to run slightly below budget. Members are encouraged to please support H&I through pie-chart or green-can contributions.

North County H&I

Thank you for letting us be of SERVICE!





Don't forget to download the TEXT HOTLINE cards or grab them at Central Office!

Save the Date

47th Annual
Traditions Breakfast



Sunday March 14, 2027

9 AM to noon • Doors open at 8 AM
California Center for the Arts, Escondido
Speaker ~ April F ~ $48 per person

Tickets go on sale
December 1st, 2026.

(Continued from page 1) **– "**A Quiet Heart**"**

When I think of my old friend's mention of a quiet heart, I can see how it might mean something different to each of us. To the romantic, it probably means the place inside where they feel emotions. To the person with a religious foundation, it is most likely referring to the soul. To the psychologist, it is most likely referring to the conscience. Call it what we may, to me it implies that there is something inside of us all that cannot be dismissed. It seems to be keeping a catalog of all of our behaviors, good and bad, then reintroduces them to us again each morning when we wake up. We keep reliving them, over and over. It's time to put them to rest. We used to drinkart to make them go away. We have the will to live by the dictates of our heart, our soul, and our conscience, and that is where we have ability to right all of those unresolved mental issues.

The program of Alcoholics Anonymous, from beginning to end, is designed to recognize, acknowledge and resolve all of these issues by bringing them to the surface in the safety of the people that have been through this process and understand what the individual is faced with. The good news is that, as you resolve each of these concerns, you will be freeing up all of that mental space and energy that has been causing the tormenting regrets of the past. When we recognize the pain that our past thinking and behavior has caused and have put forth the effort to resolve it, it is unlikely that we will be willing to return to those old behaviors.

Our unbridled instincts caused our behavioral problems. Our heart/soul/conscience recorded these things, and our minds live with the mental torment as the result. A quiet heart/a clean soul/a clear conscience leads to peace of mind and when a person has peace of mind, a drink has no appeal to him/her. And in the morning, they wake up with smiles on their faces. ☺

* * * * * *

North County Intergroup
Assoc of Alcoholics Anonymous

Financial Highlights FYTD
July 2026-June 2027

Summary	JULY 2026	AUG 2026	SEP 2026	FYTD Actuals
Total Sales	4,757	4,837	3,974	13,569
Total Cost of Goods Sold	3,625	3,836	3,267	10,728
Gross Profit for Sales	1,132	1,001	708	2,841
Group Contributions	8,139	4,782	6,269	19,190
Member Contributions/ Birthday Club/ IG Proceeds	429	341	330	1,100
Traditions Breakfast (Net)				-
Anniversary Meeting (Net)	(120)	(6)		(126)
Bank Interest Earned	255	195	196	646
Total Other Revenue	8,703	5,313	6,795	20,810
Total Rev (adding Total Other Rev & Gross profit/ loss)	9,834	6,314	7,503	23,651
Total Operations Expense	13,110	9,549	9,525	32,185
Other Misc Expenditures				
Net Profit or (Loss)	(3,276)	(3,235)	(2,022)	(8,534)
YTD Net Profit or (Loss)	(3,276)	(6,511)	(8,534)	
	Prudent Reserve Status			
	JULY 2026	AUG 2026	SEP 2026	FYTD Avg
Money Market Total	21,578	21,579	16,580	19,913
CD #3371 9MO US Bank (6/2/2027)	22,684	22,746	22,808	22,746
CD #3678 9MO US Bank Renewed 7/2/2027	22,663	22,730	22,796	22,730
CD #4064 5MO US Bank (11/2/2026)	22,695	22,761	22,828	22,761
Certificates of Deposit Total	68,042	68,237	68,432	68,237
Total Prudent Reserve Funds	89,621	89,816	85,012	88,150
Business Checking #2242/ Current Mo.	27,056	26,820	27,134	
Sub Checking #5742 Spec Events Acct Current Mo.	15	15	15	
Current Month Operating Expense	13,110	9,549	9,525	10,728
Number of Months in Reserve Funds	7	9	9	8

North County Intergroup
Group Contributions

Group Contributions	THRU AUG 2026	SEP 2026	FYTD JUL 2026 JUN 2027
Borrego Springs - Sat 7PM Candlelight	25.00	25.00	50.00
Cardiff - WED & SUN 730am 3rd Tradition in Exile	120.00		120.00
Cardiff - M-W-F Back to Basics 7AM #94406	505.45	211.00	716.45
Carlsbad - FRI 630PM Step Sisters #614334	152.48		152.48
Carlsbad - SAT Night Sobriety Rocks Speakers	90.00		90.00
Carlsbad - Daily Sobriety Rocks 830 AM Daily Reflection 705313	360.00		360.00
Carlsbad - MON Night Step A Month Study Group 158720	-	432.00	432.00
Carlsbad - SAT 9AM Women Living In Recovery	-	10.00	10.00
Carlsbad - FRI 830AM The Breakfast Club #736826	676.44		676.44
Carlsbad - FRI Nite Lights 6PM GSO #000115831	98.46		98.46
Carlsbad - MON 7PM Tri-City Recovery	200.00		200.00
Carlsbad - SUN 9AM Poinsettia Reflections	-	281.50	281.50
Carlsbad - THU AA Workshop 730PM Group 000098218	200.00		200.00
Carlsbad - Tue Men's Solution meeting 630pm	-	150.00	150.00
Carlsbad - TUE Men's Ticket meeting	727.46		727.46
Carlsbad - WED Night Women Living in the Solution #000012682	293.00		293.00
Carmel Valley - Mon 6:30PM Letting Go	142.26		142.26
Encinitas - Balour Groups - 126248 / 094625	900.00		900.00
Encinitas - MON North Coastal Women's 725454	560.25		560.25
Encinitas - SAT 8 AM Women of Olivenhain Group 652027	-	264.80	264.80
Encinitas - TUE 7 PM North Coastal Men's 686387	70.00		70.00
Encinitas - TUE 730PM Seacoast Mens 000691466	700.00		700.00
Encinitas - WED 10AM Women's Love & Tolerance	309.00		309.00
Escondido - ACE Zoom Nightly 6'er	-	81.59	81.59
Escondido - MON 6PM Women's Book Study on Zoom	18.00	16.00	34.00
Escondido - MON Men's N.I.A.O.B	135.00		135.00
Escondido - SAT We Not Me Group 730PM	-	493.50	493.50
Escondido - THU Living Room 12 & 12 Group	201.00		201.00
Escondido - TUE 6PM As Bill Sees It women's GSO#718083	262.50	10.00	272.50
Fallbrook - FRI Noon Happy Hour #106427	125.00		125.00
Fallbrook - MON Noon GSO#132253	100.00		100.00
Fallbrook - SAT 10AM 12x12 #103939	10.00		10.00
Fallbrook - SUN 1PM Promises #000084869	-	163.80	163.80
Fallbrook - SUN 8 AM Steps 1-2-3 at FPUD 168661	60.00		60.00
Fallbrook - TUE Women's Turn It Over	96.50		96.50
Fallbrook - WED 630PM sober sisters #123900	31.20		31.20
Leucadia - Six Step House Daily Meetings	250.00		250.00
Oceanside - MON 8PM 12&12 at King of Kings 101714	15.76		15.76
Oceanside - North County Alano Club (NCAC)	199.50		199.50
Oceanside - SUN Freethinkers Zoom	25.00	29.00	54.00
Oceanside - SUN Serenity Step Study GSO# 725165	300.00		300.00
Oceanside - SUN Surf & Sun @ Buccaneer Park	40.00		40.00
Oceanside - TUE 7PM Chip-in Group #141126	119.00		119.00

North County Intergroup
Group Contributions

Group Contributions	THRU AUG 2026	SEP 2026	FYTD JUL 2026 JUN 2027
Olivenhain - SUN 5pm Closed Men's Earlybirds	638.00		638.00
Poway - FRI 10AM Women's Way Thru The 12 Steps	366.10		366.10
Poway - MON 6pm Rock the Talk #000340149	105.38		105.38
Poway - SAT Winner Winner Chicken Dinner GSO 725344	-	10.00	10.00
Poway - THU 7PM As Bill Sees It #12665	-	275.00	275.00
Poway - TUE Noon Keeping it Simple at St. Bart's #51105	240.00		240.00
Poway - TUE Old School Men's #000319513	-	95.00	95.00
Ramona - SAT Night Live	105.00		105.00
Ramona - SUN Kick Start Your Heart #640237	90.00		90.00
Ramona - SAT Free Thinkers	-	25.00	25.00
Ramona - WED Men's New Vision 8PM at RRC	247.00		247.00
Rancho Bernardo - Tue "Friends of Bill W."	-	300.00	300.00
Rancho Bernardo - TUE Women Seeking Solutions #000119809	-	217.50	217.50
Rancho Bernardo -TGIF at 8PM Group 136313	-	184.00	184.00
Rancho Santa Fe - FRI Solana Beach Beginners (163076)	112.80		112.80
Rancho Santa Fe - MON 7PM Big Book Disc Group	-	204.00	204.00
Rancho Santa Fe - TUE Just the Black Print (713516)	401.30		401.30
San Marcos - FRI Speaker & Participation	240.00		240.00
San Marcos - MON 8AM Broken Yolk	60.00		60.00
San Marcos - MON Night Rose Ranch Men's #172523	150.00		150.00
San Marcos - MON Noon Promise of a New Day #664247	10.00	200.00	210.00
San Marcos - SAT Speaker 7PM #64427	-		-
San Marcos - SAT 3PM Discovery Group at St. Mark's	-		-
San Marcos - SUN 10AM Daily Reflections GSO 100813	200.00	200.00	400.00
San Marcos - SUN Misfits Women's GSO#000023485	-		-
San Marcos - THU 10AM Women's Step Study	-	206.00	206.00
San Marcos - TUE 7PM "Out of the Woods" Book Study #712487	146.51		146.51
San Marcos - TUE Sunset Sisters	-	116.68	116.68
San Marcos - WED 630 PM Men's Blind Leading the Blind #652308	51.80		51.80
Santa Ysabel -TUE Back Country Book Study (630869)	200.00	100.00	300.00
Solana Beach - MON-FRI 7AM Belly Up 3rd Tradition	-	1,500.00	1,500.00
Sorrento Valley - Nooners	300.00		300.00
Valley Center - MON 7PM Slow Learners BBSG (689359)	-	231.43	231.43
Vista - 3PM Zoomers Group	25.00		25.00
Vista - Daily Noon Solutions Online	355.00		355.00
Vista - MON Embracing the Essentials	175.00	150.00	325.00
Vista - MON Speaker/ Discussion GSO 148993	100.00		100.00
Vista - SAT Women's Acceptance GSO#000061857	100.00		100.00
Vista - SUN 10AM Women's Alumni meeting	277.87	20.98	298.85
Vista - SUN 9:30AM Early Birds	50.00		50.00
Vista - THU Amazing Grace Book Study	33.81	34.57	68.38
Vista - TUE 6pm Amazing Grace	22.08	30.48	52.56
Total	12,920.91	6,268.83	19,189.74

North County Intergroup Website
Upcoming Events

Calendar: https://ncsandiegoaa.org/calendar

5/17/2026

Third Weekenders 2027 Camping Schedule
-3WE is Child and Family Friendly-

Date	Location	Wagonmaster	Notes
Jan 15-17, 2027	Guajome* 3000 Guajome Park Rd	Mark and Christine Hoadley	Very small RV area, reserve very early. PHU
Feb 19-21, 2027	Dos Picos* 17953 Dos Picos Rd.	Shanon & Debbie	Busy park, reserve early PHU Often sites 31-46
March 19-21, 2027	William Hiese* 4945 Hiese Park Road	Mark and Christine Hoadley	PHU & Dry Camp Often sites 22-40
April 16-18, 2027	Agua Caliente* 39555 County Rt S2	Ellie F.	Busy park, reserve early FHU & PHU swimsuit Often sites 76-104
May 21-23, 2027	Lake Morena* Campo 2550 Lake Morena Dr.	TBA	FHU & PHU Maybe sites 16-21&56-58
June 18-20, 2027	Potrero* 24800 Potrero Park Rd	Shanon & Debbie eri	PHU. Often sites 4-22
July 16-18, 2027	San Mateo San Clemente	TBA	Busy park, reserve early PHU Often near site 21
Aug 20-22, 2027	Guajome* 3000 Guajome Park Rd	Lil Katie	Very small RV area, reserve very early. PHU
Sep 17-19, 2027	Lake Morena* Campo 2550 Lake Morena Dr.	Teri & Sergio	FHU & PHU Maybe sites 16-21&56-58
Oct 15-17, 2027	William Hiese* 4945 Hiese Park Road	Bill and Judy	PHU & Dry Camp Often sites 22-40
Nov 19-21, 2027	Agua Caliente* 39555 County Rt S2	Mark and Christine Hoadley	Busy park, reserve early FHU & PHU. swimsuit Often sites 76-104
Dec 10-12, 2027 **(2nd weekend)**	Potrero* 24800 Potrero Park Rd	Sergio & Teri	PHU. White Elephant style gift exchange Often sites 4-22
Look for red "Third Weekenders" signs at the Wagon Masters (host) site			
'Early' means make reservations at least 3 months. Generally early is better to get the site you want.			
PHU = Partial hook ups. FHU = Full hook ups. WM= Wagon Master (host). * = sdparks.org			

Secretary: Ellie F.
Alt Sec: Debbie P
3WE# TBD
Sec sends out info a week before

-Dinner out on Friday WM Option @5:30 PM
-Saturday Breakfast WM Option @TBD
-Potluck w/WM @ 5 PM
-Open AA Mtg w/WM @ 6 PM

NOV
11
Wed

North County Intergroup Meeting (In Person at the New Location and on Zoom- see below)
Nov 11 @ 6:30 pm – 7:30 pm

On the 2nd Wednesday of the month at 6:30PM the next North County San Diego Intergroup meeting will be held in a Hybrid Format:

- **"*"In Person" New location San Marcos Lutheran Church-3419 Grand Ave San Marcos 92078**
- **"Virtually"** via Zoom at HTTPS://us02web.zoom.us/j/318406912 (Meeting ID: 318 406 912)
- Zoom Meeting ID: 318 406 912
- FYI ~ there is an **Info Session for New and Returning members at 6:15PM**

And...

- For those attending on Zoom, please sign in early and put your first name and last initial in the first box and group name in the second box
- Digital meeting handouts will be provided on Wednesday morning to all those registered.

Please call Central Office at 760-758-2514, or -2515, if you have any questions.



Grateful Giver$ Coming Soon!

Pledge $5 or more each month to support North County Intergroup's Twelve Step services. Grateful Givers are A.A. members who choose to contribute five dollars or more each month to support Central Office in its efforts to carry the A.A. message of hope and recovery to alcoholics in the North County Area. As a Grateful Giver, your personal contribution will help Central Office provide the services necessary to carry the message of Alcoholics Anonymous.

September Special Occasions

Many A.A. members celebrate their birthday by donating one or two dollars for each year of sobriety to Central Office. This will appear in The Viewpoint for the Birthday Club. All birthdays submitted will be published in the month following submission. *If you would like to carry on this tradition, you can use Venmo, go online, or send in at (1020 S. Santa Fe Ave Ste B. Vista, Ca. 92084).*

venmo

@NCIAA North County Intergroup Association of AA

Or go online:
https://ncsandiegoaa.org/contribute-to-central-office

***If for the Birthday Club, give your name and sobriety date.

Happy Birthday to all!

Laurie C-J. 7
Stacy J. 26
Frank N. 34
Lindsey 16

We are not a glum lot!

